



# THE CENTER NEWS

A Monthly Publication of Shipley Center - December 2023

## CHRISTMAS LUNCHEON

Friday, December 15th

Seatings at 12 and 2:30

Members \$15 Non-Members \$21

### Entertainment:

*Shipley Christmas Review  
featuring festive performances by  
our own Tap, Hula, Line dance,  
and Ukulele artists.*

*Pie Raffle and Door Prizes!*



*Special Guest,  
Santa!*

### Menu:

*honey glazed ham or turkey breast  
scalloped potatoes  
Christmas salad  
seasonal vegetables  
rolls with butter  
pumpkin spice bread pudding  
chocolate surprise  
sparkling cider & coffee*

### Mini Christmas Tree Raffle

Tickets are available in the office for \$1. Drawing will take place December 8.  
See the trees in the hallway near Leo's Café. Winners will be notified by phone.



# TRIPS & TOURS

Debbie Patterson, Trips & Tours Coordinator



*Savannah &  
Charleston  
March 22-30, 2024*

**Shipley Center Trips: 360-683-5883**

[trips@shipleycenter.org](mailto:trips@shipleycenter.org)

**Tickets available for a  
Harlem Globetrotters game  
in Seattle area January 2024!**



## **Nollaig Shona Daoibh" - Celtic for "You have a Happy Christmas!"**

It seems like summer is now just a happy memory. Thanksgiving has come and gone; now it's time for Christmas! Sometimes we forget that it isn't all about shopping and gifts, cooking and decorating; it's a time for family and friends to gather and enjoy being together. With the New Year just around the corner, let's take time to be happy and live our best lives!

**Alderwood Mall, Monday, December 4<sup>th</sup>** – With Christmas on the way, this is a great way to get out, shop, have some lunch and enjoy getting away for the day without having to drive! Our driver Eric will be taking the bus to this Mall in Lynnwood. Call the trips office to sign up!  
**Departs at 9:00am to about 5:00pm** **\$46 member/\$50 nonmember**

**Molbak's Garden + Home, Wednesday, December 6<sup>th</sup>** – Christmas is on display in Woodinville at this great place! Lunch at the Garden Café or on your own. Janelle Kelly will be our driver.  
**Departs 9:00 am to about 4:00pm** **\$46 member/\$50 nonmember**

**Prison Pet Partnership, Tuesday, December 12<sup>th</sup>** – We haven't done this trip for a while; it has been very popular in previous years! We are going on a tour of the pet grooming program, located at the WA Corrections Center for Women in Purdy. We will watch as the inmates train, groom and handle the dogs... about a 2.5 hour demonstration. The facility is near Gig Harbor. For this trip you will need to provide your driver's license number or other identification before the day of the trip, and you will need to have it with you when you arrive. Lunch in Poulsbo on your own.  
**Departs 9:00am to about 4:00 pm** **\$35 member/39 nonmember**

**Silverdale Shopping, Friday, December 15<sup>th</sup>** – John will be taking us for some last-minute Christmas shopping at some of our favorite stores! Shopping and lunch. . . a great way to get ready for the holidays!  
**Departs 9:00 to about 4:00** **\$34 member/\$38 nonmember**

**Clearwater Casino, Monday, December 18<sup>th</sup>** – Eric will be taking our travelers to another fun day of playing, lunching and being with friends! **(Please note – we must have at least 10 people sign up every month for this trip or it will be cancelled)**  
**Departs 9:00 to about 4:00 pm** **\$15.00 per person**

**Port Townsend, Thursday, January 4<sup>th</sup>, 2024** – Janelle will be taking us for a day of shopping, a tour of the *Jefferson Museum of Art and History*, and lunch (on your own). There are lots of fun places to peruse, as well as good choices of food.  
**Departs 9:00 to about 4:30** **\$33 members/\$37 nonmembers**

Continued on page 3





Continued from page 2

**Clearwater Casino, Monday, January 15** — Eric will be driving the Shipley Bus for a fun day of playing, lunching and being with friends! **(Please note – we must have at least 10 people sign up every month for this trip or it will be cancelled)**

**Departs 9:00 to about 4:00 pm**

**\$15.00 per person**

Here are some ideas of other fun things we can do—call the trips office if interested!

**iFly of Seattle**—experience flying in a wind tunnel! If you have ever wanted to try parachute jumping, this is the trip for you!

**Point Defiance Zoo and Aquarium**

**Treehouse Point tour**—this is a guided tour of treehouses in Fall City. Looks like fun!

Coming Attractions:

Premier World Discovery Presentations after the holidays:

**Utah's National Parks September 2024**

**Albuquerque Balloon Fiesta & Santa Fe: October 11 – 16, 2024**



A copy of the Shipley Center Cancellation policy will now be available in the Trips office.

*"Some people are born for Halloween, and some are just counting the days until Christmas". Stephen Graham Jones*

*Come travel with us on the Shipley bus!*

*Debbie*

**Shipley Center Trips**  
**360-683-5883**

## **IMPORTANT: FRAUD PROTECTION EDUCATION**



*First Federal Bank* is sponsoring three educational seminars here at Shipley Center in December to teach us how to protect our finances and identities from fraud!

**Monday, December 4: Fraud & Scam Prevention**

**Monday, December 11: Identity Theft Prevention**

**Monday, December 18: Choosing a Financial  
Caregiver/POA**

**All sessions are 10:30-11:30am  
and are free.**

## **What is MGM?**

Together, our **M**embers **G**iving **M**onthly donors provide over \$1000 a month, or over \$12,000 per year, in much needed General Fund support!!!

