



THE CENTER NEWS

A Monthly Publication of Shipley Center - April 2023



Easter Egg Hunt April 3-7!



Look throughout Shipley Center (1 egg per person, while supplies last.)

Find an egg and look inside. If you find a white slip inside, write your name and phone number, place it back inside the egg then put it in the jar in the front office. This will be your entry to win a prize! Drawing will be held on Good Friday, the 7th, at noon.

If you find an egg with a gold star, go to the office and draw a slip to win an instant prize! Everyone with a gold star is an instant winner!



Join us for a Midwest Breakfast in the Afternoon!

Thursday, April 13th, at 3:30pm

\$15 for Members/\$18 for Non Members

Limited to only 50 people!

Tickets on sale April 1. Reserve NOW!

Call office for info 360-683-6806

Menu: Omelet Station, Bacon, Sausage, Eggs, Biscuit & Gravy,
Potatoes, Fruit, and Juice *Entertainment provided by pianist Tami Louise Oden*



Spring Fling Bazaar!

Lots of vendors, handmade and unique items!



Raffle & Bake Sale Saturday, April 29th

9am - 3pm

**Here at Shipley Center
921 E. Hammond St., Sequim**



Thank You, Sponsors!

1ST SECURITY BANK

Leo's Café will be open 10-2 for lunch!



TRIPS & TOURS

Debbie Patterson, Trips & Tours Coordinator



Shipley Center Trips: 360-683-5883

trips@shipleycenter.org



Treasures of Ireland

**Scheduled for
October 24, 2023**

Filling up fast!

Reserve now! 360-683-5883

Lluvias de abril traen flores de mayo.

Or, in English, *April showers bring May flowers!* But it sounds so "springy" in Spanish!!

Shen Yun! Wednesday, April 5 We will be going to the 2:00 matinee at McCaw Hall in Seattle, stopping at *Arnie's* for lunch before we get there. **THIS TRIP IS SOLD OUT!**

Departs at 9:00 am; Est return 6:30 pm

Clearwater Casino, Monday, April 17th Another trip with Don! Try your luck again this month, it's a really fun day!

Departs 9:00 am to about 4:00 pm

\$15 per person

Skagit Valley Tulip Festival in Mt Vernon, Tuesday, April 18th Nothing says "Spring" more than flowers!! We will be going to two tulip farms. There are places to get food, or you can bring your own.

Departs at 8:00 am; Est return 6:00 pm

\$78 M / \$82 NM

Price Sculpture Forest, Coupeville, Thursday, May 11th It's been a few years since we visited this spot on Whidbey Island, so artsy and interesting. We will go to Port Townsend and take the ferry and continue to the Sculpture Forest. For this adventure, you will need to be ready for a good walk! It is 16.3 acres with over a half mile of trails which are *not* ADA accessible. We will probably enjoy this site for an hour and a half, then back on the bus to check out the little town of Coupeville. Nice place to stop to shop and have some lunch! Call and reserve your spot, as seats are limited.

Departs: 8:10 am; approx. return 5:45 pm

\$42 M / \$47 NM

Clearwater Casino, Monday May 15th This is such a popular trip – all are welcome to have a day away with old friends and new ones!

Departs 9:00 am to about 4:00 pm.

\$15 per person

Seaside/Tillamook Tour, May 22-25 We will be staying three nights in Seaside, OR, at the Ebb Tide Oceanfront Inn, right on the Promenade, with Continental breakfast and coffee/cookies, 4-6pm daily, included. Hot tub and pool as well! We'll be taking day trips to visit a few creameries, and a side trip to the Tillamook Air Museum, located at a former US Navy Air Station. The museum is housed in what used to be a blimp hangar. It is a great place to visit! And, it has a gift shop. . . .

Meals and Museum admission are NOT included in the price. THIS TRIP IS SOLD OUT!

Call for non-member price.

Double Room: \$398 pp/Single Room: \$662 pp

Hells Canyon and Back, June 20 - 23 with John as your driver. This trip includes wine tasting in Walla Walla, a river boat cruise in Hells Canyon – not for the faint of heart – and a few more stops! Price and departure times to follow.

Continued on page 3

“Trips” continued from page 2

We have some new ideas for domestic and international trips - tell us what you think!

- HISTORIC SAVANNAH & CHARLESTON 2023
- A CULINARY JOURNEY THROUGH TUSCANY – 2023
- GREECE 2024
- HIGHLIGHTS OF THE DOURO VALLEY WITH SPAIN – OCTOBER 2024
- MEMORIALS OF WORLD WAR II – 80TH ANNIVERSARY OF D-DAY – LONDON AND FRANCE – SEPT 2024



**Shipley Center Trips:
360-683-5883**

Looking forward to seeing you on the Shipley bus!

