THE CENTER NEWS

Shipley Center
Friendship • Recreation • Education

A Monthly Publication of Shipley Center - November 2026

HOLIDAY BAZAAR

FRIDAY AND SATURDAY
NOVEMBER 6TH AND 7TH
9:00-3:00

SHIPLEY CENTER
921 EAST HAMMOND ST
SEQUIM, WA

CRAFTS AND UNIQUE ITEMS

BAKE SALE

MINI TREE RAFFLE BEGINS

COME AND BRING A FRIEND!



Happy Thanksgiving

JOIN US FOR A TRADITIONAL LUNCHEON

MEMBERS $18
NON-MEMBERS $25

TICKETS ON SALE:
Members: November 2
Non-members: November 5

FRIDAY,
NOVEMBER 20
12:30 or 3:00

Charcuterie Plate
Roast Turkey with Gravy
Potatoes, Stuffing,
Green Bean Casserole
Dinner Roll and Drink
Pumpkin Dessert

TRIPS & TOURS



Debbie Patterson, Trips & Tours Coordinator

Office hours: 9 to 1 Monday-Friday

Shipley Center Trips: 360-683-5883

trips@shipleycenter.org

COLLETTE PRESENTATION: November 10 at 4:30

Discover Imperial Cities
Plains of Africa
Christmas on the Danube
Croatia
Enchanting Christmas Markets

PREMIER PRESENTATION: November 23 at 4:30

Treasures of Ireland
Fantastic Florida
Great Trains and Grand Canyons
French Riviera

Call Trips today to reserve your seat! 360-683-5883. Remember: All Trips information is on the green insert!

PARKING CHANGE! For safe parking across the street, please drive to the area marked with orange cones!

Your Trusted Local Bank for 102 Years
— Let's Talk About Your Future

For over a century, we have helped our neighbors save more, borrow smarter, and grow stronger.

- Personalized financial solutions tailored to your needs
- Local decision-making on loans and mortgages
- Bankers who know you by name and care about your goals

Talk to your local banker today. We're here to help—whether you're buying a home, growing your business, or just looking for better banking.

Wills Award Winner



Robin Bookter
Branch Manager
Sequim Ave
NMLS# 1433280
rbookter@ourfirstfed.com



Nicole Pruden
Branch Manager
Sequim Village
NMLS# 1560819
npruden@ourfirstfed.com

First Fed
ourfirstfed.com | 800-800-1577
Member FDIC | Equal Housing Lender

Dungeness Courte
MEMORY CARE



Adult Day Stay Program, 7 days a week
Short-term Respite Program, 7 days a week
Long-term placement
24-hour on-site nursing team
Locally owned and managed
Large outdoor gardens and walking paths

Call us or stop by today!
(360) 582-9309
www.dungenesscourte.com
651 Garry Oak Drive Sequim, WA 98382

Leo's Cafe

We are open
Monday-Thursday
9am to 2pm
Dine in or take out!

Leo's Café with Chef Kathryn Kitts

Please note our new schedule!

'A Little Café with a Lotta' Love'

Serving breakfast and lunch, Leo's Café is open 9:00 until 2:00, Monday through Thursday. We look forward to serving you!



Oktoberfest Luncheon "Prep Day" Crew: Linda Plenert, Walter Santschi, Melinda Dewey, Chef Kathryn Kitts, and Susan Hunt.

THE DAY BEFORE!

Why is Leo's Café closed on the day before a luncheon event?

It takes many skilled and loving hands to prepare for the next day. Here we have Walter Santschi, Linda Penert, Melinda Dewey, Chef Kathryn, and Susan Hunt relaxing after several hours of slicing, dicing, and assembling.

It was a delicious and beautiful event!

PIE RAFFLE EXTRAORDINAIRE



Thank you to all our Bakers for their delicious and creative donations.

Mimi Sutton and Elaine Churchill with their contributions.

APPLE STRUDEL
APPLE TAYBERRY
MIXED BERRY
CUSTARD
GERMAN CHOCOLATE
LEMON CREAM
PECAN
PUMPKIN

The Center News is published monthly by Sequim Senior Services, dba Shipley Center
921 E. Hammond St. Sequim, WA 98382 Year 55 Issue #11
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Submissions may be sent to: newsletter@shipleycenter.org. All submissions are subject to editing.
For Advertising rates and info, contact programs@shipleycenter.org

Community Announcements

Volunteer Hospice of Clallam County

Volunteer Hospice of Clallam County with Barbara Karnes, RN.

"What Matters at the End of Life"

Online webinar only, for Wednesday, November 18th from noon to 1:30p.m.

To register, visit volunteerhospice.org or call 360-452-1511

VHOCC's Soul Care programs are supported by the Albert and Helen Mangan Fund.

MEDICARE HELP

SHIBA OFFICE of the INSURANCE COMMISSIONER WASHINGTON STATE

OPEN ENROLLMENT!

GET YOUR QUESTIONS ANSWERED!

November 3, 17

December 1

9:00-12:00 at Shipley Center

No charge. No appointment needed.

Sequim Diabetes Support Group

will be held at Shipley Center in the Art Room **Wednesday, November 4, 10am-11am.**

A general meeting with very helpful information, the event is open to the public and free.

Any contributions are given to Shipley Center for the use of the space.

Next month's meeting is December 2, 2026.

WOW! WORKING ON WELLNESS

*****THE FORUM*****

DIABETES NEWS

Sue Sorensen, RN

November 11, 2:00 PM – 3:00 PM

THE SEQUIM FREE CLINIC

KSQM Radio Station

FM 91.5

VETERANS COFFEE SOCIAL

Join Assured Hospice on the 1st Thursday of each month at 10:00 In the Shipley Center Library.

Pastries and Coffee and good conversations.

921 Hammond St.
Sequim, WA 98382



GRIEF AND WELLNESS SUPPORT GROUP

Led by Debbie McIntyre

TUESDAYS AT 2:00

In the Shipley Center Art Room

All are welcome.

DON'T MISS IT:

"Beyond Poverty: What Living and Working Around the World Taught Me About Human Possibility"

Lynn Ilon at 9:00 on Thursday, November 5

Do You Wear Hearing Aids?
Connect to Life with "Caption Call"

Come learn about this free federal program for telephone enhancement for folks with hearing impairment.