**They are making a real difference!**

These donations go towards our operating costs, which helps us keep dues and activity fees low.

**Your faithful support is truly appreciated.**

Some donors are doing a dollar a day, which is \$30 per month. Some are doing \$50 or even \$100 per month!

For info on joining the "**MGM Club**" call **Michael Smith at 360-683-6806**

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921 E. Hammond St. Sequim, WA 98382 Year 52, Issue #12

DEADLINE for Submissions for each edition is the 15th of the preceding month.

Submissions may be sent to: [newsletter@shipleycenter.org](mailto:newsletter@shipleycenter.org)

All submissions are subject to editing.

For Advertising rates and info contact [programs@shipleycenter.org](mailto:programs@shipleycenter.org)



We are open **Monday-Friday**  
**9am to 2pm**  
**Dine in or take out!**  
**(360) 775-3883**



## ***LEO'S CAFÉ with Chef Kathryn***

***Come enjoy the ever-changing menu at  
 Leo's Café!***

***Daily specials include:  
 Soups, Salads, Sandwiches  
 Quiches & Frittatas  
 Elixirs, Lattes, Coffee and more!***

***Breakfast Bits 'n Bites, served 9 to 11am***

***(Many wonderful choices to create your own special breakfast.)***

***There is always a Pastry Case to peruse with Kathryn's famous  
 Muffins, Macaroons, Sweet Rolls, Bear Claws, Cookies and more!***

***All menu items are prepared with Love and Gratitude!***



### ***NEW ACTIVITY! Creative Journaling with Kathy***

Have something that needs saying?

Not a writer and not an artist?

Join Kathy Nichols to see what's waiting  
 to be expressed.

Kathy uses collage techniques and multimedia to  
 create color and writing prompts to  
 complete the page.

Please call the front office to express  
 your interest in this activity. 360-683-6806

### ***Shipley Singers is Starting Soon!***

They would like to  
 start singing together  
 again in January and

are in need of a pianist to accompany their  
 performances at local retirement homes.  
 Please call the front desk to express your  
 interest in singing with them or in the  
 accompanist position. 360-683-6806







MICHAEL SMITH, EXECUTIVE DIRECTOR

## Shipley Holiday Songs, Volume III

Two years ago, I rewrote lyrics to a holiday standard and presented *The Twelve Days of Shipley*. Last year we explored Shipley-style words to the classic *My Favorite Things* from *The Sound of Music*. (Copies available in the office, if you are curious and missed out on these sure-to-be classics!)

This year, with our building permit *almost* a reality, I've been dreaming of what I *most* want for Christmas: a building permit for our 6500 sq. ft. Health & Wellness Annex building!

And so, with sincere apologies to Irving Berlin and *White Christmas*, feel free to sing along in your best Bing Crosby voice!



I'm dreaming of a  
Ground-Breaking  
With golden shovels moving soil!  
Long we've had this vision  
To cut the ribbon,  
And bring an end to all our toil.  
Oh--  
I'm dreaming Health & Wellness Annex  
With Kitchen Classroom and Gym too!  
Where you needn't be wealthy  
To live long and healthy,  
Believe, this dream's 'bout to come true!  
Oh--  
Dreaming of Ship-ley Center grow-ing  
for everyone we can invite  
May we glow with health and de-light  
And... may all our future days be bright!

Let's take time to remember participating together in our favorite activities and events here at Shipley Center during 2023! Keep the dream alive, and we *will* break ground and have even more to celebrate in 2024!

Wishing you a Happy Hanukkah! Joyous Kwanzaa! Merry Christmas!



Michael



PS: Thank you for your much appreciated generosity to Shipley Center at this time of year, and always!



**Spanish Class meets  
Thursdays 9:30-10:30  
in the Art Room.**

**Line Dancing on Fridays!**  
10:15am to 12:15 = Intermediate  
12:30pm to 2:30 = Beginners



### **Mahjongg**

New to Mahjongg?

Call Diane Whitaker to arrange  
for lessons. 360-775-6150

Ready to play Mahjongg? Join in  
every Wednesday from 1-4.



### **Adult Tap I and II**

Tap I Tuesdays 1pm-2:15



Tap II Thursdays 10:30am-12

Members \$3, Non-members \$6

Flat-heeled tap shoes or  
hard-soled shoes are recommended.

Questions: contact Sandi Lazzaro 360-809-3390

### **Computer Clinic Mondays, 1pm to 3pm.**

**FREE FOR SHIPLEY CENTER  
MEMBERS!**

Help with computers, tablets,  
smart phones and general  
technology questions. **PC and Mac.**  
Donations made in the office to Shipley  
Center in appreciation for computer help are  
welcomed.



### **Beginning Hula Tuesdays 2:30 - 3:30pm**

Members \$3, Non-members \$6

Call Sandi Lazzaro for info  
360-809-3390



### **BASIC MEDITATION CLASS via ZOOM!**

Join us in a guided basic awareness meditation  
class with Jean Kipper. Friday mornings at 9:45.  
This class is sponsored by *Dungeness Courte Memory  
Care*, so no class fee is required. Call 360-683-6806.

### **CHAIR DANCING CLASS!**



Taught by Karen Hull.  
Perform dance movements on and  
off the chair. Move your upper and  
lower body with the beat of the music.  
Wednesdays at 12:15  
in the main room.

