



THE CENTER NEWS

A Monthly Publication of Shipley Center - February 2024



Great News!

Our building permit from the city of Sequim for the Shipley Health & Wellness Annex has been approved! This permit has taken us over three years to acquire. We are now in the process of getting construction bids. Please see *Michael's Message* on page 5 for an update!

COMING SOON!



In the Deep Midwinter-An Evening Art Soiree *Thursday, February 29, 5 to 7pm*

Join us for wine, hors-d'oeuvres and an opportunity to peruse and purchase a variety of donated art/frames from Shipley Center's archives. \$10. admission at the door, proceeds benefit building fund!
921 E. Hammond Street, Sequim

TRIPS & TOURS

Debbie Patterson, Trips & Tours Coordinator



ShIPLEY Center Trips: 360-683-5883

trips@shipleycenter.org



神韻晚會 2024 SHEN YUN



Sunday, April 7. Call Debbie to reserve!

Special Presentation! Monday, February 5th at 2:00 pm – Premier World Discovery presents:

Utah's National Parks -September 2024

Albuquerque Balloon Fiesta & Santa Fe – October 2024

This will be held in the Front room – call to reserve your seat!



NW Flower and Garden Show, Thursday, February 15th- Don't miss this annual exhibition of horticulture and everything related to gardening. It is the largest garden show west of Philadelphia, and considered the second largest in the country. Held at the Seattle Convention Center, the show features lush, fully-built display gardens, as well as a garden marketplace exclusively for plants, gardening supplies, and more! ***This trip is full, but we will take a second trip on Saturday the 17th if there are enough people. Call trips today if you want to go on the 17th.***

Departs at 7:30am to about 5pm

\$61 member/\$66 nonmember

Clearwater Casino, Tuesday, February 20th – This is the first month that we will start going to the Casino on the 3rd Tuesday of the month instead of Mondays. Eric will be driving the bus for all to enjoy some gaming, lunching and just hanging out with friends! Call trips to reserve your seat today. (Must have at least 10 travelers for this trip)

Departs at 9am to 4pm

\$15 per person

Silverdale Shopping & Lunch, Friday, February 23rd – John will be our driver for a day of shopping at the Kitsap Mall, Hobby Lobby, and The Trails. Lunch will be on your own. This is a great little trip to just get away for a while, and you don't have to drive!

Departs at 9:30am

\$33 member/\$37 nonmember

Suquamish Museum, Wednesday, February 28th – Discover the rich history and vibrant culture of the Suquamish people at this interesting museum. Eric will be taking us for this guided tour and a stop at the Clearwater Casino on the way back for lunch.

Departs at 9am to about 4pm

\$29 member/\$33 nonmember

IKEA Shopping, Wednesday, March 6th -Have you ever been to an IKEA store? It's a furniture store, for sure, but with so much more! Be sure to bring your shopping bags as Janelle takes us on this journey. Lunch is available in the store.

Departs at 8:30am to about 4:30pm

\$46 member/\$50 nonmember

Point Defiance Zoo & Aquarium, Wednesday, March 14th – The Point Defiance Zoo & Aquarium is the only combined zoo and aquarium in the Pacific Northwest, located in Tacoma. Situated on 29 acres in Tacoma's Point Defiance Park, the zoo and aquarium are home to over 9,000 specimens representing 367 animal species. Keeper chats, animal experiences, and more. Lots to do and see on this trip with Eric as our driver!

Departs 8:30 am to about 5pm

\$60 member/\$64 nonmember

Clearwater Casino, Tuesday, March 19th – The third Tuesday of the month is now Casino day! We will be taking the Shipley FUN Bus to Clearwater, so hop on board – be sure to call and reserve your seat! (We must have at least 10 travelers for this trip)

Departs at 9am to about 4 pm

\$15 per person

MOHAI, Wednesday, March 27th – “Pulling Together: A Brief History of Rowing in Seattle” If you are interested in the movie, “The Boys in the Boat,” then this is the exhibit for you! John will be taking us to the Museum of History and Industry in Seattle. Lunch at the Gourmondo Café next to the museum. Then enjoy the exhibits at the Burke Museum, just a few minutes away. Both tickets are included in this trip price.

Departs at 7:30am to about 5:30 pm

\$90 member/\$94 nonmember



See more great trips on page 3

Continued from page 2

SHEN YUN, Sunday, April 7th – This is a fabulous show with beautiful costumes and enchanting music! We will be going to the 1pm matinee with an early dinner at Arnie's, on your own, to follow. Call today to reserve your seat, this show will sell out. **Departure TBA** **\$200 member/\$204 nonmember**

Looking forward to:

Treehouse Point tour – April, Tulip Town – April, Boeing Tour - May, LeMay Car Museum – May
Purdy Pet Prison Partnership – June, Nordic Museum – June, Ifly Seattle – July (postponed from January)

Collette is offering **Christmas on the Danube**, December 2-10 – let me know if you want to sign up; there is still room!

Regional Trips: **Tell us if you are interested, so we can get planning!**

Hells Canyon/Snake River – 5-day trip with a jetboat ride and wine tour in Walla Walla!
Portland, OR – 3 days including a lunch cruise on the Portland Spirit!
Chemainus, BC – 3 days including a tour of Butchart Gardens and much more!
Cranberry Coast, OR – 3 days by the ocean, Kite Museum. and Carriage Museum.

February is the border between winter and spring –
Terri Guillemets

Come travel with us on the Shipley bus!

