Smart Wellness Benefits Lasting Habits, Lasting Results



THE CHALLENGE

Burnout is rising, priorities are unclear, and productivity is slipping. At the same time, **45,000+ people each month** are turning to GLP-1 therapies to reset their health.

The problem? Medication alone isn't enough. Without new habits, long-term results are hard to sustain.



WHY IT MATTERS NOW



Reduce burnout and stress

by aligning time and health with what matters most.



Improve health outcomes

by combining GLP-1 medication with habitbuilding support.



Boost productivity and retention

through engaged, healthier employees.



Scalable and self-serve

an opt-in benefit that fits any workforce.



THE COMBINED SOLUTION

The **Time Bandit + OrderlyMeds Wellness Platform** empowers individuals to take control of both time and health.

Time Bandit - Habit & Priority Management

- Digital course, mobile app, and AI coach (HabitBee)
- Self-paced habit-building tools for lasting success
- Easy roll-out, low-cost, no admin overhead

OrderlyMeds Corporate Wellness

- Affordable access to discounted GLP-1 meds
- Nutrition, movement, and mental health support
- ✓ Full service and safe with virtual physician consults included

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BACKED BY RESEARCH

- People who pair behavior change with medical weight loss are 2x more likely to maintain results (Obesity Journal, 2022).
- Daily habit tracking boosts success rates by up to 76% compared to those without accountability tools (American Psychological Association).
- Patients who receive coaching in prioritization and habit formation are 3x more likely to sustain progress beyond the first year (National Weight Control Registry).