Debbie

Live life with no excuses, travel with no regret. (author unknown)



Your local Medicare experts!

The income limits for
Medicaid health insurance
have increased and assets
no longer
prohibit qualification.

Call Blake for more
information
360-928-8489



Blake Meldrum



618 S. Peabody St. Suite C
Port Angeles

Learn Italic Calligraphy—a beautiful and elegant hand.

In this four week class you will learn the miniscule (small) and majuscule (capital) letters, some flourishes to add to your finished work, and complete a finished piece.

All materials will be provided for a fee of \$3. Fee for the four week class is \$25. Call the office at 360-683-6806 or come in to register.

Class will meet on the four Fridays in May from 1 to 3. Taught by Sandy Placek



The Last Train

Did you know that cargo and passenger trains used to go right through the middle of Sequim?

Jean Cummings remembers and took a great photo in 1985 of the very last train to pass through town.

Stop and see the exhibit with the framed photo Jean provided in the hallway just off the Café.



The Center News is published monthly by
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921 E. Hammond St. Sequim, WA 98382
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DEADLINE for Submissions for each edition is the 15th of the preceding month. Submissions may be sent to

newsletter@shipleycenter.org

All submissions are subject to editing.
For Advertising rates and info
contact Shamyia Waters,
programs@shipleycenter.org



Leo's Café Menu

Monday-Friday 9:00 am-2 pm

Dine in or take out! (360)775-3883



Frittata – (Like a crustless quiche) Served with a savory treat. \$9.50
Bacon and Spinach, or Veggie

Quiche– Crab Asparagus Served with a savory treat. \$9.50

Soups – Made from scratch daily and served with a savory treat \$6.

Salads – Served with a savory treat. \$9.50, add cup of soup for \$3.
Kathryn's famous Dilled Chicken
Seasonal Salads—Always fresh and creative

Sandwiches – served on Dave's Killer Bread or a Croissant \$9.50

Dilled Chicken

Reuben

Tuna

Turkey Meatloaf

Turkey-Cranberry-Cream Cheese in whole wheat wrap

Veggie

All served with pickle and chips. Add cup of soup for \$3.

Baked Paninis- \$9.50

Pesto Chicken

Veggie

Assorted Pastries, Muffins, Savory Treats, and yes ... Macaroons (Chocolate-Dipped or not), and shortbread cookies. A variety will always be available. \$1.50-\$4.



Look for our Daily Specials!

Beverages include coffee, teas, sodas, espressos, lattes, and Kathryn's Elixirs! \$1.-\$3.50

Bits 'n Bites:

Scrambled Egg \$1.25, Bacon or Chicken Sausage \$1. per piece,

Toast 2 slices with Jam & Butter \$2., Croissant with Jam & Butter \$2.50,

Biscuits and Gravy (\$3. for one or \$5. for two), Cottage Cheese and Peaches \$3.

**Leo's Café has a direct phone number! Please call
 (360)775-3883 for orders or any questions.**



Senior Ed

BY MICHAEL SMITH, EXECUTIVE DIRECTOR

This month we conclude our series about our tagline Friendship * Recreation * Education by looking at Education, our attitudes toward it as we age, and the learning opportunities we can find every day.

It may surprise and disappoint you to learn that Americans are actually not the most highly educated people in the world. Some sources I researched didn't even put our US population in the world's "Top 10" for getting advanced degrees, bachelor's degrees, or even high school diplomas.

It might turn out that many of us "know-it-alls" . . . don't!

What we can and do know is that "lifelong learning" means we should never consider ourselves "done" with education, or too old to learn. Some very famous people seemed to always be fascinated to learn new things.

"I did not know that . . ." – Johnny Carson

Ah-hah!

Don't you smile a bit when you first find out something new? You might wonder, "How come I never knew that before?" You may scold yourself, muttering, "I should have known that." Let's dump feelings of inadequacy about our areas of ignorance and inability and, instead, adopt an attitude of wonder by becoming a seeker of knowledge and skills at whatever age we are today.

Have you heard of **IWTYO**? It stands for "I Was Today Years Old", and is a popular "meme" these days:

- **IWTYO** when I learned that most little Chinese take-out food boxes are designed to be flattened out to make a plate. (Try it!)
- **IWTYO** when I learned that they tell you to "break a leg" at your audition because they are hoping you will make it into the cast!
- **IWTYO** when I found out that The Lion King Disney movie is based on Shakespeare's Hamlet.
- **IWTYO** when I realized that the word "bed" is shaped like a bed!
- **IWTYO** when I learned the division symbol (\div) is just a blank fraction with dots replacing the numerator and denominator; and,
- **IWTYO** when I realized that if you replace the "W" in Where, What, and When with a "T", you answer the questions they ask.

