



THE CENTER NEWS

A Monthly Publication of Shipley Center - May 2020

SHIPLEY CENTER RESPONDS with resilience and purpose to COVID-19

For your safety, all activities and socials are cancelled until sometime after the Governor's Stay-At-Home order is lifted.

We hope to re-open just as soon as it is safe to do so!

To be "in the know": Make sure we have your current email address, or regularly check our website, www.shipleycenter.org, or our facebook page, [www.facebook.com/shipleycenter](https://www.facebook.com(shipleycenter)

If you do not have computer access, feel free to call our office at 360-683-6806



Support Local Restaurants Contest!

Win one of twelve \$20 gift certificate to a local family-owned restaurant that is doing take-out.

12 winners of \$20 gift certificates in this **FREE** drawing will be randomly selected from all entries received by Friday May 15th at noon.

Winners will be notified by May 18th. Gift Certificates will be mailed to the winners.

To enter: Email the name of your favorite Sequim Family-owned Restaurant that is doing take-out to info@shipleycenter.org

Include your **full name and phone number**.

If you don't have email, call 360-683-6806 to enter by phone. Limited to **one entry per current Shipley Center member**.



THANKS TO
DUNGENESS
COURTE FOR YOUR
SPONSORSHIP!

PROTECT YOURSELF FROM COVID-19 FRAUD

During the coronavirus (COVID-19) outbreak, scammers may try to take advantage of you through misinformation and scare tactics. They might get in touch by phone, email, postal mail, text, or social media. Protect your money and your identity by not sharing personal information like your bank account number, Social Security number, or date of birth. Learn more about these scams and how to report them.

To learn more about common scams go to:
<https://www.usa.gov/common-scams-frauds>



Cindy Kazlauskas of Sequim Health & Rehab, right, delivers a bag of cards, homemade masks, and goodies to Bryanne at Highland Court Memory Care. Special thanks to Brenda of Loop N Stitch for sewing the masks. Just a reminder that we are all in this together!

#PROUDLY
PNW

Proudly Your Community Bank

 First Federal
ourfirstfed.com > 800.800.1577 Member FDIC

amazon smile

You can help Shipley Center every time you buy products from Amazon!

Just go to this link:

<https://smile.amazon.com/ch/91-1355592>

You will be helping “Sequim Senior Services” (our legal name). It costs you nothing extra, and Amazon donates half of 1% of all of your purchases to your senior center!

For this to work, you need to put the word “smile” at the beginning when you are shopping at amazon, so please go to: smile.amazon.com

Thanks for helping!

**SHIPLEY CENTER
TRIPS & TOURS
360-683-5883
trips@shipleycenter.org**



News & Notes

Beth Barrett, Trips & Tours Coordinator



Future Trips

It's very strange trying to plan for the unknown! We all are doing it every day.

I was very excited to see the interest in the trip to Snoqualmie Falls! Here are a few of the trips I would like to plan when we are again able to venture out in our bus:

- May 18: Clearwater Casino if open!
- Hobby Lobby
- Salt Creek Campground for picnic
- Wolf Haven
- Sol Duc (for Hot Springs and/or hike)
- Snoqualmie Falls and Treehouse Tour
- Tacoma shopping
- Emerald Downs

For those of you signed up for the following Regional trips, I have not yet canceled these... yet. If we need to cancel them, you will be refunded, or you can roll the funds over to another trip.

- May 19-21: Cranberry Coast
- June 9-11: Chemainus

Please call me if you would like information on the Collette Trips for **2021: Shades of Ireland (April 2021)** and domestic trip **Southern Charm, (March 2021)** featuring South Carolina, Savannah Jekyll Island and more! **Both presentations planned for June 16.**

We will not take any chances when we take our Shiple bus out, but I do need to keep plans in the works! If necessary, we will cancel any trip immediately. At this time, payments will not be needed until the week before any trip.

I was so excited to see the tulips blooming in my garden this spring! Next year, however, I plan on visiting the gorgeous fields of tulips in Mt Vernon during the annual Skagit Valley Tulip Festival!

It is a bit difficult to plan any trips at this time, but our Regional **Cranberry Coast** adventure has **not yet** been canceled. I will be waiting until May 5th to make that decision.

