



THE CENTER NEWS

A Monthly Publication of Shipley Center - August 2025

Our 20th
Year!

ANNUAL BENEFIT SALE

990 E. Washington St.
Suite E104-E105
in the QFC Plaza.



MEMBERS ONLY: Thursday, August 14. 10:00-2:00. Sign-in required!
OPEN TO THE PUBLIC: Friday and Saturday, August 15 and 16, 10:00-2:00.
Then, each Friday and Saturday for several weekends.
The last weekend scheduled is for Saturday only on September 13th.

Tickets for Jewelry Shopping are given out at the door.
Only 4 people may shop the jewelry counter at a time.

We appreciate your patience and generosity!

Angela Jeziorski and Renee Millar

Thank You
Donors!

SHIPLEY CENTER

MENU

CHIPS AND DIP
FLANK STEAK ON THE GRILL
DOUBLE SMASHED POTATOES
BROCCOLI SALAD
BANANA SPLITS
SODA POP

DO YOUR RETRO!
PONY TAILS AND POODLE SKIRTS?
BELL BOTOMS AND BEADS?
BIG HAIR AND SPANDEX?

RETRO SUMMER CLASSIC BBQ

FRIDAY
AUGUST 8
2025

MUSIC!
CARS!
FOOD!



THIS BASH
KICKS OFF
AT 12:30.

FOOD AT 1:00.

MEMBERS \$20
NON-MEMBERS
\$25

TRIPS & TOURS

Debbie Patterson, Trips & Tours Coordinator

Office hours: 9 to 1 Monday-Friday



Shipley Center Trips: 360-683-5883

trips@shipleycenter.org

New! 2026 River Cruises

Mayflower Cruises & Tours: Tulip Time on Jewels of the Rhine-April 6-22
Premier World Discovery: Holland Windmills & Tulips River Cruise-April 20-29
Wonders of the Blue Danube-October 10-19

Grand American Tours Presents

Best of Greece: 10 Days and 9 Nights.
May 22-30, 2026 on the *Celebrity Infinity*.



See Green Insert for Local Trips! 360-683-5883. Office hours: 9:00-1:00 Monday-Friday.

Safe Travels, Debbie



Your Trusted Local Bank for 102 Years — Let's Talk About Your Future

For over a century, we have helped our neighbors save more, borrow smarter, and grow stronger.

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Wills Award Winner



Robin Booker

Branch Manager

Sequim Ave

NMLS# 1433280

rbookter@ourfirstfed.com



Nicole Pruden

Branch Manager

Sequim Village

NMLS# 1560819

npruden@ourfirstfed.com



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651 Garry Oak Drive Sequim, WA 98382



**We are open Monday-Friday
9am to 2pm
Dine in or take out!
(360)775-3883**

Leo's Café with Chef Kathryn Kitts
Summertime brings new menu items!
Come in and enjoy our summer fare.
'A Little Café with a Lotta' Love'

Meet Leo's Café volunteer Renee Millar!

I have been volunteering at Leo's Café since 2017. In my early years there, I mostly waited tables and occasionally cooked. Since Kathryn Kitts came in 2023, I have become a jack-of-all-trades related to Leo's. Early mornings can find me unloading and storing the groceries recently purchased at Costco or QFC. Did you know that our chef and several volunteers arrive each morning beginning at 7:00 to get ready for the day? By 7:30 we are prepping food to go out with the orders. The salads are under construction and the "line" where sandwiches are built is being stocked and organized. While Kathryn continues to bake or create soup, I may begin getting out the meals for our breakfast customers. I can step in to do the line work, or provide support in any capacity, and can be found running the dishwasher at the end of the day.

I enjoy working with the other café volunteers and staying busy helping our customers. I volunteer at Leo's 4-5 days a week and, if you don't see me there, it may be because I am off traveling with my husband, Greg.



Renee on the line.



Filling plates for the wait staff.



Making sure the plates are just right.



At the head of the
Board of Trustees

Editor's note: Renee has been volunteering at Shipley Center in many ways for over 13 years. She has been on the Board for three years, serving as president for the last two. She spends countless hours working on the annual benefit sale and the estate sales. We would have to find several volunteers to replace her should the need ever arise.

Note: Leo's Café is closed on the following dates: Fridays, August 1, 8, 15, and Monday August 18 through Monday, September 1.
Have a great summer break Chef Kathryn and volunteers!

Community Announcements



WONDERING IF YOU CAN CHANGE YOUR MEDICARE COVERAGE?

SHIBA representatives are available at Shipley Center on the first and third Tuesdays of the month, from 10:00am until noon, to discuss your specific questions.

Additional information is available in our front office.

WOW! WORKING ON WELLNESS

*****THE FORUM*****

KSQM Radio Station 91.5 FM
August 13, 2025, 2:00pm-3:00pm

“What’s On Your Plate”

Speakers: Mary & Kip Tulin

The August meeting of the Sequim Diabetes Support Group

will be held at Shipley Center in the Art Room
Wednesday, August 6, 10am-11am.

A general meeting with very helpful information, this event is open to the public and free. Any monetary contributions are given to Shipley Center for the use of the space.

Next month’s meeting is September 3.

Volunteer Hospice of Clallam County

Is hosting in-person volunteer orientations for those interested in learning about or volunteering for the organization. The first session is scheduled for Tuesday, August 5, at 11:00 a.m. in Sequim.

Registration is required.

call 360-452-1511 or email reception@vhocc.org.

Whole Food Plant-Based Support Group

Meets at 12:30pm on the 2nd Thursday of the month.

August 14: Sprouting on your countertop for fresh micro greens, beans & herbs to enhance food value without pesticides. The cost benefit is worth the investment, both in our health and pocketbook.

Pot Luck starts at 12:30pm.

Don’t know what to bring?

No worries.

Call Alanna: 360-912-2067



GRIEF AND WELLNESS SUPPORT GROUP

Led by Debbie McIntyre

TUESDAYS AT 2:00

In our Art Room



MEMBERS

We are looking for YOU!

Last month over 150 emails “bounced back” to us because they were no longer good.