With Caption Call you will never miss a word.
Thursday, November 19
at 11:30 in our Front Room.

Whole Foods Plant Based Potluck Group

meets 2nd Thursday at 11:30 in our Front Room. Thursday, November12, 2026.

All are welcome: beginners and seasoned plant-based-diet people. Curious about plant-based diets? Please join us.

We are learning together!

Don't know what to bring? No worries.

Showing up is the most important step.

Call Chuck: 425-503-2929 or

Wendy: 360-463-6355 with any questions.



HOT JAZ FEST November 7

Dave Bennett with the Memphis Speed Kings

See page 16 for details.



Thankful All the Way to Completion!

MICHAEL SMITH, EXECUTIVE DIRECTOR

The last funds spent on a building project are what you and I will see when we walk into our new Shipley Center sometime next spring. That is why continued generosity is so appreciated and important here in the home stretch.

When we first enter our new Center ***we won't see*** all the literal miles of wires and pipes nestled in the walls. *We won't see* bare drywall or tools and extension cords lying around everywhere.

What Will We See?

Yes, when you and I, and our friends first walk in,
we'll see all the colors and textures, and grin!

Thankfulness will fill our hearts, and smiles will abound:
Friendship, Recreation, Education all around!

And you'll say to yourself, or maybe out loud,
"We did it! And boy, we sure can be proud!"

Go ahead: be proud and be thankful! We have come sooo far, from an empty shell of a department store, languished unoccupied for years, to the ultimate repurposing!

You've done so much to help in volunteering, donating and renewing your membership… thank you! Hang in there. The transformation will soon be complete, and we'll be moved in! Here are some ideas if you'd like to help us again on the home stretch:

1. Have you taken your "RMD" from your IRA yet? Ask your financial adviser about the tax advantages of doing a "QCD" or Qualified Charitable Distribution for your favorite church and/or charities.

2. Donations of old coins, currency, bullion, or stamp collections. Also, jewelry or old watches can be converted into charitable gifts. Examples: Charm bracelet in a drawer, never worn, with some tiny gold charms on it, $700 for our general fund. A large non-working gold pocket watch brought in $1925 to help our building fund.

3. Sign up for our MGM (Members Giving Monthly) Club where small amounts add up to large donations! Whatever is affordable for you. Contact me for details on how to set this up.

4. The 5% solution. Did you know? If a few more of our members would put Shipley Center down as beneficiary for just 5% to 10% of their estates, it would make a huge difference. It is wonderful, the generosity and forethought that R. Leo Shipley, Fred Chan, Shirley Foss, and others had in their estate planning to help us get where we are today. Big projects like our new Center building are very dependent on generous bequests like these. Please let me know if you or your attorney have any questions.

It's thanksgiving, a time to express our appreciation to you for being a member, renewing your membership each year, and donating your time and/or money when you can. Let's remember to thank our volunteers, a huge part of what makes your Center thrive. We could not do it without them!

Thank you for your continued, much appreciated, loyal support of your Center! Michael

In Loving Memory

Ted Awana
Francine Chappell
Diana Hough
Mary Wochaski

Special Gifts

Mary Bell

In appreciation of our Front Office Staff and IT Help!

THE Albert Haller FOUNDATION Est. 1992

Albert Haller, successful logging entrepreneur and philanthropist, left a legacy that has been supporting community causes in Clallam County for over 30 years. The Albert Haller Foundation, a 501(c)3 non-profit charitable organization, would appreciate your contributions and estate gifts to continue this important work. Please go to www.alberthallerfoundation.org to learn more. You may also contact Alan Millet, attorney, at 360-683-1119

"Shipley Center is grateful to the Albert Haller Foundation for their $60,500 in grants to help us renovate our new location!"

New Members

Kay Brackbill	Richard Gritman
Larry Brown	Debbie Hames-Jones
Judy Burr-Chellin	Susan Hamman
Vicki Burr-Chellin	Tom Hamman
John Calnan	Rob Kincaid
Michael Carter	Sally Kincaid
MarcConnelly	Cathy Kurtz
Susanne Connelly	Arthur Marionneaux
Lina Daly	Kirsten Meyer
Janet Dewing	Greg Moore
Ted Dewing	Melodee Moores
Jo Anne Estes	Susan Niebuhr McCormick
Judy Froedge	Rosalba Pedreira
Joyce Pepper Gamroth	Kateri Schmerler
Ronald Grant	Jerrilyn Sturge
Cathy Gant	Debra Thompson
Particia Gritman	BarbaraVictor-Potter

Rain Shadow Artisans

Annual Holiday Events!
Shop for uniquely created, exceptional works of art by local artists.

November 14th
Shipley Center
921 E. Hammond St, Sequim

December 12th & 19th
Dungeness River Nature Center
1943 W. Henderson, Sequim

10 am—3 pm

RainShadowArtisans.org

Thank You TO OUR DONORS

Members Giving Monthly (MGM) Club!

GENERAL FUND

Anonymous
Shirley Anderson
Frank Argersinger
Theresa Bancroft
Jerry LaJambe Bean & Wanda Bean
Roenah Blank
Cheryl Brown
Helen Bucher
Beverly & James Cone
Margaret Cox
Larry Cross
Cindy Crossman
Beth Culhane
Bobbie Dahm
Jane Felland & Michael Varon Felland
Barbara Filigno
Theresa Fox
Ren Garypie
Richard Godsey
Melinda Griffith
Karen Hanson
Donna Heien
Margot Hewitt
Deb Hudson
Lois & Mary Huston
Anne Kask
Jerry & Paula Koch
Ron and Victoria Lane
Judy Lange
Jim & Ruth Lavrakas
Yvonne Linnabary
Diane Lopez
Ilonka Mackenzie
Carol & Peter Macrae
Norma & Richard Michels
Luigi Nicoloso
Debbie & Glenn Patterson
Mary & Steve Porter-Solberg
Louise Potter
Betsy Racoosin
Mary Ellen Reed
Linda Rees
Marion Rutledge
Molly Schwarz
Pat Shook
Becky & Lynn Skilling
Elizabeth & Michael Smith
Rich Snow
Miriam Spreine
Morgan Stephenson
Mimi Sutton & Butch Zelenka
Robbie Varney
Susan Waldroup
Dennis Westeren
Mary Lou Westman
Cindy & Dave Yarnchak