Debbie



**Shipley Center
Trips
360-683-5883**



THANKS Recent General Fund Donors THANKS

Mary Boice
Terry & Vicki Boyer
Carlene Brown
Robert & Claudia Brown
Helen Bucher
Alicia Crawford
Jerry & Beth Culhane
Rhoda Cunningham
Laura Erickson
Barbara Erler
Fritz & Judith Field
Sharyn Fuller
Chester & Fumie Gage
Sheila Gagnon
Gretchen Glenny
Beth Glick
Claude Groff
William & Nancy Haag

David & Mary Ellen Heiler
Susan Hunt
Norman & Earlene Hunter Jr.
Torben & Jackie Jensen
Don Johnson
Yvonne Linnabary
Jerie Louie
Robert & Sharon Medsker
Jim & Wendy Meusey
Michael & Patricia Moore
Theresa Nasmith
Bob & Vicki Naumann
David & Carole Neidhardt
Bill & Judy Newblom
Alane Olson
Linda O'Neill
Mel & Barbara Perricone
Carmela Richardson

David & Leslie Ringuette
Frederic Robinson
Ivars Sarkans
Betty Saviano
John & Rose Sebastian
Laura Singer
Neva Smith
Paula Smith
Darlene Sylvia
Paul & Margaret Walline
Janie Raye Wehman
Marsha Welch
Sue West
Sarah Wheelchel
Daniel & Renae White
Marian Wilson
Diane Young

The Center News is published monthly by Sequim Senior Services dba Shipley Center
921 E. Hammond St. Sequim, WA 98382 Year 53, Issue #2

DEADLINE for Submissions for each edition is the 15th of the preceding month.

Submissions may be sent to: newsletter@shipleycenter.org

All submissions are subject to editing.

For Advertising rates and info, contact programs@shipleycenter.org



We are open **Monday-Friday**
9am to 2pm
Dine in or take out!
(360) 775-3883

Leo's Café with Chef Kathryn

Come enjoy the ever-changing menu at Leo's Café!

Daily specials include:

Soups, Salads, Sandwiches

Quiches & Frittatas

Elixirs, Lattes, Coffee and more!



Breakfast Bits 'n Bites, served 9 to 11am

(Many wonderful choices to create your own special breakfast.)

There is always a Pastry Case to peruse with Kathryn's famous Muffins, Macaroons, Sweet Rolls, Bear Claws, Cookies and more!

All menu items are prepared with Love and Gratitude!

Estate Sale to Benefit Shipley Center

Watch for dates to be announced for this March fundraising event. Two weekends in March, Shipley Center will feature unique donations received from several estates of members who have recently passed on. Items include furniture, numerous household goods, and a huge DVD collection of movies and TV series, among other things you won't want to miss. We are not accepting donated goods at this time. (Donations for our August sale will begin around June 1st.)

The March Estate Sale will be held in suite E105 at our regular sale site in the QFC/Dollar Tree plaza, 990 E. Washington Street.

Watch for exact dates and times in your March newsletter and via email. We appreciate so much those who remember Shipley Center in their estate planning.



Building Permit Received for HAWA! (Shipley Health & Wellness Annex)

MICHAEL SMITH, EXECUTIVE DIRECTOR

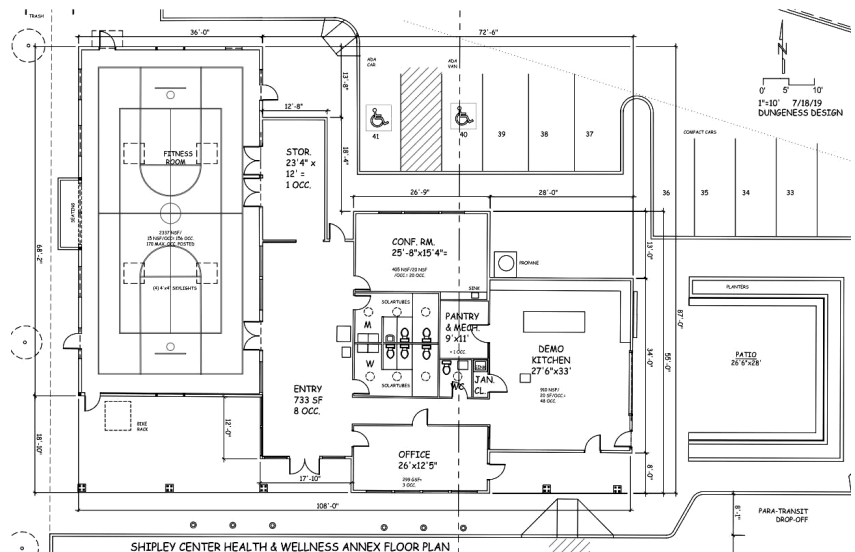
What if we had 6500 sq. ft. more space to offer you more opportunities for Friendship, Recreation, and Education? Well, we will soon! Your Health & Wellness Annex will have offices, a conference/classroom, a beautiful patio for gatherings, events, or relaxing, and two major programming areas that will greatly expand Shipley Center's activity offerings.

After a 3+ year struggle, and over \$135,000 in permit and utility hook-up fees, etc., we have finally received our site and building permits from the City of Sequim Planning Department. Bidding packets including all plans and specs are being sent out by January 19 to five local contractors with experience building commercial structures with energy-saving SIPS panel walls and ceilings. The bidding process should take about 4 to 5 weeks.

Your Building Committee will then go over the bids, interview the finalists and choose a contractor, perhaps by sometime in March. We will then set a date for a ground-breaking and let you know the start date for construction!

Demonstration Kitchen and Classroom

Have fun watching cooking demonstrations that illustrate healthy food options and nutritional concepts. Experience hands-on learning that will make a difference in your overall health and well-being. Sessions will be taught by qualified cooks, registered dietitians, physicians, health educators, local restaurant owners, and perhaps a local celebrity now and then! When not used for food-related classes, the classroom area will be used for other activities and how-to classes of interest to our members.



