



# THE CENTER NEWS

A Monthly Publication of Shipley Center - July 2026

**SHIPLEY CENTER**  
**SUMMER LUAU**

**FRIDAY, AUGUST 14 at 7:00**

Members \$22  
Non-members \$27  
Tickets go on sale for members July 20  
and non-members July 22.

Entertainment by the  
**NA HULA 'O WAHINE 'ILIKEA** dancers  
and long term Hawaii residents  
Lona and Joe D'Entrone

Thank you Ridgeline Homecare for Sponsoring this Event!

**MENU**  
Grilled Spam  
and Pineapple Skewers  
Kalua Pork  
Huli Huli Chicken Wings  
Hawaiian Macaroni Salad  
Hawaiian Sweet Rolls  
Pineapple Carrot Cake  
Hawaiian Punch

**SHIPLEY CENTER**  
**BENEFIT SALE**

**Time to clean those closets and bring us your best stuff!**  
**Clothes • Books • Home décor • Furniture • Tools • etc.**

**DONATIONS ACCEPTED**  
**FRIDAYS AND SATURDAYS 10:00-2:00**  
**THROUGH JULY 18**  
**OR UNTIL WE RUN OUT OF SPACE.**

Please bring your items to the  
QFC Plaza near Dollar Tree.

**SALE DATES BEGIN**  
**AUGUST 20, 2026**

Furniture and Books  
available for purchase  
during drop-off times.

There are items we cannot accept,  
including used underwear,  
socks, and pillows.  
Thank you for bringing us items which  
are clean and in good repair.  
We do go through donations while  
you wait. Please be patient with us.

**THANK YOU FOR  
YOUR DONATIONS!**  
**ANGELA JEZIORSKI  
AND  
RENEE MILLAR**

# TRIPS & TOURS

Debbie Patterson, Trips & Tours Coordinator

Office hours: 9 to 1 Monday-Friday



Shipley Center Trips: 360-683-5883

[trips@shipleycenter.org](mailto:trips@shipleycenter.org)

Australia's Outback and New Zealand's South Island: November 2026  
Scotland: October 2026  
Spotlight on Tuscany: October 2026  
Christmas on the Danube: December 2027

*Bullet Train/Japan: October 2026*  
*Sierra Nevada Rail Journey: December 2026*  
*Fantastic Florida and the Keys: February 2027*  
*Spain & Portugal: March 2027 and Treasures of Ireland: April 2027*  
*Great Trains and Canyons: September 2027*  
*French Riviera: September 2027*

Call Trips today to reserve your seat! 360-683-5883

**PARKING CHANGE!** For safe parking across the street, please drive to the area marked with orange cones!

## Your Trusted Local Bank for 102 Years — Let's Talk About Your Future

For over a century, we have helped our neighbors save more, borrow smarter, and grow stronger.

- Personalized financial solutions tailored to your needs
- Local decision-making on loans and mortgages
- Bankers who know you by name and care about your goals

Talk to your local banker today. We're here to help—whether you're buying a home, growing your business, or just looking for better banking.

### Wills Award Winner



**Robin Booker**  
Branch Manager  
Sequim Ave  
NMLS# 1433280  
[rbookter@ourfirstfed.com](mailto:rbookter@ourfirstfed.com)



**Nicole Pruden**  
Branch Manager  
Sequim Village  
NMLS# 1560819  
[npruden@ourfirstfed.com](mailto:npruden@ourfirstfed.com)



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## Dungeness Courte MEMORY CARE



- Adult Day Stay Program, 7 days a week
- Short-term Respite Program, 7 days a week
- Long-term placement
- 24-hour on-site nursing team
- Locally owned and managed
- Large outdoor gardens and walking paths

Call us or stop by today!  
**(360) 582-9309**

[www.dungenesscourte.com](http://www.dungenesscourte.com)

651 Garry Oak Drive Sequim, WA 98382



*We are open  
Monday-Thursday  
9am to 2pm  
Dine in or take out!*

***Leo's Café with Chef Kathryn Kitts***

***Please note our new schedule!***

***'A Little Café with a Lotta' Love'***

Serving breakfast and lunch, Leo's Café is open 9:00 until 2:00, Monday through Thursday. We look forward to serving you!

***There's lots to look forward to at Shipley Center!***

***August 14: our Hawaiian Luau***

***September 25: "Safety First" featuring  
Shipley's Rainshadow Readers***

***October 16: Oktoberfest Fun***

***November 20: Thanksgiving Luncheon***

***December 18: Christmas Dinner***

***ALL Starring Leo's Café***

***Save these dates!***



*The Center News* is published monthly by Sequim Senior Services, dba Shipley Center

921 E. Hammond St. Sequim, WA 98382 Year 55 Issue #7

DEADLINE for submissions for each edition is the 15th of the preceding month.

Submissions may be sent to: [newsletter@shipleycenter.org](mailto:newsletter@shipleycenter.org). All submissions are subject to editing.

For Advertising rates and info, contact [programs@shipleycenter.org](mailto:programs@shipleycenter.org)

# Community Announcements

## Volunteer Hospice of Clallam County Soul Care Speaker Series Carmen Watson-Charles

July 8 from 12:00-1:30

Carmen Watson-Charles will present tribal traditions relating to end of life in her community.



To register, visit [volunteerhospice.org](http://volunteerhospice.org) or call 360-452-1511

For more information email [office@vhocc.org](mailto:office@vhocc.org)

## Returning to Shipley Center



### Veterans Coffee Social

Please Join Assured Hospice for our Monthly Veterans Coffee Social Monthly on the 1<sup>st</sup> Thursday @ 10:00 in the Library. Pastries and Coffee and good conversations.

921 Hammond St. Sequim WA. 98382

The June meeting of the **Sequim Diabetes Support Group** will be held at Shipley Center in the Art Room **Wednesday, July 1, 10am-11am.** A general meeting with very helpful information, the event is open to the public and free. Any contributions are given to Shipley Center for the use of the space. Next month's meeting is August 5, 2026.

## GRIEF AND WELLNESS SUPPORT GROUP

Led by Debbie McIntyre  
TUESDAYS AT 2:00  
In the Shipley Center Art Room

All are welcome.



## WOW! WORKING ON WELLNESS

\*\*\*\*\*THE FORUM\*\*\*\*\*

2:00 PM – 3:00 PM KSQM FM (91.5) Radio Station  
July 8, 2026

**"Why You Need a Health Coach"**  
with National Board Certified Health and Wellness Coach Sherryl Chandley-Brown

**Whole Foods Plant Based Potluck Group meets 2nd Thursday at 11:30 in our Front Room. Thursday, July 9.**

All are welcome: beginners and seasoned plant-based-diet people. Curious about plant-based diets? Please join us.

We are learning together!

Don't know what to bring? No worries. Showing up is the most important step.

Call Chuck 425-503-2929 or

Wendy 360-463-6355 with any questions.



Personal help with your Medicare questions.



1st and 3rd Tuesdays from 10:00 to 12:00.  
No charge. No appointment needed.



