



THE CENTER NEWS

A Monthly Publication of Shipley Center - December 2025



Please Join Us for our Christmas Luncheon

Friday, December 19
with seatings at 12:30 or 2:30.
Members \$18 and non-members \$24.
Tickets are available now.

Menu

Christmas wedge salad
Sirloin medallions with wild rice
Skewered roasted vegetables
Winter berry-rhubarb crisp
Sparkling Cider

SPONSORS: Avamere Rehabilitation of Sequim
Dungeness Courte Memory Care
Ridgeline Homecare Cooperative

We are RINGING in the NEW YEAR at SHIPLEY CENTER

With an evening of Art and Libations!



Please join us for this mid-winter social and take home some new art.

Friday, January 23, at 4:30.

Donations to defray the cost of refreshments are appreciated!

WINTER BREAK AT SHIPLEY CENTER

We are closed to regular activities from
Monday, December 22 through January 2 and will reopen on Monday, January 5.

Leo's Café will also reopen on Monday, January 5.

This closure allows for some annual maintenance to our building.

We wish you a safe and happy holidays.



TRIPS & TOURS

Debbie Patterson, Trips & Tours Coordinator

Office hours: 9 to 1 Monday-Friday



Shipley Center Trips: 360-683-5883

trips@shipleycenter.org

New! 2026 River Cruises

Mayflower Cruises & Tours: Tulip Time on Jewels of the Rhine-April 6-22
Premier World Discovery: Holland Windmills & Tulips River Cruise-April 20-29
Wonders of the Blue Danube-October 10-19

Grand American Tours Presents

Best of Greece: 10 Days and 9 Nights.
May 22-30, 2026 on the *Celebrity Infinity*.



See Green Insert for Local Trips! 360-683-5883. Office hours: 9:00-1:00 Monday-Friday.

Safe Travels, Debbie



Your Trusted Local Bank for 102 Years — Let's Talk About Your Future

For over a century, we have helped our neighbors save more, borrow smarter, and grow stronger.

- Personalized financial solutions tailored to your needs
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Talk to your local banker today. We're here to help—whether you're buying a home, growing your business, or just looking for better banking.

Wills Award Winner



Robin Booker

Branch Manager

Sequim Ave

NMLS# 1433280

rbookter@ourfirstfed.com



Nicole Pruden

Branch Manager

Sequim Village

NMLS# 1560819

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Large outdoor gardens and walking paths

Call us or stop by today!
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www.dungenesscourte.com

651 Garry Oak Drive Sequim, WA 98382



*We are open
Monday-Thursday
9am to 2pm
Dine in or take out!*

Leo's Café with Chef Kathryn Kitts

Please note our new schedule!

'A Little Café with a Lotta' Love'

Serving breakfast and lunch, Leo's Café is open 9:00 until 2:00, Monday through Thursday. We look forward to serving you!

It's December, and Holiday Cookies and Treats abound!

Come into Leo's Café in December and choose from an array of special, individually crafted cookies and treats. Assortment varies by the day. Holiday Gifts available.



Don't miss our Holiday Feast!

We hope you will join us as Leo's Café Chef, Kathryn Kitts, and so many dedicated volunteers prepare a delightful Christmas feast for this holiday season.

Our Christmas Luncheon will be on Friday, December 19
with seatings at 12:30 or 2:30.

Members are \$18 and non-members are \$24 for this event.
Tickets are available now.



The Center News is published monthly by Sequim Senior Services, dba Shipley Center

921 E. Hammond St. Sequim, WA 98382 Year 54, Issue #12

DEADLINE for submissions for each edition is the 15th of the preceding month.

Community Announcements

Shipley Center's Healthy U presents

Sherryl Chandley-Brown

Board Certified Integrative Nutrition Health Coach.

What does Gut Health have to do with Brain Health?

Your gut and brain are in constant conversation. What happens in one affects the other. In this talk, she'll explore how supporting your digestion can boost your memory, mood, and overall brain health.

Thursday, December 18, at 10:00 in our Front Room

WOW! WORKING ON WELLNESS

*****THE FORUM*****

KSQM Radio Station 91.5 FM

Wednesday, December 10

2:00 PM – 3:00 PM

“Types of Traumas”

Speaker: Dr. Steven Adelman

The December meeting of the

Sequim Diabetes Support Group

will be held at Shipley Center in the Front Room

Wednesday, December 3, 10am-11am.

A general meeting with very helpful information, the event is open to the public and free.

Any contributions are given to

Shipley Center for the use of the space.

Next month's meeting is January 7, 2026.

Volunteer Hospice of Clallam County

Online Spousal Loss Grief Support Group

December 15 – January 26

PORT ANGELES – Volunteer Hospice of Clallam County is sponsoring a five-week grief support group for spousal loss every Monday from Dec. 15 through Jan. 26, from 6 p.m. to 8 p.m. online via Zoom.

This series focuses specifically on those who have lost a spouse or life partner and offers a place for participants to share with others their feelings and experiences; gain a clearer understanding of the mourning process; and learn coping skills and strategies for dealing with the emotional pain of loss.

Confidentiality is essential to foster openness, trust and acceptance.

Attendance is free, but registration is required.

For more information or to register, call 360-452-1511 or email reception@vhocc.org.

Whole Food Plant-Based Support Group

Meets at 12:30pm on the 2nd Thursday of the month.

See you December 11 for a Whole-Food Plant-Based Christmas Celebration with Family and Friends!

Let's celebrate with Love and Compassion choosing foods centering on health and goodness. Get tips to make humble vegetables flavorful and exciting, and nutritious entrees that satisfy and promote healing, renewal of energy, and brain clarity. Sound too good to be true? Come and discover the simplicity of this fruitful lifestyle.

