



THE CENTER NEWS

A Monthly Publication of Shipley Center - February 2026

Mardi Gras Luncheon

AT SHIPLEY CENTER

Friday, February 20, 2026 at 1:00

Members \$20 and nonmembers \$25.

MENU: Cajun Sausage Puffs

Louisiana Gumbo

Muffuletta Sandwich

Key Lime Pie

Look forward to the Dixieland music of
"THE CAT'S MEOW" with Joey Lazzaro.

Thank you Sponsors!
Ridgeline Homecare and Trustwell Living



YOU'RE INVITED TO

High Tea

1:00 ON MARCH 20, 2026

**Traditional Three-tiered Service of
Savories, English Scones, and Sweets**

Your Choice of Tea

MEMBERS \$25 AND NONMEMBERS \$30

TICKETS GO ON SALE TUESDAY, MARCH 5, 2026
THANK YOU SPONSOR: RIDGELINE HOMECARE

High Tea

(Afternoon Tea)



Savory and sweet finger foods served with hot tea, this British tradition is usually held mid-afternoon to bridge the gap between a light lunch and a late dinner. Find your hat and gloves and Join us for this unique experience.

DUE TO THE LABOR INTENSIVE ASPECT OF THIS EVENT, WE ARE LIMITING SEATING TO 60 PERSONS. PLEASE GET YOUR TICKETS EARLY.

ICY/SNOWY WEATHER POLICY: SAFETY FIRST!

If Sequim School District is closed, Shipley Center is closed. See sequimschools.org.

If Sequim School District has "Late Start", Shipley Center *may* be closed.
Please call the office to confirm. 360-683-6806

TRIPS & TOURS

Debbie Patterson, Trips & Tours Coordinator

Office hours: 9 to 1 Monday-Friday



Shipley Center Trips: 360-683-5883

trips@shipleycenter.org

New! Collette Tours:

Sunny Portugal Discovery: Departing 8/16/2026

Southern Charm Holiday: Departing 12/7/2026

Spotlight on New York City: Departing 12/24/2026

Also still open: Discover Australia's Outback and New Zealand's South Island.



**Sequim City Band Presents
Origins**
“Composers across Cultures”
Tyler Benedict, Musical Director
March 15, 2026
Port Angeles High School Auditorium

Please call Debbie to express your interest: 360-683-5883



See Green Insert for Local Trips! 360-683-5883. Office hours: 9:00-1:00 Monday-Friday.

Safe Travels, Debbie

Your Trusted Local Bank for 102 Years — **Let's Talk About Your Future**

For over a century, we have helped our neighbors save more, borrow smarter, and grow stronger.

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Wills Award Winner



Robin Booker
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Nicole Pruden
Branch Manager
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NMLS# 1560819
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Call us or stop by today!
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651 Garry Oak Drive Sequim, WA 98382



We are open
Monday-Thursday
9am to 2pm
Dine in or take out!

Leo's Café with Chef Kathryn Kitts

Please note our new schedule!
'A Little Café with a Lotta' Love'

Serving breakfast and lunch, Leo's Café is open 9:00 until 2:00, Monday through Thursday.
We look forward to serving you!

LEO'S CAFE

A LITTLE CAFÉ WITH A LOTTA LOVE

BREAKFAST

(SERVED 9-11am)

BITS 'N BITES

MIX AND MATCH TO CREATE YOUR OWN FAVORITE BREAKFAST COMBO

QUICHES

FRITTATA

AVOCADO TOAST

BREAKFAST SANDWICH

PASTRIES & MUFFINS

LUNCH

SOUP

SANDWICHES

WRAPS

SALADS

COME SEE OUR FULL MENU INCLUDING DAILY SPECIALS WITH A NICE VARIETY OF COFFEE AND TEA DRINKS AS WELL AS CHEF KATHRYN'S SPECIAL ELIXIRS.

MACAROONS DIPPED IN CHOCOLATE AND MORNING GLORY MUFFINS

Upcoming Special Events

Catered by Leo's Café

Chef: Kathryn Kitts

Mardi Gras Luncheon



MENU: Cajun Sausage Puffs
Louisiana Gumbo
Muffuletta Sandwich
Key Lime Pie
Friday, February 20

High Tea

Menu: Three tiered service of traditional savories, sweets, and English tea.



Join us on Friday, March 20

Please see front cover for details of these events.

***The Center News* is published monthly by Sequim Senior Services, dba Shipley Center**

921 E. Hammond St. Sequim, WA 98382 Year 55 Issue #2

DEADLINE for submissions for each edition is the 15th of the preceding month.

Submissions may be sent to: newsletter@shipleycenter.org. All submissions are subject to editing.

For Advertising rates and info, contact programs@shipleycenter.org

Community Announcements

**Shipley Center's Healthy U presents
Sherryl Chandley-Brown
Board Certified Integrative Nutrition Health Coach**

**Separating Brain Myths from Brain Facts.
How the Brain Changes with Age and What Actually Helps**

Thursday, February 19, at 10:00 in our Front Room

WOW! WORKING ON WELLNESS

*****THE FORUM*****

KSQM Radio Station 91.5 FM

Wednesday, February 11
2:00 PM – 3:00 PM

“RLE: Improving Vision”

Speaker: Dr. Maximilian Psolka

The February meeting of the **Sequim Diabetes Support Group** will be held at Shipley Center in the Art Room **Wednesday, February 4, 10am-11am**. A general meeting with very helpful information, the event is open to the public and free. Any contributions are given to Shipley Center for the use of the space. Next month's meeting is March 4, 2026.

Volunteer Hospice of Clallam County

Remembrance Ceremony

Saturday, February 7 at 2 p.m.