DUNGENESS VALLEY HEALTH & WELLNESS CLINIC  
**THE SEQUIM FREE CLINIC**  
*A Beacon of Health A Beacon of Hope*

Urgent Care Drop-in  
Mondays and Thursdays  
4:30-6:00  
777 N 5th Ave #109

Chronic Care: Tuesdays by appointment 360-582-0218



## 200<sup>th</sup> and now 250<sup>th</sup> – Most of us Remember Both!

MICHAEL SMITH, EXECUTIVE DIRECTOR

In 1976, when I graduated from 8<sup>th</sup> grade, everything was patriotic-themed. America was enjoying a year-long celebration, America's Bicentennial! Red, white and blue bunting and flags were everywhere!

The postal service issued 113 different commemorative stamps celebrating various bicentennial anniversaries of people, places and events between 1971 and 1983, the "Bicentennial Era".

It was 1976 and usually graduating classes could choose only two class colors, but we were allowed to pick three, which were of course, red, white, and blue! At the parent/student banquet to celebrate the graduation, my dad and I both had long hair and wore polyester "leisure suits". Mine was navy blue with red stitching, and my mom found me a polyester shirt with ridiculously long collars. It featured the Liberty Bell, the Declaration of Independence, George Washington, and . . . we can't forget Paul Revere on his horse on his famous ride!

**Bicentennial** was easy to understand—even for an 8<sup>th</sup> grader—with "bi" meaning "two" and "centennial" being 100, that equaled 200 years.

**Semiquincentennial** Here we are 50 years later, in 2026, and the name for this anniversary was difficult for me to understand, much less know what it means! Who could even pronounce it?

So, I researched it; and, in case you don't know this, it is fascinating . . . at least it was to me! You be the judge as we break it down! (Semi = half, or 0.5) x (Quin = 5) x (Centennial = 100) = America 250!



Other names for a 250<sup>th</sup> anniversary are Sestercentennial (from the Latin word "sestercenti" meaning "250") and Quarter Millennial. No wonder this year's organizing committee is just calling it the snappy "America 250!"

For my recent birthday I received a shirt (cotton; not polyester!) that says "1976, 2026, I Remember Both".

Is 250 old? Not for a country. In fact, if you are 83 years plus, you've been around for fully one-third of our country's history! So, our country is only three lifetimes old, or about ten generations. That is nothing compared to Ancient Egypt or the Roman Empire. And . . . get this: at 55, Shipley Center has been around for 22% of our nation's history!



Thank you for indulging me in my mathematical musings about being around for two very major anniversaries of our country's founding. I wish you and your family a most wonderful celebration this month with lots of food, fireworks, and fellowship.

**Happy Semiquincentennial!**

**Michael**

# THE Albert Haller FOUNDATION *Est. 1992*

Albert Haller, successful logging entrepreneur and philanthropist, left a legacy that has been supporting community causes in Clallam County for over 30 years.

The Albert Haller Foundation, a 501(c)3 non-profit charitable organization, would appreciate your contributions and estate gifts to continue this important work. Please go to [www.alberthallerfoundation.org](http://www.alberthallerfoundation.org) to learn more.

You may also contact Alan Millet, attorney, at 360-683-1119

*"ShIPLEY Center is grateful to the Albert Haller Foundation for their \$60,500 in grants to help us renovate our new location!"*

## WELCOME NEW MEMBERS!

- |   |   |
|---|---|
| Tom Backe<br>Jill Blake<br>Penny Cahoon<br>Walter Clark<br>George Cross<br>Stephanie Day<br>Linda Fortney<br>Lisa Good<br>Ron Good<br>Jesse Goodwin<br>Nancy Goodwin<br>Donald Grafstrom<br>Edwin Grover<br>Lori Grover<br>Donna Halsaver<br>Delores Hampton<br>Linda Hanson<br>Pat Hawkins Nation<br>Maureen Kobunski<br>Janet Lystrup | Warren Lystrup<br>Gwendolyn MacRae<br>Suzanne Maxon<br>Barbara Murphy<br>Chuck Nation<br>Christine Peltzer<br>Becky Pittario<br>Anya Pitzer<br>Karen Pope<br>Tim Robertson<br>Kath Sercu<br>Jean Siesener<br>Susan Stromrall<br>Lisa Vaughn<br>Ron Vaughn<br>Jean Vrbka |
|---|---|



### *Special Gifts*

Ilonka MacKenzie  
in memory of  
Sharon Robertson

### *In Loving Memory*

Richard Carroll Frank Cimino Cleabelle Dobbins	Robert Elfant Butch Zelenka
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### Michael's Update: Renovation of Former JCP into our New Building

We are getting ready for our framing inspection, and after that will be able to have insulation and drywall put in. Interior doors of various types are being delivered for installation after that. So things are moving right along. And if you have driven by lately, you may notice that all of the "veneer brick" has been removed to expose the full width of where Safeway had its windows from 1981 to 1994. We are not going to be re-doing floor to ceiling storefront glass. Instead we will have 10 beautiful large Anderson windows and a 9-foot wide fully automatic door assembly in the center. The siding will be thermally treated poplar and will be warm and inviting. Several new volunteers have started helping recently, each one bringing unique skills and talents, and we are very grateful. Volunteer labor in various areas is savings us tens of thousands of dollars along the way. Your financial gifts would be most welcome to finish this project strong and in the black. Some are donating from their IRA RMDs. Call me for more information. Thank you for your interest in our project and your support.

# Thank You TO OUR DONORS

## Members Giving Monthly (MGM) Club!

### GENERAL FUND

Shirley Anderson  
 Frank Argersinger  
 Theresa Bancroft  
 Jerry LaJambe Bean &  
 Wanda Bean  
 Roenah Blank  
 Cheryl Brown  
 Helen Bucher  
 Beverly & James Cone  
 Margaret Cox  
 Larry Cross  
 Cindy Crossman  
 Beth Culhane  
 Bobbie Dahm  
 Jane Felland &  
 Michael Varon Felland  
 Barbara Filigno  
 Theresa Fox  
 Ren Garypie

Richard Godsey  
 Melinda Griffith  
 Karen Hanson  
 Donna Heien  
 Margot Hewitt  
 Deb Hudson  
 Lois & Mary Huston  
 Anne Kask  
 Jerry & Paula Koch  
 Ron and Victoria Lane  
 Judy Lange  
 Jim & Ruth Lavrakas  
 Yvonne Linnabary  
 Diane Lopez  
 Ilonka Mackenzie  
 Carol & Peter Macrae  
 Norma & Richard  
 Michels  
 Luigi Nicoloso

Debbie & Glenn  
 Patterson  
 Mary & Steve  
 Porter-Solberg  
 Louise Potter  
 Betsy Racoosin  
 Mary Ellen Reed  
 Linda Rees  
 Marion Rutledge  
 Molly Schwarz  
 Pat Shook  
 Becky & Lynn Skilling  
 Elizabeth & Michael  
 Smith  
 Miriam Spreine  
 Morgan Stephenson  
 Mimi Sutton &  
 Butch Zelenka  
 Robbie Varney  
 Susan Waldroup