Please let us know

If you have changed your address, dropped your landline, have a new cell phone number or a new email address.

Please call the office with any changes.
360-683-6806. THANK YOU!

VETERAN’S COFFEE BREAK!

Please join us Thursday,
August 21 at 10:00
in the Shipley Library.

Sponsored by Assured Hospice



The Center News is published monthly by Sequim Senior Services, dba Shipley Center

921 E. Hammond St. Sequim, WA 98382 Year 54, Issue #8

DEADLINE for submissions for each edition is the 15th of the preceding month.

Submissions may be sent to: newsletter@shipleycenter.org. All submissions are subject to editing.

For Advertising rates and info, contact programs@shipleycenter.org



MICHAEL SMITH, EXECUTIVE DIRECTOR

Back-to-Back Fun at Shipley Center

Our June 27 *Evening in Provence* fundraising dinner and auction raised over \$6000 for the kitchen in our new building! Huge thanks to Kathryn Kitts and her wonderful team of volunteers. Also, special thanks to our sponsors*, auction item donors**, and all who purchased tickets and participated in the auction and dessert fun!



Professional vocalists Alena Hemingway and Jon Butler



Thank you members for supporting this event!



Volunteers made it happen!



Greta and Doug pose in front of a café.

Our Sponsors: Best Choice Realty, New Dungeness Nursery, Meli's Gifts, and Ridgeline Homecare.

Auction item donors: Alderwood Bistro, Beverly Beighle, Carlsborg Store, David's Family Restaurant, Kathryn Kitts, Beth Glick, Le Maison Blanche, Mad Maggi Boutique, Olympic Theatre Arts, Over the Fence, Port Angeles Symphony, Ted Lund, Topsy Turvey Ceramics, Gina and Laurence Trafton and Pat Urso.

Then, July 3rd we served our annual Independence Day luncheon including burgers on the grill and our homemade pie-affle. Whether they came for the burgers, the strawberry shortcake, or fun with friends, folks went home happy.



Thank you event photographers!

Eli Hirata for a snapshot of our guests and a pie-affle winner, Larry Powell.

Ruth Messing for the photos of Michael sporting his patriotic socks and her own smiling face as a door prize winner.

Sheila Martin for capturing the smile on Glenn Patterson as he was served strawberry shortcake

CHAIR DANCE

WEDNESDAYS AT 10:45
IN OUR FRONT ROOM

Led by Don and Donna Delaree, this class is designed for those with mobility issues, including foot, knee, hip, and back problems that keep many of us moving less.

Donna is a former bodybuilder, powerlifter, and personal trainer. Like many, she now has age and health issues so has designed this activity for anyone, even someone in a wheelchair! So, come in, sit down, listen to the oldies, and move what you can. Music is great for the soul and socializing is great for the heart and mind.

Chair Qi Gong

(For Balance, Flexibility & Mindful Focus)

This gently guided Qi Gong group will focus its attention more to those with limited mobility, balance, and concentration challenges.



FRIDAYS AT 9:30 IN OUR FRONT ROOM

Thriving in the Body You've Got!

1st and 3rd Thursdays at 9:30 in our Front Room

This is a new Shipley Center Support Group for persons who have physical challenges such as tremors, neuropathy and other mobility and functioning issues. These problems often do not have a serious diagnosis with the resulting support systems and treatment. They can, however, cause major disruptions in one's self-confidence and ability to handle their activities of daily living.

Martha Moyer, LICSW (ret) is the group's leader. Martha is a former Patient Services Director for the LA Chapter of the ALS Association. She also was the Senior Family Consultant for the LA Resource Center, a support program for family caregivers for loved ones with brain challenges such as ALS, Parkinson's, MS, brain trauma, tumors, and other issues.

If you would like to know more about this opportunity, please call the office and ask to speak to Reba Renner.

OUR NEW MEMBERS!

We are so happy you've joined us!

Charles Brown	Kathryn LaMar
Tom Brunton	Kathleen Letke
Glenn Bullok	Scott McClelland
Synnové Byberg	Rev. Lynn Osborne
Harry Carlson	Christy Stockman
Mary Carlson	Shirley Tjemsland
Mary Clarey	DeDe Trandahl
Paula Dee	Patricia Wheatley
Ken Emigh	Timothy Wheeler
Sue Erzen	Bill White
Larry Haws	Dorothy White
Jada Jack	Gail Windle
Richard Kaye	Gordon Windle
Karen Kempton	Elizabeth Wolf-Troberg
Susie Knudson	
Diana Kohler	



Laurine
Cooper-McGrew
Barbara Davidson
Joel Hanson
Martin Hoffman

William Manzer
Geno Menia
Carol Novis
Dottie Tiley
Dianne Walsh

Healthy U Healthy Aging

We bid a sweet farewell and many thanks to Shannon Slattery for her contributions over the last 18 months to the health and well-being of Shipley Center seniors. Safe and delightful travels to you, Shannon!



Thank You TO OUR DONORS

Members Giving Monthly (MGM) Club!

GENERAL FUND

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Patricia Touchie
Catherine Venator
Kathy Wagoner

Special Gifts

Amber Leary for the new Leo's Café kitchen.
Maryann Ballard in appreciation of Joe Mirabella for
IT help.

HELPING US BUILD

Robert & Nancy Baer
Naomi Foley
Anna Gregory
Scott & Lauralee
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Amber Leary
Gene & Maura
Mattson

Patt McCleary
Renee Millar
Jill Palmquist
Betsy Racoosin
Kirsten Ruhl
Linda Strohm
Scott & Ann Wells
Sally Wheatley

LEGACY GIVING

IT'S MORE THAN AN ACT OF GENEROSITY
IT IS AN IMPORTANT INVESTMENT IN THE FUTURE
OF OUR CENTER. TO BE PART OF THIS FINE
TRADITION, ASK YOUR ATTORNEY TO ADD THIS, OR
OTHER SUITABLE LANGUAGE, TO YOUR WILL:

"I give, devise, and bequeath to Sequim
Senior Services, Tax ID number 91-1355592,
921 E Hammond St, Sequim, WA 98382,
(insert: dollar amount, percentage of estate,
description of real estate or other property,
nature of gift, or remainder of my estate)."