Trinity United Methodist Church

100 Blake Ave., Sequim

The event will include the reading of lost loved ones' names, a candle-lighting ceremony and a group address followed by a gathering with snacks and drinks.

If anyone would like to add a loved one's name to the list to be read aloud or would like more information, please email office@vhocc.org or call 360-452-1511.

Names may also be added at the church.

The Remembrance Ceremony is part of VHOCC's Soul Care Program.

GRIEF AND WELLNESS SUPPORT GROUP

Led by Debbie McIntyre

TUESDAYS AT 2:00

In the Shipley Center
Art Room

All are welcome.



shutterstock

Whole Food Plant-Based Support Group

NEW TIME!

Meets at 11:30pm
on the 2nd Thursday of the month.

See you February 12.

So you don't have time to cook a whole-food plant-based lifestyle! No problem. Shortcuts and tips abound at this meeting. Whether you're cooking for one or more people or more than one meal, this could change your regular rotation of boring entrees.

“Failing to plan is planning to fail.”

Join our pot luck.
Pot Luck starts at 11:30pm.
Don't know what to bring? No worries.
Call Alanna: 360-912-2067
Members \$2. Non Members \$4.



Personal help with
your Medicare
questions.

1st and 3rd Tuesdays from 10:00-12:00.

No charge. No appointment needed.



Spinning Along and Happy!

MICHAEL SMITH, EXECUTIVE DIRECTOR

Happy February!

It's hard to believe, but now that January is over with, one-twelfth of the new year has already passed! And, not to make anyone feel pressured, but by the end of this month, we will have already lived one sixth of 2026!

Time isn't the only thing moving quickly. We are literally moving fast, too, since the earth is spinning all the time, even while we think we are sitting still! I learned that the earth spins at up to 1040 miles per hour. Should we then be proud of how fast we're going? But isn't retirement supposed to be relaxing?

If we lived at the equator, we'd be spinning the fastest, at 1040 miles per hour! And don't get me started about how fast the earth is moving in its orbit around the sun! (67,000 miles per hour!) Thank goodness we don't notice such things, because the atmosphere and everything around us spins and moves along at the same speed.

If we lived at the poles, instead of 1040 mph, we'd just turn around in one spot very, very slowly. We could do the "turn yourself about" part of the "Hokey Pokey" without moving a muscle, but it would take all day. And that would be okay with some of us. I'll ask again, isn't retirement supposed to be relaxing? Shipley Center is here to provide relaxing and fun things to do, and to leave the worries of the work world behind, if at all possible.

I can't help it, though, I'm drawn back to a question that comes up in my mind: If equatorial seniors are doing 1040 mph and Arctic seniors barely move, just how fast are we spinning in Sequim? Easy! Just take the equatorial speed of 1040 mph and multiply it by the cosine of our latitude. Since I don't know cosine from co-sign anymore, I Googled it. I found out we truly are more leisurely here in Sequim, managing to spin at "only" 750 miles per hour.

I want to encourage you by saying it is ok to move slowly in relation to our high-stress world and society. Let's take a break from judging ourselves on how fast we are able to do things. Let's avoid the habit of comparing ourselves to others, and possibly becoming envious or stressed, or—worse yet—sick or discouraged. What do we expect of ourselves anyway? After stepping away from the work world, it is okay not to have to live up to the expectations of a boss or heavy responsibilities.

What I hope that members and visitors to Shipley Center expect, is that they can take their time choosing an activity, program, or social event that piques their interest, and then coming on the appointed day and time to check it out. You can participate, chat, socialize, perhaps even compete, but never feel pressured, like it's a job. Goal-setting could be trying out one more activity this month; and, perhaps, participating in two, or for you over-achievers, three next month!

With membership growing by the month and anticipation growing about our new building, I think we are on the right track. Spinning along through space, being satisfied with what we have right now, and looking forward to what we'll have in the future . . .

"THAT's what it's all about!"

Michael

THE Albert Haller FOUNDATION

Est. 1992

Albert Haller, successful logging entrepreneur and philanthropist, left a legacy that has been supporting community causes in Clallam County for over 30 years.

The Albert Haller Foundation, a 501(c)3 non-profit charitable organization, would appreciate your contributions and estate gifts to continue this important work. Please go to www.alberthallerfoundation.org to learn more.

You may also contact Alan Millet, attorney, at 360-683-1119

"Shipley Center is grateful to the Albert Haller Foundation for their \$60,500 in grants to help us renovate our new location!"

WELCOME NEW MEMBERS!

Roxanne Brandelius	Jesse James
David Brewer	Robert Jones
Merle Brown	Judy Kelley
Karen Carroll	Karl Kelley
Richard Carroll	Gloria Kennedy
Bruce Ellis	Glenn Kibbe
Evin Fox	Pamm Kibbe
Jeff Fox	Annett Krelle
Charles Grieser	Judith Paeker
Nancy Grieser	Sandra Patterson
Roberta Hansen	Valerie Printz
Barbara Heckard	Cindy Snyder
Dennis Heckard	Peter Swenson
Gina Hietpas	Scott Templeton
Val Jackson	Denise Waugh
Diana James	Gary White

In Loving Memory

Richard Barrett	Peter Jensen
Susan Bazan	George Lindamood
Ron Frye	June Caroline Reiger
Kathy Hartley	

Helping us Build

Maryann Ballard	Neneth Hammond	Jerie Louie	Marion Rutledge
Robert Begin	Bill Harrington	Ruth Messing	Ivars Sarkans
David Brewer	Tamara Harrington	Bill Miller	Neva Smith
Gene Brown	Sue Henson	Lavonne Mueller	Susie Snyder
Sherryl Brown	Deborah Hoag	Theresa Nasmith	Darlene Sylvia
Margaret Cada	John Hoag	Kathleen Nicholson	Patricia Touchie
Michael Coles	Don Johnson	George Norris	Scott & Ann Wells
Rosalie Di Maggio	Karen Kempton	Lin Norris	Carmelinda Wiley
Beth Garifalos	Susan Klinger	Linda O'Neill	
Anna Gregory	Judy Lange	Mary Ellen Reed	
Kerry Hamilton	Mahina Lazzaro	Darius Richards	
Larry Haws	Janet Littlefield	Vicki Richards	
Mark Hammond	Sue Lohler	Carmela Richardson	



Thank You TO OUR DONORS

Members Giving Monthly (MGM) Club!