Dennis Westernen  
 Mary Lou Westman  
 Cindy & Dave  
 Yarnchak

### BUILDING FUND

Lynn Berg  
 Ken and Wendy Foster  
 Beth Glick  
 Scott Johnson &  
 Lauralee Wadsworth  
 Judy Larimore  
 Philomena Lund  
 Jim & Natasha Nichols  
 Jill Palmquist  
 Douglas Rayburn  
 Vicki Sheckler  
 Linda Strohm  
 Barb Uram  
 Ann & Scotty Wells  
 Anonymous

## Recent General Fund Donors

Denny Anderson  
 Beverly & Raymond  
 Beighle  
 Bill Briest & Janet  
 Norman Briest  
 Frank & Sue Cimino  
 Linda Couser  
 Cynthia DeNike  
 Barbara Erler &  
 Mel Perricone

Jane Felland &  
 Michael Varon Felland  
 Janet Flatley  
 Richard Godsey  
 Brian & Marie Grad  
 Linda Griffith  
 Judy & Rich Havel  
 David Heiler & Mary  
 Ellen Clark Heiler  
 Signe Johnson

Richard Kaye  
 Dana Knight  
 Alan Susan Kowitz  
 Helen Kuznek  
 Gayle Larson  
 Jim & Ruth Lavrakas  
 Ilonka Mackenzie  
 Tom Marshall  
 Gene & Maura  
 Mattson

Renee Millar  
 Linda & Timothy  
 O'Neill  
 Mel Erler & Barbara  
 Erler Perricone  
 Raema Roark  
 Molly Schwarz  
 Catherine Venator

## Helping us Build

Anonymous  
 Linda & Scott Adler  
 Lynn Berg  
 Jill Blake  
 Margaret Cox

Jane Felland & Michael Varon  
 Felland  
 Andrea & Kenneth Froland  
 Ginger Gibbs  
 Brian & Marie Grad

Sandra Granum  
 Diane & Leon Lopez  
 Douglas Rayburn  
 Rebecca Zander




**"IL Carosello Italiano"**  
 An Interactive and engaging class on daily conversations while speaking Italian. Thursdays 2:30-4:00 in the Art Room.



**¿HABLAS ESPAÑOL?** Spanish Conversation meets Thursdays 9:30-11:00 in the Art Room.



**Interested in Readers Theatre?**  
 Join the Rainshadow Readers, reading plays, stories, poems and original writing from participants. Scripts are also rehearsed for presentations at local senior living communities. (No memorization required!) Mondays at 12:00 in the Front Room.



**Cours de Français** with Susan Zarit **FRIDAYS AT 2:30** In our Art Room



**Mahjong**  
 New to Mahjong? Call Diane Whitaker to arrange for lessons: 360-775-6150  
 Ready to play Mahjong? Join in every Wednesday from 1:00-4:00 in the Classroom.

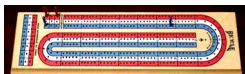


**EUCHRE**  
 Every Thursday 10:00-12:00 in the Classroom Just show up for fun and laughter!



**Bridge**  
**Wednesdays 12:00-3:30**  
 In our Front Room  
 Please call Earl Karich to express your interest: 360-582-7917  
**2nd & 4th Saturdays 6:30-9:00**  
 Please call Diana Smith: 360-775-5126


**Cribbage**  
 Led by David Squier **Tuesdays 11:00 to 1:00** In the Front Room



**S C R A B B L E**  
 Join us every Thursday in the Classroom at 1:00!

**NEW TIME!** **BINGO**  
**Games start at 12:00 on Thursdays.**  
 Come early to purchase your cards. Members \$1/Non-members \$2. Bingo Cards are just 50 cents each. 15 games, and we also have a Potluck. BIG Money on the last Blackout. Play Responsibly!

**PINOCHLE**  
 Led by Vicki Kingsolver **Tuesdays at 1:00 in the Classroom**



**MEXICAN TRAIN**  
 Mondays at 10:00 in the Classroom Just show up and have fun with us! 360-683-6806



**Hand and Foot** **HAND AND FOOT**  
**Fridays 9:00-11:00 in the Classroom**



**Ante up!** Join the ShipleY Center Poker Group **FRIDAYS at 11:30** In the Classroom There's room for you at the table!






### Hula Tuesdays 2:00 - 3:30 In the Dance Hall

Members \$3, Non-members \$6  
Please call Sandi Lazzaro for information  
360-809-3390

### PERSONAL SAFETY/SELF DEFENSE



Led by Retired Police Officer  
Ken Phillips  
Thursdays at 2:30 in our Front Room  
You may just show up for this  
important activity.

### Line Dance on Fridays!

10:30-12:15 High Beginner  
12:30-2:00 Beginner 2  
2:15-3:30 Beginner 1  
In our Main Room



*Chair Ballet is on Summer Break.*

*See you in September!*

Join Bayley Johnson to relive childhood  
dreams and build strength and grace.  
This 55-minute class is adapted for  
those with mobility and balance issues.  
We will begin each class in a chair and  
advance to simple steps.  
You will leave feeling poised and empowered



Come join Beth Glick for  
**ZUMBA GOLD**  
Mondays and Fridays at 11:00  
Wednesdays at 11:15

### Easy Stretching with Keoki

This is a full-body stretch followed by  
guided relaxation.

This floor activity requires a yoga mat.  
A blanket is also recommended.

**Mondays at 2:30 in our Front Room**



### Chair Qi Gong

For Balance, Flexibility &  
Mindful Focus

**FRIDAYS AT 9:30 IN OUR FRONT ROOM**

Led by Richard Chabot



### Have YOU tried YOGA?

EZ Yoga

Wednesdays and Fridays at 1:30  
\$3 Members \$6 Non-members



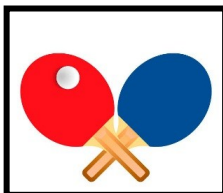
### The gentle art of TAI JI

led by  
Steve Arstad and Scotty Wells

**10:00 on Tuesdays in the Main Room**

### Ping Pong

Tuesdays 12:00-1:30  
Wednesdays/Thursdays 3:30-5:00  
Sundays 1:30-3:00 except 7/12  
All levels of skill welcome!



### TAI CHI CHUAN

Join Richard Chabot for this  
classic practice.

**Wednesdays at 10:00**

**In our Main Room**



Ukelele Play and Sing  
Mondays 1:00-3:00  
In the Main Room

### Fiber Arts

Tuesdays in our Front Room at 9:30  
Fridays in the Art Room at 9:30



### BASIC MEDITATION CLASS via ZOOM!

**Friday Mornings at 9:30**

A basic guided meditation class led by Jean Kipper.  
Sponsored by *Dungeness Courte Memory Care*.  
No class fee is required.