We also have a trip planned for **Chemainus** in June. As I am writing this article, Butchart Gardens is closed, as well as Chemainus Dinner Theatre. June sailings on the Coho are pending until they find out when the Canadian border will reopen. As soon as I receive more information, I will contact those of you who are planning on this trip

My own excursions have been few and far between lately, and I'm sure you are experiencing a similar scenario: an occasional walk around the block or down the street, a trip to the grocery store now and then, watering the plants around the house. It's been great to have the sunny weather!

As I mentioned last month, when we resume travel on the Shiple bus, you will be asked several questions about your respiratory health before you board. There is also the possibility we will request you wear a mask on our bus. However, we will wait until the time approaches before we make any set rules.

As said before, we want everyone to be healthy, and to stay healthy. We can't compromise anyone's well-being.

Oh, the places we'll go!

-Beth-

ADVANCE CARE PLANNING MEETING CANCELLED

Olympic Medical Center's Advance Care Planning staff will be cancelling our May 5 session at Shipley Center and hopefully resuming with our June 2nd session.

We would like to remind you how important it is to talk with your loved ones about your healthcare goals and wishes not only at end-of-life but throughout your lifetime.

Times such as these remind us that those who care about us need to know what our wishes are. Advance Care Planning helps you document the types of healthcare you do and do not want. You may not be able to predict every choice, but you can give those you love the guidance to confidently make decisions for you when you're unable to decide for yourself.

If you have questions or would like to have a conversation prior to June, please reach out to Sandy at ACP@olympicmedical.org or 360-565-9293.

**Lost Words from Our Childhood**

Murgatroyd! Do you remember that word and phrase? Heavens to Murgatroyd! The other day, a not-so-elderly (I'd say 75 year old) lady said something to her son about driving a jalopy; and he looked at her quizzically and asked, "What the heck is a jalopy?" He had never heard of the word jalopy! She knew she was old . . . but not that old!

Well, I hope you are hunky-dory after you read this . . . and chuckle. About a month ago, I illuminated some old expressions that have become obsolete because of the inexorable march of technology. These phrases included:

Don't touch that dial! Carbon copy, You sound like a broken record, and Hung out to dry.
Back in the olden days we had a lot of moxie. We'd put on our best bib and tucker to straighten up and fly right. Heavens to Betsy! Gee Willikers! Jumping Jehoshaphat! Holy moley! Holy Toledo!
We were in like Flynn and living the life of Riley; and even a regular guy couldn't accuse us of being a knucklehead, or a nincompoop . . . not for all the tea in China!

Back in the olden days, life used to be swell, but when's the last time anything was swell? Swell has gone the way of beehives, pageboys and the D.A., of spats, knickers, fedoras, poodle skirts, saddle shoes, and pedal pushers. Oh, my aching back! Kilroy was here . . . but he isn't anymore.

We wake up from what surely has been just a short nap, and before we can say, "Well, I'll be a monkey's uncle!" or "This is a fine kettle of fish!" we discover that the words we grew up with, the words that seemed omnipresent as oxygen, have vanished with scarcely a notice from our tongues and our pens and our keyboards.

Poof! go the words of our youth, the words we've left behind. We blink, and they're gone. Where have all those great phrases gone? Pshaw! The milkman did it. Hey! It's your nickel. Don't forget to pull the chain. Knee high to a grasshopper. Well, Fiddlesticks! Going like sixty. I'll see you in the funny papers. Don't take any wooden nickels. Wake up and smell the roses.

It turns out there are more of these lost words and expressions than Carter has liver pills. This can be disturbing stuff! (Carter's Little Liver Pills are gone too!)

We of a certain age have been blessed to live in changeable times. For a child, each new word is like a shiny toy, a toy that has no age. We, at the other end of the chronological arc, have the advantage of remembering there are words that once did not exist; and there were words that once strutted their hour upon the earthly stage and now are heard no more, except in our collective memories. It's one of the advantages of aging!

Leaves us to wonder where Superman will find a phone booth. . . . You'll notice they left out monkey business!!! See ya later, alligator! After a while, crocodile! Okey-dokey

By MICHAEL SMITH, EXECUTIVE DIRECTOR



"Ready . . . Set . . . Go?"

I want take this opportunity to thank all of our staff and board members, sixteen in all, who are making the effort to call all 1700 current Shipley Center members! (See *Spotlight*, p. 10) It has been a great experience, calling our members to say "hi" and to see if they needed any information about resources during this pandemic.

If you have not received a call, we may not have a working phone number for you. Please make sure all your contact info is correct! If you have changed numbers, dropped your land line, etc., or if you have an email address you'd like to share so you can get the latest updates, you can call our office at 360-683-6806.