Gym/Fitness Room/Auditorium

Gather in this high-ceilinged room for sports and exercise, including yoga, aerobics, basketball, volleyball, pickleball, badminton, ping pong, stretching classes, indoor soccer, and other physical fitness activities. In addition, with a capacity of 200 people, the space will work well as an auditorium for social events, bazaars, auctions, art shows, concerts, “TED-talk” style lectures and more! Use your imagination and suggest more ideas to me and/or Program Director Reba Renner, whose email is programs@shipleycenter.org

More news coming soon. Donations to this project are much appreciated, and donors of \$1000, \$2500, \$5000, or \$10,000 or more will receive prominent recognition on the site, with donors of ALL amounts being recognized several times in our newsletter and in the groundbreaking and opening day programs. Previous donations to land purchase or building funds over the past 10 years count towards a household's overall giving, so you may already be close to or over one of these donation levels! Contact me if you have questions about the capital campaign, and your current donation “tally”.

Thanks so much for your support as we move forward with our project to better serve you, and one you can be proud of, Shipley Center's Health & Wellness Annex!

Michael





**Spanish Class meets
Thursdays 9:30-11am
in the Art Room.**

Line Dancing on Fridays!
10am to 12:15 = Intermediate
12:30pm to 2:30 = Beginners



Mahjongg

New to Mahjongg?

Call Diane Whitaker to arrange
for lessons. 360-775-6150

Ready to play Mahjongg? Join in
every Wednesday from 1-4.



Adult Tap II

Thursdays 10:30am-12

Members \$3, Non-members \$6

Flat-heeled tap shoes or
hard-soled shoes are
recommended.

Questions: contact Sandi Lazzaro 360-809-3390

Beginning Hula

Tuesdays 2 - 3:30pm

Members \$3, Non-members \$6

Call Sandi Lazzaro for info
360-809-3390



BASIC MEDITATION CLASS via ZOOM!

Join us in a guided basic awareness meditation
class with Jean Kipper. Friday mornings at 9:45.
This class is sponsored by *Dungeness Courte Memory
Care*, so no class fee is required. Call 360-683-6806.

Join North Olympic Watercolorists (NOW)

Every Tues, from 1 to 4 pm, for beginners to
professionals. We work on our own paintings with
our own supplies. We are not a class, so having some
experience is most beneficial.



SEWING CLASS

No-Fee class led by Judy Lange!
2nd & 3rd Thursdays, 9:30am to Noon.
Items made during class time will go to the
Shipley Center gift shop. Help and advice will
be available for personal sewing projects, too!



Fiber Arts

Tuesdays in Front room 9:30am
Fridays in Art Room 9:30am



Whole Food Plant Based Support Group. (WFPB)

Meeting at 1pm on the 2nd Thursday of the month.

This month's topic: Learn the secrets to Ultimate and
permanent weight loss. No counting calories, no purchasing
diet meals, no expensive programs.

CAUTION: Side effects will include happiness and laughter.
For info, contact Alanna Levesque 360-912-2067
Members \$2. Non Members \$4.

Book Sharing! Led by Barb Paschal

Come with the name and author of a good book you
would recommend to others ...and in a few
sentences share why you found it to be a "good read".

Come listen to others in the group share their ideas
about what books they have been reading and meet new
friends along the way!

This group meets the **first Thursday of the month from
1:00-2:00 in the Art Room.**

CHAIR DANCING CLASS!

Taught by Karen Hull.

Perform dance movements on and
off the chair. Move your upper and
lower body with the beat of the music.

Wednesdays at 12:15
in the main room.



Have YOU tried YOGA?

EZ Yoga

Wednesdays and Fridays at 1:30!



TAI JI

Come join J. Fields in the Art of
Tai Ji at **10am on Tuesdays.**
9:30am on Thursdays



Come join Beth Glick for
ZUMBA GOLD

11am – noon
Monday, Wednesday, Friday



Questions for Retirees

The Markets are currently experiencing volatility.
The Fed is raising interest rates.
We are in a transitional period.

Are you concerned about having enough income to last throughout your retirement?

Are you happy with the rate of return you are getting on your savings at the bank?

**Call or E-Mail us for our current
Fixed and Variable Annuity Rates**

**We offer a complimentary review of
your situation and goals!**

To learn more, visit us at:
www.tracywealthmanagement.com
Or call us at: 360-452-9080



Kevin Tracy - Financial Planner
(360) 452-9080
149 W. Washington St.
Sequim, WA 98382



Securities and investment advisory services offered through Osaic Wealth, Inc., member FINRA/SIPC and a Registered Investment Advisor. Insurance services offered through Tracy Wealth Management, which is not affiliated with Osaic Wealth, Inc.

Healthy U! Classes

Tuesdays in February, 11:30 to 12:15
Same FUN CLASS on all dates!

“10-20-10”

Education, Aerobics, & Stretching with Music!

10 minutes of health education on a variety of topics
20 minutes of easy and effective aerobics
10 minutes of quiet stretching exercises

**PLEASE wear comfortable shoes and clothing
you can move in!**



**Bring a yoga mat for
stretching on the floor!**

Please call to
register for
these classes!
360-683-6806



\$2 for members
\$4 for non members

**Taught by
Barb Paschal
Retired Physical Therapist**

Can You Spot the Fraud?

These are four examples of actual text messages claiming to be from First Fed.
Can you identify which ones are fraudulent texts?