For more information call  
360-683-6806



# July 2026-WEEKLY ACTIVITIES

MON	TUE	WED	THUR	FRI
 <p>Details in the June newsletter.</p>	<p>Have you chosen to join us for our Independence Day luncheon? Thursday at 1:00. Our doors open at 12:30. Tickets are by presale. 360-683 6806</p>	<p><b>1 LEO'S IS CLOSED</b>                      9:00-Balance Class                      10:00-Diabetes Support Group                      10:00-Exercise is Fun                      10:00-Tai Chi Chaun                      11:15-Zumba Gold                      12:00-Bridge                      1:00-Mahjong                      1:30-EZ Yoga                      3:30-<b>NO</b> Ping Pong</p>	<p><b>2 LEO'S IS CLOSED</b>                      9:30-Spanish Conversation                      10:00-Euchre                      10:00-Vet's Coffee                      12:00-Bingo                      1:00-Scrabble                      1:00-Luncheon                      2:30-ILCarosello Italiano                      2:30-Personal Safety                      3:30-<b>NO</b> Ping Pong</p>	 <p>SHIPLEY CENTER IS CLOSED IN OBSERVANCE OF INDEPENDENCE DAY</p>
<p><b>6</b>                      9:00-Balance Class                      9:00-<b>NO</b> Chair Ballet                      9:00-Water Media Drop-in                      10:00-Mexican Train                      11:00-Zumba Gold                      12:00-Readers Theatre                      1:00-Ukulele                      1:00-Computer Clinic                      2:30-Easy Stretch</p>	<p><b>7</b>                      9:30-Fiber Arts                      10:00-Meet and Paint                      10:00-SHIBA                      10:00-Tai Ji                      11:00-Cribbage                      12:00-Ping Pong                      1:00-N.O.W.                      1:00-Pinochle                      2:00-Grief and Wellness Group                      2:00-Hula</p>	<p><b>8</b>                      9:00-Balance Class                      10:00-Exercise is Fun                      10:00-Investing Class                      10:00-Tai Chi Chuan                      11:15-Zumba Gold                      12:00-Bridge                      1:00-Mahjong                      1:30-EZ Yoga                      3:30-Ping Pong</p>	<p><b>9</b>                      9:30-HEALTHY U Crystal Rodman: see page 18                      9:30-Sewing                      9:30-Spanish Conversation                      10:00-Euchre                      11:30-Whole Foods Plant Based Group                      12:00-Bingo                      1:00-Scrabble                      2:30-ILCarosello Italiano                      2:30-Personal Safety                      3:30-Ping Pong</p>	<p><b>10 LEO'S IS CLOSED</b>                      9:00-Balance                      9:00-Hand and Foot                      9:30-Chair Qi Gong                      9:30-Fiber Arts                      9:30-Meditation (Zoom)                      10:30-Line Dance (High-Beginner)                      11:00-Zumba Gold                      11:30-Poker                      12:30-Line Dance (Beginner 2)                      1:30-EZ Yoga                      2:15-Line Dance (Beginner 1)                      2:30-French Class</p>
<p><b>13</b>                      9:00-Balance Class                      9:00-<b>NO</b> Chair Ballet                      9:00-Water Media Drop-in                      10:00-Mexican Train                      11:00-Zumba Gold                      12:00-Readers Theatre                      1:00-Ukulele                      1:00-Computer Clinic                      2:30-Easy Stretch</p>	<p><b>14</b>                      9:30-Fiber Arts                      10:00-Meet and Paint                      10:00-Tai Ji                      11:00-Cribbage                      12:00-Ping Pong                      1:00-N.O.W.                      1:00-Pinochle                      2:00-Grief and Wellness Group                      2:00-Hula</p>	<p><b>15</b>                      9:00-Balance Class                      10:00-Exercise is Fun                      10:00-Tai Chi Chuan                      11:15-Zumba Gold                      12:00-Bridge                      1:00-Mahjong                      1:30-EZ Yoga                      3:30-Ping Pong</p>	<p><b>16</b>                      9:30-Sewing                      9:30-Spanish Conversation                      10:00-Euchre                      10:00-<b>NO</b> Healthy U Sherryl Chandley-Brown                      12:00-Bingo                      1:00-Scrabble                      2:30-ILCarosello Italiano                      2:30-Personal Safety                      3:30-Ping Pong</p>	<p><b>17 LEO'S IS CLOSED</b>                      9:00-Balance Class                      9:00-Hand and Foot                      9:30-Chair Qi Gong                      9:30-Fiber Arts                      9:30-Meditation (Zoom)                      10:15-Line Dance (High-Beginner)                      11:00-Zumba Gold                      11:30-Poker                      12:45-Line Dance (Beginner 2)                      1:30-EZ Yoga                      2:15-Line Dance (Beginner 1)                      2:30-French Class</p>

# July 2026-WEEKLY ACTIVITIES

MON	TUE	WED	THUR	FRI
<p><b>20</b>                      9:00-Balance Class                      9:00-<b>NO</b> Chair Ballet                      9:00-Water Media Drop-in                      10:00-Mexican Train                      11:00-Zumba Gold                      12:00-Readers Theatre                      1:00-Ukulele                      1:00-Computer Clinic                      2:30-Easy Stretch</p>	<p><b>21</b>                      9:30-Fiber Arts                      10:00-Meet and Paint                      10:00-SHIBA                      10:00-Tai Ji                      11:00-Cribbage                      12:00-Ping Pong                      12:30-Book Club                      1:00-N.O.W.                      1:00-Pinochle                      2:00-Grief and Wellness Group</p>	<p><b>22</b>                      9:00-Balance Class                      10:00-Exercise is Fun                      10:00-Investing Class                      10:00-Tai Chi Chuan                      11:15- Zumba Gold                      12:00-Bridge                      1:00-Mahjong                      1:30-EZ Yoga                      3:30-Ping Pong</p>	<p><b>23</b>                      9:30-Spanish Conversation                      10:00-Euchre                      12:00-Bingo                      1:00-Scrabble                      2:30-ILCarosello Italiano                      2:30-Personal Safety                      3:30-Ping Pong</p>	<p><b>24 LEO'S IS CLOSED</b>                      9:00-Balance Class                      9:00-Hand and Foot                      9:30-Chair Qi Gong                      9:30-Fiber Arts                      9:30-Meditation (Zoom)                      10:30-Line Dance (High Beginner)                      11:00- Zumba Gold                      11:30-Poker                      12:30- Line Dance (Beginner 2)                      1:30-EZ Yoga                      2:15-Line Dance (Beginner 1)                      2:30-French Class</p>
<p><b>27</b>                      9:00-Balance Class                      9:00-<b>NO</b> Chair Ballet                      9:00-Water Media Drop-in                      10:00-Mexican Train                      11:00-Zumba Gold                      12:00-Readers Theatre                      1:00-Ukulele                      1:00-Computer Clinic                      2:30-Easy Stretch</p>	<p><b>28</b>                      9:30-Fiber Arts                      10:00-Meet and Paint                      10:00-Tai Ji                      11:00-Cribbage                      12:00-Ping Pong                      12:30-Book Club                      1:00-N.O.W.                      1:00-Pinochle                      2:00-Grief and Wellness Group                      2:00-Hula</p>	<p><b>29</b>                      9:00-Balance Class                      10:00-Exercise is Fun                      10:00-Tai Chi Chuan                      11:15-Zumba Gold                      12:00-Bridge                      1:00-Mahjong                      1:30-EZ Yoga                      3:30-Ping Pong</p>	<p><b>30</b>                      9:30-Spanish Conversation                      10:00-Euchre                      12:00-Bingo                      1:00-Scrabble                      2:30-ILCarosello Italiano                      2:30-Personal Safety                      3:30-Ping Pong</p>	<p><b>31 LEO'S IS CLOSED</b>                      9:00-Balance Class                      9:00-Hand and Foot                      9:30-Chair Qi Gong                      9:30-Fiber Arts                      9:30-Meditation (Zoom)                      10:30-Line Dance (High Beginner)                      11:00- Zumba Gold                      11:30-Poker                      12:30-Line Dance (Beginner 2)                      1:30-EZ Yoga                      2:15-Line Dance (Beginner 1)                      2:30-French Class</p>