BUILDING FUND

Lynn Berg
Ken and Wendy Foster
Beth Glick
Scott Johnson & Lauralee Wadsworth
Judy Larimore
Philomena Lund
Jim & Natasha Nichols
Jill Palmquist
Douglas Rayburn
Vicki Sheckler
Rich Snow
Linda Strohm
Barb Uram
Ann & Scotty Wells

Recent General Fund Donors



JoAnne Alford
Terri Bancroft
Kay Brackbill
Duane & Ernylee Chamlee
Dorothy Dawson
Bruce & Joanne Eriksen
Jan Finfrock
Stacey Fradkin
Neil & Joyce Gamroth
Richard Godsey
Loxie Gradillas
Linda Griffith
Quahlee Lassila
James & Ruth Macki
George & Lin Norris
ValerieNorton
Keith Parsons
Robin Popinski
Sharon Quesnell
Sharon Ross
Wally & Cathie Scanlon
Rich & Chris Snow
Mary Thompson
Susan Waldroup
Richard & Daphny Walters
Sue West

Helping us Build

Frank Finney
Cathy & Ronald Grant
Patricia & Richard Gritman
Scott Johnson & Lauralee Wadsworth
Judy & Karl Kelley
Hazel Lowe
Philomena & Ted Lund
George & Lin Norris
Craig & Deb Palmer
Douglas Rayburn
Judy Sadler
Chris & Rich Snow
Linda Strohm
Mimi Sutton
Vernon Weed
Ann & Scott Wells



Hula
Tuesdays 2:00 - 3:30
In the Dance Hall

Members $3, Non-members $6
Please call Sandi Lazzaro for information
360-809-3390

PERSONAL SAFETY/SELF DEFENSE



Led by Retired Police Officer
Ken Phillips
Is on hiatus for several weeks.
Watch the calendar for
the restart date!

Line Dance on Fridays!



10:30-12:15 High Beginner
12:30-2:00 Beginner 2
2:15-3:30 Beginner 1*
***Please watch the calendar for cancellations.**

Chair Ballet Mondays
9:00 in our Front Room



Join Bayley Johnson to relive childhood dreams and build strength and grace. This 55-minute class is adapted for those with mobility and balance issues. We will begin each class in a chair and advance to simple steps. You will leave feeling poised and empowered!

ZUMBA GOLD

Mondays and Fridays at 11:00
Wednesdays at 11:15
***Please watch the calendar for cancellations.**

Easy Stretching with Keoki



This is a full-body stretch followed by guided relaxation.
This floor activity requires a yoga mat. A blanket is also recommended.
Mondays at 2:30 in our Front Room

Chair Qi Gong



For Balance, Flexibility & Mindful Focus
FRIDAYS AT 9:30 IN OUR FRONT ROOM
Led by Richard Chabot



Have YOU tried YOGA?

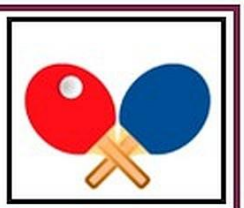
EZ Yoga
Wednesdays and Fridays at 1:30
$3 Members $6 Non-members



The gentle art of TAI JI
led by
Steve Arstad and Scotty Wells
10:00 on Tuesdays in the Main Room

Ping Pong

Tuesdays 12:00-1:30
Wednesdays/Thursdays 3:30-5:00
Sundays 1:30-3:00
All levels of skill welcome!



TAI CHI CHUAN

Join Richard Chabot for this classic practice.
Wednesdays at 10:00
In our Main Room





Ukulele Play and Sing
Mondays 1:00-3:00
In the Main Room

BASIC MEDITATION CLASS via ZOOM!
Friday Mornings at 9:30

A basic guided meditation class led by Jean Kipper.
Sponsored by *Dungeness Courte Memory Care*.
No class fee is required.
For more information call
360-683-6806

Dungeness Courte MEMORY CARE

Fiber Arts

Tuesdays in our Front Room at 9:30
Fridays in the Art Room at 9:30



"IL Carosello Italiano"
An Interactive and engaging class on daily conversations while speaking Italian.
Thursdays 2:30-4:00
in the Art Room.





Spanish Conversation meets
Thursdays 9:30-11:00
in the Art Room.



Interested in Readers Theatre?
Join the Rainshadow Readers, reading plays, stories, poems and original writing from participants. Scripts are also rehearsed for presentations at local senior living communities. (No memorization required!)
Mondays at 12:00 in the Front Room.

Cours de Français
with Susan Zarit
FRIDAYS AT 2:30
In our Art Room





EUCHRE
Every Thursday
10:00-12:00 in the Classroom
Just show up for
fun and laughter!

Mahjong

New to Mahjong?
Call Diane Whitaker to arrange for lessons: 360-775-6150



Ready to play Mahjong? Join in every Wednesday from 1:00-4:00 in the Classroom.

Cribbage

Led by David Squier



Tuesdays 11:00 to 1:00
In the Front Room

Bridge

Wednesdays 12:00-3:30
In our Front Room
Please call Earl Karich to express your interest: 360-582-7917

2nd & 4th Saturdays
6:30-9:00
Please call Diana Smith: 360-775-5126



Join us every Thursday in the Classroom at 1:00!

PINOCHLE



Led by Vicki Kingsolver
Tuesdays at 1:00 in the Classroom

BINGO IS AT
10:00
November 5th
Only



Games usually start at 12:00 on Thursdays.
Come early to purchase your cards.
Members $1/Non-members $2.
Bingo Cards are just 50 cents each.
15 games, and we also have a Potluck.
BIG Money on the last Blackout.

MEXICAN TRAIN

Mondays at 10:00 in the Classroom
Just show up and have fun with us!
360-683-6806





HAND AND FOOT
Fridays
9:00-11:00
in the Classroom



Ante up!