### **Join North Olympic Watercolorists (NOW)**

Every Tues, from 1 to 4 pm, for beginners to  
professionals. We work on our own paintings with  
our own supplies. We are not a class, so having some  
experience is most beneficial.



### **Have YOU tried YOGA?**

EZ Yoga  
Wednesdays and Fridays at 1:30!



### **SEWING CLASS**

No Fee class led by Judy Lange!  
2nd & 3rd Thursdays, 9:30am to Noon.  
Items made during class time will go to the  
Shipley Center gift shop. Help and advice will  
be available for personal sewing projects, too!



### **TAI JI**

Come join J. Fields in the  
Art of Tai Ji at  
**10am on Tuesdays.**  
**9:30am on Thursdays**



### **Fiber Arts**

Tuesdays in Front room 9:30am  
Fridays in Art Room 9:30am



**Come join Beth Glick for  
ZUMBA GOLD**

**11am – noon  
Monday, Wednesday, Friday**





## Questions for Retirees

The Markets are currently experiencing volatility.  
The Fed is raising interest rates.  
We are in a transitional period.

Are you concerned about having enough income to last throughout your retirement?

Are you happy with the rate of return you are getting on your savings at the bank?

**Call or E-Mail us for our current  
Fixed and Variable Annuity Rates**

**We offer a complimentary review of  
your situation and goals!**

To learn more, visit us at:  
[www.tracywealthmanagement.com](http://www.tracywealthmanagement.com)  
Or call us at: 360-452-9080



Kevin Tracy - Financial Planner  
(360) 452-9080  
618 S. Peabody Street, Ste. J  
Port Angeles, WA 98362



Securities and investment advisory services offered through Osaic Wealth, Inc., member FINRA/SIPC and a Registered Investment Advisor. Insurance services offered through Tracy Wealth Management, which is not affiliated with Osaic Wealth, Inc.

## LEGACY GIVING

**IT'S MORE THAN AN ACT OF GENEROSITY**  
IT IS AN IMPORTANT INVESTMENT IN THE FUTURE OF OUR CENTER. TO BE PART OF THIS FINE TRADITION, ASK YOUR ATTORNEY TO ADD THIS, OR OTHER SUITABLE LANGUAGE, TO YOUR WILL:

**"I give, devise, and bequeath to Sequim Senior Services, Tax ID number 91-1355592, 921 E Hammond St, Sequim, WA 98382, (insert: dollar amount, percentage of estate, description of real estate or other property, nature of gift, or remainder of my estate)."**

**Contact: Executive Director, Michael Smith, to discuss legacy giving, and how you can use beneficiary designations on various types of accounts without changing your will.**

**WANTED: NEW UNOPENED CPAP supplies**  
You can help your Center raise needed funds! Over \$5,000 year-to-date!  
Just drop them off at Shipley Center!

**THANKS!**



## FRIENDLY CALLER PROGRAM

Would you be interested in participating in our new Friendly Caller Program? This program is an opportunity for members to routinely (about once per week), reach out to others by phone providing our seniors with regular opportunities for conversation and connection.

Please call the front office if you would be interested in being a caller or if you would enjoy getting a call!

## Healthy U! Classes

**Tuesday, December 5 and 19 from 11:30 to 12:15**

**Same FUN CLASS on both dates! "10-20-10"**

**Education, Aerobics, & Stretching with Fun Music!**

10 minutes of health education on a variety of topics

20 minutes of easy and effective aerobics

10 minutes of quiet stretching exercises

**PLEASE wear comfortable shoes and clothing you can move in!**



**Please call to register for  
these great classes!**

**360-683-6806**

**\$2 for members  
\$4 for non members**  
Registration required.



## IMPORTANT: FRAUD PROTECTION EDUCATION

*First Federal Bank is sponsoring three educational sessions in December to teach us how to protect our finances and identities from fraud.*

Please plan to attend these very important sessions.  
10:30-11:30 on Mondays  
12/4, 12/11, and 12/18.