Contact: Executive Director, Michael Smith,
to discuss legacy giving and how you can use
beneficiary designations on various types of
accounts without changing your will.

"IL Carosello Italiano"

An Interactive and engaging class on daily conversations while speaking Italian.

Thursdays 2:30-4:00 in the Art room.

No Italiano August 21-October 16. Resuming 10/23.



Spanish Class meets
Thursdays 9:30-11:00
in the Art Room.

**Interested in Readers Theatre?**

Join Ted Brown for
table reads (no memorizing)
of plays, old and new.

Reading stories, poems, and other
writing from participants adds to the fun!
Mondays at 12:00 in the Front Room.

We are on summer hiatus until September 15th.

Would you like to play POKER?

Please call the office at
360-683-6806, if you are
interested in joining
this activity!

Fridays at 11:30
in the Classroom.

**Mahjong**

New to Mahjong?

Call Diane Whitaker to arrange for
lessons: 360-775-6150

Ready to play Mahjong? Join in
every Wednesday from 1:00-4:00
in the Classroom.

**EUCHRE**

Every Thursday
10:00-12:00 in the Classroom
Just show up for
fun and laughter!

Cribbage

Led by David Squier

Tuesdays 11:30 to 1:30
In the Front Room

**Bridge**

Wednesdays 12:00-3:30
In our Front Room
Call Earl Karich: 360-582-7917

2nd & 4th Saturdays
6:30-9:00
Call Diana Smith: 360-775-5126

S₁ C₃ R₁ A₁ B₃ B₃ L₁ E₁

Join us every Thursday in the Classroom at 1:00!

PINOCHLE

Led by Lynda Moynihan

Tuesdays at 1:00 in the Classroom



Games start

at 12:15 on Thursdays.

Come early to purchase your cards.

Members \$1/ Non-members \$2.

Bingo Cards are just 50 cents each.

15 games, and we also have a Potluck.

BIG Money on the last Blackout.

Play Responsibly!

MEXICAN TRAIN

Mondays at 10:00 in the Classroom

Please call to express your interest!

360-683-6806



**Hand
and
Foot**

HAND AND FOOT

Fridays

9:00-11:00
in the Classroom

**Computer Clinic on Mondays, 1 to 3pm. FREE FOR SHIPLEY CENTER MEMBERS!**

Help with computers, tablets, smartphones and general technology questions. **PC and Mac.**
Donations made in the office to Shipley Center in appreciation for computer help are welcomed.

“Exercise is Fun!” with Barb Paschal **Education, Aerobics, & Stretching to Music!**

Tuesdays 11:30-12:30

15 minutes of health education on a variety of topics

30 minutes of easy and effective aerobics

15 minutes of quiet stretching exercises

Wear comfortable shoes and bring a yoga mat!



Adult Tap II

Thursdays 10:30-12:00

In the Dance Hall

Members \$3, Non-members \$6

Flat-heeled tap shoes or
hard-soled shoes are
recommended.

Questions: Contact Sandi Lazzaro: 360-809-3390

Line Dancing on Fridays!

10:30 to 12:15—High Beginners

12:30 to 2:00—Beginners

2:15 to 3:30—Basic Beginners



Come join Beth Glick for

ZUMBA GOLD

Monday & Wednesday at 10:00
Friday at 11:00



Have YOU tried YOGA?

EZ Yoga

Wednesdays and Fridays at 1:30

\$3 Members \$6 Non-members



Ping Pong

Tuesdays 1:00-2:00

Wednesdays 3:30-5:00

Thursdays 3:30-5:00

Ukelele Play and Sing
Mondays from 1:00-3:00
In our Main Room



Fiber Arts

Tuesdays in our Front Room at 9:30

Fridays in the Art Room at 9:30

SENIOR SINGERS

Senior Singers bring cheer to a different long-term care home every Friday afternoon. The faces “light up” and the people sing along to favorites of bygone eras at Avamere,

Sequim Health & Rehabilitation, and memory care communities, Dungeness Courte and The Cottages.

YOU are invited to join them.
Call Jan Maxwell to find out more & meet the group at their next “gig!”
406-200-4304



Hula

Tuesdays 2:00 - 3:30

In the Dance Hall

Members \$3, Non-members \$6

Please call Sandi Lazzaro for info
360-809-3390



The gentle art of TAI JI

led by

Steve Arstad and Richard Chabot

10:00 on Tuesdays in the Main Room



Easy Stretching with Keoki

This is a full-body stretch followed by guided relaxation.

This floor activity requires a yoga mat.
A blanket is also recommended.

Mondays at 2:30 in the Front Room.



Book Sharing! Led by Barb Paschal

Come with the name and author of a good book you would recommend to others ... and in a few sentences share why you found it to be a “good read.”

Come listen to others in the group share their ideas about what books they have been reading and meet new friends along the way!

This group meets the **first Thursday of the month.**

1:00 to 2:00 in the Art Room.



BASIC MEDITATION CLASS via ZOOM!

A basic guided meditation class led by Jean Kipper.

No meeting on August 1st. Please join in on August 8th.

This class is sponsored by *Dungeness Courte Memory Care*, so no class fee is required.