Join the Shipley Center Poker Group

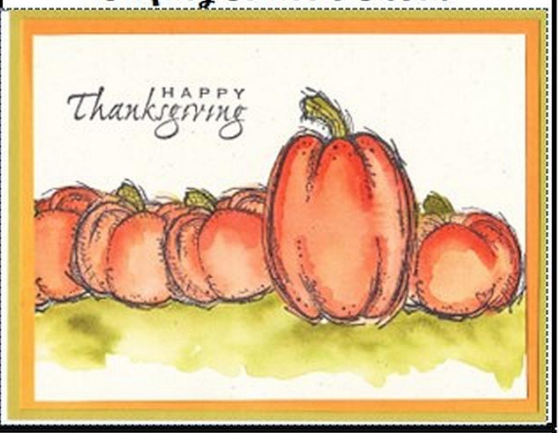
FRIDAYS at 11:30
In the Classroom
There's room for you at the table!



NOVEMBER 2026-WEEKLY ACTIVITIES

MON	TUE	WED	THUR	FRI
2 9:00-Balance Class 9:00-Chair Ballet 9:00-Water Media Drop-in 10:00-Mexican Train 11:00-Zumba Gold 12:00-Readers Theatre 1:00-Ukelele 1:00-Computer Clinic 2:30-Easy Stretch	**3** 9:00-SHIBA 9:30-Fiber Arts 10:00-Meet and Paint 10:00-Tai Ji 11:00-Cribbage 12:00-Ping Pong 1:00-N.O.W. 1:00-Pinochle 2:00-Grief and Wellness Group 2:00-Hula	**4** 9:00-Balance Class 10:00-Diabetes Support Group 10:00-Exercise is Fun 10:00-Tai Chi Chaun 11:15-Zumba Gold 12:00-Bridge 1:00-Mahjong 1:30-EZ Yoga 3:30-Ping Pong	**5** 9:00-Lynn Ilon Speaks Please see page 4. 9:30-Spanish Conversation 10:00-Bingo 10:00-Euchre 10:00-Vet's Coffee 11:30-Exercise is Fun 1:00-Scrabble 2:30- ILCarosello Italiano 2:30- NO Personal Safety 3:30-NOPing Pong	**6 HOLIDAY BAZAAR!** 9:00-NO Balance Class 9:00-Hand and Foot 9:30-NO Chair Qi Gong 9:30-Fiber Arts 9:30-Meditation (Zoom) 10:30-NO Line Dance (High Beginner) 11:00-NO Zumba Gold 11:30-Poker 12:30-NO Line Dance (Beginner 2) 1:30-NO EZ Yoga 2:15-NO Line Dance (Beginner 1) 2:30-French Class
9 9:00-Balance Class 9:00-Chair Ballet 9:00-Water Media Drop-in 10:00-Mexican Train 11:00-Zumba Gold 12:00-Readers Theatre 1:00-Ukulele 1:00-Computer Clinic 2:30-Easy Stretch	**10** 9:30-Fiber Arts 10:00-Meet and Paint 10:00-Tai Ji 11:00-Cribbage 12:00-Ping Pong 1:00-N.O.W. 1:00-Pinochle 2:00-Grief and Wellness Group 2:00-Hula	**11** 9:00-Balance Class 10:00-Exercise is Fun 10:00-Investing Class 10:00-Tai Chi Chuan 11:15-Zumba Gold 12:00-Bridge 1:00-Mahjong 1:30-EZ Yoga 3:30-Ping Pong	**12** 9:30-HEALTHY U Crystal Rodman 9:30-Sewing 9:30-Spanish Conversation 10:00-Euchre 11:30-Whole Foods Plant Based Group 11:30-NO Exercise is Fun 12:00-Bingo 1:00-Scrabble 2:30- ILCarosello Italiano 2:30-NO Personal Safety 3:30-Ping Pong	**13 LEO'S IS CLOSED** 9:00-Balance 9:00-Hand and Foot 9:30-Chair Qi Gong 9:30-Fiber Arts 9:30-Meditation (Zoom) 10:30-Line Dance (High-Beginner) 11:00–Zumba Gold 11:30-Poker 12:30-Line Dance (Beginner 2) 1:30-EZ Yoga 2:15-NO Line Dance 2:30-French Class
16 9:00-Balance Class 9:00-Chair Ballet 9:00-Water Media Drop-in 10:00-Mexican Train 11:00-Zumba Gold 12:00-Readers Theatre 1:00-Ukulele 1:00-Computer Clinic 2:30-Easy Stretch	**17** 9:00-SHIBA 9:30-Fiber Arts 10:00-Meet and Paint 10:00-Tai Ji 11:00-Cribbage 12:00-Ping Pong 1:00-N.O.W. 1:00-Pinochle 2:00-Grief and Wellness Group 2:00-Hula	**18** 9:00-Balance Class 10:00-Exercise is Fun 10:00-Tai Chi Chuan 11:15-Zumba Gold 12:00-Bridge 1:00-Mahjong 1:30-EZ Yoga 3:30-Ping Pong	**19 LEO'S IS CLOSED** 9:30-Sewing 9:30-Spanish Conversation 10:00-Euchre 10:00-HEALTHY U Sherryl Chandley Brown 11:30-Exercise is Fun 12:00-Bingo 1:00-Scrabble 2:30- ILCarosello Italiano 2:30-NO Personal Safety 3:30-NO Ping Pong	**20 Thanksgiving Luncheon** **LEO'S IS CLOSED** 9:00-NO Balance Class 9:00-Hand and Foot 9:30-Chair Qi Gong 9:30-Fiber Arts 9:30-Meditation (Zoom) 10:30-NO Line Dance (High-Beginner) 11:00–Zumba Gold 11:30-Poker 12:30-NO Line Dance (Beginner 2) 1:30-EZ Yoga 2:15-NO Line Dance (Beginner 1) 2:30-French Class

NOVEMBER 2026-WEEKLY ACTIVITIES

MON	TUE	WED	THUR	FRI
23 9:00-Balance Class 9:00-Chair Ballet 9:00-Water Media Drop-in 10:00-Mexican Train 11:00-NO Zumba Gold 12:00-Readers Theatre 1:00-Ukulele 1:00-Computer Clinic 2:30-Easy Stretch	**24** 9:00-SHIBA 9:30-Fiber Arts 10:00-Meet and Paint 10:00-Tai Ji 11:00-Cribbage 12:00-Ping Pong 1:00-N.O.W. 1:00-Pinochle 2:00-Grief and Wellness Group 2:00-Hula	**25** 9:00-Balance Class 10:00-Exercise is Fun 10:00-Investing Class 10:00-Tai Chi Chuan 11:15–NO Zumba Gold 12:00-Bridge 1:00-Mahjong 1:30-EZ Yoga 3:30-Ping Pong	**26** **Shipley Center is Closed!** 	**27**
30 9:00-Balance Class 9:00-Chair Ballet 9:00-Water Media Drop-in 10:00-Mexican Train 11:00-Zumba Gold 12:00-Readers Theatre 1:00-Ukulele 1:00-Computer Clinic 2:30-Easy Stretch				





COME PAINT WITH US!