	<p><b>COME PAINT WITH US!</b></p>	<p><b>MONDAYS</b>                      9:00-12:00                      Water Media Drop-in                      In the Art Room</p>	<p><b>TUESDAYS</b>                      10:00-12:00                      Meet and Paint                      In the Art Room</p>	<p><b>TUESDAYS</b>                      1:00-4:00                      North Olympic Watercolorists                      In the Front Room</p>
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**There is no Line Dance Social in July. See you in August.** 

**SUNDAYS**

**PING PONG**


1:30-3:00

**Next Accordion Social!**

**ShIPLEY Center 921 E. Hammond St.**  
**Sunday, July 12 , 2026, at 1:30.**

Join fellow accordion players and enthusiasts for an afternoon of music and dancing. Cathy Cowley and Jim Lapsansky will be our featured players, performing polkas and popular dance duets.

\$5.00 suggested donation at the door.  
 Snacks and coffee provided.



**SATURDAYS**

**BRIDGE**

2nd and 4th  
 Saturdays  
 6:30-9:00



## Spotlight on Maureen Ardron

By Margaret Cox

Are you a Shipley Center volunteer? If so, know that you are greatly appreciated. Shipley Center is able to keep its Membership and activity fees low because of all its volunteer instructors/leaders. The Center is dependent on them to provide our vast array of activities.

One of most recent volunteer instructors is Maureen Ardron teaching the *EZ Yoga* classes on Wednesdays and Fridays at 1:30. A fairly recent transplant to Sequim, Maureen came to join her extended family already living here, in June, 2024.



-----

**Early Years:** Maureen Ardron was born in Omaha, Nebraska, the eldest of three, followed by two brothers. When she was seven, her family moved to Long Beach, CA, and later to Huntington Beach where she graduated from Huntington Beach High School.

With the goal of becoming a teacher, Maureen attended Orange Coast Junior College in Liberal Arts. When her family moved from California to St. Louis, MO and later, Denver, CO, she went with them and began taking on office jobs.

**Working Years:** Returning to the Port of Long Beach, Maureen worked for banks, and shipping companies. It was when working at United States Line that she met her husband, Jim. He was transferred many times up and down the California coast, each time he was promoted. A good negotiator, Jim retired from American President Lines.

After she was married, Maureen went to another steamship company in the LA Harbor. She gives credit to all the longshoremen and truck drivers she worked with. While often given a bad rap, she says, "They were the nicest men; I never felt threatened. Sometimes the public seems to forget how important the trades are to our lives."

**Family:** Maureen and Jim and a son who became a teacher, now in the Sequim School District. (Hmmm . . . fulfilling his Mom's earlier dream of becoming a teacher?) During the time he was growing up, the family spent time travelling between Jim's family in Philadelphia and Maureen's family in California. Travel together as a couple included a trip to London and a cruise to the Bahamas.

Sadly, Maureen had to assume the position of being Jim's caregiver for the last ten years of his life. Not regretting that, she says of him, "I lucked out; he was so handsome and sweet, and we had a wonderful life together for forty-nine years. I'm still grieving."

**Coming to Sequim:** To me, this was such an amazing story! Gradually, over several years, her whole family came together, all living in Sequim!

It began with her son. While attending Washington State University, he had come up to the Peninsula on several occasions just to tour and explore the area. He was particularly impressed with Sequim and decided that's where he wanted to teach. He, in turn, convinced his sister—a wedding caterer and restaurant owner—and two daughters to relocate here.

Now widowed and living alone in Nipomo, CA, Maureen's daughter and son encouraged her to join them here in Sequim. Once she made the decision, her home sold almost immediately, and it was up to her children to quickly find her a place to live here. They found a very nice comfortable home on acreage, off Lost Mountain Road. There she lives with her daughter, two granddaughters (13 and 15), and three dogs!

Continued on p.13

Maureen's brother, an Episcopal priest, has a small house on her property; her son, daughter-in-law—also a Sequim teacher—and niece live only a mile away. Everyone in the family living so close by is a joy to Maureen. She is able to attend the girls' school activities; and, just the night before our interview, Maureen had attended the end-of-year Sequim High School Choir Concert, where her granddaughter won the award for "most improved freshman." Such a Grandma's pride!

A Mariners' fan, Maureen enjoys watching their games on TV. In her free time, she also enjoys reading, practicing yoga, walking and "enjoying the area around beautiful Sequim!"

**Interest in Yoga:** When Maureen lived in Nipomo, a neighbor conducted classes in a yoga studio on her property. Reacting to a community notice about upcoming classes there, Maureen thought she'd give it a try . . . and that was the beginning of her love for that practice. She found it a welcoming community, and the instructor made sure everything was done right.

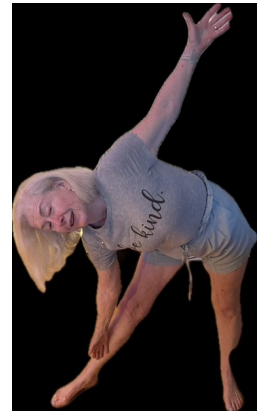
From that beginning, she took 200 hours of training to become an instructor, took classes in therapy massage for pain relief, and the mind and body working together. She enjoyed and learned from attending retreats in Thailand, Costa Rica, and Croatia.

**Volunteering:** For ten years in California, Maureen served as an Orange County volunteer Ombudsman for the Council on Aging. She is passionate about protecting seniors! She would visit assisted living and nursing homes to check on how things were being handled there, talking to the providers as well as the residents. She would send reports of her findings to the State and Medicare. "Everyone has the right to a decent life for the rest of our lives."

So, when she came to Sequim and joined Shipley Center, it was a natural for her to volunteer to lead a class in what she had a passion for . . . yoga! Of her class, *EZ Yoga*, Maureen says it is a combination of chair and floor yoga movements. She welcomes all new members. No experience necessary! Everyone does what they can. "I've been blessed and want to help others experience the joy of movement." (She's also a volunteer Bingo caller at the Fifth Avenue Retirement Center!)