Pot Luck starts at 12:30pm.

Don't know what to bring? No worries.

Call Alanna: 360-912-2067

Members \$2. Non Members \$4.

We remember Joe Borden, former Shipley Center Board President, and offer our condolences to his wife Tawana and his family and friends.



GRIEF AND WELLNESS SUPPORT GROUP

Led by Debbie McIntyre

TUESDAYS AT 2:00

In the Shipley Center Art Room



BIG UPDATE: We have our Building Permit!

MICHAEL SMITH, EXECUTIVE DIRECTOR

We were so pleased to receive our building permit from the City of Sequim ahead of schedule for our planned renovations. Previously, I predicted it would be well into December—and perhaps beyond—but it came in on November 4th! Kudos to our architect, Roy Hellwig, for ensuring our application was complete and correct, and to the City of Sequim staff for their relatively quick turnaround for us. This is great, because almost \$15,000 in review and permit fees were paid up front, not really knowing how long the process would take. Thank you, donors and “Angel Financiers”!



As most have heard, we are turning Sequim’s 29,000 sq. ft. former JCPenney building into a fantastic new and improved, and much enlarged Shipley Center for you and your friends to enjoy! For comparison’s sake, our current building has only 11,000 sq. ft. to work with. Once we’re in our new digs, we will be able to offer a wider range of activities and accommodate larger groups! Between now and then, please be patient with the crowding that sometimes occurs with our packed schedule here in our current home.

So, what is going on?

Concrete repair, grinding, and smoothing to prepare for polishing. Cleaning out and refilling expansion joints in the concrete so the floor can expand and contract without cracking. Painting the body of the building and trim so it looks good for the winter. (Duane is using our “new” lift in the photo!)

Contractors are finalizing their bids for plumbing, HVAC, electrical, new entry doors, wall framing, and more. Once bids are received and accepted, we will be able to be put on all the tradespeople’s work schedules. Most workers really appreciate having warm indoor work to do during the winter, so a lot should be able to be accomplished by next spring and summer. Our Building Design committee is at work choosing colors and textures for the interior. Site tours will continue so, if you’re interested, you can sign up at the front desk to be put on the list.



Fundraising is going well—watch for a letter coming soon. Thank you for your ongoing support and generosity in donating and lending us funds for this historic project! You are greatly appreciated!

I am grateful for all of you, our Shipley members. May you and your loved ones have a very merry Christmas, happy Hanukkah . . . and best wishes for a Happy New Year!

Michael



SHIPLEY CENTER'S HOLIDAY BAZAAR 2025

Was a Resounding Success!

Thank you to all who worked to plan, set up, and support this event!

We appreciate Kathy Cruz for running the article about the history of our bazaar in the *Sequim Gazette* the week before our event.

This publicity was invaluable!

Thank you to Duane Cobb who shows up each year to get our welcome signs ready and in place so folks can find us.

Thank you to Sheila Pfister for providing lively holiday piano music for our visitors and vendors for the entire two days.

Thank you to Theresa Fox and Linda Strohm for the planning and promotion of our bake-sale. (\$500 of baked goods went home with our visitors this year.)

Thank you to Theresa Fox for planning and participating in our mini-tree raffle and Kathy King for decorating the Front Room to display them.

Many thanks to Leo's Café staff and volunteers who worked without pause all day Friday and Saturday to feed Café visitors and Bazaar vendors:

Chef Kathryn Kitts, Synnové Byberg, Susan Hunt, Angela Jeziorski, Sandie Kiehl, and Steve Romberg.

And, of course, thank you to our vendors whose creativity seems to never end!

Lastly, thank you to Marilyn Zimmerman who announced she is retiring from the bazaar after 20 years.

Thank you, Marilyn, for helping to establish this event for all the Shipley Center folks to enjoy over the decades.

We will miss you!



Marilyn with her daughter, Michelle.



Just a few of our many creative vendors . . .



Thank You TO OUR DONORS

Members Giving Monthly (MGM) Club!

GENERAL FUND

Shirley Anderson
Frank Argersinger
Theresa Bancroft
Wanda Bean
Roena Blank
Cheryl Brown
Helen Bucher
Beverly & James Cone
Margaret Cox
Larry Cross
Beth Culhane
Bobbie Dahm
Jacqueline Davis
Jane Felland &
Michael Varon Felland
Barbara Filigno

Ren Garypie
Richard Godsey
Karen Hanson
Donna Heien
Margot Hewitt
Deb Hudson
Lois & Mary Huston
Anne Kask
Jerry & Paula Koch
Ron and Victoria Lane
Judy Lange
Jim & Ruth Lavrakas
Yvonne Linnabary
Diane Lopez
Carol & Peter Macrae
Norma & Richard
Michels
Luigi Nicoloso

Debbie & Glenn
Patterson
Mary & Steve
Porter-Solberg
Louise Potter
Mary Ellen Reed
Linda Rees
Marion Rutledge
Molly Schwarz
Pat Shook
Becky & Lynn Skilling
Elizabeth & Michael
Smith
Miriam Spreine
Mimi Sutton &
Butch Zelenka
Robbie Varney
Susan Waldroup

Dennis Westernen
Mary Lou Westman
Cindy & Dave
Yarnchak
BUILDING FUND
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Scott Johnson &
Lauralee Wadsworth
Philomena Lund
Jim & Natasha Nichols
Jill Palmquist
Vicki Sheckler
Linda Strohm
Barb Uram
Ann & Scott Wells
Anonymous