GENERAL FUND

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Scott Wells
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Kathy Wagoner
Miggles Wallace
Marsha Welch
Jere Wilson
John Wilson
Sandra Wolf
Chuck Wraith
Kathy Wraith

“IL Carosello Italiano”
An Interactive and engaging class on daily conversations while speaking Italian.
Thursdays 2:30-4:00 in the Art Room.



Spanish Conversation meets Thursdays 9:30-11:00 in the Art Room.



Interested in Readers Theatre?

Join Ted Brown for table reads (no memorizing) of plays, old and new. Reading stories, poems, and other writing from participants adds to the fun! Mondays at 12:00 in the Front Room.



Would you like to play POKER?

Please call the office at 360-683-6806, if you are interested in joining this activity! Fridays at 11:30 in the Classroom.

Mahjong

New to Mahjong?



Call Diane Whitaker to arrange for lessons: 360-775-6150

Ready to play Mahjong? Join in every Wednesday from 1:00-4:00 in the Classroom.

Bridge

**Wednesdays 12:00-3:30
In our Front Room
Call Earl Karich: 360-582-7917
2nd & 4th Saturdays
6:30-9:00
Call Diana Smith: 360-775-5126**



Games start

at 12:15 on Thursdays.

Come early to purchase your cards.

Members \$1/Non-members \$2.

Bingo Cards are just 50 cents each.

15 games, and we also have a Potluck.

BIG Money on the last Blackout.

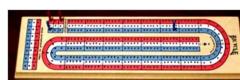
Play Responsibly!



**EUCHRE
Every Thursday
10:00-12:00 in the Classroom
Just show up for fun and laughter!**

Cribbage

Led by David Squier



**Tuesdays 11:00 to 1:00
In the Front Room**



Join us every Thursday in the Classroom at 1:00!

PINOCHLE

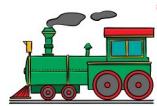
Led by Vicki Kingsolver



Tuesdays at 1:00 in the Classroom

MEXICAN TRAIN

**Mondays at 10:00 in the Classroom
Just show up and have fun with us!
360-683-6806**



**HAND AND FOOT
Fridays
9:00-11:00
in the Classroom**



FOR SHIPLEY CENTER MEMBERS ONLY! Computer Clinic on Mondays, 1 to 3pm.

Help with computers, tablets, smartphones and general technology questions. PC and Mac. Donations made in the office to Shipley Center in appreciation for computer help are welcomed.



Hula Tuesdays 2:00 - 3:30 In the Dance Hall

Members \$3, Non-members \$6

Please call Sandi Lazzaro for information
360-809-3390

Line Dancing on Fridays!

10:30 to 12:15—High Beginner
12:30 to 2:00—Beginner 2
2:15 to 3:30—Beginner 1



Come join Beth Glick for
ZUMBA GOLD
Mondays and Fridays at 11:00
Wednesdays at 11:15

Easy Stretching with Keoki

This is a full-body stretch followed by
guided relaxation.

This floor activity requires a yoga mat.
A blanket is also recommended.

Mondays at 2:30 in the Front Room



Have YOU tried YOGA?

EZ Yoga

Wednesdays and Fridays at 1:30
\$3 Members \$6 Non-members



Ping Pong

NEW TIME: Tuesdays 12:00-1:30
Wednesdays/Thursdays 3:30-5:00
Sundays 1:30-3:00
All levels of skill welcome!



Ukelele Play and Sing
Mondays 1:00-3:00
In the Main Room

Fiber Arts

Tuesdays in our Front Room at 9:30
Fridays in the Art Room at 9:30



Chair Ballet

Join Bayley Johnson to relive childhood
dreams and build strength and grace. This
55-minute class is adapted for those with
mobility and balance issues. We will begin
each class in a chair and advance to simple
steps. You will leave feeling
poised and empowered.



Mondays at 9:00 in our Front Room.
Please call the office to express your interest!

360-683-6806

Chair Qi Gong

For Balance, Flexibility &
Mindful Focus

This gently guided Qi Gong group will focus
its attention more to those with limited
mobility, balance, and concentration
challenges.

**FRIDAYS AT 9:30 IN OUR
FRONT ROOM**

Led by Richard Chabot



The gentle art of TAI JI
led by
Steve Arstad and Scotty Wells
10:00 on Tuesdays in the Main Room

TAI CHI CHUAN

Join Richard Chabot for this
classic practice.

Wednesdays at 10:00

In our Main Room



BASIC MEDITATION CLASS via ZOOM! **Friday Mornings at 9:30**

A basic guided meditation class led by Jean Kipper.
Sponsored by *Dungeness Courte Memory Care*.

