



**HAPPY
PALIDAYS!**



December Fitness Adventure: The Candy Cane Stretch

Think, Bink, Wink! **Turn on your Pal Imagination!** Turn into toy soldiers & look 4 the Secret Sleigh 2 Fly 2 the North Pole 2 experience:
How 2 get the Magic Key 2 Santa's Workshop, Elf toys, Reindeer Training,
Down the Chimney with Santa & visit The Magic Xmas Tree Garden!

1

TOY SOLDIER WARMUP

Think, Bink, Wink!
You a toy soldier . . .

HelpPal Mel find The
Secret Sleigh

2

FLY 2 THE NORTH POLE

Snow suits on! play
music 2 get the key 2
open the gates 2
Santa's Workshop! turn
in2 toys the elves are
making! Experience
Reindeer Training &
play Down the
Chimney

3

LAND IN MAGIC XMAS TREE GARDEN

Cool down in The
Magic Xmas tree
Garden & learn how to
shine your Light ALL
THE TIME!
WOW . . .PALmazing!



**THINK,
BINK,WINK**
Pal Imagination ON!

PAL HOMEWORK:



**Turn ON your
Listening Ears!**
Santa is watching!

WHAT! MAGIC



FAIRYDUST 4 SALE
Made especially by the
elves in Santa's
workshop!!! Gives you
**GOOD LISTENING
EARS!**
Have a Palriffic Day &
Palersize 4 The
PALIDAYS!

- **Pal Language**
- **Pal Manners**
- **The Pal Imagination**

Yes, the Rumors are TRUE!

PALERSIZE Adventures In Fitness
IS The **FUNNEST EXERCISE**
PROGRAM 4 Children in the
WORLD!

Check out www.Palersize.com
Monthly routines

Pal Subscription: 🐝 a PAL

\$15.00 per month

2024:

**The adventures of Think,Bink &
Wink coming soon! :)**



**Palersize comes to
Nancyland in Linda
Mar Shopping Center
in PALCIFICA in
January!**

Stocking stuffers! 🎅

Fairy Dust made especially by the Elves in
Santa's workshop gives you GOOD
LISTENING EARS! Need help at home or
school? Let the Magic of Palersize HELP!
"That's what Pals do, they help each other"

WINK FAIRY OF THE PAL IMAGINATION COLORING BOOK!

Wink, coloring books 4 sale

\$16.00

- Read this Palmazing story 2 your Pals!
- Coloring FUN!
- Use "YOUR" PAL IMAGINATION & draw YOURSELF as a Fairy on the Fairy last page! 🧚‍♀️ 📖

TEXT PAL MEL 2 PURCHASE: 415/550-PALS (7257)