Recent General Fund Donors

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Harry Shields

Mimi Sutton &
Butch Zelenka
Eckart & Ryoko
Toyama
Susan Waldroup
Arnie Hobbs & Paula
Wood
Cindy & Dave
Yarnchak

Helping us Build

Linda & Scott Adler
Mary Jo Camagna
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Clendening
The Cedars at
Dungeness Mens
Club
John Glavin

Beth Glick
Diane Hood
Lois & Mary Huston
Lauralee Wadsworth
& Scott Johnson
Montel Livingston
Philomena Lund

Cynthia Martin
Kathleen Nicholson
Patricia Petit
Linda Strohm
Ann & Scott Wells
Dennis Westernen
Daniel & Renae White

"IL Carosello Italiano"
An Interactive and engaging
class on daily conversations
while speaking Italian.
Thursdays 2:30-4:00
in the Art Room.



Spanish Class meets
Thursdays 9:30-11:00
in the Art Room.



Interested in Readers Theatre?

Join Ted Brown for
table reads (no memorizing)
of plays, old and new.
Reading stories, poems, and other
writing from participants adds to the fun!
Mondays at 12:00 in the Front Room.

Would you like to play POKER?

Please call the office at
360-683-6806, if you are
interested in joining
this activity!
Fridays at 11:30
in the Classroom.



Mahjong

New to Mahjong?

Call Diane Whitaker to arrange for
lessons: 360-775-6150

Ready to play Mahjong? Join in
every Wednesday from 1:00-4:00
in the Classroom.



EUCHRE
Every Thursday
10:00-12:00 in the Classroom
Just show up for
fun and laughter!

Cribbage

Led by David Squier

Tuesdays 11:00 to 1:00
In the Front Room



Bridge

Wednesdays 12:00-3:30
In our Front Room
Call Earl Karich: 360-582-7917
2nd & 4th Saturdays
6:30-9:00
Call Diana Smith: 360-775-5126

S₁ C₃ R₁ A₁ B₃ B₃ L₁ E₁

Join us every Thursday in the Classroom at 1:00!

PINOCHLE

Led by Vicki Kingsolver
Tuesdays at 1:00 in the Classroom



Games start
at 12:15 on Thursdays.

Come early to purchase your cards.
Members \$1/ Non-members \$2.
Bingo Cards are just 50 cents each.
15 games, and we also have a Potluck.
BIG Money on the last Blackout.
Play Responsibly!

MEXICAN TRAIN

Mondays at 10:00 in the Classroom
Just show up and have fun with us!
360-683-6806



Hand
and
Foot

HAND AND FOOT
Fridays
9:00-11:00
in the Classroom



FOR SHIPLEY CENTER MEMBERS ONLY! Computer Clinic on Mondays, 1 to 3pm.

Help with computers, tablets, smartphones and general technology questions. **PC and Mac.**
Donations made in the office to Shipley Center in appreciation for computer help are welcomed.



Hula

Tuesdays 2:00 - 3:30

In the Dance Hall

Members \$3, Non-members \$6
Please call Sandi Lazzaro for information
360-809-3390

Chair Qi Gong

For Balance, Flexibility &
Mindful Focus

This gently guided Qi Gong group will focus its attention more to those with limited mobility, balance, and concentration challenges.

**FRIDAYS AT 9:30 IN OUR
FRONT ROOM**

Led by Richard Chabot



Line Dancing on Fridays!

10:30 to 12:15—High Beginners
12:30 to 2:00—Beginners
2:15 to 3:30—Basic Beginners



Come join Beth Glick for
ZUMBA GOLD

Mondays and Fridays at 11:00
Wednesdays at 11:15



The gentle art of TAI JI
led by

Steve Arstad and Scotty Wells

10:00 on Tuesdays in the Main Room

Easy Stretching with Keoki

This is a full-body stretch followed by guided relaxation.

This floor activity requires a yoga mat.
A blanket is also recommended.

Mondays at 2:30 in the Front Room

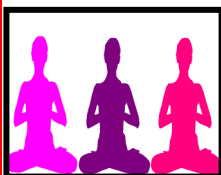


TAI CHI CHUAN

Join Richard Chabot for this
classic practice.

Wednesdays at 10:00

In our Main Room



Have YOU tried YOGA?

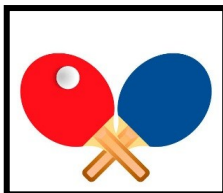
EZ Yoga

Wednesdays and Fridays at 1:30

\$3 Members \$6 Non-members

Ping Pong

NEW TIME: Tuesdays 12:00-1:30
Wednesdays/Thursdays 3:30-5:00
Sundays 1:30-3:00
All levels of skill welcome!



Ukelele Play and Sing
We're on the Road in December!

Fiber Arts

Tuesdays in our Front Room at 9:30
Fridays in the Art Room at 9:30



Book Sharing! Led by Barb Paschal

Come with the name and author of a good book you would recommend to others ... and in a few sentences share why you found it to be a "good read."

Share ideas and meet new friends
along the way!

This group's final meeting is
Thursday, December 4, from 1:00 to
2:00 in the Art Room.



BASIC MEDITATION CLASS via ZOOM!

Friday Mornings at 9:30

A basic guided meditation class led by Jean Kipper.
Sponsored by *Dungeness Courte Memory Care*,
No class fee is required.