**SEE PAGE 3 for INFO.**



- |                   |                       |                    |                     |
|-------------------|-----------------------|--------------------|---------------------|
| 1 Marcia Barrett  | 8 Cindy Corrigan      | 15 Darlene Ekberg  | 25 Susan Dryden     |
| Theo Caron        | Cynthia Frizzle       | Beth Garifalos     | Michael Fitzwater   |
| Carol Geil        | Anne Guerrero         | Thomasine Schwent  | Elizabeth Glick     |
| Yvonne Hatler     | Helen Kuznek          | 16 Carol Dorsett   | Lauralee Wadsworth  |
| Lin Norris        | Laura Lampert         | Catherine Thayer   | 26 Bobbie Crone     |
| Ann Marie Riley   | Pat MacRobbie         | 17 Suzanne Davis   | Jim Fitting         |
| 2 Sheryl Impey    | Lucy Worl             | Jean Griffith      | Beth Hempel         |
| Rosa Julia Swann  | 9 Sandra Christiansen | Linda Orr          | Judy Newblom        |
| Karen Tucker      | Judy Havel            | Celia Pedersen     | Debbie Patterson    |
| 3 Duane Cobb      | William Herrick       | 18 Bonnie Booth    | 27 Charlene Buckley |
| Tammi Laster      | Kim Vu                | Judith Coates      | Patricia Nagle      |
| Tena Varvil       | 10 Judy Anderson      | Tracy Halsted      | 28 Connie Barron    |
| 4 Kathy Landon    | Bill Buchan           | Maggie Jamison     | William Daw         |
| Carol Mackin      | Lance Bunge           | Gwen Monson        | James Fitzpatrick   |
| Susan Steinert    | Charles Byrd          | 19 Bonnie Belfield | Jeene Hobbs         |
| 5 Darlene Baete   | Jovy Hooper           | Karen Delian       | Dave Kelm           |
| Stephen Garman    | Catherine Lanham      | Jack Fletcher      | Elaine Powlesland   |
| Nancy Haag        | Carin Morgan          | Bob Hempel         | Theresa Weaver      |
| Ann Mulhern       | 11 John Benson        | Linda Seybolt      | 29 Susan Barry      |
| 6 JoAnne Alford   | Jan Durham            | Jeffrey Ward       | Marolyn Conkle      |
| Cliff Brehan      | Chuck Oxford          | 20 Richard Barrett | Sharon Ann Hamilton |
| Pat Caldwell      | Wally Scanlon         | James Bess         | Diane Hill-Dwyer    |
| Rhonda Commeree   | Pat Shook             | Sandie Kiehl       | Priscilla Kessler   |
| Loris Garman      | Pauline Valha         | Lois King          | Resty Monsanto      |
| Anya Haugland     | 12 Jeri Head          | Gregory Millar     | Bonnie Spriggs      |
| Kathy Long        | Larry Kelman          | Roger Presley      | Nicole Terry        |
| Charles Peifer    | Gene Mattson          | Sallie Radock      | 30 William Manzer   |
| Pat Tomlin        | Eric Rosenberg        | Terry Sager        | Janene Piecuch      |
| Lillian Wood      | Christel Tift         | Sherry Sellman     | Dennis Thorkelson   |
| 7 George Brown    | 13 Roger Huntman      | 21 James Sargeant  | 31 Stephanie Stoltz |
| Mary Ellen Clark  | Elsa Laresser         | 22 Neal Drucker    |                     |
| Catherine Giumini | Florence Larsen       | Jackie Green       |                     |
| Joel Hanson       | Janice Marble         | Rhonda Huchonson   |                     |
| Lloyd Hartz       | Bonnie Mayfield       | Edie McArdle       |                     |
| David Heiler      | Melvina Worman        | Jake Tiemersma     |                     |
| Jerry Koch        | 14 Lawrence Besaw     | Terry Wood         |                     |
| Pamela Santiago   | Christine Birch       | 23 Enid Griffin    |                     |
|                   | Donald Hatler         | Jim McCann         |                     |
|                   | Diana Hough           | Douglas Sherrod    |                     |
|                   | James Jackson         | Diane Young        |                     |
|                   | Larry Powell          |                    |                     |
|                   | John Sebastian        |                    |                     |
|                   | John Wesner           |                    |                     |





# Community Announcements

## Single? Join Shipley Singles Activities!

**December 13, 4:30 pm, Monthly Singles Dinner,  
Members \$15, Non Members \$20**

**Menu:** Butternut squash ravioli with tarragon butter and chicken skewer, Christmas salad, dinner roll with butter, chocolate ganache cup, coffee.

**Tickets can be purchased  
at front desk starting December 1.**

**Let's go out to Leo's Café together, every 4<sup>th</sup> Tuesday  
at 9am, and give other local restaurants a try too!**

**For Breakfast singles gatherings, call**

Bobbie Dahm at 360-477-0019

**For Lunch singles gatherings, call**

Robert Drews at 360-670-9008

## WOW! WORKING ON WELLNESS

**2:00 PM – 3:00 PM**

**Wednesday, December 13**

**KSQM FM Radio Station 91.5 FM  
"Taboos: Let's Talk About Them"**



**Speakers:**  
Dr. Paul Cunningham,  
Chief Medical Officer,  
Jamestown Family  
Health  
and Bertha D. Cooper,  
RN



## Medicare's Open Enrollment is available until December 7!\*

For Medicare beneficiaries in Washington state, this is an important time of year. Open Enrollment – also known as the Annual Election Period – is held each year from October 15 to December 7. During this time, if you are on Medicare:

- You can switch from Original Medicare to a Medicare Advantage plan – and vice versa.
- With Original Medicare, you can join, drop or switch a Part D prescription drug plan.
- With a Medicare Advantage plan, you can switch or drop your Medicare Advantage plan.

The Statewide Health Insurance Benefits Advisors (**SHIBA**) program – part of the Office of the Insurance Commissioner – is ready to help with these decisions.

One-on-one help from our local SHIBA volunteers is available at our walk-in, first-come-first-served clinics. Our clinic schedule is available by calling 360-417-8555 or online at <https://www.o3a.org/news/events-calendar/>.

**During open enrollment, our last Shipley Center walk-in clinic will be from  
9AM to noon on Tuesday, December 5.**

\* In the State of Washington, Medigap or Medicare Supplement plans do not have an open enrollment period. There are specific rules that apply to changing or signing up for a Medigap plan.



**Veterans Coffee Break**  
Regular  
meetings  
resuming  
January 18  
at 10:00 in the  
Front Room.



## Sequim Early Bird Special

If you would like to get on the list to be called in late December or early January to make an appointment for Sequim Tax-Aide service, please call Russ at either 360.207.4845 or 360.452.6147. Leave your name and phone number. I will return your call to confirm the information.