A

FIRST FED ALERT: your mobile number has been changed. If this wasn't you, visit <http://mobilenumberalertsfirstfed.pages.dev> to cancel.

B

FIRST FEDBNK ALERT: Did you try buy gadgets of \$760.79 @ebay? Ignore if yes if not click <https://tab-ourfirstfed-data.pages.dev/> to CANCEL. If this wasn't you

C

First Fed Banking: UPDATE for CHKG*0704
Current balance: \$299.52
Available balance: \$299.52
Reply LAST for recent history

D

OURFIRSTFED ALERT: You spent \$540.00 @REBRAND Click <https://block-ourfirstfed-port.pages.dev> If this wasn't you, please let us know.



ourfirstfed.com

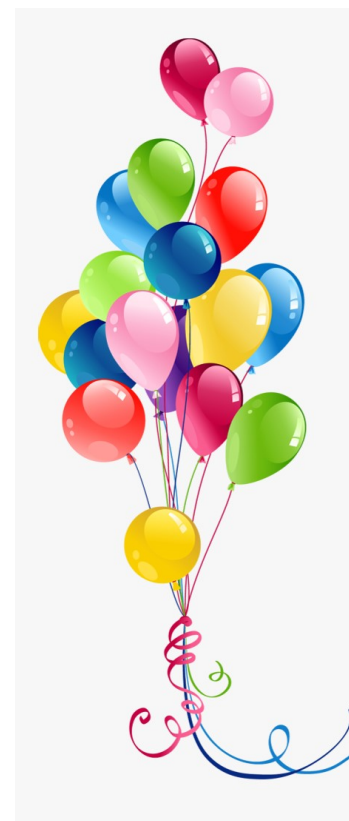
A, B, and D are examples of
fraudulent texts.
C is a legitimate text.

Member
FDIC





- | | | | |
|--|--|--|---|
| 1 Bonney Benson
Lynne Birch
Joanie Brooks
Cassandra Cockrill
Gretha Davis
Kathy Hanvey
Sabine Schwarz
Bettyjean Siekawitch
Travis Williams | 8 Mai Alexander
Pamela Cortes
Katrina Gerdes
Steve Lee
Nancy McGovern
Margie Mirabella
Penny Reinke
Gary Smith
Deborah Sterk | 17 Lou Foldoe
Nancy Jost
Judy Larimore
Judith Newman
Joseph Victor
Sharlie Watts | 24 Ruth Marcus
Grace Sand
Rosalie Schrag |
| 2 Georgia Chiarella
Joan M. Hull
Debra Koich
Patti Reynolds | 9 Earl Karich
Nancy Schenk | 18 Barry Halsted
Bob McIntyre
Barbara Miller
Phyllis Rainwater
Janet Read | 25 Dolly Creasey
Peter Macrae
Nancy Madison |
| 3 Laura Anderson
Elaine Caldwell
Cheryl Ford
Jacqueline Kangas | 10 Beverly Ferris
Rodger Maneval | 19 Anne Judd
Jerry Lajambe
Bob Lake
Elizabeth Loren
Francis McTaggart
Eric Miller
Marilyn Nelsen
Donna Prust
Erik Simpson
Betty Stegriy | 26 Linda Christensen
Charlene Danforth
Dale Nichols
Chris Swift |
| 4 Christine Lewis
Jim Meusey
Ernestine Pearl | 11 Roger Heroux
Marjorie Irthum
Ruth Lavrakas
Joan Rosenberg
Carol Rutledge | 20 Teri Domingues
Kay Maesaki
Peggy Napier | 27 Bob Bevins
Dave Caldwell
Darrell Hostvedt
Pat Oakes |
| 5 Susan Hunt
Tracy Klick
Bethany Loucks
Michael Moore
Eunice Paulus
Dana Swaim
Mike Traub
Debbie Traub | 12 Signe Johnson
Paula Smith
Glen Varvil | 21 Maryann Ballard
Robert Begin
Lois Goins-Cole
Sharleen Hoveskeland
Norma Michels
Eileen Piontek
Patricia Rothwell | 28 Josie Carroll
Marion Rutledge
Linda M. Thibault
Roland Vieira |
| 6 Brenda K. Peck
Anne-Marie Phillips | 13 Anna Crumrine
Cleabelle Dobbins
Bruce Tanner | 22 Susan Gerard
Becky Skilling
Jan Van Rossen
Leland White
Kathryn Wilson
Gayle Young | 29 Warren Benson
Michael Wilkin
Elizabeth Ann Williams |
| 7 Nancy Carder
Russell Hansen
Richard Noice
David Spencer
Barbara Stark | 14 Brenda Lee Brindley
Debbie Crist
Cathy Kissack
Ken Nielsen
Valerie Schoutenberry
Daniel White | 23 Laurie Beyer
Mike Minner
Kathleen Popowski
Janice Smith | |
| | 15 Esther Arredondo
Shirley Keller
Patty Mcneilly
Bonnie Moses | | |
| | 16 Mark Grzadzielewski
Cathy Kelsay
Jeanne Lorch
Pat Rafferty
Karol Roberts
Sandy Van den Berg | | |



Community Announcements

Single? Join *Shipley Singles Activities!*

Feb. 14, 4:30 pm, *Single Mingle*

Monthly Singles Dinner, 5pm

Members \$15, Non Members \$20

**Menu: Chicken Cordon Bleu, Rice,
Roasted Veggies, Rolls, Cream Brule, Coffee**

**Tickets can be purchased
at front desk starting February 1.**

Feb. 27, 9am Senior Singles Breakfast

**Let's go out to Leo's Café together, every 4th Tuesday
at 9am, and give other local restaurants a try too!**

For Breakfast singles gatherings, call

Bobbie Dahm at 360-477-0019

For Lunch singles gatherings, call

Robert Drews at 360-670-9008



WOW! WORKING ON WELLNESS

2:00 pm – 3:00 pm

Wednesday, February 14

KSQM FM Radio Station 91.5 FM

"Tai Chi – Dance with Life"

**Speaker: J Fields, Level Three
Tai Chi Instructor**

Where are YOU from?