As the kids would say, "Mind Blowing!"

Did you know that "Healthy U" stands for Healthy University? Check out these presentations each month for ways to be healthier and live a longer and more vibrant life.

Do you know a little bit of Spanish, but want to try conversing in it to brush up your skills? Try our language class on Wednesdays with Roger Stefano.

Do you want to know how to use your smartphone, tablet or laptop better and get a question or two answered? Come to Computer Clinic on a Monday to learn from helpful tech-savvy volunteers.

Want some pointers on your painting? Come to one of our classes! Need help to finish that fiber arts project? Come knit or crochet with our friendly group and learn a new stitch or two!

At Shipley Center, we can't guarantee that everything you hear here will "blow your mind", but come on down and see what there is to learn!

Michael

Line Dancing is Fun!

When: Fridays
10:15am to 12:15 = Intermediate
12:30pm to 2:30 = Beginners



Mahjonn

Want to learn to play American mahjonn?

Come Wednesdays, 9 to 11AM. Class limited to 4.

If you already know how to play, please join us at 1:00 PM every Wednesday. Questions? Dianne Whitaker at 360-775-6150



In-Person Computer Clinic Mondays, 1pm to 3pm.

FREE FOR SHIPLEY CENTER MEMBERS!



Help with computers, tablets, smart phones and general technology questions.

PC and Mac.

Donations made in the office to Shipley Center in appreciation for computer help are welcomed.

Adult Tap I and II

Tap I Tuesdays 1pm-2:15

Tap II Thursdays 10:30am-12

Members \$3, Non-members \$6



Flat-heeled tap shoes or hard-soled shoes are recommended.

Questions: contact Sandi Lazzaro 360-809-3390

Beginning Hula

Tuesdays 2:30 - 3:30pm

Members \$3, Non-members \$6

Call Sandi Lazzaro for info
360-809-3390



BASIC MEDITATION CLASS via ZOOM!

Join us in a guided basic awareness meditation class with Jean Kipper. Friday mornings at 9:45. This class is sponsored by *Dungeness Courte Memory Care*, so no class fee is required. Call 360-683-6806.

Join North Olympic Watercolorists (NOW)

Every Tues, from 1 to 4 pm for beginners to professionals: We work on our own paintings with our own supplies. We are not a class, so having some experience is most beneficial.



SEWING CLASS

No Fee class led by Judy Lange!
Thursdays 9:30am to Noon.
Items made during class time will go to the Shipley Center gift shop. Help and advice will be available for personal sewing projects too!



Fiber Arts

Tuesdays at 10am
Front Room



Have YOU tried YOGA?

EZ Yoga
Wednesdays and Fridays at 1:30!



TAI CHI

Come join J. Fields in the Art of Tai Chi at 10am on Tuesdays.



Come join Beth Glick For ZUMBA

from 11am – noon
Monday - Zumba Gold
Wednesday - Zumba Toning
Friday - Zumba Gold

Tracy Wealth Management

Our approach to delivering comprehensive financial services always starts and ends with you, our clients.

We begin this process by listening to you and discussing your lifestyles, goals, wishes, dreams and family situation.

Through a consultative process we then learn the details of your financial picture so we can construct and deliver a customized plan along with your personal "Financial Action Checklist."

Our experienced team of professionals fully evaluates your situation to prepare personal solutions that integrate investment planning, tax reduction planning, retirement income and distribution planning, and family wealth planning.

To learn more, visit us at:
www.tracywealthmanagement.com
Or call us at: 360-452-9080

Kevin Tracy - Financial Planner
 (360) 477-4322
 149 West Washington Street
 Sequim, WA 98382



Securities and investment advisory services offered through FSC Securities Corporation, member FINRA/SIPC and a Registered Investment Advisor. Insurance services offered through Tracy Wealth Management, which is not affiliated with FSC Securities Corporation.



Healthy U! Classes

Tuesday, April 11 & 25, 11:30 to 12:15

April 11-Strengthen and Stretch Your Ankles and Feet!

Come and learn important recommendations regarding having stronger and less painful ankles and feet.



April 25-Healthy Ways to Reduce Stress and Boost Your Memory

Come and learn how you can improve your short term memory using natural ways of reducing stress!

Please call to register for these great classes!
360-683-6806

\$2 for members
\$4 for non members

Registration is required.



Taught by Barb Paschal
 Retired Physical Therapist



St. Patrick's Day Luncheon fun included Irish jigs, great food and lots of blarney!