For more information call
360-683-6806



DECEMBER 2025-WEEKLY ACTIVITIES

MON	TUE	WED	THUR	FRI
1 9:00-Balance Class 9:00-Water Media Drop-in 10:00-Mexican Train 11:00-Zumba Gold 12:00-Readers Theatre 1:00- NO Ukelele 1:00-Computer Clinic 2:30-Easy Stretch	2 9:00-SHIBA 9:30-Fiber Arts 10:00-Meet and Paint 10:00-Tai Ji 11:00-Cribbage 12:00-Ping Pong 1:00-N.O.W. 1:00-Pinochle 2:00-Grief and Wellness Group 2:00-Hula	3 9:00-Balance Class 10:00-Diabetes Support Group 10:00-Tai Chi Chaun 11:15-Zumba Gold 12:00-Bridge 1:00-Mahjong 1:30-EZ Yoga 3:30-Ping Pong	4 9:30-Spanish Class 10:00-Euchre 12:15-Bingo 1:00-Book Share 1:00-Personal Safety 1:00-Scrabble 2:30- IL Carosello Italiano 3:30-Ping Pong	5 LEO'S IS CLOSED! 9:00-Balance Class 9:00-Hand and Foot 9:30-Chair Qi Gong 9:30-Fiber Arts 9:30-Meditation (Zoom) 10:30-Line Dance (High-Beginner) 11:00-Zumba Gold 11:30-Poker 12:30-Line Dance (Beginner) 1:30-EZ Yoga 2:15-Line Dance (Basic Beginner)
8 9:00-Balance Class 9:00-Water Media Drop-in 10:00-Mexican Train 11:00-Zumba Gold 12:00-Readers Theatre 1:00- NO Ukulele 1:00-Computer Clinic 2:30-Easy Stretch	9 9:30-Fiber Arts 10:00-Meet and Paint 10:00-Tai Ji 11:00-Cribbage 12:00-Ping Pong 1:00-N.O.W. 1:00-Pinochle 2:00-Grief and Wellness Group 2:00-Hula	10 9:00-Balance Class 10:00-Investing Class 10:00-Tai Chi Chaun 11:15-Zumba Gold 12:00-Bridge 1:00-Mahjong 1:30-EZ Yoga 3:30-Ping Pong	11 9:30- NO Sewing 9:30-Spanish Class 10:00-Euchre 12:15-Bingo 12:30-Whole Foods Plant Based Group 1:00-Scrabble 2:30- IL Carosello Italiano 3:30-Ping Pong	12 Leo's is Closed 9:00-Balance Class 9:00-Hand and Foot 9:30-Chair Qi Gong 9:30-Fiber Arts 9:30-Meditation (Zoom) 10:30-Line Dance (High-Beginner) 11:00-Zumba Gold 11:30-Poker 12:30-Line Dance (Beginner) 1:30-EZ Yoga 2:15-Line Dance (Basic Beginner)
15 9:00-Balance Class 9:00-Water Media Drop-in 10:00-Mexican Train 11:00-Zumba Gold 12:00-Readers Theatre 1:00- NO Ukulele 1:00-Computer Clinic 2:30-Easy Stretch	16 9:30-Fiber Arts 10:00-Meet and Paint 10:00-SHIBA 10:00-Tai Ji 11:00-Cribbage 12:00-Ping Pong 1:00-N.O.W. 1:00-Pinochle 2:00-Grief and Wellness Group 2:00-Hula	17 9:00-Balance Class 10:00-Tai Chi Chaun 11:15-Zumba Gold 12:00-Bridge 1:00-Mahjong 1:30-EZ Yoga 3:30-Ping Pong	18 LEO'S IS CLOSED 9:30- NO Sewing 9:30-Spanish Class 10:00-Euchre 10:00-Healthy U 12:15-Bingo 1:00-Personal Safety 1:00-Scrabble 2:30-IL Carosello Italiano 3:30- NO Ping Pong	19 Leo's is Closed! 9:00- NO Balance Class 9:00-Hand and Foot 9:30-Chair Qi Gong 9:30-Fiber Arts 9:30-Meditation (Zoom) 10:30- NO Line Dance (High-Beginner) 11:00-Zumba Gold 11:30-Poker 12:30- NO Line Dance (Beginner) 1:30-EZ Yoga 2:15- NO Line Dance (Basic Beginner)

December 2025-WEEKLY ACTIVITIES

MON

TUE

WED

THUR

FRI

ShIPLEY Center and Leo's Cafe are Closed December 20-January 2.
We look forward to seeing you January 5th!



ICY/SNOWY WEATHER POLICY: SAFETY FIRST!

If Sequim school district is closed, Shipley Center is closed.

If Sequim school district has "Late Start", Shipley Center *may* be closed.

Please call the office to confirm. 360-683-6806



**COME
PAINT
WITH US!**

MONDAYS
 9:00-12:00
 Water Media
 Drop-in
 In the Art Room

TUESDAYS
 10:00-12:00
 Meet and Paint
 In the Art Room

TUESDAYS
 1:00-4:00
 North Olympic
 Watercolorists
 In the Front Room

NO LINE DANCE SOCIAL IN DECEMBER.



SUNDAYS
 PING PONG
 1:30-3:00
 STRAIT WHEELERS
 NO Meetings
 Until January 11.

YOU'RE INVITED TO
Four of Trees
 at Lavender Meadows MHC
 Come visit 6 model homes with 6 unique trees.*
 Vote for your favorite.
 December 6-January 2 11am-3pm
 963 N. Rock Rose Ave. Sequim, WA
 Thank you to Theresa Fox for decorating Shipley Center's tree!