For more information call 360-683-6806



Dungeness Courte
MEMORY CARE

AUGUST 2025-WEEKLY ACTIVITIES

MON	TUE	WED	THUR	FRI
 <p style="text-align: center;">SHIPLEY CENTER HOLIDAY BAZAAR 2025.</p> <p style="text-align: center;">Crafters, please watch your email for a message regarding sign-up.</p> <p style="text-align: center;">Or you may email Reba at assistant@shipleycenter.org to express your interest.</p> <p style="text-align: center;">Bazaar dates are November 7-8.</p>				1 LEO'S IS CLOSED 9:00-Balance Class 9:00-Hand and Foot 9:30-Chair Qi Gong 9:30-Fiber Arts 9:30- NO Meditation (Zoom) 10:30-Line Dance (High-Beginner) 11:00-Zumba Gold 11:30-Poker 12:30-Line Dance (Beginner) 1:30-EZ Yoga 2:15-Line Dance (Basic Beginner)
4 9:00-Balance Class 9:00-Water Media Drop-in 10:00-Mexican Train 10:00-Zumba Gold 12:00- NO Readers Theatre 1:00-Ukulele 1:00-Computer Clinic 2:30-Easy Stretch	5 9:30-Fiber Arts 10:00-Meet and Paint 10:00-SHIBA 10:00-Tai Ji 11:30-Cribbage 11:30-Exercise is Fun 1:00-N.O.W. 1:00-Ping Pong 1:00-Pinochle 2:00-Grief and Wellness Group 2:00-Hula	6 9:00-Balance Class 10:00-Diabetes Support Group 10:00-Zumba Gold 10:45-Chair Dance 12:00-Bridge 1:00-Mahjong 1:30-EZ Yoga 3:30-Ping Pong	7 9:30-Spanish Class 9:30-Thriving in the Body You've Got 10:00-Euchre 10:30-Tap 12:15-Bingo 1:00-Book Share 1:00-Scrabble 2:30-IL Carosello Italiano 3:30- NO Ping Pong	8 LEO'S IS CLOSED FOR OUR RETRO SUMMER CLASSIC! 9:00- NO Balance Class 9:00-Hand and Foot 9:30-Chair Qi Gong 9:30-Fiber Arts 9:30-Meditation 10:30- NO Line Dance (High-Beginner) 11:00-Zumba Gold 11:30-Poker 12:30- NO Line Dance (Beginner) 1:30-EZ Yoga 2:15- NO Line Dance (Basic Beginner)
11 9:00-Balance Class 9:00-Water Media Drop-in 10:00-Mexican Train 10:00-Zumba Gold 12:00- NO Readers Theatre 1:00-Ukulele 1:00-Computer Clinic 2:30-Easy Stretch	12 9:30-Fiber Arts 10:00-Meet and Paint 10:00-Tai Ji 11:30-Cribbage 11:30-Exercise is Fun 1:00-N.O.W. 1:00-Ping Pong 1:00-Pinochle 2:00-Grief and Wellness Group 2:00-Hula	13 9:00-Balance Class 10:00-Investment 10:00-Zumba Gold 10:45-Chair Dance 12:00-Bridge 1:00-Mahjong 1:30-EZ Yoga 3:30-Ping Pong	14 MEMBERS DAY AT OUR BENEFIT SALE! 9:30- NO Sewing 9:30-Spanish Class 10:00-Euchre 10:00- NO Hooked on Fishing 10:30-Tap 12:15-Bingo 12:30-Whole Foods Plant Based Group 1:00-Scrabble 2:30-IL Carosello Italiano 3:30-Ping Pong	15 LEO'S begins a Two-week Summer Break 9:00-Balance Class 9:00-Hand and Foot 9:30-Chair Qi Gong 9:30-Fiber Arts 9:30-Meditation 10:30-Line Dance (High-Beginner) 11:00-Zumba Gold 11:30-Poker 12:30-Line Dance (Beginner) 1:30-EZ Yoga 2:15-Line Dance (Basic Beginner)

August 2025-WEEKLY ACTIVITIES

LEO'S CAFÉ IS CLOSED FRIDAY AUGUST 18 THROUGH MONDAY, SEPTEMBER 1.

WE LOOK FORWARD TO SEEING YOU AFTER LABOR DAY!

MON	TUE	WED	THUR	FRI
18 9:00-Balance Class 9:00-Water Media Drop-in 10:00-Mexican Train 10:00-Zumba Gold 12:00-NO Readers Theatre 1:00-Ukulele 1:00-Computer Clinic 2:30-Easy Stretch	19 9:30-Fiber Arts 10:00-Meet and Paint 10:00-SHIBA 10:00-Tai Ji 11:30-Cribbage 11:30-Exercise is Fun 1:00-N.O.W. 1:00-Ping Pong 1:00-Pinochle 2:00-Grief and Wellness Group 2:00-Hula	20 9:00-Balance Class 10:00-Zumba Gold 10:45-Chair Dance 12:00-Bridge 1:00-Mahjong 1:30-EZ Yoga 3:30-Ping Pong	21 9:30-NO Sewing 9:30-Spanish Class 9:30-Thriving in the Body You've Got 10:00-Euchre 10:00-VET's Coffee 10:30-Tap 12:15-Bingo 1:00-Scrabble 2:30-NO IL Carosello Italiano 3:30-Ping Pong	22 9:00-Balance Class 9:00-Hand and Foot 9:30-Chair Qi Gong 9:30-Fiber Arts 9:30-Meditation 10:30-Line Dance (High-Beginner) 11:00-Zumba Gold 11:30-Poker 12:30-Line Dance (Beginner) 1:30-EZ Yoga 2:15-Line Dance (Basic Beginner)
25 9:00-Balance Class 9:00-Water Media Drop-in 10:00-Mexican Train 10:00-Zumba Gold 12:00-NO Readers Theatre 1:00-Ukulele 1:00-Computer Clinic 2:30-Easy Stretch	26 9:00-Singles Breakfast at Leo's 9:30-Fiber Arts 10:00-Meet and Paint 10:00-Tai Ji 11:30-Cribbage 11:30-Exercise is Fun 1:00-N.O.W. 1:00-Ping Pong 1:00-Pinochle 2:00-Grief and Wellness Group	27 9:00-Balance Class 10:00-Investment 10:00-Zumba Gold 10:45-Chair Dance 12:00-Bridge 1:00-Mahjong 1:30-EZ Yoga 3:30-Ping Pong	28 9:30-Spanish Class 10:00-Euchre 10:30-Tap 12:15-Bingo 1:00-Scrabble 2:30-NO IL Carosello Italiano 3:30-Ping Pong	29 9:00-Balance Class 9:00-Hand and Foot 9:30-Chair Qi Gong 9:30-Fiber Arts 9:30-Meditation 10:30-NO Line Dance (High-Beginner) 11:00-Zumba Gold 11:30-Poker 12:30-NO Line Dance (Beginner) 1:30-EZ Yoga 2:15-NO Line Dance (Basic Beginner)
<div><div></div><div>COME PAINT WITH US!</div></div> <div><div>MONDAYS 9:00-12:00 Water Media Drop-in In the Art Room</div><div>TUESDAYS 10:00-12:00 Meet and Paint In the Art Room</div><div>TUESDAYS 1:00-4:00 North Olympic Watercolorists In the Front Room</div></div>				
SUNDAYS PING PONG 1:30-3:00 STRAIT WHEELERS Square Dancing 4:30-6:30	Strait Wheelers begin their annual square dance lessons Sunday, September 7. For more information please pick up a flyer in the foyer, or call Janolyn at 360-670-5547.			SATURDAYS BRIDGE 2ND and 4TH Saturdays 6:30-9:00