Do you have an interest in joining a Genealogy
Support Group to learn from and help others in
finding and documenting those findings using
Ancestry.com, Family Tree
or other recording media?

Call the front desk to express your interest!
360-683-6806



That's a lot of BuncO!

Kathy Kelsey would like to
start a once-a-month
Bunco group.

Please call the office if you
would like to play.

Computer Clinic on Mondays, 1 to 3pm.

FREE FOR SHIPLEY CENTER MEMBERS!

Help with computers, tablets, smart phones and
general technology questions. **PC and Mac.**
Donations made in the office to Shipley Center
in appreciation for computer help are welcomed.

Investment Group

Frank Paton has been a successful investor for over 40
years and would like to participate in a sharing of ideas
and experiences with others.

(This group will not be investing jointly.)

Call the front desk to express interest. 360-683-6806

Shipley Singers

Shipley Singers has found their
accompanist and are ready to
take their act on the road.

**They welcome additional
singers.**

Please call the front desk to
express your interest in singing with them.
360-683-6806



National Federation of the Blind's meeting on
Monday, Feb. 12 at 1pm in the Shipley Front Room will
be a presentation on using audiobooks from the library
(presented by a local librarian). **OPEN TO ALL!**



Sequim Tax-Aide Info: YOU MUST CALL

to make an appointment for

Sequim Tax-Aide service: 360-207-4845.

TAX AIDE appointment times are:

Wednesdays 9-3. Thursdays 9-12.

Saturdays 9-3.

Leave your name and phone number.

The appointment scheduler will return your call.

Anyone who has lost a loved one, whether recently or further in
the past, is welcome to join **Volunteer Hospice of Clallam
County** at its annual Remembrance Ceremony scheduled
Saturday, Feb. 10, at 2 pm at Trinity United Methodist Church,
100 Blake Ave in Sequim.



**Veterans' Coffee
Break is back
and under new
leadership!**

**Please join us on
Feb. 15, at 10am in
the Library.**

FEBRUARY 2024 –WEEKLY ACTIVITIES

MON	TUE	WED	THUR	FRI
			1 9:30am–Spanish Conversation 9:30 am–Tai Chi 10am–Euchre 10:30a–Tap 12:15pm–Bingo 1pm–Scrabble 1pm–Book Share 3:30–Ping Pong	2 9am–Balance Exercise 9:30am–Fiber Arts 9:30am–Basic Meditation (Zoom) 10:00am–Line Dancing–(Int.) 11am–Zumba Gold 12pm–Poker 12:30pm– Line Dancing–(Beginner) 1:30pm–EZ Yoga
5 9am–Balance Exercise 11am–Zumba Gold 1pm–Ukulele 1pm–Computer Clinic	6 9:30am–Fiber Arts 10am–SHIBA 10am–Tai Ji 10am–Watercolor–(Int) 11:30am–Cribbage 11:30am–Healthy U 1pm–N.O.W 1pm–Ping Pong 1pm–Pinochle 2pm–Grief & Wellness Group 2pm–Beginning Hula	7 9am–Balance Exercise 9am–Water Media Drop-In 10am–Diabetes Support Group 11am–Zumba Gold 12pm–Bridge 12:15pm–Chair Dancing 1pm–Ilcirulo Italiano 1pm–Mahjong 1:30pm–EZ Yoga 2pm–Conversaciones en Espanol 3:30pm–Ping Pong 9-3 TAX AIDE	8 9:30am–Sewing Class 9:30am–Spanish Conversation 9:30am–Tai Ji 10am–Euchre 10am–"Hooked on Fishing" 10:30am–Tap 12:15pm–Bingo 1pm–Scrabble 1pm–WFPB 3:30–Ping Pong	9 9am–Balance Exercise 9:30am–Fiber Arts 9:30am–Basic Meditation (Zoom) 10:00am–Line Dancing–(Int.) 11am– Zumba Gold 12pm–Poker 12:30pm–Line Dancing–(Beginner) 1:30pm–EZ Yoga
12 9am–Balance Exercise 11am–Zumba Gold 1pm–Ukulele 1pm–Computer Clinic 1pm–National Federation of the Blind	13 LEO'S CAFÉ CLOSED 9:30am–Fiber Arts 10am–Tai Ji 10am–Watercolor–(Int.) 11:30am–Cribbage 11:30am–Healthy U 1pm–N.O.W 1pm–Ping Pong 1pm–Pinochle 2pm–Grief & Wellness Group 2–Beginning Hula	14 LEO'S CAFÉ CLOSED Volunteer Appreciation Event in the Main Room 9am–Water Media Drop-In 12pm–Bridge 1pm–Ilcirulo Italiano 1pm–Mahjong 2pm–Conversaciones en Espanol 4:30pm–Senior Singles Mixer & Dinner 	15 9:30am–Sewing Class 9:30am–Spanish Conversation 9:30 am–Tai Ji 10am–Euchre 10am–Vets Coffee 10:30am–Tap 12:15pm–Bingo 1pm–Scrabble 3:30–Ping Pong	16 9am–Balance Exercise 9:30am–Fiber Arts 9:30am– Basic Meditation (Zoom) 10:00am–Line Dancing–(Int.) 11am–Zumba Gold 12pm–Poker 12:30pm–Line Dancing–(Beginner) 1:30pm–EZ Yoga