No class fee is required.
For more information call
360-683-6806



FEBRUARY 2026-WEEKLY ACTIVITIES

MON	TUE	WED	THUR	FRI
2 9:00-Balance Class 9:00-Chair Ballet 9:00-Water Media Drop-in 10:00-Mexican Train 11:00- NO Zumba Gold 12:00-Readers Theatre 1:00-Ukulele 1:00-Computer Clinic 2:30-Easy Stretch	3 9:30-Fiber Arts 10:00-Meet and Paint 10:00-SHIBA 10:00-Tai Ji 11:00-Cribbage 12:00-Ping Pong 1:00-N.O.W. 1:00-Pinochle 2:00-Grief and Wellness Group 2:00-Hula	4 9:00-Balance Class 10:00-Diabetes Support Group 10:00-Exercise is Fun 10:00-Tai Chi Chaun 11:15-Zumba Gold 12:00-Bridge 1:00-Mahjong 1:30-EZ Yoga 3:30-Ping Pong	5 9:30-Spanish Conversation 10:00-Euchre 12:15-Bingo 1:00-Scrabble 2:30- IL Carosello Italiano 3:30-Ping Pong	6 Leo's is Closed 9:00-Balance Class 9:00-Hand and Foot 9:30-Chair Qi Gong 9:30-Fiber Arts 9:30-Meditation (Zoom) 10:30-Line Dance (High Beginner) 11:00- NO Zumba Gold 11:30-Poker 12:30-Line Dance (Beginner 2) 1:30-EZ Yoga 2:15-Line Dance (Beginner 1) 2:30-French Class
9 9:00-Balance Class 9:00-Chair Ballet 9:00-Water Media Drop-in 10:00-Mexican Train 11:00-Zumba Gold 12:00-Readers Theatre 1:00-Ukulele 1:00-Computer Clinic 2:30-Easy Stretch	10 9:30-Fiber Arts 10:00-Meet and Paint 10:00-Tai Ji 11:00-Cribbage 12:00-Ping Pong 1:00-N.O.W. 1:00-Pinochle 2:00-Grief and Wellness Group 2:00-Hula	11 9:00-Balance Class 10:00-Exercise is Fun 10:00-Investing Class 10:00-Tai Chi Chuan 11:15-Zumba Gold 12:00-Bridge 1:00-Mahjong 1:30-EZ Yoga 3:30-Ping Pong	12 9:30-Sewing 9:30-Spanish Conversation 10:00-Euchre 11:30-Whole Foods Plant Based Group 12:15-Bingo 1:00-Scrabble 2:30- IL Carosello Italiano 3:30-Ping Pong	13 Leo's is Closed 9:00-Balance 9:00-Hand and Foot 9:30-Chair Qi Gong 9:30-Fiber Arts 9:30-Meditation (Zoom) 10:30-Line Dance (High-Beginner) 11:00- NO Zumba Gold 11:30-Poker 12:30-Line Dance (Beginner 2) 1:30-EZ Yoga 2:15-Line Dance (Beginner 1) 2:30-French Class
16 Leo's is Closed PRESIDENTS DAY  Shipley Center is Closed.	17 9:30-Fiber Arts 10:00-Meet and Paint 10:00-SHIBA 10:00-Tai Ji 11:00-Cribbage 12:00-Ping Pong 1:00-N.O.W. 1:00-Pinochle 2:00-Grief and Wellness Group 2:00-Hula	18 9:00-Balance Class 10:00-Exercise is Fun 10:00-Tai Chi Chuan 11:15-Zumba Gold 12:00-Bridge 1:00-Mahjong 1:30-EZ Yoga 3:30-Ping Pong	19 9:30-Sewing 9:30-Spanish Conversation 10:00-Euchre 10:00-Healthy U 12:15-Bingo 1:00-Scrabble 2:30-IL Carosello Italiano 3:30- NO Ping Pong	20 Leo's is Closed 9:00- NO Balance Class 9:00-Hand and Foot 9:30-Chair Qi Gong 9:30-Fiber Arts 9:30-Meditation (Zoom) 10:30- NO Line Dance (High-Beginner) 11:00-Zumba Gold 11:30-Poker 12:30- NO Line Dance (Beginner 2) 1:30-EZ Yoga 2:15- NO Line Dance (Beginner 1) 2:30-French Class

February 2026-WEEKLY ACTIVITIES

MON	TUE	WED	THUR	FRI
23 9:00-Balance Class 9:00-Chair Ballet 9:00-Water Media Drop-in 10:00-Mexican Train 11:00-Zumba Gold 12:00-Readers Theatre 1:00-Ukulele 1:00-Computer Clinic 2:30-Easy Stretch	24 9:30-Fiber Arts 10:00-Meet and Paint 10:00-Tai Ji 11:00-Cribbage 12:00-Ping Pong 1:00-N.O.W. 1:00-Pinochle 2:00-Grief and Wellness Group 2:00-Hula	25 9:00-Balance Class 10:00-Exercise is Fun 10:00-Investing Class 10:00-Tai Chi Chuan 11:15- Zumba Gold 12:00-Bridge 1:00-Mahjong 1:30-EZ Yoga 3:30-Ping Pong	26 9:30-Spanish Conversation 10:00-Euchre 12:15-Bingo 1:00-Scrabble 2:30-IL Carosello Italiano 3:30-Ping Pong	27 LEO'S IS CLOSED <i>Mardi Gras</i> 9:00-Balance Class 9:00-Hand and Foot 9:30-Chair Qi Gong 9:30-Fiber Arts 9:30-Meditation 10:30-Line Dance (High Beginner) 11:00-Zumba Gold 11:30-Poker 12:30-Line Dance (Beginner 2) 1:30-EZ Yoga 2:15-Line Dance (Beginner 1) 2:30-French Class

BOOK CLUB FORMING

Linda Roberts would like to lead a book club at Shipley Center.

Join in and read one common book per month and enjoy lively discussion with other members.

Please call the office if interested!

360-683-6806



Rock to the Oldies from the comfort of your chair!

Donna Deleree is ready to keep your body moving with her **Chair Dance** group. Please call the office if interested. 360-683-6806



CANASTA ANYONE?