Spotlight on . . . Duane Cobb

By Margaret Cox

As I was down to the newsletter deadline with no “Spotlight” to submit, I looked back over the many articles I had written about interesting Shipley members and employees, and found one about Duane Cobb from June, 2015. Aha! Here’s a guy we should all be aware of, and an update would be of interest to our readers.

Although on our employee roster as *Maintenance* for ten years now, since Shipley Center started renovating the JCPenney building, Duane has been much more than that. He has been instrumental in leading a crew of volunteers and subcontractors in the demolition work in the interior, saving our Center tens of thousands of dollars!



Who is Duane Cobb, and why is he so involved with Shipley Center?

Recap from 2015:

Duane is a true native of Sequim . . . born and raised in Sequim, graduated from Sequim High School, and has lived here ever since!

When he was five, his Dad died suddenly in a car crash, leaving behind a wife and five children. Later, his Mom met Don Schmith, a rancher with four children of his own. After they married, Duane’s Mom and her family joined Don on Palo Alto on his 40-acre farm. There, they had horses and raised cows, ducks, pigs, rabbits, and goats. His mom made sure they all learned to cook and clean; his step-dad taught them farm skills. They made sure the nine kids were always busy, from early morning hand-milking cows, churning their butter, caring for the livestock, and showing their animals in 4-H events.

Over the years, Duane has seen the farms and hay fields as they gave way to housing developments. He fondly recalls pitching hay at the buffalo farm on Evans Road where, at the age of 17, he built the barn. (You have to look hard for it, but it’s still there!) At age 18, he started his own pressure-cleaning business.

He met his wife, Lenée, while working at the Chevron station in town. A Tacoma gal, Lenée was just passing through . . . and then passed through, again . . . and that was that! They raised two sons and a daughter, and fostered seven kids over the years in Sequim. They have four grandchildren. For twelve years, he was a contractor. For a time, he worked at a Port Townsend boatyard where he did almost everything—cutting, painting, welding, and even making chrome!

Duane loves coming to *Shipley Center*, happy to have the opportunity to put his building skills to use. He’s a man who takes pride in doing a good job, making the Center look in top shape for its members. Some projects included cleaning the gutters, painting the building, and putting in a walkway by the stairs (no more gravel underfoot!).

Duane enjoys hunting, hiking, camping, and river fishing. Now that the kids are out of the house, he hopes to get back to those activities more often. He and Lenée would like someday to travel around the US, visiting some of our nation’s National Parks.

Update to 2025

In chatting with Duane for this update, I found out that next month marks his **eleventh** year working for Shipley Center! I also found out that he has been instrumental in keeping Baywood Village (Shipley’s 55+ mobile home park bequeathed by Leo Shipley to us) in such good shape over the years. He now does the mowing and weed-whacking for the complex, as well as whatever other jobs need to be done. He states confidently, “Baywood has never looked better!”

What would Shipley Center have done without Duane Cobb? During the eleven years, he has been instrumental in keeping the Center attractive and safe. He has done massive repair

Continued on p.13

Continued from p.12

work on walls, stairs, and gutters. During the winter, it is Duane who is up early in the morning putting de-icer down around the Center's entrances so people do not slip. It was Duane who assembled the lovely patio area furniture in front of the building. Anyone for an outdoor lunch from Leo's Café?

But it is what is taking up much of Duane's time now that is of note: his work on what will be the NEW Shipley Center. The interior demolition at the former JCPenney building is about 95% done. The parking lot is in great shape. It is kept weeded, and homeless campers have moved on. It is being rented out to businesses (like RV sales) and offered to non-profits (like the SHS Choir Booster) for their fundraisers.

Duane is grateful to have a major role in the new center, something that has been needed for several years now. He leads a team of volunteers and works well with the subcontractors, assisting as he can. He says, "Having an experienced leader in Michael, and the knowledge and experience of the volunteers, helps the project run smoothly."

Even after some eleven- and twelve-hour days, Duane says he "doesn't mind putting in the effort to make sure the community has an awesome building. The goal is to try to get it done as soon as possible so people can enjoy their new facility."

Ever the question: **When** will it be finished? Duane says, "When you've got a project of this size, it's dependent on so many factors: City permitting, sub-scheduling, and City inspections." Shipley has hired an Architect and a Mechanical Engineer to help expedite the permitting process. They will try to ensure that there is nothing to cause the City to delay the issuing of the building permit. After permitting, new walls will be built, plumbing and electrical system put in, sheetrock, ceiling grids installed, and so much more!. Duane guestimates probably another 18-24 months. It's a long wait, but in the end, it will be well worth it to have the best center for Sequim's seniors for many years into the future.

Thank you, Duane, for all your work over the years with Shipley Center, not only keeping our old building and Baywood Village in tip-top shape, but now putting so much effort into making our new Shipley Center of tomorrow a reality! Know that you are greatly appreciated.



Duane with Dave and Dominic

Thank you Benefit Sale Volunteers!