SATURDAYS
 BRIDGE
 2ND and 4TH
 Saturdays
 6:30-9:00



By Margaret Cox

Spotlight on Ted Boothroyd

There I was, sitting at the member sign-in table for the latest Shipley Benefit Sale, and this guy is checking in. He introduces himself, and nobody is waiting in line, so we begin chatting. He sounded like an interesting man, a potential victim—er “subject”—for a “Spotlight” article. So, I jotted down his name and contact information and . . . ta dah! . . . here he is!

Early Years: Edward (Ted) Boothroyd was born in Hartford, Connecticut, the middle child, with an older and younger sister. Post-war, his dad wanted to go where the jobs were, so when Ted was four, the family moved to Pasadena, CA. There, Ted graduated from Pasadena High School and, not knowing what he wanted to do for a career, attended Pasadena City College for a period of time. He was interested in their Fire Science program, but felt “too dumb to take it,” believing his father’s view, “Nobody goes to college in our family; we all go to work.”

What to Do with My Life? Ted decided to enlist in the Air Force to be near airplanes, working with them. But that was not to be. He was assigned to March Air Force Base (now March Air Reserve) in Riverside, CA. Having taken a printing course in high school, he was given a job in the base’s print shop as a Printing Equipment Operator . . . for all four years! So much for airplanes! (However, Ted did eventually get his pilot’s license.)

But, as Ted says, “I joined the Air Force, and came out with a career!” For the next ten years, he was in the printing business, owning his own print shop.

Ted married his high school sweetheart, and they had two sons. Sadly, one is deceased, but the other is still going strong, playing bass guitar in a rock band . . . at age 60!

The Move that Changed His Life: After living in LA for fifteen years, Ted was getting sick of the smog and the impossible traffic. So, the family moved to Santa Rosa, then “a beautiful wine town of 48,000 people, near the ocean with clean air to breathe.”

By now, Ted was not only printing, but also repairing printing equipment in towns all over the Northern California area. Staying overnight in hotel rooms, he took the opportunity to read library books on fire science, a predictor of his soon-to-come success.

Shortly after arriving in Santa Rosa, Ted saw that the fire department was advertising for recruits. Now was the time to shed that “I’m too dumb to do what I want” attitude to see what he could really do! He applied, was one of 600 who took the test, found out he was #4, and as luck would have it, Ted was one of two hired! He was about to engage in what he calls “the most special job in the world!”

After eight years, he became a Captain, the person in charge of a station, the equipment, and all the people in it. He turned down a promotion to Battalion Chief because it would have meant a desk job. For twenty years, Ted thrived on the excitement of fighting fires and responding to emergency calls, and the satisfaction of saving people.

The Most Beautiful Job in the World!” Never one to sit still, after retiring from the fire department, Ted began driving for Golden Gate Transit, a bus company. For eight years, he loved driving, all his routes going over the Golden Gate Bridge. With enthusiasm in his eyes, Ted expressed, “It was so special driving over that beautiful national landmark, four times a day!”

A particular highlight was being permitted to go to the top of the Golden Gate Bridge! The bridge has its own police department; the bridge is its only beat. One of the officers became a friend and arranged for Ted to ascend in the tiny elevator to the top. Oh, what a view!

Colorado Years: Ted and his second wife, Ramona, whom he met as a customer in his print shop, moved to Grand Junction, Colorado, where his younger sister lived. During the nineteen years there,



Photo of Ted at the TOP of the Golden Gate Bridge!

Continued on p.13

Continued from p.12

Ted became a Volunteer Victims Advocate for the Mesa County Sheriff’s Department, working with victims of family violence, suicide, traumatized widows of murder victims, and others needing an advocate. He taught classes at the Junior College, “Writing Your Own Biography” and “Automotive Maintenance for Women.” He was on the board of directors of the Red Cross Chapter—serving as its president for three years—a driver of shuttle buses and limos, and a Warehouse Assistant for the city! Ramona worked at Rocky Mountain Orthopedics as a medical records technician.

Ted has a murder-mystery novel almost ready to publish . . . but hasn’t quite figured out how he wants it to end. Does the protagonist get away with “the perfect murder”? Or, is he caught and sentenced to prison? Oh, the dilemmas of a writer!

Sequim and Shipley: Wanting a change of scenery and being drawn to the Pacific Northwest, Ted’s former Battalion Chief, Carl Goodson, and his wife, Christina, now living in Sequim, encouraged him to move here. Last month marked the one-year anniversary of Ted’s and Ramona’s arrival in Sequim!

Encouraged by Carl, Ted soon joined the ping-pong group at Shipley and is now an avid player, showing up for about an hour at each of the four weekly sessions. An in-home caregiver for Ramona, who has dementia, these hour-long sessions provide an active respite activity for him. The oldest player there, Ted says, “My best friends here in Sequim are the ping-pong people!”

Thoughts on the “New” Shipley: Ted loves the central location and likes that it will be meeting the needs of area seniors well into the future. He’s particularly looking forward to shooting baskets in the new gym!



Ted teams up with Becky Morgan!

I’m sure all of you reading this are looking forward to a particular activity in the new building. The gym will certainly provide space for several new sports to add to Shipley’s growing activity roster!