MONDAYS
9:00-12:00
Water Media Drop-in
In the Art ROOM

TUESDAYS
10:00-12:00
Meet and Paint
In the Art Room

TUESDAYS
1:00-4:00
North Olympic Watercolorists
In the Front Room

Our November Line Dance Social is Friday, the 27th 11:00-3:00



SUNDAYS
PING PONG
1:30-3:00

Next Accordion Social!
Shipley Center 921 E. Hammond St.
Sunday, November 8 , 2026, at 1:30.



Join fellow accordion players and enthusiasts for an afternoon of music and dancing. Our featured player, Jacob Bean, plays a wonderful variety of music including Swiss, Norwegian, folk, polka, and waltzes.
$5.00 suggested donation at the door.
Snacks and coffee provided.

SATURDAYS
BRIDGE
2nd and 4th Saturdays
6:30-9:00



Spotlight on Molly Bergeson

By Margaret Cox

What a fun time I have with Spotlight interviews; and this one was particularly so! Molly and I found out that we are both the same age, widowed, live in SunLand, have proof-reading skills, love Holland America cruises, and enjoy fine wines!



For this month, I thought I had a Spotlight person in line . . . but I lost his name and number. Coming up on the newsletter deadline, I asked my Balance class if anyone would be interested in being "Spotlighted," After class, a recent participant came up to me: "Sure, I'd like to do that!"

So, meet a Sequim resident of only three months and, already, a volunteer, Molly **Bergesen**!

Early Years: Born in Menlo Park, CA, Molly—then "Eileen" . . . but we'll get to that later—was the middle child with an older sister and younger brother. Coming from a poor family, her childhood was difficult. She graduated from Menlo-Atherton High School where she says her, "Main interest was developing a skill to get gainful employment." Her one joy at that time was high school tennis, playing on intramural teams; an interest that would lie dormant for years.

Next Stage: A high school grad . . . now what? For women of our era, the four main career choices were nurse, teacher, secretary or, if you were beautiful enough, a stewardess. Remember those days? Molly wanted to be a stewardess but had two strikes against her: she wore glasses and was too short! So, she thought, "I'll just be a secretary." She took a secretarial course at San Mateo Junior College. A fond memory from that time: Molly worked at a high-end pharmacy in Atherton, where she served Shirley Temple on multiple occasions!

After receiving her certificate, she was employed at Saga Foods, a nationwide company that specialized in serving meals to college and university students. Molly worked in the Communications department writing articles and proof-reading various publications.

Washington and Arizona: In 1968, Molly married and moved to Bellevue, WA, where her husband was employed. Seven years later son Josh was born. Over the years, she worked in numerous positions in the Seattle area. She became an Administrative Assistant and Account Manager for a computer company, where she traveled to Phoenix, AZ, several times, taking visitors to tour their plant. She loved Phoenix! (Many years later, Molly did move to Phoenix, working out of her home for Ecolab, in charge of getting food safety chemicals to food processing plants all over the US.)

Oh! About That Name Change! The reasons "Eileen" became "Molly" are numerous: "Eileen jokes" such as "she has one leg shorter than the other (I lean.)--or "you lean a little, lean a lot". Being on the short side, an Irish lady with red hair, freckles, and a bit of a temper, she was teased a lot. Upon turning 40, she changed her name (not officially) and says, "I think Molly suits me better."

Tennis, her Passion! Although a tennis player in high school, Molly didn't play again until she was 43 . . . and then it became a passion! She joined a tennis club becoming involved in competitive tennis. Her team (an over 50 league) traveled around the Seattle area, and competed in Sun River, OR, and in Palm Springs, CA.



When researching a place for retirement in AZ, she chose an over-55 community that had 12 tennis courts and a thriving tennis community where she was able to continue playing socially and competitively for 18 years. Molly says, "Tennis provided me, not only with exercise, but a social network, and many lifelong friends."

Snoopy: Ever since seeing the Charles Schultz comic strip in the newspaper as a child, "Snoopy has always been a part of me." She has a Snoopy coffee mug, many items of Snoopy memorabilia, a Snoopy insignia on the back of her car . . . and even a Snoopy tattoo! (She's also been a long-time Seahawks fan, ever since their Kingdome days!)

World Travelers: Molly met her second husband, John, also a tennis player, in Arizona. Both of them had moved to AZ during the same exact timeframe, both single for 20 years, and both from the Pacific NW! It was meant to be!

For their honeymoon, they traveled to Ireland. It was an adventure, spending nine days driving around Ireland, acting as their own "travel guides." That was the beginning of their wanderlust. John and she traveled to Europe eight times, doing both river cruises and large cruise ship travel. They sailed through the Panama Canal, the West Coast of Mexico and numerous small ship travels in the US.

Additionally, they travelled locally, to wine growing areas in California, Oregon and Washington to sample their wares.

Volunteering: Beginning in Arizona, volunteering became an important part of Molly's life. She was the vice-president of their golf club and proofread the newsletters. For the Sun Lakes Fire Department, she was the "go to" person for the family of the ill/injured person to ensure all went as smoothly as possible while their loved one was being taken care of. Throughout her time in AZ, Molly volunteered in the ER at the local hospital, was involved in fund raising for a local agency focusing on elder care, and worked on both the Communications and Elections committee for her HOA,

Already in SunLand, she volunteered as a ballot counter in the recent election. She is exploring other volunteering opportunities in the community.