Ray Bentsen	Shirley Ledbetter	Jean Wolfe
Brian Davis	Richard Mansell	Rebecca Zander
Cheryl Hamilton	Greg Millar	And our 4-H sisters:
Karen Hanson	Renee Millar	Annabelle Miller
Angel Jeziorski	Daniel White	Maggie Miller

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Shipley Singles Where Acquaintances Become Friends

Singles Breakfast Gatherings are on the 2nd and 4th Tuesdays of each month.
Call Bobbie Dahm at 360-477-0019 for information and to sign up for either Tuesday. On the second Tuesday we meet at a chosen restaurant. On the fourth Tuesday we meet at Leo's Café at 9:00.

Singles Lunch Gatherings are on the 3rd Wednesday of each month. Call Robert Drews at 360-670-9008 to sign up.

\$\$\$Shipley Investor Group\$\$\$

"The Investment Group meets twice a month on the 2nd and 4th Wednesday at 10 am in the Art Room. Come join us to learn about economic and financial news, and long term diversified investment strategies suitable for your age, risk tolerance, and investment objectives. If you have questions, call Rich Snow at 360-710-6899".

Thank you for supporting Shipley Center.



1	Alice Crapo	7	Dawn Wolff	17	Tim Barber	25	Mary Jane Hughes
	Zelta Fox	8	Glennidia		Helen Elliott-Stratton		David Milosevich
	Ivy Sacks		Bridenbaugh		Cheryl Hamilton		Jan Reichl
	Mary Slater		Beverly Cone		Dorrit Jensen		Leslie Ringuette
	Christine Wrobel		John Erskine		Jean Lortz	26	Gerard Cookson
2	Danny Fuller		Sandy Hosmer		Louise R Potter		Michael Coles
	Bill Graybill		Sheldon Mcguire		Miriam Spreine		Sebert (Don) Jenkins
	Robert Hagan		Ann Moore		Nancy Webb		Denise Kane
	Paula Jellinghaus		James Parker	18	Duane Chamlee		Virginia Macher
	Mary Jensen		Becki Roberts		Pamela Hicks		Patty Mowrey
	Jacqueline Middaugh	9	Carole Crose		Helen Motokane	27	Felix Arena
	Morgan Stephenson		Patricia Snyder		David Otis		Gloria Diloreto
	Suzi Ure		Marcelle Witko		Alan West		Brent Lawson
3	Marcus Bonn	10	Dana Cowan	19	Charla Anderson		Debra Smellie
	Michael Crone		Gail Manfredi		Philip Aurdal	28	Karen Boorman
	Jim Garrett		Gary Roberts		Roger Briggs		Ken Cox
	Atha Gillanders		Roger West		William Haag		Em Hutchins
	Elizabeth Horvath		Ruth Weston		Jean Marzan		Ernie Kozun
	Tom Lamure	11	Linda Carrick		Pamela June Rademacher		Cheryl Parsons
4	Mary Bell		Pamela Carter		Tom Lundbom		Steve Resende
	Annie Bowlby		Eva Costa	20	Renate Melvey		Sherri Smith
	Rose Buteau		Tony Guerrero		Richard Michels	29	Antoinette Teglovic
	Helen Hoveskeland		Harriet Hopgood		Tammy White		Sandra Boren
	George Karlsen		Therese Peifer		Lucinda Soha		Susan Chamberlain
	Walter Livingston		Ed St Charles	21	David LeRoux		Doug Crabb
	Bill Newblom		Walter Stetter		Steve Soha		Barney Hall
	Christopher Smith	12	Albert Fisk		Jane Stewart		Catherine Hamborg
	Barb Stauffer		Cindy Meek		Kathleen Counihan		Barbe McClung
	Coral Wheeler		Cathy Nave	22	Cyd Krietich		Margaret A Norcott
5	John Goodwin	13	Mary Allen Clark		Hazel Lowe		Sidney Rohlman
	Cynthia Green		Ted Kueper		Barbara Maier		Sandy Simmons
	Clyde Lawhon		Juanita Mulvey		Pepai Whipple		Barbara Uram
	Donna Olson		Willard Steenhout		Jack Clark	30	Virginia Wilson
	Elaine Spath		Paula Wood	23	Barbara Gresli		Rene Becker
	Carmelinda Wiley	14	Jim Newport		Norma McGill		Tom Brunton
6	Nancy Block-Olexick	15	Claire Alkire		Terri Seifried		Linda Gordon
	Margaret Bourne-Raiswell		Kim Bauer		Steve Tucker		Marilee Morse
	Donna Green		John Christian		Janel Brown		Ann Salmon
	Kara Selby		Mike Delian	24	Gail Drenkel		Rick Vito
	Jean Wolfe		James Macki		Susan Hoglund	31	Ann West
	Patricia Ackerman		Jeanie Mcnamara		Jean Kipper		Rosalie Camin
	Roger Gonzales		Judith Sigler		Cheri Martin		Anna Copley
	Arlene Honnold		Diana Smith		Linda Moeder		Cheryl Dixon
	Bill Mueller	16	Mary Vie		Harold Smith		Jo Hendrickson
	Lon Redman		Steven Blackburn		Lana Smith		Carol Taylor
	Kathy Renehan		Victoria Lane		Connie VanRoosendaal		
7	Bonnie Svardal		Marnelle Campoy				
			Marsha Melnick				



Veggie Humor

We were going to share vegetable jokes this month, but they were too corny. If you know a good one, lettuce know.

What makes a fruit a fruit and a vegetable a vegetable?

Fruits develop from the flower of a plant and contain seeds, while vegetables are the plant's other edible parts like leaves, stems and roots.

Tomatoes and cucumbers are technically fruits. Rhubarb is a vegetable.

And, impress the grands with this tidbit:



Sweet corn typically has an even number of rows. Usually 16.

FIND THE HIDDEN OBJECT

There is a small picture of a carrot somewhere in the newsletter. Send your name, phone number and the page number where you found the item to programs@shipleycenter.org.

You will be entered to win \$4 in activity bucks or Leo’s Café bucks.

Please enter by August 14!