FEBRUARY 2024 –WEEKLY ACTIVITIES

MON	TUE	WED	THUR	FRI
19 SHIPLEY CENTER CLOSED for Presidents Day  *** HAPPY *** PRESIDENTS DAY *****	20 9:30am-Fiber Arts 10am-SHIBA 10am-Tai Ji 10am-Watercolor-(Int) 11:30am-Cribbage 11:30am-Healthy U 1pm-N.O.W 1pm-Ping Pong 1pm-Pinochle 2pm-Grief & Wellness Group 2-Beginning Hula	21 9am-Balance Exercise 9am-Water Media Drop-In 11am-Zumba Gold 12pm-Bridge 12:15pm-Chair Dance 1pm-Illcirculo Italiano 1pm-Mahjong 1:30pm-EZ Yoga 2pm-Conversaciones en Espanol 3:30pm-Ping Pong	22 9:30am-Spanish Conversation 9:30am-Tai Ji 10am-Euchre 10:30am-Tap 12:15pm-Bingo 1pm-Scrabble 3:30pm-Ping Pong	23 9am-Balance Exercise 9:45am-Fiber Arts 9:30am-Basic Meditation (Zoom) 10:00am-Line Dancing-(Int.) 11am-Zumba Gold 12pm-Poker 12:30-Line Dancing- (Beginner) 1:30pm-EZ Yoga
26 9am-Balance Exercise 11am-Zumba Gold 1pm-Ukulele 1pm-Computer Clinic 3pm-Show and Tell	27 9am Senior Singles Breakfast 9:30am-Fiber Arts 10am-Tai Ji 10am-Watercolor-(Int) 11:30am-Cribbage 11:30am-Healthy U 1pm-N.O.W 1pm-Ping Pong 1pm-Pinochle 2pm-Grief & Wellness Group 2-Beginning Hula	28 9am-Balance Exercise 9am-Water Media Drop-In 11am-Zumba Gold 12pm-Bridge 12:15pm-Chair Dance 1pm-Illcirculo Italiano 1pm-Mahjong 1:30pm-EZ Yoga 2pm-Conversaciones en Espanol 3:30pm-Ping Pong	29 9:30am-Spanish Conversation 9:30am-Tai Ji 10am-Euchre 10:30am-Tap 1pm-Scrabble	<div> <i>In the Deep Midwinter- An Evening Art Soiree</i> <i>Thursday, February 29, 5 to 7pm</i> <i>\$10. admission at the door</i> <i>Enjoy wine, hors-d'oeuvres, and art</i> <i>for sale from the Shipley Archives.</i> </div> 
Saturday <u>February 3rd and</u> <u>17th Strait</u> <u>Wheelers-Line</u> <u>Dancing 5:30pm</u> <u>February 10th and</u> <u>24th Bridge 6:30pm</u> <u>TAX AIDE</u> <u>9-3</u>	<div>  <p> Save the Date! March 15 is our St. Patrick's Day event! Come and be Irish! Tickets available March 1. </p> </div>			



Spotlight on . . . Karen Hanson

By Margaret Cox

“All in the Family!” When one board member has served his term, he is replaced by his spouse! We said “Goodbye” to Joel Hanson in 2023, when his term ended, and welcomed his wife, **Karen Hanson**, this year, for the start of her three-year term on Shipley’s Board of Directors. As our previous Treasurer has left the board, we are particularly pleased because Karen has the financial acumen necessary for the Treasurer position!

The Early Years

Karen’s Dad, a career Air Force officer, was stationed in Lincoln, Nebraska, when Karen was born; but only three months later, it was off to Fairbanks Alaska, where her brother was later born. Then, being an *Air Force Brat* (I know there are *Army Brats* . . . so am thinking this also applies to the other services!), the family moved to Alabama; then to Ft. Bragg, N.C. followed by Shaw AFB, S.C.

When her Dad was deployed for a year to Korea, Karen’s family returned to Lincoln, Nebraska, where they had relatives. (Her great-grandparents had settled in Nebraska when they arrived from Czechoslovakia in the 1800’s.) A fond memory of that year was attending a *lot* of baseball games with her brother and Mom. Lincoln had a Triple-A team at that time, and her Mom loved the game!

Then, it was “on the road again,” to Hamilton AFB (now de-commissioned) in CA; followed by Denver, where Karen graduated from Aurora Central High School.

Young Adult Life

With a vision of being an archaeologist, Karen spent a year at Mesa University in Grand Junction. She met her first husband who was also enrolled there. After marrying, it was back to Denver for a couple of years and on to Fernley, Nevada, near Reno where their eldest son was born; then back to Denver where the younger son was born.

During this time, Karen picked up clerical and secretarial jobs, and worked for several companies; then to OEA Inc., a manufacturer of airbag inflators and initiators. While beginning as a secretary, Karen became interested in “the numbers side of things.” The company paid for her to attend college night courses leading up to an accounting degree. Now, with this, she worked her way up to Accounting Manager; then Assistant Controller.

When the company started installing computer systems in the late '80's, that really grabbed Karen's interest! With this new knowledge, she moved on to a position with United Artists Theatres in the Denver area; then after 10 years took a position with Ernst & Young a consulting firm. At this time she was back in night school at Regis University getting her Master's degree in computer systems. From there, she moved on to Highline Corp for a senior consulting job working on implementing payroll and HR software, entailing a lot of travel.