Misty Groth is looking for a Canasta partner or group.

Please call the office if you'd like to play.

360-683-6806



COME PAINT WITH US!

MONDAYS
9:00-12:00
Water Media
Drop-in

In the Art Room
TUESDAYS
10:00-12:00

Meet and Paint
In the Art Room
TUESDAYS
1:00-4:00

The next Line Dance Social will be Saturday, February 21, 3:30-6:00 PM



SUNDAYS
PING PONG
1:30-3:00

March Accordion Social

Sunday, March 8, 1:30-4:00
Shipley Center 921 E. Hammond St.



Join fellow accordion players and enthusiasts for an afternoon of music and dancing. The talented Eileen Webber, formerly from Spokane WA, now living in Maple Valley WA, will be our featured player. \$5.00 suggested donation at door. Snacks and coffee provided.

SATURDAYS
BRIDGE
2ND and 4TH Saturdays
6:30-9:00



Spotlight on Scott Wells

By Margaret Cox

As the newly elected Board Directors began their terms in January, I would like to take this opportunity to introduce one of them to the membership. This month features Scotty Wells.



Cows . . . and More Cows! Walter Scott (“I prefer to be called Scotty.”) Wells was born in Michigan City, Indiana, the first of two sons. A few years later, the family moved to Rockford, IL, and then to his uncle’s dairy farm in Southern Wisconsin. When Scotty was nine, his mother remarried an owner of a dairy farm in Northern Illinois, where his sister, Penny, was born. So, Scotty was off doing chores and milking cows until he was 15. At that time, Scotty became a hired man for a family of six . . . who also had a dairy farm nearby! He worked there until graduating from Lena-Winslow High School.

After Graduation, Scotty enlisted in the Air Force and was sent to San Antonio’s Lackland AFB for Basic Training, followed by a posting to McChord AFB, south of Tacoma. There, he was involved in the SAGE program (Semi-Automatic Ground Environment), controlling planes in the US NW, Canada, and Alaska. Then he transferred to the civil engineering department, dealing with heavy equipment. Scotty welcomed the change from a desk job to get out there, working with his hands!

Now, Pacific Lutheran University (PLU) is a short distance from McChord. Lutheran Services provided church services and Sunday potlucks for the airmen, with girls from PLU helping with the serving. That was where Scotty met Ann, a student at PLU who was studying business. They married in 1967 and lived in Tacoma, three blocks from PLU.

After his four years of military service, Scotty worked at Boeing for five years as a template maker and tool estimator for plane parts. He was laid off and took various odd jobs. Looking for a job that was not going to lay him off, Scotty took 22 tests for Civil Service positions! He finally landed a job with Seattle Transit as a bus driver. Not only did he not get laid off, Scotty was promoted to supervisor, then manager, retiring in 1999 as Supervisor of Metro Transit, with 30 years of service!

Now What? Only in his mid-fifties, Scotty wasn’t ready to “become retired.” He took on what sounds to be an interesting job . . . Supervisor of Ushers for the Seattle Mariners, Seahawks, and Sounders! Leaving the sporting world in 2012, Scotty was hired on as a Transportation Attendant at the Seattle Convention Center, supervising delivery trucks, heavy equipment, and set-ups for events there.

After graduating from PLU, Ann had been involved in sales, marketing, and the travel industry. When Scotty retired and went to work part-time, she also retired, and ended up working seasonally for Holland America Cruise Line and Shore Services at the Seattle Port for sixteen seasons.

Coming to Sequim: After living in the same house in West Seattle for 49 years, Ann, Scotty, and his sister Penny made the big move to Sequim! Why Sequim?

In 2010, Scotty, a dedicated Shriner and Mason, was President of the West Seattle Shrine Club. Part of this position was to make visits to all the clubs in the area. At that time, he was impressed with Sequim. After coming here a couple of times every year to visit with the Shriners, when talks of “Where should we retire?” came up . . . so did “Sequim!” It is a small town, relatively flat, roaming elk and deer, good weather, with a retiree population . . . and it has both Shriners and a Masonic Lodge!

Continued on p.13

Continued from p. 12

(A bonus: two dairy farms in the area to visit and reminisce!) In May of 2021, Ann, Scotty, and Penny became Sequim residents in their “perfect home” in Solana.

Scotty is on the Temple Board of the Masonic Lodge, Past Master, Past District Deputy, and Past President of the Olympic Peninsula Shrine Club. As most of you are aware, the main focus of Shriners is its 22 children’s hospitals, which provide medical treatment to children at no cost to their parents. As he says of the Masons, they “take a good man and make him better.”

Love of Travel: Ann and Scotty have traveled to almost all fifty states. They love to cruise, having taken ships to Mexico, Hawaii, New Zealand, Australia, Alaska, Europe, and the Caribbean.

An upcoming cruise is particularly exciting! On July 18th, they embark on a 35-day cruise from Boston to Greenland and Iceland, to Rotterdam, and return. They will be in Iceland to experience the total solar eclipse on August 12th! (I’m jealous!)

Closer to home, Scotty is looking forward to attending his 65th high school class reunion in Lena, where he will also be visiting his brother and other relatives still in the area. Can you believe that, of 48 in his graduating class, 32 are still living? (Those farm-raised boys and girls are strong!)



Penny, Scotty, Ann departing.

Shipley Center: Shortly after moving here, hearing that Shipley Center was “a good place to be,” they joined. Scotty co-leads the Tuesday morning Tai Chi classes. Ann and Penney participate in classes, and they all enjoy attending the special events and luncheons here at the Center.

Scotty is enthusiastic about serving as a Director on the Board, learning from and working with the members, volunteers, and employees. “It is a fun place to be; everybody is so friendly.” And of the new Center: “Really looking forward to that; everything’s going to be bigger, with more activities for members.”