FARMER’S MARKET WORD SEARCH

K	D	B	A	K	E	D	G	O	O	D	S	B	G	W	R	C
O	L	X	X	G	C	X	K	R	I	H	E	T	H	G	T	O
L	H	D	G	B	R	S	Y	G	D	A	A	J	A	Z	S	M
O	O	S	P	T	A	E	W	A	Y	Q	S	S	N	W	C	M
V	N	C	I	P	F	L	T	N	I	A	O	F	D	S	A	U
H	E	D	Z	R	T	B	F	I	Z	M	N	F	C	T	L	N
O	Y	Y	N	O	S	A	J	C	Z	J	A	C	R	A	E	I
M	J	D	F	D	R	T	H	Q	K	L	L	A	A	U	J	T
E	N	T	Y	U	Y	E	C	T	X	B	S	O	F	E	I	Y
M	A	F	J	C	S	G	M	Y	M	O	K	V	T	N	R	T
A	S	K	N	E	Q	E	H	R	S	D	H	B	E	O	M	S
D	I	U	N	M	D	V	Y	D	A	B	F	M	D	A	A	E
E	T	Z	N	Z	N	C	Q	L	L	F	R	N	H	F	R	V
S	R	J	F	K	A	S	X	O	C	H	E	E	S	E	K	R
Y	A	T	I	V	T	A	S	C	R	V	S	R	H	G	E	A
C	G	J	A	M	S	C	C	A	A	H	H	P	P	I	T	H
B	H	Y	M	R	F	K	N	L	S	R	E	W	O	L	F	A


ARTISAN	FLOWERS	HERBS	SACK
BAKED GOODS	FRESH	JAMS	SCALE
CHEESE	FRUIT	LOCAL	SEASONAL
COMMUNITY	HANDCRAFTED	MARKET	STAND
CRAFTS	HARVEST	NUTS	VEGETABLES
EGGS	HOMEMADE	ORGANIC	VENDOR
FARMER	HONEY	PRODUCE	

EAT
YOUR
VEGGIES




ACIPSNH	_____	MURECCBU	_____
PTGGAENL	_____	ARPASAUGS	_____
ERECYL	_____	INCCZUCHI	_____
BAEGABC	_____	SUOOHMRM	_____
LEECTUT	_____	RSHDIA	_____
BOCRLCIO	_____	CEHKRIAOT	_____

ARTICHOKE	ZUCCINI	BROCCOLI	CELERY
RADISH	ASPARAGUS	LETTUCE	EGGPLANT
MUSHROOM	CUCUMBER	CABBAGE	SPINACH



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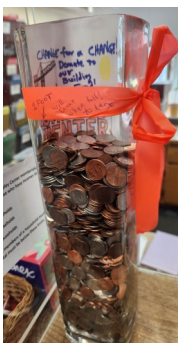
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Got Talent? We are planning a Shipley Center Talent Show.

This will be part of our 2025 Open House and we will feature some of our talented members in their Shipley Center activities. We also want other members to step up and strut their stuff as well. Are you ready to take the stage? SHOWTIME is in September.

Please use email to express your interest. programs@shipleycenter.org

On
the
Playbill

Belly Dance

Guitar

Hula

Fiddle

Line Dance

Tap

Ukelele

Zumba

YOUR TALENT



Beware: Airline Customer Service Scams Targeting Seniors

By Katherine Ha

Scammers are increasingly targeting seniors by impersonating airline customer service representatives—often through fake phone numbers found in Google search results or social media ads. These schemes exploit trust and create a false sense of urgency during stressful travel situations.

How the Scam Works:

Seniors searching for airline help may unknowingly call fraudulent numbers listed through “malvertising”—ads that appear above real search results. Scammers posing as airline agents request personal or financial information, claiming it’s needed for flight changes, cancellations, or refunds.

Red Flags to watch for:

Unfamiliar contact details: Always double-check numbers on the airline’s official site.

Urgent requests for information: Legitimate agents won’t ask for passwords or credit card info unsolicited.

Fake social media messages: Be wary of DMs from unverified airline accounts.

How to Protect Yourself:

Verify before calling: Use contact info only from official airline websites or apps.

Avoid sponsored ads: Don’t click on paid listings in search engines.

Report scams: File complaints at [ReportFraud.ftc.gov](https://www.consumer.ftc.gov) and notify the airline.

Scammers count on confusion and urgency. Stay calm, verify everything, and reach out through trusted channels.

Source: *The Washington Post*, [consumer.ftc.gov](https://www.consumer.ftc.gov)

Thank you for your generosity, but **we are no longer accepting laptop computers** to refurbish and give away. They can be donated for recycling at Goodwill in Sequim.



OUR MISSION

The mission of Shipley Center is to enrich the lives of adults through social, health and fitness activities, trips, educational classes, low-income housing opportunities, and referrals to community resources.

SHIPLEY CENTER HOURS

Monday-Friday 9:00am - 4:00pm

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<i>Michael M. Smith</i>	<i>Executive Director</i>
<i>Deb Hudson</i>	<i>Office Manager</i>
<i>Theresa Fox</i>	<i>Member Services Director</i>
<i>Reba Renner</i>	<i>Program Director</i>
<i>Debbie Patterson</i>	<i>Trips Coordinator</i>
<i>Beth Hempel</i>	<i>Member Services</i>
<i>Kathryn Kitts</i>	<i>Chef</i>
<i>Gayle Urban</i>	<i>Bookkeeper</i>
<i>Duane Cobb</i>	<i>Maintenance</i>

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Sandie Kiehl	Cindy Crossman	Steve Romberg
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Brenda Peck	Cindy Grey	Nancy Southwick
Linda Rees	Karen Hanson	Colleen Weston
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Lynn Skilling		
Linda Strohm		
Jan Trierweiler		

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NEW Birthday Cards needed!
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BAKERS WANTED!

Seeking home-made pies and cookies! 
 We are seeking willing volunteers to provide pies for the pie raffles at our luncheons and cookie bakers to provide for our bazaar bake sales.
 Please call the office to offer your services.
 360-683-6806

Shipley's Got Laundry!