It was in 1988 that Karen started running, joining a track club. It was also how she was to meet her current husband, Joel. They were married in 1988 and, in 2000, they moved to Lake St. Croix Beach, Minnesota. It was a good fit: Joel had been brought up in Minnesota, and Karen loved the area, having done some consulting there. Joel was employed by Barnes & Noble and was able to transfer there, and Highline didn't care where Karen worked as long as she had nearby airport access!

Coming to Sequim

After a period of time living in Texas to be close to Karen's sons and the grandkids, the kids now in their teens, they knew Texas was not the place for their “forever home.” In 2015, they retired, bought a 19' trailer, and traveled throughout Florida, Texas, North Dakota, and the Midwest states. Two years later, back to their Minnesota for a brief trip, they thought this was where they would like to live, but Minnesota was way too expensive. The big question: “Where do we want to live now??”

So, deciding on a “Western Swing” trailer-trip through California and up the West Coast, they arrived in Sequim where Joel's brother and wife had lived for the previous five years. They found they *really* liked it here! The area had the water of Minnesota and the mountains of Colorado; it was a nice size, with friendly people. “This looks like we've found “the place!”



Karen Hanson

Spotlight continued from page 12

While looking at homes to buy, they encountered a builder at *Jennie's Meadow*, who was just finishing the development. They got to talking and turns out the builder wanted to sell the model, his office, the following year . . . Karen and Joel loved the place, so bought it, and leased it back to the builder for a year!

Discovering Shipley

Karen and Joel had made arrangements to spend the winter in Rockport, Texas . . . but Hurricane Harvey's decimation of that area put an end to those plans. So, they camped out at the local KOA for three weeks; then to Gilgal RV Park for nine months. And, we all know how close *that* is to Shipley Center, right?

Joel started coming for cribbage, and now plays euchre. Karen began to come for fiber arts. She had tried to knit, unsuccessfully, twice before; and here, there were people to help. "The Fiber Arts and Knitting groups are really great! There's a real camaraderie among the women, and always someone to help you or you can help others."

Karen says of Shipley Center: "It was the gateway to the community for us."

The Future

The couple used to run and hike and geocache a lot together, until Joel contracted pneumonia twice in 2020 and, since 2022, has to be on oxygen 24/7. Believe it or not: Joel can still play golf!

They have done a couple of trips by car; but the real test was in the middle of January, when they took a trip to Colorado for a reunion with their sons, four grands, and a great-grand! This was a real "trial balloon" to see how Joel and O² do on air travel! Air travel turned out to be really easy but the Colorado altitude was not.

Asked about the new building, Karen enthused, "Oooh . . . very excited! So looking forward to that! Can't wait until they break ground. It looks like it's finally coming to fruition!"

Welcome to the Board, Karen. We're excited you'll be around when we get that new building underway—and, hopefully, completed—during your three-year term!



Karen with son Travis, and granddaughter Genevieve, with their Graysmarsh Farms bounty.

**FRIENDLY CALLER PROGRAM**

Would you be interested in participating in our new Friendly Caller Program? This program is an opportunity for members to routinely (about once per week), reach out to others by phone providing our seniors with regular opportunities for conversation and connection.

Please call the front office if you would be interested in being a caller or if you would enjoy getting a call!

**Shipley Center's Bad Weather Closure Policy**

As we are into the bad weather season, we want to remind you about our Bad Weather Closure Policy.

It is always best to be prepared!

If Sequim School District says **NO SCHOOL on their website**, then Shipley Center will be **CLOSED for the ENTIRE DAY**. Please Note: **LATE START** days, we *may* be closed.

Call the Center after 8:30 am to check, or go to our *Facebook* page:

www.facebook.com/ShipleyCenter

SCHOOL DISTRICT CLOSURE INFO CAN BE FOUND ON: www.sequimschools.org



Local weather info can also be found on: **FM Radio-** KSQM 91.5 KIRO 93.1 KMPS 94.1
AM Radio- KONP 1450 KIRO 710 KOMO 1000 **TV-** KOMO 4 KING 5 KIRO 7 Q13FOX



Would you like to play POKER?



Please call the office,
360-683-6806 if you are
interested in joining this
activity!
Fridays at Noon.

Roger Stefano is offering:
ILCIRCULO ITALIANO

Conversation and Reading in Italian
1:00 Wednesday in the Art Room

CONVERSACIONES EN ESPANOL
Conversation and Reading in Spanish
2:00 Wednesday in the Art Room

Please call the office to indicate your interest
in either of these classes.



EUCHRE
Every Thursday
10am-12

Led by John Christian
Just show up for fun and
laughter!

Bridge

Wednesdays with Earl Karich
12:00-3:30pm.

2nd & 4th Saturdays
with Diana Smith, 6:30-9:00pm

Call Diana to register
360-775-5126

PINOCHLE

Led by Lynda Moynihan
Tuesdays 1:00pm



COMPUTER LAB



We're OPEN to browse the
net & check email!

Find the Hidden Object



Somewhere in this month's issue is a picture
of a heart.

Once you spot the object, email your name, phone
number and the location (page number) to
programs@shipleycenter.org.

Or you can come into the Office and fill out a form and
turn it in by the 15th

You can win \$4 off at *Leo's Café* or \$4 in Activity Bucks!

SHOW AND TELL FOR SENIORS



Bring something interesting to
show and talk about. It can be
an antique, hobby, pet or something
else that you enjoy.

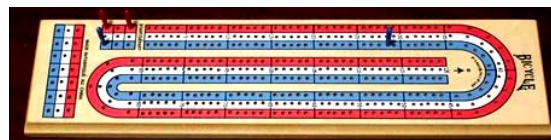
This fun and interactive group is
led by Michael Smith.