Coming to Sequim: Molly's son, Josh, a glass blower, and his wife, an online therapist, have lived in Sequim for twelve years. Molly's husband, John, passed away two years ago, and it made sense for "Mom" to be closer to them. Searching online, Molly found a house . . . Josh checked it out . . .and it was: "Mom! That's your house!"

So, in July of this year, Molly became a Sequim resident!

Shipley Center: In Sequim for only a month, Molly joined Shipley Center, and just last month, began a shift at the front desk and was in charge of the Oktoberfest pie raffle! She is thinking of joining other activities.

Of the new building, she enthuses, "It's so exciting and positive, not only for its members, but the whole community. It will be a centerpiece of Sequim, everyone taking pride in it." I'm sure most of us would agree.

Welcome to Sequim and Shipley Center, Molly! So glad you are already making yourself at home!

WOW! WHAT A SALE!

A Huge Thank You goes out to all who made this year's benefit sale a record-smashing success! Over $82,000 Raised.*

Main Room Magicians:
Jean Wolfe, Angela Jeziorski*, Beth Culhane, Cheryl Hamilton, Brian Davis, Richard Mansell, Renee Millar*, Greg Millar, Daniel White.
Not Shown: Shirley Ledbetter
*Benefit Sale Czars!





Rounding out our team were many additional helpers who worked the sale days:

Rena Blank, Judy Chapman, Elaine Churchill, Margaret Cox, Beth Hempel, Deb Hudson, Sandie Kiehl, Kathy Long, Amber Miller, Annabelle Miller, Maggie Miller, Craig Miller, Jenni Penn, Linda Plenert, Elaine Powlesland, Karen Rose, Steve Romberg, Patrick Russell, Diane Schonians, James Shotwell, Pat Snyder, and Pat Urso!



In our Book Room:
Karen Hanson, Marie Grad, and Marion Rutledge

In our Furniture Room:
Greg Millar, Ray Bentsen, Brian Davis, and Daniel White
Not Shown: Lillian and Judi Chapman.

* 90% of proceeds go to our general fund. 10% goes to our high school scholarship fund.



1	Tom Iverson	8	Don Zinggy	16	Brad Littlefield	23	DeDe Trandahl
	Deborah Labelle	9	Patricia Bias		Ted Lund	24	Liz Bernahl
	Reba Renner		Nancy Bull		Doug Niwa		Pierre Bustanoby
	Dan Rush		Marie Carlson		Merribeth Platt		Maureen Furey
	Kathy Strozyk		Becky DeSpain		Betsy Racoosin		Steve George
2	Philip Capogna		Lilia Dodd		Jean Vrbka		Nancy Jackson
	Cynthia DeNike		Beverly Hooker	17	Cathy Kurtz		James Jones
	Patricia Dorst		Edward Johansson		Kathy Larson		Arthur Marionneaux
	Susan Hamman		Cathy Kenney		Hermann Madsen		Joe McClung
	Linda Livingston	10	Dan Lutter		Melody McKim		Joe McKinnon
	Patrick Russell		Debbie Piccirilli		Debra Oxford		Ceal Moran
	David White		Tanya Reichenbach		Cassie Puff		Pamela Olson
3	Joanne Eriksen		Michael Repko	18	Donna Eklund		Cathie Scanlon
	Gloria Farmer	11	Judy Blank		Leslie Eldridge		Judy Stevenfeldt
	Julie Littlejohn		Monty Blank		Teresa Fuentes		Margaret Walline
	Kathleen Nicholson		Thomas G. Collins		Arla Johnson		Janie Raye Wehman
	Aleta Smith		Wendy Foster		Sandy Koch	25	Linda Couser
3	Mark Smith		Rebecca Mckee		Robert Lint		Mary Foster
	Bonnie Stephens		Bonnie Pearson		Raema Roark		Faye Hayden
	Chris White	11	Susie Snyder		Ardyce Sakimoto		Pam Lutter
	Russell Wyatt		Claudia Swing		Jennie Strachan		Vicki Naumann
4	Idona Baumann		Sheryl Wussler	19	Brian Senff		Rosalba Pedreira
	Olympia Bunge	12	Lois Anstrom		Patricia Stewart		Kathy Robinson
	Sue Erzen		Roxanne Butler		Bernice Tucker		Susan Sorensen
	Judith Lange		Chantell Collins	20	Sandy Johnson		Geri Turk
	Greg Lorenzi		Kit Maxwell		Sandra Patterson	26	Glenn Bullok
	Tom Marshall		Thelma Sinnett		Pepper Putnam		Pam Fankhouser
	Diane Moore		Penny Stalder		Charles Rice		Heidi Hansen
	Carole Neidhardt		Lowell Wickersham		Diana VanderByl		Ruth Judd
	Jeffery Robb	13	Linzee Langsford		Nick Yannaccone		Kay Lewis
	Kathy Wagoner	14	Kay Brackbill	21	Marie Chabot		Karen Renk
5	Mary Clarey		Charles Brown		Jim Crose		Pauline Warren
	Patricia Douglass		Jim Nichols		Bradley Dong		Jolie Will
	Diana Kohler		Ian Robertson		Mary Enright	27	Fumie Gage
	Mary Ann St Charles	15	Ted Brown		Olson		Meredith Miller
	Joy Vishtak		Jim Campbell		Stella Kowal		Sally Pearson
6	Diana Childs		Linda Campbell		Rodney Pabst		Linda Young
	Christina Heliker		Ellen Doig		Melissa Petrina	28	Charles Deverin
	Margot Hewitt		Judy Gordon		Joan Plumb		John Duffy
	Stephanie Jenkins		Shannon Heisey		Nick Uram		Julia McKenna
	Kathryn LaMar		Angilina Jensen		Mary Whitehouse		Blessing
	Catherine McKinney		Gene Molatore		Jerry Cange		Dan Pottiger
	Maureen Terrazano		David Pierce		Mickey Elson		Lee Yetter
7	Kathleen Benedict		Charlotte Rockwell		Stephanie Harp	29	Christine Conroy
	Donald Hanson	16	Olga Awana		Karen R Hull		Waltraud Kessler
	Barbara Jenkins		Matthew Covella		Sharon Medsker		Shirley Long
	Alice King		Mary French		Elaine Nichol	30	Davi Evans
	Margaret Wallace		Deion Johnson	23	Karen Grennan		Steve Owen
8	Linda Hackney		Jeff Krecklow		Lloyd Hockett		Naydu Pabst
	Susan Klinger		Abraham Liebson		Bertha Shindell		Allen Soares

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My family told me to stop telling Thanksgiving jokes ... ... but I told them I couldn't quit "cold turkey."