WELCOME NEW MEMBERS!	Jan Clendening	Kathy Hershman	Glenn Murrain
	Richard Clendering	Diane Holmes	Juli Murrain
	Christol Creamer	Betty Hughes	Kathryn Nelson
	Jeff Creamer	William Hughes	Robin Popinski
	Carl DeVerter	Rand Karsten	Paige Rothman
Mark Anderson	Janis DeVerter	Barbara King	Gary Rudoff
Sara Baldwin	Ron Freyer	Quahlee Lassila	Shirley Rudoff
Kathy Barnes	Lynn Gerhard	Louise Lines	Harry Shields
Beverly Beighle	Patty Giffin	Jim Mauk	Alice Steijn
Raymond Beighle	John Glavin	Mary Ann Mauk	Jacob Steijn
Greg Boisjolie	Ed Hackie	Mike McKenna	Mary Thompson
Donnarae Boston	Mary Hackie	Philip Milliman	Joan Vaughn
Carla Brady	Diane Hayman	Rosaura Milliman	Stu Waite
Keith Brady	Fred Hershman	Sally Moore	Michael Webb
Caron Brown			

In Loving Memory			
Joe Borden	Judy Gleaton	William C. Ledbetter	Carol Mitzner
Sarah Cadigan	Judy Holcomb	Kathleen McClurken	Darwin Promer
Alan Camagna	Margie Jaedicke	Glen McKie	Leland White
Mary Evert	Hermann Laresser		



BIRTHDAYS THIS MONTH



1	Marcia Barrett	7	Lloyd Hartz	13	Robin Popinski	22	Kathy Barnes
	Yvonne Hatler		Pamela Santiago	14	Lawrence Besaw		Jeremiah Cannon
	Lin Norris	8	Linda Bailey		Dave Dornbush		Neal Drucker
	Hildegard Thornton		Larry Barnes		Donald Hatler		Jackie Green
2	Rick Mitchell		Marsha Carr		Diana Hough		Rindy Hainstock
	Karen Tucker		Richard Chabot		Pam Nichols		Edie McArdle
3	Duane Cobb		Cindy Corrigan		Larry Powell		Terry Wood
	Pamela Goodwin		Cynthia Frizzle		John Sebastian	23	Chester Gage
	Tammi Laster		Anne Guerrero	15	Darlene Ekberg		James McCann
	Sandra Miller		Helen Kuznek		Beth Garifalos		Roberta Mortensen
	Pam Parker		David McClelland		Kathleen McGlynn		Douglas Sherrod
	Tena Varvil		Veronica Peterson		Thomasine Schwent		Jim Thomson
	Bill White		Paulette Raughley	16	Phillip Grove	24	Elena Fox
4	Carol Mackin		Philip Wade		Ellida Kirk-Lathrop	25	Elizabeth Glick
	Margaret Platt	9	Lucy Worl	17	Jean Griffith		Betty Lingan
	Joan Putnam		Nancy Dolansky		Rand Karsten		Rebecca Redman
	Susan Steinert		Patricia Gracz		Celia Pedersen		Lauralee Wadsworth
5	Judith Boissevain		Judy Havel		Joan Vaughn	26	Beth Hempel
	Mary Butcher		William Herrick	18	Bonnie Booth		Judy Newblom
	Sharon Kochik	10	Lorrie Ray		Tracy Halsted		Debbie Patterson
	Frank Cuthbertson		Bill Buchan		Theo Skogsberg		Darius Richards
	Stephen Garman		Lance Bunge	19	Keith Brady	27	Charlene Buckley
	Nancy Haag		Charles Byrd		Ruth Cameron	28	Jeene Hobbs
6	JoAnne Alford		Catherine Lanham		Karen Delian		Elaine Powlesland
	Cliff Brehan	11	Gary Rudoff		Bob Hempel		Shannon Slattery
	Pat Caldwell		John Benson		Robin Scribner	29	Denise Bayer
	Rhonda Commeree		Jan Durham		Linda Seybolt		Marolyn Conkle
	Loris Garman		Rose Fair	20	Richard Barrett		Sharon Ann Hamilton
	Diane Hayman		Christine Goodson		Angela Dohey		Priscilla Kessler
	Anya Haugland		Jim Harris		Sandie Kiehl		Deborah Parnell
	Kathy Long		Charles Oxford		Lois King	30	Steve Norcott
	Charles Peifer		Wally Scanlon		Gregory Millar		Suzie Schneider
	Pat Tomlin		Pat Shook		Leslie Miller		Dennis Thorkelson
	Lillian Wood	12	Pauline Valha		Katie Phillips		Darrell Cacciaroni
7	Susan Bazan		Larry Kelman		Sallie Radock	31	Sharon Ryan
	George Brown	13	Gene Mattson		Terry Sager		Stephanie Stoltz
	Mary Ellen Clark		Roger Huntman	21	Diana Lusby		
	Catherine Giumini		Elsa Laresser		Ethel Peetz		
			Florence Larsen		James Sargeant		
			Janice Marble				



DECEMBER WORD SCRAMBLE

ERENERID

TAHEWR

ISTLEN

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GHISEL

ELSTMIEOT

YFOSTR

THENUSTC

OYLLH

GANEMR

SILOTSEC

DNAARLG

CHRISTMAS DECOR WORD SEARCH

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E R X N M R A T M V N B S W R M E Q

N G F I F V C R L Z E D N Q W S A Q

I L K M Y I O E L S C E I X T H H N

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S Q G M N E C S B J G E F E M V B O

L W F S C H R I S T M A S T R E E V

FIND THE HIDDEN OBJECT

There is a small picture of
a bell somewhere in the newsletter. Send your name,
phone number and the page number where you found
the item to



programs@shipleycenter.org.

You will be entered to win \$4 in
activity bucks or
Leo's Café bucks.

Please enter by
December 14!

ANGEL

BALLS

CANDLE

CHRISTMAS TREE

FAKE SNOW

FIGURINES

GARLAND

LIGHTS

MINI TREE

MISTLETOE

NATIVITY SCENE

NUTCRACKER

ORNAMENT

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12 Cookies of Christmas

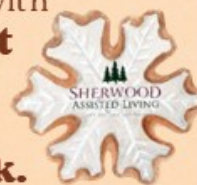
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Sherwood Assisted Living.