**"Most Amazing Senior Center!"** Of Shipley Center, Maureen enthuses, "It is the most amazing center I've seen in my whole life, and I've seen many. There's a spirit here you can't quantify. It is welcoming . . . inclusive . . . and joyful! You see smiles everywhere, and feel you can belong here."

As all of us are, Maureen is looking forward to our new building with all the enthusiasms we can muster! Beautiful people . . . exciting!



## PICKLEBALL IS COMING TO SHIPLEY CENTER

As the date for moving to our new building draws nearer and nearer, folks are beginning to ask where their activity is going to take place and want to be assured that there will be ample room to play and store their activity related stuff. Fair enough. Life and activities will continue with comfortable familiarity after the move.

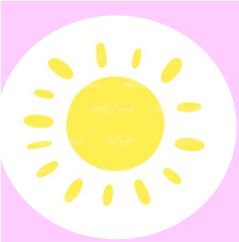
People are also asking, "Why do we have a gym for pickleball?" "What does that have to do with seniors?" "Aren't we just buying into a lot of hype?"

I was recently given an article from *We Get Better with Age* that goes into the science that supports this sport as an excellent activity to promote cardiovascular health, joint health, and proprioceptive (*where am I in space*) awareness. And, it turns out that pickleball isn't a sport that has to be adapted for older adults. The court size and net height are just right for the prime demographic (55-75-year-olds). It promotes balance and agility which play a large part in our ability to participate in life without accidents and injuries. It also provides a social structure that produces connection. You don't have to have a partner or team. You can just show up during free-play and join in the fun. For this reason, pickleball also promotes good humor. Yes, pickleball players feel more connected and are more cheerful. It's in the science!





1	Leslie Eaton	9	Kate Stephenson	17	Lynda Feng	25	Ken Phillips
	Ron Freeman	10	Barbara Alana		Monica Hove		Gary Ruen
	Earlene Hunter		Mike Burr		James Johnston		Judith Whipple
	Mary Kaetterhenry		Kathy Hershman		John Kriletich	26	Cathy Candia
	Susan Lagerquist		Myrna Mantle		Steven McPherson		Linda Dilley
	Karin Peak		Jerry Oden		Judy Rhodes		Winona Giersch
	Renae White	11	Peggy Colegrove		Steve Romberg		Bill Harrington
	Judy Wilson		Annie Cortez	18	Sandee Freeman		Louise Lines
2	Fritz Field		Carl Mountain		Joe French		Sherry Niermann
	Tessa Johnston		Karen Pope		Fred Hershman		Richard Sleeper
	Debbi McDermott	12	Nancy Buckner		Jim Lewis		Joanne Thoma
	Rita Rogers		Magi Fainer-Towne		Tanya Mitchell	27	Sue Cimino
	Darlene Smith		Jean McMahan	19	Mary Aulet		Patty Giffin
	Janet Wicker		Karla Messeschmid -Morgan		Marilyn Gundy		David Martin
3	Peggy Jackson		Margaret Miles		James Haus		Michael Varon
	Ruth Messing		Tom Mix		Petrie Taylor	28	Robert Baer
	Patricia Roth		Margot Reinke		Michael Webb		Fisch Marge
	Diana R. Smith		Linda Stacy	20	Jeanie DeFrang		Brenda Grall
4	Sharon Blanken	13	Marilyn Axtell		Linda Hinds		Larry Hobbs
	Barbara Bolles		Ken Hill		Jesse James		David Neidhardt
	Charlotte Elkins		Debbie Minch		DJ Medlong		Valerie Scherbinske
	Frank Pickering		Patricia Fletcher		Carl Menconi	29	Tommy Arends
5	Beverly Cunningham	14	Diane Lopez		Cindy Wallace		Jackie Berry
	Janet Lenfant		Sue Nelson	21	Robert Pefferman		Robert Burk
	Leon Lopez		Margaret Powell		JoAnn Sahs		Donna Campbell
	Gwenn Malham		Andria Richey	22	Mary Webber		L Pauline Olsen
	Anne Nethercut		Peter Tartaglino		Carrie Crawford		Ruth Otis
	Marianne Nolte	15	Mary Blankenship		Gina Hietpas		Scott Templeton
6	Mary Deverin		Nancy Janis	23	Kim McKie		Teresa Ward
	Patricia Moore		Patrick Pritchard		Dotty Hoffman-Barr	30	John Butler
	Daphne Walters	16	Karen Carroll		Susan Bauer		Jean Collinson
	Richard Walters		Lorraine Eggers		Laura Kriese		Linda Rees
	Keith Whitmore		Loren Erpelding	24	Holly Bliss		Nancie Reiman
7	Joan Enoch		Patricia Kehoe		Aaron Elkins		Pamela Tanski
	Philip Walker		Ann Kuster		Trish Kukor		Rae Yan
8	Sandy Alatorre		Andrew Leech		Philomena Lund		Jan Zakarian
	Herbert Elofson		Jim Lemon		Cyndi Ross	31	Albert Giersch
	Karen Herman		Jorine Louie	25	Donnie Underwood		Diane Goldberg
	Marilyn Hunt		Carlyn Rice		Marcia Aurdal		Sheila Jaquibino
	Colleen Squier		Carolyn Temte		Olene Brame		Luanne Kunsman
9	Jada Jack		Connie Vincent		Albert Camin		Gary Mitzner
	Stuart Kiehl		Janet Woodward		Maura Mattson		Elizabeth Mountain
	Jon Lindstrom		Jane Yenny		Linda Mccabe		Emi Tahira
	Kathryn Nelson	17	Susan Bradford		Heather Minter		Susan Zarit



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- AMERICA
- BARBEQUE
- COLONIES
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- DECLARATION
- EQUALITY
- FIREWORKS
- FOURTH
- FREEDOM
- HOTDOGS
- INDEPENDENCE
- JEFFERSON
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- STATES
- THIRTEEN
- UNITED

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**FIND THE HIDDEN OBJECT**

There is a small drawing of a popsicle somewhere in the newsletter.

Send your name, phone number and the page number where you found the item to programs @shipleycenter.org.


You will be entered to win \$4 in activity bucks or Leo’s Café bucks.

**Please enter by July 14!**




- CELEBRATING
- SUMMER
- and
- FREEDOM

- |         |           |         |
|---------|-----------|---------|
| SYRUP   | SCOOP     | CHERRY  |
| SPLIT   | BANANA    | MALT    |
| PARFAIT | SORBET    | BOOTH   |
| VANILLA | TOPPING   | CONE    |
| FLOAT   | CHOCOLATE | FREEZER |
| NUTS    | SHAKE     | SUNDAE  |



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Innovation, not emulation  
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**LEGACY GIVING**

**IT'S MORE THAN AN ACT OF GENEROSITY**  
IT IS AN IMPORTANT INVESTMENT IN THE FUTURE OF OUR CENTER.  
TO BE PART OF THIS FINE TRADITION, ASK YOUR ATTORNEY TO ADD THIS, OR OTHER SUITABLE LANGUAGE, TO YOUR WILL:

**"I give, devise, and bequeath to Sequim Senior Services, Tax ID number 91-1355592, 921 E Hammond St, Sequim, WA 98382, (insert: dollar amount, percentage of estate, description of real estate or other property, nature of gift, or remainder of my estate)."**

**Contact: Executive Director, Michael Smith, to discuss legacy giving, and how you can use beneficiary designations on various types of accounts without changing your will.**

**Pacific Rim Hobby**



Model Cars-Boats  
Trains-Planes-RC  
Tools-Supplies  
Puzzles-Rockets  
TUES-SAT 11-3  
360-457-0794

**138 W Railroad - Port Angeles**



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 WEB etannicenters.com

## ShIPLEY Singles

Where Acquaintances Become Friends!