3pm on the Fourth MONDAY, Feb. 26

Activity fee: \$2 for members, \$4 for non-members

Cribbage

Cribbage is played at Shipley on
Tuesdays from 11:30am to 1:30pm.
David Squier is the Cribbage leader.



S₁ C₃ R₁ A₁ B₃ B₃ L₁ E₁

Come and play every Thursday at 1pm!



Ping Pong

Tuesdays 1-2pm,
Wednesdays 3-4:30pm,
Thursdays 3-4:30pm,
Sundays 1:30-3:30pm



Games start at 12:15pm on Thursdays.

Come early to purchase your cards.

Members \$1/ Non-members \$2

Bingo Cards are just 50 cents each.

15 games, and we also have a Potluck.

BIG Money on the last Blackout!

Thank You TO OUR DONORS

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Jerry & Beth Culhane
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Robbie Varney
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Cliff & Sandy Brehan
Lance & Olympia Bunge
Jill Palmquist
Dennis Westernen

Special Gifts

In appreciation for Deb Hudson
From Mary Bell
In appreciation for Computer Room
From Petrie Taylor



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Robert Carder
Michelle Chung
Shun Chung
Eileen Crist
Keith Crist
Aaron Elkins
Susan Engle
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Edward T. Edem
Ronald Henshaw
Dick Kapasky
Don Klinger
Gail Nelson
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Carole Welk



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PTNVEVLAEZXLQSAAZERWLTTRAIEORW
GFUOJCLECOOXURMCRARYLNENCGYON
FIWBSFRIIPRBEELUJETERCLOHGXYLX
GUMDPIREKFVNSDBLGVVOGPYSAEVYD
GVUPAMRSIERBONUDI EEWNZTRROEAR
NRPLLBERGPUAAMIOSWIRIUNEDRRTO
ALOWYMRRACNVGLSOOLQEDMHFNGOYF
MYXVASOAHHNIOAOELEQWRKOFIEMRD
UECJEESAHINOLRSIMJOOATJEXHLAL
RLNNGRNETACIDKAEIAAHHHWJOWLHA
TNAROACRSNMNMMNMMJNGEISNBICR
SIGFNTALISILHAMAAAJENOLAUF AE
YKAUWMNVELGEIYJBROJSEDLMRSDZG
RCENROLIKVNRCONHFOIROIONHRC
RMRHDAONLREAAKCNEDZERRAHOSAH
AMDJCRADYCRLCNAOWBND AEMTSLHE
HALJPREHRTLAA DTRLBNTWRHBNULES
AIAIFKAWEORLANWRHNYHIOONHOIRT
ALNFERPRJAWMIBDBCHTGTOWAONMBE
JLORRELBBASWRBWUHAYIJSAXJNOER
FIRISMADAYCNIUQNHOJWMERSWXERA
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WARREN G HARDING
WILLIAM HENRY HARRISON
WILLIAM HOWARD TAFT
WILLIAM MCKINLEY
WOODROW WILSON
ZACHARY TAYLOR



Valentine's Day Words

FFOAICNET _____
EWEJYRL _____
AEINTVNLE _____
TAOECHSOCL _____
BLSONAOL _____
CLKEOT _____
OUPCL _____
RAREDIM _____
UOSALMSET _____
TTSEWERASHE _____
UEYBFRAR _____



What did the magnet say to the refrigerator?
I find you so attractive.

I was wondering why my feet got cold.
Then I remembered you knocked my socks off.

What did one pig say to the other?
Don't go bacon my heart.



What did one plate say to the other on Valentine's Day?
Tonight, dinner's on me.

What's a loaf of bread's favorite song? "All You Knead is Love."

Did you hear about the spider wedding? Yes, they're newly-webs.

What did the graham cracker say to the marshmallow?
I love you s'more and s'more each day.



Why shouldn't you fall in love with a pastry chef?
They'll dessert you.

Why did the astronaut couple break up? They needed space.

What did one scientist say to the other? We've got great chemistry.

What did one light bulb say to the other?
I love you watts and watts.




What did one recliner say to the other? I chair-ish you.

What did one yardstick say to the other? We be-long together.

What do you call two birds in love? Tweethearts.


Are you the internet? Because I'm feeling a connection.

See Page 19 for answers to the Word Scramble!



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The mission of Shipley Center is to enrich the lives of adults through social, health and fitness activities, trips, educational classes, low-income housing opportunities, and referrals to community resources.

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Monday-Friday 9:00am - 4:00pm

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<i>Michael M. Smith</i>	<i>Executive Director</i>
<i>Deb Hudson</i>	<i>Office Manager</i>
<i>Theresa Fox</i>	<i>Member Services Director</i>
<i>Reba Renner</i>	<i>Program Director</i>
<i>Debbie Patterson</i>	<i>Trips Coordinator</i>
<i>Beth Hempel</i>	<i>Member Services</i>
<i>Kathryn Kitts</i>	<i>Chef</i>
<i>Denise Amos</i>	<i>Bookkeeper</i>
<i>Duane Cobb</i>	<i>Maintenance</i>

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		Nancy Southwick

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Bus Drivers: Janelle Kelly, Terry Mendicino,
Eric Mullen, John Sebastian

Computers: Ray Bentsen, Joe Mirabella,
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THANK YOU

Answers to Word Scramble:
AFFECTION, JEWELRY, VALENTINE,
CHOCOLATES, BALLOONS, LOCKET, COUPLE,
ADMIRER, SOULMATES, SWEETHEARTS, FEBRUARY

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The Center News Sneak Peek...

Art Soiree, Building Permit
Trips and Tours

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Michael's Message "Building Permit Received for HAWA!"

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