**Thursday, Dec. 18
6 – 7:30 p.m.**

Collect free festive cookies – just in time for
Christmas. Take pictures with Santa & Frosty,
and enjoy live music with



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**December
13th & 20th**

**Dungeness River
Nature Center
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Sequim**



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RainShadowArtisans.org

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\$\$**Shipley Investing Class**\$\$

The Investing Class meets twice a month on the 2nd and 4th Wednesdays at 10 am in the Art Room. Come join us to learn about economic and financial news, and long term diversified investment strategies suitable for your age, risk tolerance, and investment objectives. If you have questions, call Rich Snow at 360-710-6899.

Thank you for supporting Shipley Center.

Playing it Safe!

New member, John Wessel has been studying and/or teaching martial arts for over 50 years and has developed a **personal safety program** to teach seniors ways to protect themselves when perceiving danger.

**The first meeting is Thursday,
December 4 at 1:00 in the Front Room.**

Become a Proud MGM Club Member!

Together, our **M**embers **G**iving **M**onthly donors provide over \$1500 a month, or over \$18,000 per year, in support of Shipley Center's mission to serve seniors.

**You can join them in making a real
difference in an affordable way!**

How much? Some donors decide to give \$30 per month, or a dollar a day.

Gifts range from \$10 to \$250 per month.

Please let us know what amount works for you.

How do I join?

To join the "MGM Club" just call or visit with 'Executive Director, Michael Smith or get an MGM Club enrollment card at the front desk.

Your faithful support is truly appreciated.



Shipley Singles Where Acquaintances Become Friends!

Singles Breakfast Gatherings are on the 2nd and 4th Tuesdays of each month. Call Bobbie Dahm at 360-477-0019 for information and to sign up for either Tuesday. On the second Tuesday, we meet at a chosen restaurant. On the fourth Tuesday, we meet at Leo's Café at 9:00.

Singles Lunch Gatherings are on the 3rd Wednesday of each month. Call Robert Drews at 360-670-9008 to sign up.

OUR MISSION

The mission of Shipley Center is to enrich the lives of adults through social, health and fitness activities, trips, educational classes, low-income housing opportunities, and referrals to community resources.

SHIPLEY CENTER HOURS

Monday-Friday 9:00am - 4:00pm

STAFF

<i>Michael M. Smith</i>	<i>Executive Director</i>
<i>Deb Hudson</i>	<i>Office Manager</i>
<i>Theresa Fox</i>	<i>Member Services Director</i>
<i>Reba Renner</i>	<i>Program Director</i>
<i>Debbie Patterson</i>	<i>Trips Coordinator</i>
<i>Beth Hempel</i>	<i>Member Services</i>
<i>Kathryn Kitts</i>	<i>Chef</i>
<i>Gayle Urban</i>	<i>Bookkeeper</i>
<i>Duane Cobb</i>	<i>Maintenance</i>

OFFICE VOLUNTEERS

Elaine Churchill
Marcia Cowan
Cindy Crossman
Sandie Kiehl
Nancy Madison
Brenda Peck
Linda Rees
Becky Skilling
Linda Strohm
Jan Trierweiler

CAFÉ VOLUNTEERS

Synnove Byberg
Elaine Churchill
Cindy Crossman
Susan Geritz
Cindy Grey
Karen Hanson
Susan Hunt
Renee Millar
Steve Romberg
Karen Rose
Colleen Weston

Bus Maintenance: Lou Foldoe, Daniel White
Bus Drivers: Raul Alexander, Janelle Kelly, Linda Marshett, Eric Mullen, John Sebastian, and Debra Smellie
Computers: Ray Bentsen, Joe Mirabella and Pat Urso

2025 BOARD OF DIRECTORS

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Vice-President	Beth Culhane
Secretary	Margaret Cox
Treasurer	Karen Hanson

Cindy Crossman	Theresa Nasmith
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Terms negotiable. References available.

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**NEW Birthday Cards always needed!**

Please donate in the Front Office.

Postage stamps of any denomination are also welcome. Thank you!

MAKE MUSIC

We have two donated accordions for sale.

The large red one is offered at \$350 OBO.

The smaller white one is \$100 OBO.

Please contact programs@shipleycenter.org

**PLEASE NOTE:**

TECH SUPPORT AT SHIPLEY CENTER IS FOR MEMBERS ONLY.

Non-members would need to join in order to take advantage of this service. Thank you for your understanding.

Shipley Center is not responsible for, nor does it endorse any business or service published in this paper. Articles written for this newsletter are the opinion of the authors & not necessarily those of Shipley Center or its Board of Directors. Shipley Center is a registered trade name of Sequim Senior Services, a WA non-profit corporation, Tax ID #91-1355592. Donations are tax deductible to the full extent of the law, under IRS Sec 501(c)3.



Front Desk: (360) 683-6806
Programs@shipleycenter.org
Office Hours: M-F, 9 am to 4 pm

Travel Desk: (360) 683-5883
Trips@shipleycenter.org
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The Center News Sneak Peek...

Upcoming Events: Christmas Luncheon: p.1
Save the Date: p.1
Leo's Café News: Christmas Cookies: p.3
Michael's Message: Building Permit! p.5

Calendar Packed with Activities: pp.10-11
Inclement Weather Policy: p.11
Spotlight on : Ted Boothroyd: pp.12-13
Puzzles and Fun: p.15
New French Class: p.16
Trips and Tours: See Green Insert!