# DECEMBER 2023 –WEEKLY ACTIVITIES

MON	TUE	WED	THUR	FRI
<p><b>NEW CLASS! Whole Food Plant Based Support Group. (WFPB)</b>  Meeting at 1:00 on the 2<sup>nd</sup> Thursday of the month.  This month's topic:  <b>Grow Sprouts in the Kitchen for Healthy Greens!</b>  Here are a few of the side effects for this lifestyle:  Feel better, Look better, Lose Weight, Sleep better, Better mood,  Brain Clarity!  For info, contact Alanna Levesque 360-912-2067  Members \$2. Non Members \$4.</p>				<p><b>1</b>  9am-Balance Exercise  9:30am-Fiber Arts  9:30am- Basic Meditation (<b>Zoom</b>)  10:15am-Line Dancing-(<b>Int.</b>)  11am- Zumba Gold  12pm-Poker  12:30pm- Line Dancing-(<b>Beginner</b>)  1:30pm-EZ Yoga</p>
<p><b>4</b>  9am- Balance Exercise  11am-Zumba Gold  1pm-Ukulele  1pm-Computer Clinic</p>	<p><b>5</b>  9:30am-Fiber Arts  10am-SHIBA  10am- Tai Ji  10am- Watercolor-(<b>Int</b>)  11:30- Healthy U  11:30am-Cribbage  1pm- N.O.W  1pm- Ping Pong  1pm- Pinochle  1pm- Tap 1  2pm-Grief &amp; Wellness Group  2:30 Beginning Hula</p>	<p><b>6</b>  9am-Balance Exercise  9am- Water Media Drop-In  10:00am- Diabetes Support Group  11am-Zumba Gold  12pm-Bridge  12:15- Chair Dancing  1pm- Language: Read Italian  1pm- Mahjong  1:30pm-EZ Yoga  2pm-Language: Read Spanish</p>	<p><b>7</b>  9:30am- Spanish Conversation  9:30 am- Tai Ji  10am- Euchre  10:30am- Tap 2  12:15pm-Bingo  1pm-Scrabble</p>	<p><b>8</b>  9am-balance Exercise  9:30am-Fiber Arts  9:30am- Basic Meditation (<b>Zoom</b>)  10:15am-Line Dancing-(<b>Int.</b>)  11am- Zumba Gold  12pm-Poker  12:30pm- Line Dancing-(<b>Beginner</b>)  1:30pm-EZ Yoga</p>
<p><b>11</b>  9am- Balance Exercise  11am-Zumba Gold  1pm-Ukulele  1pm-Computer Clinic  1pm-National Federation of the Blind</p>	<p><b>12</b>  9:30am-Fiber Arts  10am- Tai Ji  10am- Watercolor-(<b>Int</b>)  11:30am-Cribbage  1pm- N.O.W  1pm- Ping Pong  1pm- Pinochle  1pm- Tap 1  2pm-Grief &amp; Wellness Group  2:30pm-Beginning Hula</p>	<p><b>13</b>  9am-Balance Exercise  9am- Water Media Drop-In  11am-Zumba Gold  12pm- Bridge  12:15pm-Chair Dancing  1pm-Read Italian  1pm- Mahjong  1:30pm-EZ Yoga  2pm-Read Spanish  4:30pm--Senior Singles Dinner</p>	<p><b>14</b>  <b>LEO'S CAFÉ CLOSED</b>  9:30am-Sewing Class  9:30am- Spanish Conversation  9:30am- Tai Ji  10am- Euchre  10am-"Hooked On Fishing"  10:30am-Tap 2  12:15pm-Bingo  1pm-Scrabble  1pm- WFPB</p>	<p><b>15</b>  <b>LEO'S CAFÉ CLOSED</b>  9:30am- Basic Meditation (<b>Zoom</b>)  12pm-Poker</p> <div data-bbox="1250 1675 1529 1858" data-label="Image"> </div> <p>12 and 2:30  1:30pm-EZ Yoga</p>



# DECEMBER 2023 –WEEKLY ACTIVITIES

MON	TUE	WED	THUR	FRI
<b>18</b> 9am- Balance Exercise 11am-Zumba Gold 1pm-Ukulele 1pm-Computer Clinic 3pm Senior Show and Tell	<b>19</b> 9:30am-Fiber Arts 10am-SHIBA 10am- Tai Ji 10am- Watercolor-(Int) 11:30am-Cribbage 11:30am-Healthy U 1pm- N.O.W 1pm- Ping Pong 1pm- Pinochle 2pm-Grief & Wellness Group	<b>20</b> 9am-Balance Exercise 9am- Water Media Drop-In 11am- Zumba Gold 12pm-Bridge 12:15pm- Chair Dancing 1pm-Language: Read Italian 1pm- Mahjong 1:30pm-EZ Yoga 2pm-Language: Read Spanish	<b>21</b> <b>LEO'S CAFÉ IS CLOSED</b> 9:30am-Sewing Class 9:30am- Spanish Conversation 9:30am- Tai Ji 10am- Euchre 12:15pm- Bingo 1pm-Scrabble	<b>22</b> <b>LEO'S CAFÉ IS CLOSED</b> 9am-Balance Exercise 9:45am-Fiber Arts 9:30am- Basic Meditation (Zoom) 10:15am-Line Dancing-(Int.) 11am-Zumba Gold 12pm-Poker 12:30- Line Dancing -(Beginner) 1:30pm-EZ Yoga
<b>25</b> SHIPLEY CENTER IS CLOSED 	<b>26</b> SHIPLEY CENTER IS CLOSED 	<b>27</b> SHIPLEY CENTER IS CLOSED	<b>28</b> SHIPLEY CENTER IS CLOSED  <b>SHIPLEY CENTER IS CLOSED ON NEW YEARS DAY, JANUARY 1.</b>  <b>WE WILL BE OPEN ON TUESDAY, JANUARY 2, AT 9AM!</b>	<b>29</b> SHIPLEY CENTER IS CLOSED
<b>Saturday</b> <u>December 2nd &amp; 16th Strait Wheelers-Line Dancing 5:30pm</u> <u>December 9th &amp; 23rd Bridge 6:30pm</u>	<b>SAVE THE DATE!</b> A special event in January will be <i>In the Deep Midwinter</i> , an evening art soiree. Saturday, January 20, 6:00-8:00 pm. Join us for wine, hors-d'oeuvres, and an opportunity to peruse and purchase a variety of donated art from the Shipley archives.			