### Singles Breakfast Gatherings

are at a chosen restaurant on the 2<sup>nd</sup> Tuesday of each month.

Call **Bobbie Dahm** at 360-477-0019 for information and to sign up.

### Singles Lunch Gatherings

are at a chosen restaurant on the 3<sup>rd</sup> Wednesday of each month.

Call **Robert Drews** at 360-670-9008 for information.



## Your Lifestyle Your Family Community

*Our caring team looks forward to providing you and your family quality care and services from a leader in senior living.*

Call us today to schedule a tour  
**(360) 681-3385**

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trustwellliving.com

### SHIPLEY CENTER HEALTHY U

Please join us for this speaker’s platform providing information on how to maintain our health and fitness as we grow older. We currently have two presenters.

#### Crystal Rodman, RN

Presents:

#### Living Well as We Age

2nd Thursday at 9:30

In our Front Room

Thursday, July 9: Crystal speaks on Managing Chronic Conditions without Losing Control: staying ahead of complications

Crystal is Chief Care Navigator for Unity Path Health Navigation Partners. She joins us at Shipley Center to educate and support us in practices of healthy aging.

#### Sherryl Chandley-Brown

Presents:

#### Separating Brain Myths from Brain Facts

3rd Thursday at 10:00

In our Front Room

**NO PRESENTATION IN JULY  
SEE YOU AUGUST 20TH.**

Join Sherryl for a guided discussion and experiential activities designed to better understand how your brain responds to challenge, recovery and support.

Sherryl is a Board Certified Integrative Nutrition Health Coach

She joins us to educate us on how the brain changes with age and what actually helps.

#### Exercise is fun!

Exercises designed by Barb Paschal to support your balance and core.



We do low impact aerobic exercises to music. Class begins with 10 minutes of “Barb’s Words of Wisdom”, then 30 minutes of aerobics.

We end with 20 minutes of stretching.

It’s fun and easy. Bring a yoga mat and your best jokes to the Front Room on Wednesdays at 10:00. Questions: Kim 253-261-6188.

#### You’re invited to BOOK CLUB

Led by Richard Quinnell

Join in and read one common book per month\* and enjoy lively discussion with other members.

4th Tuesdays

12:30-1:30

In our Art Room



July’s Book: “Born a Crime” by Trevor Noah

\*May be available in Sequim Public Library

#### Volleyball Anyone?

Looking for volleyball players!

All skill levels from never played, to competitive. My name is David Pinick and I love to play volleyball.

Looking to see the number of people who are interested in playing; women, men, and co-ed games.

E-mail me at

[OFFTHEBIT@AOL.COM](mailto:OFFTHEBIT@AOL.COM)

or text to 253-414-4089.

Give me a brief note about your experience and what you would like to play. Let’s get this started in prep for the new building. Who knows, we might even get some summer outdoor games going!



#### \$\$\*\*Shipley Investing Class\*\*\$\$

The Investing Class meets twice a month on the 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays at 10 am in the Art Room.

Come join us to learn about economic and financial news, and long term diversified investment strategies suitable for your age, risk tolerance, and investment objectives.

If you have questions, call Rich Snow at 360-710-6899.

Thank you for supporting Shipley Center.

**OUR MISSION**

**Helping adults thrive through social, health and fitness activities and lifelong learning.**

**SHIPLEY CENTER HOURS**

Monday-Friday 9:00am - 4:00pm

**STAFF**

<i>Michael M. Smith</i>	<i>Executive Director</i>
<i>Theresa Fox</i>	<i>Office Manager</i>
<i>Deb Hudson</i>	<i>Member Services Director</i>
<i>Reba Renner</i>	<i>Program Director</i>
<i>Debbie Patterson</i>	<i>Trips Coordinator</i>
<i>Kathryn Kitts</i>	<i>Chef</i>
<i>Gayle Urban</i>	<i>Bookkeeper</i>
<i>Duane Cobb</i>	<i>Maintenance</i>

**OFFICE VOLUNTEERS    CAFÉ VOLUNTEERS    EVENTS**

Elaine Churchill	Elaine Churchill	Synnove Byberg
Cindy Crossman	Melinda Dewey	Cindy Crossman
Sandie Kiehl	Susan Geritz	Sandie Kiehl
Nancy Madison	Cindy Grey	Theresa Nasmith
Brenda Peck	Karen Hanson	Linda Plenert
Becky Skilling	Susan Hunt	Karen Rose
Linda Strohm	Renee Millar	Pat Snyder
	Steve Romberg	Linda Strohm
		Colleen Weston

**Bus Maintenance:** Lou Foldoe, Daniel White  
**Bus Drivers:** Janelle Kelly, Margie Logerwell, Linda Marshett, Eric Mullen, John Sebastian, and Debra Smellie  
**Computers:** Ray Bentsen, Joe Mirabella, Pat Urso

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<b>Tom Marshall</b>	<b>Scott Wells</b>
<b>Mary Ellen Reed</b>	

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# Classifieds

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**Patios by Evette**  
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 Please Call 424-901-3565 and leave your name and number.

**VOLUNTEERS**  
 Please record your hours in the office.  
 Not only do we want to celebrate your service to Shipley Center, this is important for our status as a non-profit organization.



**GOT ART?**  
 We are ready to accept more art! If you have art you are ready to let go of, we would appreciate your donation. Your art will be available for sale at a modest price here in the Center. If it doesn't sell here, it will go to our next benefit sale. All proceeds go toward the renovation of our new building. Please call Reba to arrange delivery. 360-683-6806



The June Hidden Object  was on page 3 in the top right corner.  
 Congratulations to the 5 who located it and sent in their entry by the 14th!



Front Desk: (360) 683-6806  
Office Hours: M-F, 9 am to 4 pm  
Programs@shipleycenter.org

Travel Desk: (360) 683-5883  
Office Hours: M-F, 9 am to 1 pm  
Trips@shipleycenter.org

Leo's Café: (360) 775-3883  
Café Open M-Th, 9 am to 2 pm



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**The Center News Sneak Peek...**  
Benefit Sale p.1, Luau p.1  
Leo's Café News: Coming Events p.  
Michael's Message:

Calendar Packed with Activities: pp.10-11  
Spotlight on: Maureen Ardron pp.12-13  
Puzzles and Fun: p.15  
Trips and Tours: See Green Insert!