- | | | |
|---|--|---|
| 1 Karen Blessing
Andee Gale
Hermann Laresser
Sandra Sullivan | 10 Ohana Baley
Stephen Baranowski
Mary Boden
Jeanette Brown
Marijane Figg
Carol Geer
Diane Hood
Linda Huggins
Georgia Lee
Douglas Lorentzen
Rick Seybolt | 20 Mike Clay
Maria Collins
Samantha Dodd
Patricia Gillam
Bob Naumann
Pamala Newland
Karon Schmidt
Barbara Sorensen
Carolyn Stephens |
| 2 Joanna Calloway
Craig Hartley
Catherine McKenna
Nancy McLaughlin | 11 Eugenia Corpuz
Jean Cummings
Jill Palmquist | 21 Joan Arena
Robert Palmer |
| 3 John Jost
Joseph Lodge
Penny Zingg | 12 Paul Crawford
Therese Simons
Roger Steinert | 22 Garry Blankenship
Vicki Boyer
Janice Jenkins
Mary Lou Westman |
| 4 Lonna Barber
Dian Curren
Bonita Hoskins
Terry Landis
Mozelle Maness
Sarah Miller
Connie Porter
Dennis Westernen | 13 Jack Adney
Gloria Dahlquist
Mary Lowry
Sarah Wheelchel | 23 April Bellerud
Kristine Bellerud
Dale Blankenship
Jim Ciciora
Cindy Payne
Carol Young
Sandy Zink |
| 5 Dolores Chivers
Valerie Grier
Steven Wetter | 14 Sandra Collins
James Lowenstein
Carol Mattox | 25 Paul Haugland
David Hough
Gayle Larson |
| 6 Brian Miles
E. Rosie Zwanziger | 15 Gretchen Glenny
Russell McKenna
Andy Meyers
Pheryl Montroy
Linda Reichl | 26 Faye Dochnahl
Charleen Reeves
Sally Welborn |
| 7 Cindy Bacon
Loxie Gradillas
Dan Heisler
Cecelia Irons
Julie Johnson
Marlene Kneidl
Judi Norton
Michael Phillips
Gloria Robinson | 16 Dinah Day
Janelle Kelly
Patricia Lassak
Alice McElroy
Janet Schless | 27 Don Ellis
Carolyn Muldown
Deb Wallace |
| 8 Robyn Hartz
Donna Kanters
Betty Reynolds
Willard Woods
Gary Young | 17 Steven Ford
James Rozanski
Darlene Sylvia | 28 Dana Burback
Edward T Edem
Delores A. Mead
Lila Petroff
Molly Schwarz
Angela Warmuth |
| 9 Mary Liebsch | 18 Jack Crossman
Carol Hamilton
Ann Wells | 29 Gail Caron
Susan Clark
Nick Elliott
Patricia Lundin
Steven McElroy
Chris Snow |
| | 19 Marsha Chowning
Sandy L. Frankfurth
Katherine Freeny
Courtland Goetz
Carol Stearns | 30 Sandy Altman
Larry Cross |

**HAPPY
BIRTHDAY**

Community Announcements

AARP TAX-AIDE APPOINTMENTS FOR 2023

Reserve your place for a free 2023 AARP Tax-Aide appointment in Sequim at Shipley Center.

Call Russ, 360-452-6147 to set your tax appointment, or for more information.

The Sequim Accordion Social will be held at Shipley Center on May 21st from 1:30-4:00 pm.

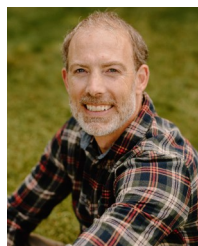
All accordionists are invited to play a selection or two.

Accordion lovers and dancers are also welcome. A suggested donation of \$5 is requested to help with room rent.

Our featured player will be Charlie Brown from Gig Harbor.



WOW! WORKING ON WELLNESS



2:00 PM – 3:00 PM
Wednesday, April 12, 2023
KSQM FM Radio Station 91.5 FM

“Tooth Talk”
 Dr. Nathan Gelder, DMD

Soroptimist International of Sequim Shredding Event April 29th from 9-noon at Kitsap Bank.

Get rid of all those sensitive documents you found during spring cleaning and tax season while you help the community. Bring them to the Soroptimist International of Sequim Shredding Event April 29th from 9-noon at Kitsap Bank.

The event is **free**, but generous donations help provide resources and opportunities to empower women and girls to live their dreams.

You don't even have to get out of your car. Just put your documents in your trunk—paper bags are best. When you get to the front of the line, pop your trunk and we'll move your paper documents to the shredding truck. Please limit your material to 75 pounds, about four grocery bags full.

Take the WEST exit on the traffic circle at River Rd. to stay on Washington St. going WEST. There will be signs and people to direct you. Please do NOT enter through the Walmart parking lot.