## Spotlight on . . . Steve Romberg

**By Margaret Cox**

With a new year coming up and the voting over, three Directors were recently elected to Shipley's Board, one of them being *Steve Romberg*. If you frequent *Leo's Café*, you may already have met him, a friendly, smiling server . . . the only guy on the wait-staff roster!

Except for a few years in Tacoma, Lynnwood, and Everett, and a two-year southern hiatus in Palm Springs, CA, Steve is a Peninsula boy, through and through!

### THE BACK-STORY

Born in Port Townsend, the family moved back and forth between there and Port Angeles, his father working with the phone company. Then came the move to Tacoma and Lynnwood, where Steve graduated from high school. (He was the eldest of five, and his oldest sister, eleven months younger than he, recently moved to Sequim!)

After graduation, Steve moved back to Port Angeles (PA) to live with his grandparents while he attended Peninsula College and worked as a lot boy at Anderson Ford. At age 20, he applied to be a reserve deputy with the Clallam County Sheriff's Office. Not being old enough yet to carry a firearm, he was trained as a Dispatcher. After reaching the age of 21, he spent time as a Deputy, Corrections Officer, and a Records Clerk. After all of this, he determined that Dispatching was his choice career path.

Steve met his wife-to-be, Kim, becoming good friends over a year before they started dating. They married and decided they wanted "to have fun in the sun" and joined his mom and step-dad in Palm Springs! Steve got a position working security for the exclusive "The Vintage Club" in Indian Wells, a half hour's drive away. He enjoyed that non-uniformed job, rotating responsibilities during the day overseeing the different entrances, construction areas, and patrolling.

Meanwhile, Kim and her sister-in-law, Candy, worked as maids at a large condominium company. Kim later moved to job as office manager of a wholesale dairy and produce company.

Two years later, when Kim became pregnant, they realized that was not a place where they wanted to raise their child. So, Steve became an Everett Police Dispatcher for two years . . . and then was hired by the city of PA as a Dispatcher. During his time there, he became a Supervisor; then Manager of the Dispatch Center. He witnessed its growth from just a PA city dispatching center, to include the Sheriff's Department, Sequim Police, Fire Departments and EMS, a total of seventeen agencies now . . . all the public service entities in Clallam County, except Neah Bay which is under tribal oversight.

After 40 years in public safety, Steve retired in early 2020. Kim retired at the same time from her career in bank management.



**Steve and Kim enjoying time together.**



*Spotlight*” continued from page 12

They have two adult children, a son who is a Sequim firefighter and a daughter, living in PA, who was a medical assistant, but now is running an excavating and fabricating business with her husband. Their son and his wife—a school teacher—have two children, Steve and Kim’s grandchildren, 6 and 3. And *they* are the reason, Steve and Kim moved from PA to Sequim three years ago . . . Kim is the children’s day-care provider, loving the role of Nana!

## LIFE IN RETIREMENT

Now what? Both were workaholics, neglecting their fitness and community service. First thing was to get into shape! So, they make regular use of their Anytime Fitness memberships!

“My goal over the years has been to make the world around me just a little bit better.”

Obviously, Steve’s years as a 9-1-1- Dispatcher certainly helped to meet that goal! Steve and Kim are now involved in the community, both of them volunteer to fill community needs with the Sequim Valley Lions, and he with the Sequim Food Bank and Shipley Center.

Steve’s main contribution to Shipley Center has been as a server in *Leo’s Café*. Customer service and making people happy are very important to him, opportunities his new volunteer job provides in spades! As he says, “I have a caregiver personality” and *Leo’s* is an outlet to care for all those who come into the café.

Steve wants to encourage other Shipley guys to consider volunteering once a week in the café. “I love it; Kathryn is awesome to work with, her aim being to meet the needs of the customers. The team of volunteers is great; a fun group to work with.” He is now in charge of scheduling and has created a text group of all volunteers to help the group with communication and scheduling.

“Come join us, there’s a whole lotta fun to be had!” (and a free meal comes with it!).

And the future? Steve and Kim would like to travel more. They took the Shipley trip to New York last year and have plans to go to Italy, England, Ireland, and Wales. Seeing the US is also on this list!

## BOARD DIRECTOR

As a first-term Director, Steve will be learning about the position and contributing as he can. “I don’t have an agenda; whatever needs to be done, I’ll be there. If I have a nugget that would help, I’m happy to share it.”

Welcome to the Shipley Board, Steve! We know you’ll be an asset to all we do!



Steve takes an order from happy customer, Reed Schilbach

## Shipley Center’s Bad Weather Closure Policy

As we are into the potentially bad weather season, we want to remind you about our Bad Weather Closure Policy. Hopefully we won’t have to use this, but it is always better to be prepared!