Welcome to the Board, Scotty. We are glad you are with us on our journey.



New Years Day Classic Car Cruise-In

Car enthusiasts from all over Clallam County got together from noon until 2 pm on Thursday, January 1, 2026 at Shipley Center’s new location to ring in the New Year, meet new fellow car enthusiasts, and catch up with old friends.

To show their generosity and excitement in the construction of the new Shipley Center they donated \$258.00 towards the new building. Here, Ron Lane presents a check to Michael Smith.



STRAIT WHEELERS Square Dancing Now meeting 4:00-5:30 On Fridays

For more information
Call Janolyn at 360-670-5547



WELCOME!

Whether you are new or an “Old Timer” here, we’re so glad you have found Shipley Center.

We welcome you to join in on the fun!



1	Bonney Benson Joanie Brooks Gretha Davis Kathy Hanvey James Jaquibino Ilse Long Sabine Schwarz	9	Shirley Rudoff Nancy Schenk Jere Wilson	19	Diane Cox Fernando Fernandez Anne Judd
2	Becky Archer Debra Koich Jim Montoya Paul Nielsen Patti Reynolds	11	Roger Heroux Ruth Lavrakas Carol Rutledge Tracy Swaim	20	Francis McTaggart Eric Miller Marilyn Nelsen Caron Brown
3	Cheryl Ford Jacqueline Kangas Mel Williams	12	Signe Johnson Premdaya Mathieu Lynda Richey Paula Smith	21	Wendy Carter Teri Domingues Duane Norby Maryann Ballard
4	Lynn Gerhard Sandra Lange Jim Meusey Randall Reed Sherry Smith	13	Glen Varvil Bill Butcher Brenda Lee Brindley Debbie Crist		Robert Begin Lois Goins-Cole Sharleen Hoveskeland
5	Susan Hunt Bethany Loucks Michael Moore Eunice Paulus Debbie Traub	14	Garo Ghazarian Joanne Johnson Cathy Kissack Daniel White	22	Patricia Rothwell Jan Van Rossen Becky Skilling Kathryn Wilson
6	Judith Paeker Brenda K. Peck Anne-Marie Phillips Tom Villoni	15	Glen Bowers Robert Jones Gisela Psolka Esther Arredondo	23	Jim Neill Janice Smith
7	Nancy Carder Russell Hansen Jenny Schaefer Gordon Windle	16	Margaret Cada Shirley Keller Bonnie Moses David Otte	24	Ruth Marcus Grace Sand
8	Mai Alexander Pamela Cortes Karl Kelley Susie Knudson Steve Lee Margie Mirabella Arthur Moore Penny Reinke Gary Smith Deborah Sterk	17	Terri Painter Ron Freyer Mark Grzadzielewski Cathy Kelsay	25	Rosalie Schrag Peter Macrae
9	Earl Karich Susie Knudson Suzanne Morse	18	Karol Roberts Susan Teale Sandy Van den Berg Lou Foldoe	26	Nancy Madison Cathy Van Ruhan
		19	Pat Rafferty Judy Larimore Joseph Victor Daniel Witczak	27	William Batson Linda Christensen
		20	Chrystina Bruneau Linda Entrikin Barry Halsted	28	Dale Nichols Chris Swift
		21	Julie Lobato Bob McIntyre	29	Bob Bevins Dave Caldwell
		22	Barbara Miller		Greg Fay Rick Hill
		23			Pat Oakes
		24			Josie Carroll
		25			Don Daniels
		26			Marion Rutledge
		27			Roland Vieira
		28			Michele Webster
		29			Michael Wilkin



WORD SCRAMBLE

OOCHLETAC _____

SRCDAA _____

CDUIP _____

OFTABOLL _____

HARET _____

UGH _____

ESRO _____

OLVE _____

IWRTEN _____

CAYDN _____

NUOGOHRGD _____

TLEVINENA _____

FEBRUARY WORD FIND

T	S	E	R	A	E	D	D	I	P	U	C	E	Z	C
S	T	S	S	S	E	B	E	O	M	U	W	V	H	D
T	R	R	S	N	N	N	E	B	S	O	K	O	J	N
F	A	E	E	I	G	M	E	M	R	N	C	L	B	E
I	E	W	C	T	A	S	W	R	I	O	R	H	O	I
G	H	O	N	N	P	A	A	P	L	N	O	R	Y	R
I	H	L	A	E	M	F	L	A	H	N	E	V	F	F
L	U	F	M	L	A	F	T	B	G	D	D	X	R	L
O	G	V	O	A	H	E	C	U	B	Y	A	W	I	R
V	O	G	R	V	C	C	U	R	E	N	R	E	E	I
E	T	R	A	E	H	T	E	E	W	S	L	R	N	G
Y	E	R	R	I	O	I	D	H	F	W	I	O	D	E
O	A	N	I	R	T	O	P	C	K	K	N	D	N	D
U	R	O	S	E	S	N	K	I	S	S	G	A	Q	A
E	C	A	N	D	Y	D	E	V	O	L	E	B	E	R

ROSE	CHOCOLATE	CARDS	CUPID	WINTER	FOOTBALL	HEART	HUG	VALENTINE	GROUNDHOG	

ADORE	CANDY	DARLING	KISS	ROMANCE
AFFECTION	CHAMPAGNE	FLOWERS	LOVE	ROSES
ARROW	CHERUB	GIRLFRIEND	PINK	SWEETHEART
BELOVED	CHOCOLATE	HEARTS	POEM	
BOYFRIEND	CUPID	HUG	RED	



For the past 27 years I've received a Valentines card from the same secret admirer. So I was pretty upset when I didn't get one this year. First my Granny dies, and now this!