Do you have a laptop or desktop PC with a Windows 7 or later OS that you are no longer using?

Please consider donating the computer to Sequim PC Users Group to refurbish and distribute to low income

individuals.

We also take peripherals, except printers, in good working order.

For more information or to donate, please leave us a message at 360-797-5771 or spcug1@gmail.com. SPCUG is a 501 (c) (3) non-profit organization and a Microsoft Registered Refurbisher.

Single? Join Shipley's Singles Activities!
April 12, 4:30 pm, Monthly Singles Dinner, \$15
Tickets must be purchased
at front desk by Mon. April. 10.

Let's go out to Leo's Café together, and give other local restaurants a try too!

For Breakfast singles gatherings, call
 Bobbie Dahm at 360-477-0019

For Lunch singles gatherings, call
 Robert Drews at 360-670-9008

Volunteer Hospice of Clallam County (VHOCC) is sponsoring a five-week **in-person** grief support group every Monday from April 10 to May 8 from 1 pm to 3 pm at Trinity United Methodist Church, 100 Blake Ave., in Sequim.

The group offers a place for participants to share their feelings and experiences with grief; gain a clearer understanding of the mourning process; and learn coping skills and strategies for dealing with the emotional pain of loss. Confidentiality is essential to foster openness, trust and acceptance.

Attendance is free, but registration is required. For more information or to register, call 360-452-1511 or email office@vhocc.org.

WANTED: Bakers to donate treats for our up-coming Spring Fling Bake Sale!

Please call Shamyia Waters at 360-683-6806




for more information. THANKS SO MUCH!

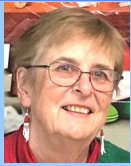


APRIL 2023 –WEEKLY ACTIVITIES

MON	TUE	WED	THUR	FRI
3 9am- Balance Exercise 10am– Oil Pastel 11am-Zumba Gold 12pm-Euchre 1pm-Ukulele 1pm-Computer Clinic Easter Egg Hunt (while supplies last)	4 10am-SHIBA 10am– Tai Chi 10am-Fiber Arts 10am– Watercolor (Intermediate) 11:30am-Cribbage 1pm– N.O.W 1pm– Ping Pong 1pm– Pinochle 1pm– Tap 1 2pm-Grief & Wellness Group 2:30p-Beginning Hula Easter Egg Hunt (while supplies last)	5 9am-3pm-AARP Tax Aide by appt. 9am-Balance Exercise 9am– Water Media Drop-In 11am– Zumba Toning 12:00pm-Bridge 1pm– MahJongg 1:30pm-EZ Yoga 2:00pm- Language Class Easter Egg Hunt (while supplies last)	6 10am– Euchre 10:30am-Tap 2 12pm-Bingo 1pm-Scrabble Easter Egg Hunt (while supplies last)	7 9am-Balance Exercise 9:30am-Fiber Arts 9:30am– Basic Meditation (Zoom) 10:15am-Line Dancing- (Intermediate) 11am– Zumba Gold 12:30– Line Dancing- (Beginner) 1pm-Poker 1:30p-EZ Yoga Easter Egg Hunt (only until noon)
10 9am- Balance Exercise 11am-Zumba Gold 12pm– Euchre 1pm-Ukulele 1pm-Computer Clinic	11 10am– Tai Chi 10am-Fiber Arts 10am– Watercolor (Intermediate) 11:30am-Cribbage 11:30am-Healthy U! 1pm– N.O.W 1pm– Ping Pong 1pm– Pinochle 1pm– Tap 1 2pm-Grief & Wellness Group 2:30p-Beginning Hula	12 9am-3pm-AARP Tax Aide by appt. 9am-Balance Exercise 9am– Water Media Drop-In 11am– Zumba Toning 12:00pm-Bridge 1pm– MahJongg 1:30pm-EZ Yoga 2:00pm- Language Class 4:30pm--Senior Singles Dinner	13 9:30am-Sewing Class 10am- “Hooked On Fishing” 10am– Euchre 10:30am-Tap 2 12pm-Bingo 1pm-Scrabble 3:30pm– Breakfast for Dinner	14 9am-Balance Exercise 9:30am-Fiber Arts 9:30am– Basic Meditation (Zoom) 10:15am-Line Dancing- (Intermediate) 11am– Zumba Gold 12:30– Line Dancing- (Beginner) 1pm-Poker 1:30p-EZ Yoga
17 9am- Balance Exercise 10am– Oil Pastel 11am-Zumba Gold 12pm– Euchre 1pm-Ukulele 1pm-Computer Clinic	18 10am-SHIBA 10am– Tai Chi 10am-Fiber Arts 10am– Watercolor (Intermediate) 11:30am-Cribbage 1pm– N.O.W 1pm– Ping Pong 1pm– Pinochle 1pm– Tap 1 2pm-Grief & Wellness Group 2:30p-Beginning Hula	19. 9am-Balance Exercise 9am– Water Media Drop-In 11am– Zumba Toning 12:00pm-Bridge 1pm– Mah Jongg 1:30pm-EZ Yoga 2:00pm- Language Class	20 9:30am-Sewing Class 10am– Euchre 10:30am-Tap 2 12pm-Bingo 1pm-Scrabble	21 99am-Balance Exercise 9:30am-Fiber Arts 9:30am– Basic Meditation (Zoom) 10:15am-Line Dancing- (Intermediate) 11am– Zumba Gold 12:30– Line Dancing- (Beginner) 1pm-Poker 1:30p-EZ Yoga