If Sequim School District says **NO SCHOOL**, then Shipley Center will be **CLOSED for the ENTIRE DAY**.

Please Note: **LATE START** days, we *may* be closed. Call the Center after 8:30 am to check, or go to our *Facebook* page: [www.facebook.com/ShipleyCenter](http://www.facebook.com/ShipleyCenter)

**SCHOOL DISTRICT CLOSURE INFO CAN BE FOUND ON: [www.sequimschools.org](http://www.sequimschools.org)**

Local weather info can also be found on: **FM Radio-** KSQM 91.5 KIRO 93.1 KMPS 94.1

**AM Radio-** KONP 1450 KIRO 710 KOMO 1000 **TV-** KOMO 4 KING 5 KIRO 7 Q13FOX



## Would you like to play POKER?



Please call the office,  
360-683-6806 if you are  
interested in joining this  
activity!  
Fridays at Noon.

Roger Stefano is offering:

### **ILCIRCULO ITALIANO**

Conversation and Reading in Italian  
1:00 Wednesday in the Art Room

### **CONVERSACIONES EN ESPANOL**

Conversation and Reading in Spanish  
2:00 Wednesday in the Art Room

Please call the office to indicate your interest  
in either of these classes.



### **EUCHRE**

Every Thursday  
10am-12

Led by John Christian  
Just show up for fun and  
laughter!

## Bridge

Wednesdays with Earl Karich  
12:00-3:30pm.

2nd & 4th Saturdays  
with Diana Smith, 6:30-9:00pm

Call Diana to register  
360-775-5126

## **PINOCHLE**

Led by Lynda Moynihan  
Tuesdays 1:00pm



## COMPUTER LAB



We're OPEN to browse the  
net & check email!

## Find the Hidden Object



Somewhere in this month's issue is a  
picture of Santa.

Once you spot the object, email your  
name, phone number and the location  
(page number) to [programs@shipleycenter.org](mailto:programs@shipleycenter.org).

Or you can come into the Office and fill out a form and  
turn it in by the 15<sup>th</sup>

You can win \$4 off at *Leo's Café* or \$4 in Activity Bucks!

## SHOW AND TELL FOR SENIORS

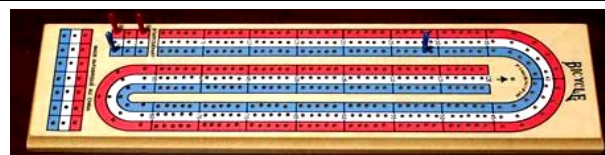


Bring something interesting to  
show and talk about. It can be  
an antique, hobby, pet or something  
else that you enjoy.

This fun and interactive group is  
led by Michael Smith.

3pm on the **THIRD MONDAY 12/18**

Activity fee: \$2 for members, \$4 for non-members



## Cribbage

Cribbage is played at Shipley on  
**Tuesdays** from 11:30am to 1:30pm.  
David Squier is the Cribbage leader.

S<sub>1</sub> C<sub>3</sub> R<sub>1</sub> A<sub>1</sub> B<sub>3</sub> B<sub>3</sub> L<sub>1</sub> E<sub>1</sub>

Come and play every Thursday at 1pm!



## **Ping Pong: WE HAVE NEW TABLES!**

Come join in on the new and improved fun.  
Tuesdays from 1:00-2:00  
(and possibly another time coming soon!)



Games start at 12:15pm on Thursdays.

Come early to purchase your cards.

Members \$1/ Non-members \$2

Bingo Cards are just 50 cents each.

15 games, and we also have a Potluck.

BIG Money on the last Blackout!

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## Health & Wellness Annex

From Ian Janis, In Appreciation of:  
Judy Lange & Miriam Spreine

## IN MEMORIAM

*Carolyn Frazier*

*Scott Jamieson*

*Helga Meienberg*

*Tom Siege*

## WELCOME NEW MEMBERS

Melody Albertson	Carol Howe
Connie Barron	Sue Iverson
Linda Beatty	Tom Iverson
Tairi Becker	Ian Janis
Bonnie Booth	Leanne Jenkins
Irene Bowman	Barbara Kane
Catherine Brahm	Cathy Kelsay
David Brehm	Sheron Koehler
Claudia Brown	Gloria Kohler
Robert Brown	Edie McArdle
Russ Collins	Marilee Morse
Sue Collins	Donna Mullen
Abigail Cooper	Eric Mullen
Deb Dillard	Linda Penwarden
James Ferguson	Sharon Quesnell
Marlene Fuller	Paul Sawyer
George Gamble	Chuck Seelye
Marcia Gamble	Eileen Seelye
Susie Herrick	Gerry Sladowski
William Herrick	Christopher Smith
Arnie Hobbs	Paula Wood





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 P A I L A P O T S T R O O U I E R E A X W  
 C Z N K L H I B O B A T A N X D G H W Y M  
 A T K T O O S N J C R C S Q G D J S A E I  
 R F S H A R J D E E K E W I U R L E S K R  
 O I O X Z T K L E C L I N F P E R W E R R  
 L G G Q H S S A H M O G N I D I E S V U E  
 E I P N I K P M U P E N A G U N B E L T K  
 E A C H Y Z H W U R C E E M U D M O E M C  
 N G L O E O R E B L G L L Y C E E T M T A  
 I H G N O E R R K S P R O O Q E C A I M R  
 A O K N A K E N P A T R A V P R E T N I C  
 R L Y T O A I Y A R C H A V E I D O C S T  
 T L H N D G E E B M E T G G Y S R P E T U  
 R Y Y Y D Y L L S E E S I I U B A T M L N  
 M C A N D Y C A N E L N E U L S T E E E X  
 E N E E R G R E V E C L T N R R S E A T J  
 R H M R C H R I S T M A S S T F T W T O Y  
 R Z N Y O J D P Y E N M I H C S G S N E R  
 Y J Z Z X W I N T E R G O O S E Y A D R U  
 M X S L E I G H N O R T H R S N O W U Q A