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Trips hours: 9-1 Monday – Friday trips@shipleycenter.org

M=Member, NM=Nonmember

December 2025

Ah, December, the last month of the year, filled with so many great things! Of course we have Christmas to look forward to but there's more: December 7th is National Pearl Harbor Remembrance Day; December 13th is National Day of the Horse; December 14th is the beginning of Hanukkah and December 21st is the winter solstice, the astronomical day when the northern hemisphere is tilted as far away from the sun as possible, making it the shortest day of the year. December 26th is National Candy Cane Day and the beginning of Kwanzaa. So Merry Christmas, Happy Hanukkah, and Happy Kwanzaa, from the Shipley trip lady to all of you. I hope to see you on a trip in the coming year!

Silverdale Shopping, Tuesday, December 2nd – This was canceled in November, but we have quite a few signed up now. Last chance for shopping before the holidays! Debra will be driving; Lunch (on your own) at Olive Garden. Get your shopping bags ready for those Christmas sales! We'll stop at Target, Kitsap Mall, and Trader Joes. CALL NOW to reserve your seat!!

Departs 9:00am to approx. 4:00pm

\$42M/\$47NM

Victorian Christmas Festival, Saturday, December 6th – The 37th annual Victorian Christmas Festival in Puyallup promises to be a delightful experience for all attendees. With a blend of festive entertainment, activities, shopping—and even a wine garden!—there's something for everyone to enjoy. The Singing Nativity is particularly enchanting, offering a unique and heartwarming performance. With so much to see and do, it's no wonder that the Victorian Christmas Festival is the perfect way to kick off the holiday season! There are still tickets available, so call today.

Departs 8:00am to approx. 5:00pm

\$61/M/\$66/NM

IRVING BERLIN'S HOLIDAY INN, THE MUSICAL, Sunday, December 7th – Join our driver, Linda Marshett, for this classic special (remember Bing Crosby singing "White Christmas"?) held at the Tacoma Musical Playhouse for a Sunday Matinee! One of everyone's favorite musicals, this is a great way to pass a December afternoon! I need a head count **ASAP** in order to get tickets before the show. We'll be stopping for a meal (on your own) on the way back to Sequim.

Departs – TBA

\$85/M/\$90/NM

COLLETTE PRESENTATION, Tuesday, December 9th - 4:00 in the front room at Shipley Center. Come and find out about these exciting trips coming up in 2026: *Southern Charm Holiday*- see the southern mansions decorated for the holidays; *New York City*- featuring two Broadway Shows; *Sunny Portugal*!

ZOOLIGHTS at the Point Defiance Zoo, Tacoma, Thursday, December 11th - Explore over a million sparkling lights and animal displays that transform the zoo into a colorful winter wonderland! Come see the giant Pacific octopus, the massive tiger face, the flame tree, and the Seahawks tree! Visit the café and taste delicious fried apple fries topped with whipped cream, drizzled with caramel, and sip hot cocoa. This trip is not to be missed! Linda Marshett will be our driver for this Christmas experience!

Departs 2:00pm to approx. 8:30pm

\$68/M/\$73/NM

Field Events Center: TubaChristmas, Port Angeles, Sunday, December 14th – Begun in New York's Rockefeller Center 52 years ago, TubaChristmas is a concert held in cities worldwide that celebrates those who play, teach, and compose music for instruments in the tuba family, including the tuba, sousaphone, baritone, and euphonium. Enjoy this traditional Christmas concert. The Sunset Bar and Lounge will be open after the show if you'd like a bite to eat!

Departs 12:30pm/est ret 4:30pm

\$19/M\$24/NM

Clearwater Casino, Tuesday, December 16th – Come and join driver Debra for one last day of Casino fun for 2025! We will be going to Clearwater for the winter months, then going to The Point Casino in the Spring. Remember, we need at least 10 people to continue planning this trip every month, so get on the phone and call your friends!! We are running winter hours – 9:00am to 3:30pm

Departs 9:00am to 3:30pm

\$15 per person

Festive Flourishes, Sunday, December 21st – Join us for Sequim City Band's *Festive Flourishes*, a heartwarming concert that captures the spirit of the holiday season through music, both joyful and reverent. Experience an afternoon of rich harmonies and expressive performances celebrating the warmth, wonder, and beauty of this special time of year. Plus! The PAHS Band Boosters will host a bake sale to support the travel needs of the Port Angeles High School Band — a sweet way to enjoy a concert and support high school music! At the Port Angeles Performing Arts Center

Departs 12:45pm to 4:30pm

\$19/M\$24NM

Please pay PROMPTLY!

TRIP NOTES

PLEASE PARK IN THE GRASSY AREA ACROSS FROM THE CENTER WHEN GOING ON A TRIP, UNLESS YOU NEED TO PARK IN A HANDICAPPED PARKING SPACE. We have a lot of activities going on every day, and need to have room for people to park.

Please pay promptly when signing up for a day trip; due to the need to buy tickets earlier than usual, I will need payment asap for any of our trips. For our regional trips, a deposit will be required when you sign up.

When you see a trip in the Newsletter and it looks like you might want to go, call me, email me, or stop by the office right away! Get your name on the list! It's easier for me to take your name **off** than to put it **on** once it's full. And please keep in mind that, if you pass me in the hall and tell me to put your name on a trip, I'm likely to forget by the time I get to my office – I'm only human!

We are still looking for CDL and passenger endorsed bus drivers – if you, or someone you know, would like to be a volunteer driver, call Debbie in trips right away! Lots of perks!!

See you on the Shipley Bus!

Debbie

"All I'm saying is you rarely see a person crying and eating a Christmas cookie at the same time." Anonymous