APRIL 2023 –WEEKLY ACTIVITIES

MON	TUE	WED	THUR	FRI
24 9am- Balance Exercise 10am Imaginative Writing 11am-Zumba Gold 12pm-Euchre 1pm-Ukulele 1pm-Computer Clinic	25 10am- Tai Chi 10am-Fiber Arts 10am- Watercolor (Intermediate) 11:30am-Cribbage 11:30am-Healthy U! 1pm- N.O.W 1pm- Ping Pong 1pm- Pinochle 1pm- Tap 1 2pm-Grief & Wellness Group 2:30p-Beginning Hula	26 9am-Balance Exercise 9am- Water Media Drop-In 11am- Zumba Toning 12:00pm-Bridge 1pm- Mah Jongg 1:30p-EZ Yoga 2:00pm- Language Class	27 10am- Euchre 10:30am-Tap 2 12pm-Bingo 1pm-Scrabble 	28 9:30am-Fiber Arts 9:30am- Basic Meditation (Zoom) 11am- Zumba Gold 1pm-Poker 1:30p-EZ Yoga All Main room & Dance Hall activities are cancelled for Spring Fling
<u>Saturday</u> <u>April 1st & 15th –</u> <u>6:30pm -Strait</u> <u>Wheeler's-Line</u> <u>Dancing</u> <u>April 8th-Bridge &</u> <u>Euchre -6:30pm</u> <u>April 22nd -Bridge</u> <u>& Euchre -6:30pm</u> <u>April 29</u> <u>Spring Fling Bazaar</u> <u>9am-3pm</u>	<div>  <h3>SAVE THE DATE! Puzzle MAY-nia!</h3> <h3>Win Prizes by Puzzling Quickly!</h3> <h3>Thursday May 18th at 3:30pm</h3> <p>Team entry fee is \$10.</p> <p>Name your team and get ready for some friendly jigsaw competition! Call a friend or several friends to form a team for this tournament event. Let's see which team can complete a 300-piece jigsaw puzzle the quickest and win a prize. In addition, there will be door prizes and puzzle-related activities and even refreshments included!</p> <p>Rules of play:</p> <p>Teams must consist of 2 to 4 players. A 300-piece jigsaw puzzle will be chosen by random drawing from the same manufacturer for each team. The 1st and 2nd place teams to finish their puzzles will win prizes! 90-minute session of two 45-minute halves, with a fun "half time" and refreshments. If no team completes their puzzle by the end of the 90 minutes, a bell will ring and whichever team has made the most progress wins! \$10 tournament entry fee per team. \$2 activity fee to attend as a spectator, if not on a team.</p> <p>Come to Front desk and register your team for Puzzle MAYnia! 360-683-6806</p> </div> <div>  </div>			
Leo's Café will be open to the public on Saturday, April 29 from 10am-2pm During the Spring Fling Bazaar!				



Spotlight on . . . Dallas Holman

About a year ago, this tall guy leaning heavily on a cane walked through the doors of Shipley Center's front room, shortly before the 9:00 Balance Exercise class was about to start. From the get-go, *Dallas Holman* was enthusiastic and determined to regain his strength and balance. After a few months, he walked out of the class . . . having to return to pick up his forgotten cane!

Up to this point, only a few men had participated in the class on a somewhat sporadic basis; Dallas, however, came almost every class day. Now, there are eleven men who attend quite regularly!

Dallas was born in Port Angeles. As both parents worked, in his early years he was largely brought up in Carlsborg by his grandparents who owned farmland in the area since the 1920's. He fondly remembers, as a five and six year old kid, chasing the chickens, throwing rotten eggs at the bull, pitching rocks at salmon in the river, riding his pole raft on the pond, and going to the Carlsborg Store, taking a long time over the penny candies deciding on which delicacies to spend his allowance.

His "playground" was along the banks of the Dungeness River. At the time, trains going to and from the mill in PA would pass by on the trestle over the river. Dallas "got his thrills" playing "dodge-train", standing at the end of the trestle, jumping away at the last minute as the train came barreling toward him!