I'd like to send a valentine to that attractive person in my therapy group, but I have an inferiority complex—and it's not even a very good one.



FIND THE HIDDEN OBJECT

There is a small picture of President Lincoln somewhere in the newsletter. Send your name, phone number and the page number where you found the item to programs@shipleycenter.org.

You will be entered to win \$4 in activity bucks or Leo's Café bucks.

Please enter by February 14!



On Valentine's Day, I told my partner I'd give her the moon and the stars. She asked if she could just have my Netflix password instead.



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Tax ID number 91-1355592,
921 E Hammond St, Sequim, WA 98382,
(insert: dollar amount, percentage of
estate, description of real estate or
other property, nature of gift, or
remainder of my estate)."**

**Contact: Executive Director,
Michael Smith,
to discuss legacy giving, and how you
can use beneficiary designations on
various types of accounts without
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PERSONAL SAFETY/SELF DEFENSE

Is Coming back to Shipley Center when we find an instructor.

Please call the office if you are interested in leading or participating in this group.



We will call you when we are ready to start.

360-683-6806



\$\$**Shipley Investing Class**\$\$

The Investing Class meets twice a month on the 2nd and 4th Wednesdays at 10 am in the Art Room. Come join us to learn about economic and financial news, and long term diversified investment strategies suitable for your age, risk tolerance, and investment objectives. If you have questions, call Rich Snow at 360-710-6899.

Thank you for supporting Shipley Center.

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You can join them in making a real difference in an affordable way!

How much? Some donors decide to give \$30 per month, or a dollar a day.

Gifts range from \$10 to \$250 per month.

Please let us know what amount works for you.

How do I join?

To join the "MGM Club" just call or visit with Executive Director Michael Smith or get an MGM Cub enrollment card at the front desk.

Your faithful support is truly appreciated.



Shipley Singles

Where Acquaintances Become Friends!

Singles Breakfast Gatherings are on the 2nd and 4th Tuesdays of each month. Call **Bobbie Dahm** at 360-477-0019 for information and to sign up for either Tuesday. **On the second Tuesday, we meet at a chosen restaurant. On the fourth Tuesday, we meet at Leo's Café at 9:00.**

Singles Lunch Gatherings are on the 3rd Wednesday of each month. Call **Robert Drews** at 360-670-9008 to sign up.

OUR MISSION

The mission of Shipley Center is to enrich the lives of adults through social, health and fitness activities, trips, educational classes, low-income housing opportunities, and referrals to community resources.

SHIPLEY CENTER HOURS

Monday-Friday 9:00am - 4:00pm

STAFF

<i>Michael M. Smith</i>	<i>Executive Director</i>
<i>Theresa Fox</i>	<i>Office Manager</i>
<i>Deb Hudson</i>	<i>Member Services Director</i>
<i>Reba Renner</i>	<i>Program Director</i>
<i>Debbie Patterson</i>	<i>Trips Coordinator</i>
<i>Beth Hempel</i>	<i>Member Services</i>
<i>Kathryn Kitts</i>	<i>Chef</i>
<i>Gayle Urban</i>	<i>Bookkeeper</i>
<i>Duane Cobb</i>	<i>Maintenance</i>

OFFICE VOLUNTEERS

Elaine Churchill
Marcia Cowan
Cindy Crossman
Sandie Kiehl
Nancy Madison
Brenda Peck
Linda Rees
Becky Skilling
Linda Strohm
Jan Trierweiler

CAFÉ VOLUNTEERS

<i>Synnove Byberg</i>	<i>Susan Hunt</i>
<i>Elaine Churchill</i>	<i>Renee Millar</i>
<i>Cindy Crossman</i>	<i>Linda Plenert</i>
<i>Susan Geritz</i>	<i>Steve Romberg</i>
<i>Cindy Grey</i>	<i>Karen Rose</i>
<i>Karen Hanson</i>	<i>Colleen Weston</i>

Bus Maintenance: Lou Foldoe, Daniel White
Bus Drivers: Raul Alexander, Janelle Kelly, Linda Marshett, Eric Mullen, John Sebastian, and Debra Smellie
Computers: Ray Bentsen, Joe Mirabella and Pat Urso

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<i>Mary Ellen Reed</i>	<i>Scott Wells</i>

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Classifieds

INSIDE/OUTSIDE/COVERED**RV/BOAT STORAGE RENTAL SPACE**

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Retired woman seeking Housesitting Opportunities in Sequim between January-March 2026. Terms negotiable. References available. Please contact her at housesitter.leigh@yahoo.com or 310-634-7222

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We need cards: birthday, thank-you, and sympathy!

Please donate in the Front Office. Postage stamps of any denomination are also welcome. Thank you!

PLEASE NOTE:**TECH SUPPORT AT SHIPLEY CENTER IS FOR MEMBERS ONLY.**

Non-members would need to join in order to take advantage of this service. Thank you for your understanding.



Front Desk: (360) 683-6806
Programs@shipleycenter.org
Office Hours: M-F, 9 am to 4 pm

Travel Desk: (360) 683-5883
Trips@shipleycenter.org
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The Center News Sneak Peek...

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Inclement Weather Policy: p.1
Save the Date: High Tea p.1
Leo's Café News: New Menu p.3
Michael's Message: Spinning Along & Happy p.5

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Spotlight on: Scott Wells pp.12-13

Puzzles and Fun: p.15

Trips and Tours: See Green Insert!