Would you help with our luncheon events by volunteering to do the laundry? We have about 20 tablecloths that need to be laundered after each luncheon. Events are approximately once a month and tablecloths can be taken home and returned or done on-site. Please email Reba at programs@shipleycenter.org

Shipley Center is not responsible for, nor does it endorse any business or service published in this paper. Articles written for this newsletter are the opinion of the authors & not necessarily those of Shipley Center or its Board of Directors. Shipley Center is a registered trade name of Sequim Senior Services, a WA non-profit corporation, Tax ID #91-1355592. Donations are tax deductible to the full extent of the law, under IRS Sec 501(c)3.



Front Desk: (360) 683-6806
Programs@shipleycenter.org
Office Hours: M-F, 9 am to 4 pm

Travel Desk: (360) 683-5883
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The Center News Sneak Peek...

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Retro Summer BBQ: p.1
Leo's Café News: Meet Our Volunteers: p.3
Michael's Message: "Back-to-Back Fun": p.5

Holiday Bazaar sign-up note: p.10
LEO'S CAFÉ closed dates: pp.10-11
Calendar Packed with Activities: pp.10-11
Spotlight on: Duane Cobb pp.12-13
Puzzles and Fun: p.15
Trips and Tours: See Green Insert!

Sequim Senior Services, doing business as:

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Shipley Center Trips

360-683-5883

**Trips hours: 9-1 Monday – Friday trips@shipleycenter.org
M=Member, NM=Nonmember
August, 2025**

August is the last full month of summer in the Northern Hemisphere. It seems like summer took its time getting to Sequim, and we're already halfway to fall! It is also a month of observances and celebrations, such as National Peach Month, Sandwich Month, and Raspberry Cream Pie Month! Also, special days are set aside for celebrating, like International Beer Day (Aug. 1st), International Cat Day (Aug. 8th), Bacon Lovers Day (Aug. 20th), and National Dog Day (Aug 26th)!

Joyce Daze Wild Blackberry Festival, Saturday, August 2nd - Every year on the first Saturday in August, the town of Joyce holds its Wild Blackberry Festival called *Joyce Daze*. Come and join us on the Shipley bus for a day of fun with crafts, vendors, and of course – pies, pies, pies!

Departs at 9:00 to 2:00

\$30M/\$35NM

Senior Day at T-Mobile Park in Seattle, Thursday, August 7th - Let's play ball! Come and join us as we watch the Chicago White Sox and the Mariners in the comfort of seats in the shade after a lunch of gourmet hot dogs, pasta salad, chips, popcorn, dessert, and beverages. These tickets are **digital**, which means you will have to download them to your cell phone and have them scanned at the gate. Eric will be taking us again this year. Come on, baseball fans, don't miss this one!

Departs TBD

\$130M/\$135NM

Coupeville Arts and Crafts Festival, Saturday, August 9th - We had such a great time last year, we are going to do it again! This festival features over 150 talented artisans from the Pacific Northwest showcasing handmade crafts. There is also a food court, local shops, and restaurants. Linda will be taking us on the ferry to this historic town.

Departs 8:15 to 5:30

\$55M/\$60NM

Cascadia Art Museum, Wednesday, August 13th - Founded in 2015, the Cascadia Art Museum in Edmonds, WA features art from the Pacific Northwest with a collection of over 200 pieces. On exhibit at this time: *A Reverence for Nature: Melville Wire and the Oregon Landscape*. Lunch will be on your own in Edmonds. Our new driver, Raul Alexander, will be taking you on this tour of the museum.

Departs 7:45 to 5:30

\$62M/\$67NM

The Point Casino, Tuesday, August 19th - Debra will be taking us back to The Point once again, so don't miss out! Call your friends and family to enjoy a day of games, lunch, and hanging out with the gang! Remember, we must have at least 12 people to make this trip happen.

Departs 9:00 to 4:00

\$15 per person

COLLETTE TRAVEL PRESENTS – AUGUST 27th, 4:00 pm - Don't miss this special presentation of ***DISCOVER AMERICA'S 250TH ANNIVERSARY*** – June 1-9, 2026. There will also be a presentation of the ***DISCOVER AUSTRALIA'S OUTBACK TO NEW ZEALAND'S SOUTH ISLAND***, November 4-23, 2026. **Call Trips to reserve your seat!**

Cougar Mountain Zoo, Friday, August 29th - Located in Issaquah, WA, this zoo is on the north slope of Cougar Mountain. It focuses on endangered species, including lemurs from Madagascar, Bengal tigers, Siberian reindeer, and endangered birds from different parts of the world. We will be stopping for lunch (on your own) before heading back to Sequim.

Departs 8:00 to approx. 5:00

\$62M/\$67NM

Washington State Fair, Wednesday, September 10th - It's that time of year again when we head to the Puyallup Fairgrounds for one of the largest fairs in the nation! Get ready to make history this year as the Fair celebrates 125 years of unforgettable moments, iconic traditions, and the biggest party in the state!

Home Crafts
Hobby Hall
Agricultural and Horticultural Displays
75+ Rides
Endless Food Options

Just a few of the many things to see and do!

Departs 8:00 to approx. 5:00

\$65M/\$70NM

Harrison Hot Springs in BC, September 15th-18th - Three nights at the Harrison Hot Springs Resort will include a wonderful tea when you arrive, three breakfast buffets, dinner in the Copper Room on the second night, and a late afternoon Lake Cruise. There are the hot spring pools, each at a different temperature, so you are sure to find just the right one for you! There are a few seats left on this fun trip. You must have a passport or enhanced ID for this trip and I will need that information beforehand.

Departs TBD

\$860DBL/\$1189SNG

TRIP NOTES

Please pay promptly when signing up for a day trip, and for our regional trips, a deposit will be required when you sign up.

When you see a trip in the newsletter and it looks like you might want to go, call me, email me, or stop by the office right away – get your name on the list. It's easier for me to take your name **off** than to put it **on** once it's full. And please keep in mind that if you pass me in the hall and tell me to put your name on a trip, I'm likely to forget by the time I get to my office – I'm only human!

Please park in the grassy area across from the Center when going on a trip. We have so many activities every day and need the parking spots!

See you on the Shipley Bus!

Debbie



Hello August . . . may your days be sunny and your nights starry.