An exciting memory of one day, when in third grade, the train stopped, and Dallas was invited to stand on the side of the engine, holding on to the railing, while it went on down the track. What a thrill for an eight-year-old boy! (Certainly would not happen today!)

Meanwhile, at home, his responsibility from age 8 to 15 was to look after his brother and two sisters while his parents worked. He was expected to do housework and make lunches. "I hated it!"

When Dallas was nine, his dad moved the family to Renton. He recalls the nearby elementary school gym which had many activities after school and Saturdays, which he loved. He attended Hazen High School; but, before graduating, he made the decision to enlist in the Air Force, and became one of the Security Police. He made Sergeant at age 19! You can imagine how the older recruits, most in their early twenties, must have felt about, "Yes, Sir!" to a teen!

He was sent to Germany to the Bitburg Air Base (1952-1994), for two years. The Bitburg Air Base was the biggest fighter wing, with some 10,000 personnel! They even had their own brewery, *Bitburger Pilsener*! His job was to guard F-4's, B-52's, and tanks on high alert. A grueling outdoor job, Dallas was on his feet eight hours a day; and experienced extremes of temperature from 130F to -75F below zero!

After "blowing out his knee" during a training exercise, Dallas ended up in the DOD Pass and ID section, doing background checks and creating badges, something he enjoyed . . . indoors!

While in Germany, he visited lots of Roman ruins and castles; and loved going into the old churches . . . even in the small villages.

After 3½ years, retired because of disability, with an honorable discharge, Dallas moved back to PA where he went through a series of jobs: *Albertson's*, working in grocery, night stocker, and cashier; *PA School District* as a custodian during the school year and doing grounds-work, painting, and other maintenance during the summer months. He was the "go-to guy" for whatever needed to be done!

After working for a time at *Swain's* hardware, Dallas wanted to get away for a while. So, it was off to see what Anchorage, Alaska was all about. For 5½ years, he worked in a contractor hardware store, becoming an equipment salesman and small engine mechanic.



Spotlight” continued from page 12

Back to the lower-forty-eight, Dallas managed *Tool Town*, another contractor store, in Everett for 4½ years; then back to PA. Another series of jobs: hardware store sales, *Angeles Millwork* salesman, yard work, landscaper, golf course grounds . . . and on the side, painting boats and sand-blasting tractors! For a time, he did maintenance work at Baywood Village for Leo Shipley, before the 55+ mobile home park was given to Shipley Center. Never afraid of hard work, Dallas always found a job. Homeless for a time, and overcoming end-stage liver disease, Dallas is a survivor!

Married for a short time, he has a son, Dan, with whom he has a good relationship. Now also living on the Peninsula, father and son enjoy getting together from time to time.

A Sequim resident, in the same home now for 13½ years, Dallas lives with his companion cat, Suzy Q. “We have good rapport!” Tomatoes and begonias are grown on his covered porch. Beach-combing walks are a favorite activity, finding agates and feathers . . . once finding a mammoth tooth! Dallas figures he’s found the perfect area in which to live, and expects to be in this home “‘til I’m carried out horizontal”!

Having an unusual hobby, Dallas is a collector of small spoons. He now has over 250 in his collection, from all over the world, some dating back to the 1880’s! He scored a bonus at the Shipley Benefit Sale a couple of years ago . . . 37 spoons in a display case for a very low price!

Dallas is very involved in the Carlsborg post of the VFW which meets once a month at the Mariner Café. The post supports Sarge’s Place for homeless vets in Forks, and the Captain Joseph House for Gold-Star families in PA. Not only for special days, Dallas can be seen handing out poppies and selling service flags and military hats with eagles two or three days a month in both Sequim and PA.

I was curious as to his name, “Dallas”. The story is that Dallas, Texas, was the first big city his dad, a farm boy, had ever visited. He was so awed by it that he wanted his son to carry that impressive name! Dallas is known by family and friends by his nickname, “Tex”!

So, Dallas—or Tex—we are glad you have decided to spend the rest of your life in Sequim and are a member of Shipley Center! The Balance Exercise class salutes you and your perseverance. Here’s to many happy and healthy days ahead!

Mardi Gras Luncheon



A sell-out crowd thoroughly enjoyed great food and the swinging sound of Joey Lazzaro’s Cat’s Meow Dixieland Jazz Band!





EUCHRE

Every Thursday 10am-12

2nd & 4th Mondays
12-3pm

2nd & 4th Saturdays
6:30-9pm

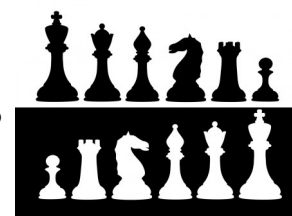
Euchre is a card game that is fun, fast and filled with surprise endings to almost every hand and game!