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Shipley Center Trips

360-683-5883

Trips hours: 9-1 Monday – Friday trips@shipleycenter.org

M=Member, NM=Nonmember

February - March 2026

Hello February! We are beginning to glimpse Winter's departure and a hint of Spring. On February 2, when the groundhog, Punxsutawney Phil, shows himself, we will know if Spring is coming soon. There are some unique days in February, not just Valentine's Day and Super Bowl Sunday. February 1st is my personal favorite, Spunky Old Broads Day, celebrating feisty older women who aren't afraid to speak their minds and live life fully! The 9th is National Pizza Day (make mine with extra cheese, please!). And we can't forget Presidents' Day, February 16th.

I always think of this month as the stepping stone to spring, when all my planted bulbs decide to pop their heads up to see the world! In the coming months, we will be planning trips to gardens and nurseries, so watch your monthly Green Sheets for all the info.

Wolf Haven Sanctuary, Sunday, February 1 – Wolf Haven is an internationally recognized wolf sanctuary located in Tenino WA. They have rescued and provided a lifetime home for over 300 displaced, captive-born animals since 1982. Many of these wolves and wolfdogs come from private ownership, zoos, and roadside attractions, and have been taken in and given shelter and care by the staff at the sanctuary. This guided tour involves some walking through the sanctuary; it also includes a video at the Visitor Center. We will be stopping at a nearby restaurant for lunch on your own after the tour. Linda will be your driver.

Departs 8:00am to approx. 5:00pm

\$68/M\$73/NM

PLEASE SIGN UP AND PAY PROMPTLY

Bloedel Reserve, Bainbridge Island, Saturday, February 7 – Quiet, peaceful, lush, and green. Enjoy this beautiful reserve in winter. Wonderful opportunities to spot birds and wildlife. There's a wonderful gift shop, too! We will stop in Poulsbo for lunch on your own and maybe another 30 minutes of shopping (There are a few bakeries there!).

Please note: Payment will be due upon sign-up.

Departs 9:00am to approx. 5:00pm

\$48/M\$53/NM

Clearwater Casino, Tuesday February 17th – All aboard the Shipley Fun Bus with Debra for a day of gaming, lunch and enjoying being with friends! We are keeping with winter hours, leaving at 2:30 in order to get back before dark. We must have at least 12 travelers to make this happen, so call your friends and family!

Departs 9:00am to 3:30pm

\$15 per person

Northwest Flower and Garden Festival, February 21 – Don't miss this annual exhibition of horticulture and everything related to gardening, held in Seattle. It is the largest garden show west of Philadelphia, and is considered the second largest garden show in the country. At the Seattle Convention Center, the show features lush, fully built display gardens, as well as a garden marketplace exclusively for plants, gardening supplies, and more! You might even catch one of their educational and entertaining seminars. Linda will be our driver this year

Departs 7:00 to approx. 5:00

\$89/M\$94/NM

CONTINUED ON PAGE 22

CONTINUED FROM PAGE 21

JFFA presents Sam Chase at the Port Angeles Field Arts and Events Hall, Saturday, March

14 Over 1200 glowing candles set the scene for an evening of music, stories, and entertainment. San Francisco folk rock artist, Sam Chase, guitarist and singer, creates a sound that feels both familiar and deeply personal in this candlelight affair. The show is from 7:00 to 9:00, but we will stop for an early dinner at *Joshua's* (on your own) prior to the event.

Departs 4:00 pm/est ret 9:30pm**\$53/M \$58/NM**

Port Angeles Community Players, Sunday, March 22 – “*The Play that Goes Wrong*” blends the zany humor of Monty Python with the sleuthing spirit of Sherlock Holmes . . . and then turns up the chaos to full blast! This Olivier Award-winning comedy follows an eager but hapless amateur theatre company as they present their murder mystery. After the show, we will go to *Jeremiah's* for a bite to eat, on your own. **Sign up by Feb 25**

Depart 1:00 Est Return 6:30 p.m.**\$TBD**

Whitney Gardens, Brinnon, WA, in APRIL: Discover the beauty of this lovely 80-year-old garden and nursery. Please note: Payment will be due at least two weeks before the trip.

Departs 9:00am to approx. 5:00pm**\$TBD****Regional Trips being considered for 2026:**

Portland, Oregon, featuring a river cruise.

Or Long Beach WA, with full beach access.

Harrison Hot Springs, BC

Or Chemainus BC with dinner/theater “Peril in the Alps,” an Agatha Christie mystery.

Seaside, Oregon, featuring a coastal train ride.

These are ideas for regional trips this year, so I am looking for YOUR input: let me know what you like and we'll make it happen!

Thanks to all of you for your patience while I have been recuperating! Your cards and good wishes have really helped my recovery and I'm so happy to be back in the office when I can. Trips office hours will be a little different for another month, but I am always available by email or phone. If you want to sign up for a trip, please leave a message, and I will get back to you asap.

****** TRIPS NOTES ******

Please refrain from wearing perfumes, body sprays, after shave, cologne, etc. when going on the Shipley Bus for a trip. Some people are very sensitive to fragrance and we want all of our travelers to be comfortable!

Many thanks to all of you travelers for keeping your seat belts buckled and not getting up while the bus is in motion!
PLEASE PARK IN THE GRASSY AREA ACROSS FROM THE CENTER WHEN GOING ON A TRIP, UNLESS

YOU NEED TO PARK IN A HANDICAPPED PARKING SPACE. We have a lot of activities going on every day, and need to have room for people to park.

Please pay promptly when signing up for a day trip; due to the need to buy tickets earlier than usual, I will need payment asap for any of our trips. For our regional trips, a deposit will be required when you sign up.

We are still looking for CDL and passenger endorsed bus drivers – if you, or someone you know, would like to be a volunteer driver, call Debbie in trips right away! Lots of perks!!

See you on the Shipley Bus!

Debbie

“In February, nature reminds us that even in the coldest moments, beauty can still flourish.”