# Christmas

BELLS  
 CANDY CANE  
 CAROL  
 CHIMNEY  
 CHRISTMAS  
 CLOVES  
 COOKIES  
 DECEMBER  
 EGGNOG  
 ELVES  
 EVERGREEN  
 FRUITCAKE  
 FUDGE  
 GIFT  
 GINGERBREAD  
 GOOSE  
 GRAVY  
 HAM  
 HOHOHO  
 HOLLY  
 JOLLY  
 JOY  
 LIGHTS  
 MERRY  
 MINCEMEAT

MISTLETOE  
 NORTH  
 NUTCRACKER  
 ORNAMENTS  
 PINECONE  
 POLE  
 PRESENTS  
 PUMPKIN PIE  
 REINDEER  
 RUDOLPH  
 SANTA  
 SLED  
 SLEIGH  
 SNOW  
 STAR  
 STOCKING  
 SUGAR PLUMS  
 SWEET POTATOES  
 TINSEL  
 TRAIN  
 TREE  
 TURKEY  
 WINTER  
 WREATH

## WORD SCRAMBLE

### Christmas Words

ANCNION \_\_\_\_\_  
 SRAMHMLQAWL \_\_\_\_\_  
 RPNEEPITPM \_\_\_\_\_  
 NKIARNNSFSECE \_\_\_\_\_  
 EHHDSERP \_\_\_\_\_  
 AIRLCNGO \_\_\_\_\_  
 RBREEARCNIS \_\_\_\_\_  
 RTDACOEISNO \_\_\_\_\_  
 OISNPEATIT \_\_\_\_\_  
 GELISH LSEBL \_\_\_\_\_  
 LESSONKWAF \_\_\_\_\_



Why does Santa have three gardens?  
 So he can hoe, hoe, hoe.

Why doesn't Santa drink reindeer milk?  
 Because he's on a deery-free diet.

What do you call people who are afraid of  
 Santa Claus? Claustrophobic.

Why do Dasher and Dancer love coffee?  
 Because they're Santa's "star bucks"!

What do Christmas trees wear at the pool? Trunks.

What's another name for an artificial Christmas  
 tree? Faux Fir.

What do angry rodents send each other at Christmas?  
 Cross mouse cards.

Why did Santa's helper see a therapist?  
 He had low elf esteem.


What do you get if you eat Christmas  
 decorations? Tinsellitis.

Who hides in the bakery at Christmas?  
 A mince spy.

What makes a candy cane a collector's item?  
 It's in mint condition.




See Page 17 for answers to the Word Scramble!



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Sound Dental Care's team of Licensed dental Hygienists provide limited oral evaluations, dental cleanings, and other preventative procedures that one might receive at a dental office, **on site** at Shipley Center.

If you are interested in scheduling an appointment call Sound Dental Care at 206-745-3808, or go to [www.sounddentalcare.com](http://www.sounddentalcare.com)

**NEW PRICE:** \$189 for cleaning and exam (including diamine fluoride treatment). She will honor the previous rate of \$149 for existing clients for their next appointments.



Answers to Word Scramble:  
Cinnamon, Marshmallow, Peppermint, Frankincense, Shepherd, Caroling, Cranberries, Decorations, Poinsettia, Sleigh bells, Snowflakes



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### OUR MISSION

The mission of Shipley Center is to enrich the lives of adults through social, health and fitness activities, trips, educational classes, low-income housing opportunities, and referrals to community resources.

### SHIPLEY CENTER HOURS

Monday-Friday 9:00am - 4:00pm

### STAFF

<i>Michael M. Smith</i>	<i>Executive Director</i>
<i>Deb Hudson</i>	<i>Office Manager</i>
<i>Theresa Fox</i>	<i>Asst. Office Manager</i>
<i>Reba Renner</i>	<i>Program Director</i>
<i>Debbie Patterson</i>	<i>Trips Coordinator</i>
<i>Beth Hempel</i>	<i>Member Services</i>
<i>Kathryn Kitts</i>	<i>Chef</i>
<i>Denise Amos</i>	<i>Bookkeeper</i>
<i>Duane Cobb</i>	<i>Maintenance</i>
<i>Carrie Shields</i>	<i>Janitor</i>

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### CAFÉ VOLUNTEERS

Cindy Crossman	Linda Rees	Susan Geritz
Diane Luoma	Becky Skilling	Cindy Grey
Nancy Madison	Lynn Skilling	Susan Hunt
Debbie McIntyre	Mimi Sutton	Renee Millar
Kathy Nichols		Steve Romberg
Brenda Peck		Karen Rose
		Nancy Southwick
		Mimi Sutton

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**Bus Drivers: Janelle Kelly, Terry Mendicino, Eric Mullen, John Sebastian**

**Computers: Ray Bentsen, Joe Mirabella, Bill Ledbetter, Dan Urso, and Pat Urso**

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### The Center News Sneak Peek...

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