Games may be played with three or four players. Five cards are dealt to each player. The object of each hand is to win three of the five rounds (tricks), where each player plays a single card.

Contact Shipley Center to sign up at 683-6806 or text John Christian 360-775-4514.

ANYONE INTERESTED IN PLAYING CHESS?

Please call the Front office to sign up at 360-683-6806



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M-W-F 9am

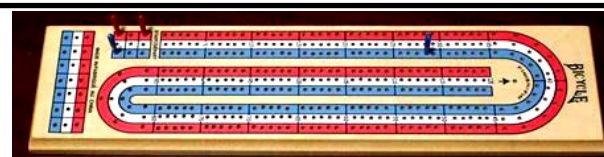


Bridge

Wednesdays with Earl Karich
from 12:00-3:30pm.

2nd & 4th Saturdays
with Diana Smith 6:30-9:00pm

Call Diana to register
360-775-5126



Cribbage

Cribbage is played at Shipley on
Tuesdays from 11:30am to 1:30pm.

PINOCHLE

Led by Lynda Moynihan
Tuesdays 1:00pm



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Tuesdays at 1pm

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Frank Schonians



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 B Z P R U O T M T E J O B R M C Q S L U
 F Q U P T C A O N M S L L A E T R A O N
 T L D S T O D S I H U L U O L A O R O N
 I I D S E L P S C T C I B Z T H S G M Y
 B D L E R A O O A R O W L L A B E S A B
 B O E A F T L L Y I R O S H O W E R S M
 A F S S L E E B H B C G R H C R A M G A
 R F S O Y K C H I L D R E N F D T S S L
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 P D D H N I A R S G G E G I T X O W S S
 E Z E E R B B L K A E R B G N I R P S E
 C Z R E K C I L S U G R E E N Z P N I H
 I P A S Q U E F L O W E R U O T S Q C S
 A V N J V X N D I K H R G I G J Y O R O
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 J Q A W T X J E L C Y C E F I L Z B V G



BABY ANIMALS
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 BUD
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 CHICK
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 RAIN
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 SEASON
 SHOWERS
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 SPECIAL
 SPRING
 SPRING BREAK
 SPROUT
 SUNSHINE
 TADPOLE
 TULIP



April Words

DNEINASDOL _ _ _ _ _
 NLOEPL _ _ _ _ _
 IYDWN _ _ _ _ _
 ARLVRIA _ _ _ _ _
 ZEDLIRZ _ _ _ _ _
 AYGLDBU _ _ _ _ _
 EFGXOOLV _ _ _ _ _
 TNMGEEAIR _ _ _ _ _
 LAIGCENN _ _ _ _ _
 FNOGYDRLA _ _ _ _ _
 EDESW _ _ _ _ _
 ZGBIZUN _ _ _ _ _



What do you call a hammer that was purchased on April 1st?
 An April tool.

Why do bumblebees hum? They must not know the words.

How can you tell if a plant is good at math? It has square roots.

What's a gas pump's favorite holiday? April Fuels Day

Why do omelettes love April Fools Day?
 They enjoy practical yolks.

What kind of pickles do spring flowers like? Daffo-dills.

What did the calendar say after April Fools was declared a holiday? Prank you, prank you very much.


How can you tell when April is happy? It has a spring in its step.

Why is everyone so tired on April 1?
 Because they just finished a 31-day March.

Why don't flowers like to ride bicycles?
 They keep losing their petals.


Did you hear about the cloud that tried catching some fog? It mist.

See Page 17 for answers to the Word Scramble!




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Answers to Word Scramble:
Dandelion, Pollen, Windy, Arrival, Drizzle, Ladybug, Foxglove, Germinate, Cleaning, Dragonfly, Weeds, Buzzing

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Find the Hidden Object

Somewhere in this month's issue is a picture of an umbrella.

Once you spot the object, email your name, phone number and the location (page number) to assistant@shipleycenter.org.

Or you can come into the Office and fill out a form and turn it in by the 15th

You can win \$4 off at *Leo's Café* or \$4 in Activity Bucks!



Stay away from people using umbrellas today. They seem to be under the weather.

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The mission of Shipley Center is to enrich the lives of adults through social, health and fitness activities, trips, educational classes, low-income housing opportunities, and referrals to community resources.

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Monday-Friday 9:00am - 4:00pm

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Contact: Executive Director, Michael Smith, to discuss legacy giving, and how you can use beneficiary designations on various types of accounts without changing your will.



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Spotlight on *Dallas Holman*
Puzzles and Fun

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