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Call Bobbie Dahm at 360-477-0019
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Sequim rug store owner shares journey of going from Kabul to Sequim | Sequim Gazette

https://tinyurl.com/9zupxk2c

SCAM AWARENESS Presentation



IDENTIFY • AVOID • PROTECT
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Scams are constantly changing, but knowing what to look for can help you stay one step ahead. In this practical, easy-to-follow class, we'll explore common scams, how scammers try to gain your trust, and the warning signs that can help you recognize a scam before you act. You'll leave with simple strategies to help protect your money and personal information—and greater confidence knowing what to do when something doesn't seem right.

TOPICS INCLUDE:

- What a scam is and how scams work
- Common types of scams
- Warning signs and red flags
- Simple ways to build your scam defenses
- What to do if you think you've been targeted

Thursday, November 12th
1:00 – 2:00 PM

The Fifth Avenue
500 West Hendrickson Road
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SHIPLEY CENTER HEALTHY U

Please join us for this speaker's platform providing information on how to maintain our health and fitness as we grow older. We currently have two presenters.

Crystal Rodman, RN

Presents:

Living Well as We Age

2nd Thursday at 9:30

In our Front Room

***Thursday, November 12:* Staying in Control After a Medical Setback:**

Recovering at home with strength and confidence.

Crystal is Chief Care Navigator for Unity Path Health Navigation Partners. She joins us at Shipley Center to educate and support us in practices of healthy aging.

Sherryl Chandley-Brown

Presents:

Separating Brain Myths from Brain Facts

3rd Thursday at 10:00

In our Front Room

Thursday, November 19th: Loneliness, Connection and Your Health

Loneliness can influence our sleep, stress levels and overall well-being. We'll look at ways to increase connection in our lives.

Sherryl is a Board Certified Integrative Nutrition Health Coach



Exercise is fun!

We do low-impact aerobic exercise designed to support your balance and core.

Class begins with 10 minutes of "Barb Paschal's Words of Wisdom", then 30 minutes of aerobics. We end with 20 minutes of stretching. It's fun and easy. Bring a yoga mat and your best jokes to the Front Room on Wednesdays at 10:00 and Thursdays at 11:30.

(NO meeting on the 2nd Thursday)

You're invited to BOOK CLUB

Led by Richard Quinnell

Join in and read one common book per month and enjoy lively discussion with other members.



4th Tuesday
12:30-1:30
In our Art Room

October's Meeting: Come and Share your favorite book, recent reads, and recommendations.

We have requests to start the following activities at Shipley Center:

Chess Group: perhaps once a week

Roundtable Discussion: topics to be determined by participants.

Long Covid discussion/support group:

Please call the office if you would be interested in one of these groups starting at Shipley Center.

$$**Shipley Investing Class**$$

The Investing Class meets twice a month on the 2nd and 4th Wednesdays at 10 am in the Art Room. Come join us to learn about economic and financial news, and long term diversified investment strategies suitable for your age, risk tolerance, and investment objectives. If you have questions, call Rich Snow at 360-710-6899.

Thank you for supporting Shipley Center.

OUR MISSION

Helping adults thrive through social, health and fitness activities and lifelong learning.

SHIPLEY CENTER HOURS
Monday-Friday 9:00am - 4:00pm

STAFF

Michael M. Smith	*Executive Director*
Theresa Fox	*Office Manager*
Deb Hudson	*Member Services Director*
Reba Renner	*Program Director*
Debbie Patterson	*Trips Coordinator*
Kathryn Kitts	*Chef*
Gayle Urban	*Bookkeeper*
Duane Cobb	*Maintenance*

OFFICE VOLUNTEERS	CAFÉ VOLUNTEERS	EVENTS
Elaine Churchill	Melinda Dewey	Babbette Barton
Cindy Crossman	Karen Hanson	Theresa Fox
Sandie Kiehl	Susan Hunt	Sandie Kiehl
Nancy Madison	Steve Romberg	Theresa Nasmith
Brenda Peck	Walter Santschi	Debbie Patterson
Becky Skilling		Carolyn Pittenger
Linda Strohm		Linda Plenert
		Pat Snyder
		Linda Strohm

***Bus Maintenance*: Lou Foldoe, Daniel White**
***Bus Drivers*: Janelle Kelly, Margie Logerwell, Eric Mullen, John Sebastian, and Debra Smellie**
***Computers*: Ray Bentsen, Joe Mirabella, Pat Urso**

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Classifieds

Kathy Nichols has 2 openings in her Intermediate Watercolor Techniques Class
Please call the office if interested.

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VOLUNTEERS



Please record your hours in the office.
Not only do we want to celebrate your service to Shipley Center, this is important for our status as a non-profit organization.



GREETING CARD DONATIONS

Please bring your greeting card donations to our Front Office. A volunteer will sort them and get them ready for use.
Birthday cards are sent out.
Others are offered on the "Free Table." THANK YOU!

PLEASE NOTE:



TECH SUPPORT AT SHIPLEY CENTER IS FOR MEMBERS ONLY.

Non-members would need to join in order to take advantage of this service.

SPOTLIGHT AUTHOR SEEKS INTERVIEWEE!

Margaret cox is searching for the gentleman she spoke with in Dean's Den (our library) recently who expressed interest in being featured in her Spotlight. His career story includes the beginnings of the computer era. If this is you or you know who she is looking for, please call our Front Office!

Shipley Center is not responsible for, nor does it endorse any business or service published in this paper. Articles written for this newsletter are the opinion of the authors and not necessarily those of Shipley Center or its Board of Directors. Shipley Center is a registered trade name of Sequim Senior Services, a WA non-profit corporation, Tax ID #91-1355592. Donations are tax deductible to the full extend of the law, under IRS Sec 501(c)3.