Sequim Senior Services, doing business as:

Shipley Center  
921 E. Hammond Street  
P.O. Box 1827  
Sequim, WA 98382



**Serving the Sequim-Dungeness Valley Since 1971**

Be sure to visit our website at  
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## ShIPLEY Center Trips

**360-683-5883**

**Trips hours: 9:00 – 1:00 Monday – Friday [trips@shipleycenter.org](mailto:trips@shipleycenter.org)**

**M=Member, NM=Nonmember**

**July 2026**

**Wow! It's July already! This is the month for barbeques and fireworks as we celebrate the 250<sup>th</sup> anniversary of our independence! July also has some fun days like World UFO Day on the 2<sup>nd</sup> (little green men might be seen!), National Fried Chicken Day on the 6<sup>th</sup>, World Chocolate Day on the 7<sup>th</sup> (every day is chocolate day in my house!), and July 30<sup>th</sup> is the International Day of Friendship. So gather some friends together and sign up for a trip on the Shipley Fun Bus!**

**IKEA Shopping, Tuesday, July 7<sup>th</sup>** -- This is not just a furniture store; there is so much more! Home décor, outdoor and gardening products, kitchen and bathroom accessories, and organization goodies!

For lunch, try out the Swedish Restaurant and Bistro! Janelle will be our driver for this adventure.

**Departs 8:00 to approx. 5:00**

**\$55/m\$60/NM**

**Wolf Haven Sanctuary, Thursday, July 9<sup>th</sup>** – (*This trip was postponed from June 20<sup>th</sup>*) Wolf Haven is an internationally recognized wolf sanctuary located in Tenino, WA. This guided tour involves some walking through the sanctuary. It also includes a video at the Visitor Center. We will be stopping at a nearby restaurant for lunch after the tour. Margie will be your driver.

**Departs 8:00am to approx. 5:00pm**

**\$68/M\$73/NM**

**Royal Museum, Victoria BC, Monday, July 13<sup>th</sup>** - Let's visit one of the oldest operating museums in Canada. You will see *Critical Distance*, an immersive augmented reality experience that brings you face to face with a holographic orca pod! *Ancient Egypt: Obsessed with Life*, is an immersive exhibition exploring ancient Egyptian rituals, beliefs and artistry. There is so much to see! We will be walking on the ferry to Victoria and then walking to the Museum. Lunch (on your own) will be at the museum café or place of your choosing nearby. The price includes the round-trip ferry fees and museum admission. I need payment as soon as you call – I have to book the ferry and buy tickets immediately if we are going. You will need Real ID or passport.

**Departs 7:15am to approx.5:00pm**

**\$116M/\$121/NM**

**Clearwater Casino, Tuesday, July 21<sup>st</sup>** – It's time to get your family and friends together for a day out at the Casino! We need at least 10 people every month in order to keep this trip happening. I'll be calling some travelers we haven't seen for a while, so get ready to make some new friends! Debra will be taking us on the Shipley Fun Bus, so Come one! Come all! and make this a great day out!

**Departs 9:00 to 3:30**

**\$15 per person**

**July 27<sup>th</sup>-30<sup>th</sup> – Portland, OR** – Fabulous Falls and River Cruisin' – Multnomah Falls, lunch at the lodge, tour of Powell Bookstore in Portland, lunch cruise on the Portland Spirit, Titanic Exhibit at Oregon Museum of Science and Industry, 3 nights, 4 days at the Oxford Jensen Suites. Your hotel, museum tickets, and lunch cruise fare are included in the price. And there also might be time for a stop at Voodoo Donuts! There is space left, so call asap.

**Departs TBD**

**\$490dbl/\$720sng**

**August 6-Mariners vs the Tigers** – Digital tickets again this year. This is a Mariners Senior Day event, so along with your ticket, there is lunch! The price includes the game ticket along with the ferry fees. I have arranged for all of our seats to be in the shade so we can enjoy the game comfortably. Right now there is a waiting list, so call me asap to get put on it.

**Departs 7:30am to approx. 6:30**

**\$140/M145/NM**

**High Tea, Bchart Gardens, Victoria BC, Monday, August 17<sup>th</sup>** – We are returning to the Gardens again this year for an amazing British-inspired High Tea, with leisure time spent in the famous B-chart Gardens! No fancy dress required; just dress like you were going to a nice restaurant. We will be coming home on an earlier ferry, not as late as last year. ***Please call me and pay asap – I need to make reservations for the ferry and the gardens!***

**Departs 7:00am to approx. 5:30**

**\$185/M\$200/NM**

**Quinault Beach Resort & Casino – August 24<sup>th</sup> - 26<sup>th</sup>** – Two nights at this resort, right on the beach! If you like the casino, this is a nice little getaway. There is also shopping downtown for when you've had enough beachcombing. ***(Please keep in mind that these are rooms on the beach during peak season)***. Debra will be our driver.

**Departs TBD**

**\$542/dbl\$768sng**

**Issaquah, Jakob Two Trees Troll Viewing and Lunch, Thursday, September 17** - We will be going "troll hunting" with our driver Margie and will meet Jacob Two Trees, another amazing creation by Danish sculpture artist Thomas Dambo. We will be stopping for lunch (on your own) before heading home. (This has been postponed from August due to scheduling difficulties.)

**Departs 8:30 to approx. 4:30**

**\$72/M\$77/NM**

***Emerald Downs – September 5<sup>th</sup> Details in next month's newsletter.***

***Chemainus dinner/theater featuring "Peril in the Alps", an Agatha Christie mystery,***

***October 12-14<sup>th</sup>.*** -Details in next month's newsletter.

***NOTE for Troll Afficionados! Starting October 15<sup>th</sup>, the Point Defiance Zoo and Northwest Trek are sponsoring "Trolls: A Field Study" by renowned Danish artist, Thomas Dambo. We would start at the Zoo to find 8 of the 12 Trolls, then on to Northwest Trek to look for the remaining 4. I believe this would be an "overnighter", so if I have enough interest, I will start planning. Our troll hunts have always been fun, so let me know!***

### ***IMPORTANT INFORMATION***

*You may have noticed there is a change in our parking situation out in the grassy area where we usually park our cars when on trips. Please park on the right side, where the orange cones are.*

*We now have a **NO COFFEE** policy on the bus due to the difficulty of cleaning spilled drinks after trips. Thank you Lou Foldoe and Dan White for keeping our bus clean and pretty!*

*After the Seaside trip, someone left a travel mug on the bus. Come to the trips office to claim it.*

***Due to the rising cost of gas, ferry prices, added taxes and fees on hotels, museums, etc. the final cost of all trips has increased. I'll continue to keep them as reasonable as possible. Thank you for your understanding.***

***Please stop by the office anytime to check out all the trips being presented by Collette Travel and Premier World Discovery. We have international and domestic trips going all year long, and there are new ones for 2027 for you to check out! All brochures are in the hall across from the trips office.***

***See you on the Shipley bus! Debbie***

***"Let us live like flowers-wild and beautiful and drenched in sun."***