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Front Desk: (360) 683-6806
Office Hours: M-F, 9 am to 4 pm
Programs@shipleycenter.org

Travel Desk: (360) 683-5883
Office Hours: M-F, 9 am to 1 pm
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Leo's Café

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The Center News Sneak Peek…

Holiday Bazaar 2026: p.1
Thanksgiving Luncheon: p.1
Leo's Café News: Oktoberfest Volunteers: p.3
Community Announcements: p.4
Michael's Message: p.5
Calendar Packed with Activities: pp.10-11
Spotlight on D: pp.12-13
Puzzles and Fun: p.15
Trips and Tours: See Green Insert!

Sequim Senior Services, doing business as:
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Shipley Center Trips

360-683-5883

Trips hours: 9-1 Monday – Friday trips@shipleycenter.org

November 2026

Happy November! Pumpkins, leaves falling, pies and apple cobbler – what could be better?
We have so much to be thankful for, don't we? We live in the best part of Washington State! Daylight savings time ends Sunday November 1st – look forward to early sunsets…and don't forget to set your clock!
But we have some great dates in November to celebrate, such as November 5th, Election Day – our votes count! November 11th, Veterans Day. A day to honor our veterans. My dad, my husband and my son Ryan have all served – be proud of our family members who have sacrificed for us! November 26th is Turkey Day, a great time to meet up with family and friends. And don't forget, lots of seasonal trips coming up in November and December on the Shipley Bus!

Thomas Dambo Trolls: A Field Study – this fall. The forests and pathways of Point Defiance Zoo & Aquarium and Northwest Trek Wildlife Park have become the stomping ground for giants! This is an immersive outdoor art experience featuring 12 towering troll sculptures hidden throughout the Point Defiance Zoo (which we've done) and the Northwest Trek Wildlife Park. This study encourages guests to slow down, explore the outdoors, and see the environment through a new lens. Thomas Dambo uses discarded materials and turns them into works of art. If you are a troll hunter, don't miss this trip!

- **Thursday November 5th – Northwest Trek Wildlife Park – Lunch after (on your own)**
  Departs TBD **$73M/$78NM**

Saturday November 14th, Port Gamble High Tea – We will be joining Janelle as she takes us to this quaint Washington town for High Tea at the Dahlia Cove Studio. Guests are encouraged to dress up as if they were going to a High Tea in England, so feel free to put on your finery and enjoy the many goodies being provided! This trip was a big hit last year, so sign up soon! (This date was changed from Nov 7th)
Departs TBD **$115M/$120NM**

Thursday November 19th, Seattle Aquarium - The region's premier resource for hands-on marine experiences and conservation education, the Seattle Aquarium offers fun, exciting ways to discover more about the amazing Puget Sound and our world's one big ocean. Located on Seattle's historic central waterfront, the Seattle Aquarium is made up of three buildings: Piers 59 and 60. Adjacent to and just east of Piers 59 and 60 is the Ocean Pavilion. Aquarium guests will be mesmerized by over 5,000 tropical marine animals and plants—sharks, rays, mangroves and more—all found in the Coral Triangle, an area so rich in biodiversity that it's been called "the Amazon of the ocean." There are places to eat and gift shops – Join driver John Sebastian and wife Rose for this exciting day out!
Departs TBD **$130/M$140/NM**

Monday November 30th, Uganda Presentation- 4:30 – Shipley Member Rae Powell:
Rae would like to share with others the wonderful safari trip that she took to Uganda and invite you to join her when she returns to Uganda in 2028. She will be telling us about the special personal moments that occured along with the knowledge, friendships and ideas she came home with. Secondly, she will give us a peek at what we will see and experience in the 2028 safari trip, starting

with an introduction to our guide and his family, and to some of the animals and scenes we will see in 2028. Please join us for this special presentation by Rae. Please call trips ahead of time so we know how many chairs to put out in the Front Room.

Sunday December 13th, Tacoma Playhouse – "***A Christmas Story: The Musical"***— This follows young Ralphie Parker on his quest for the ultimate Christmas gift—a Red Ryder BB gun. Set in 1940s Indiana, Ralphie navigates schoolyard bullies, a strict teacher, and his well-meaning but skeptical parents, all while dreaming of his perfect holiday. Alongside his quirky family and friends, Ralphie's journey is filled with humor, nostalgia, and heartfelt moments. Bursting with festive cheer, this charming musical captures the magic, mischief, and wonder of childhood at Christmastime. We will be stopping for an early dinner before heading back to Sequim. This is a matinee so we will be leaving before lunchtime – feel free to bring a snack with you on the bus.
Departs TBD **$65/M$70/NM**

Tuesday December 8th, Point Defiance Zoo & Aquarium Zoolights - Once again, we will go to the zoo for a magical night of Christmas lights, snacks and, of course, all of the Christmas displays! Stroll through a magical world with over 1.5 million sparkling lights. A classic holiday tradition, Zoolights has dazzled our community for 39 years. The aquariums are closed and animals are sleeping during Zoolights. But there will be plenty to see and do, so call trips ASAP to put your deposit down (or pay in full) to reserve your spot!
Departs TBD **$76/M$81/NM**

IMPORTANT INFORMATION

- *We now have a* ***NO COFFEE OR SODA*** *policy on the bus due to the difficulty of cleaning spilled drinks after trips. We will try to remind you of this when we call with confirmation of departure time.*
- **A few days before each trip, we call to confirm the time of departure. If there is no answer, we leave a message. *Please check your voicemails before the trip! (*We do our best to contact everyone, but sometimes a message has to be left.) Due to changes in departure times because of traffic etc. I will no longer put an exact time on the green sheet.**
- **NEW*: When you call or drop by to sign up for a trip, I will need a deposit or full amount of the trip in order to put your name on the list. Until payment is received, your name will be on the waiting list. Thank you!***

See you on the Shipley Bus!

Debbie

"November is chill, frosted mornings with a silver sun rising behind the trees..."Jean Hersey

****SPECIAL NOTE****

If anyone would be interested in two nights three days in Leavenworth for the first week in December with John and Rose Sebastian, please let me know and I will give you the price!