Preparations

We have been making preparations to be *ready and set* for YOU to be able to return to your senior center when it is safe to do so . . . and the Governor says, "Go!"

The photos on this page show what we had been up to before the closure, and the few safety items that have been taken care of during the closure. The roof has been fixed and longer screws installed to hold our metal sheeting tight. Our new HVAC system is ready to warm or cool you; whatever you need in the way of comfort!

Duane has poured new concrete pads outside all our rear exit doors. Our main electrical panel has been replaced. Hand sanitizer dispensers have been installed at all entrances. And finally, snazzy new "sneeze guards" of shiny Plexiglas have been installed at our front desk and in the Trips and Tours department. They will provide protection for our members, volunteers and staff for as long as they are needed.



staff and board working behind the scenes to make Shipley Center better prepared for "Ready, Set, Go!" when the health crisis improves.



I know many of you are experiencing "cabin fever" and are anxious to come back to Shipley Center. We all miss each other and the friendships and activities we have here. We all hope to be able to enjoy these things once again in the near future.

We appreciate your loyal support in renewing your membership, making donations, and thinking of your

Take care and be safe,
Michael



VOLUNTEER HOSPICE CONTINUES MISSION OF SERVICE

Volunteer Hospice of Clallam County (VHOCC) remains committed to its mission of providing hospice services to the community even with travel and physical distancing directives in place. VHOCC continually monitors and follows COVID-19 guidelines from the CDC and Clallam County Department of Health and Human Services to protect patients, staff and volunteers. The organization has adapted as necessary and prudent to minimize the risk of virus transmission, but wants to assure the public that it is still operating, within the following parameters:

Office. Although not physically accessible by the public, the VHOCC office is operating as normal and can be reached Monday-Friday 9-4 pm by calling 360.452.1511 or emailing office@vhocc.org.

Hospice Services. Hospice services are being provided as usual for both current and new patients. Nurses continue to make clinical visits to patient homes while taking precautionary measures to prevent COVID transmission per the latest local public health and CDC guidelines. Services have been expanded to include medication pickup and other support such as delivering groceries for our most vulnerable patients. **VHOCC is accepting new patients.**

Grief Support. VHOCC is committed to continue to serve the bereaved, especially at this time when family and loved ones cannot physically be present. The sorrow of losing a loved one can be accentuated by the isolation felt due to the travel directives and physical distancing in place. In order to respect the guidelines and minimize virus transmission risks, the Port Angeles and the Sequim grief support groups have been combined in an online grief support group, pending enough people registered by 4/14. This online group is scheduled to start on Tuesday April 28 and run weekly from 2 pm to 3:30 pm until Tuesday June 9. Call 360-406-4439 for more information on this online group. Individual support continues to be available by phone only to any member of the public.

Spiritual Care. Given changes in funeral home policies and limitations on holding memorial and funeral services, volunteer spiritual care providers have been mobilized to support patients and their families at end of life. Spiritual care can be offered via phone to families near or at the time of death of a hospice patient.

Lending Closet. VHOCC has temporarily suspended lending equipment to the public in order to reduce the potential of virus transmission. However, medical equipment continues to be delivered to its hospice patients by dedicated volunteers. VHOCC will also assess on a case by case basis the feasibility of delivering essential medical equipment to members of the public. Borrowed equipment should be held onto until the Port Angeles office reopens to the public.

Volunteers—More Needed. Many long-serving, dedicated volunteers who are at high-risk for COVID-19 have been asked to stay home. VHOCC is recruiting new volunteers to help with essential services, especially in the area of deliveries and grief support by phone. Those who wish to volunteer while staying at home are urged to undertake the sewing of masks and gowns. Any extra elastic one may have tucked away in their sewing bin could be put to good use by VHOCC. Please call the Volunteer Services Manager at 360.452.1511 or email vsm@vhocc.org if you can help in any way.

As we all adjust to the situation with the COVID-19 pandemic, VHOCC hopes your family and all your loved ones are safe and staying home. Individuals and families who are already in the midst of an end-of-life journey and now facing greater uncertainty in these unprecedented times, are encouraged to reach out to VHOCC. The organization remains committed to providing compassionate care on all levels and in all ways possible.

Volunteer Hospice of Clallam County is grateful for your ongoing support during this critical time. Together, we will get through this, while standing with and caring for our community. To learn more about VHOCC visit VHOCC.org, VHOCC on Facebook, or call 360.452.1511.





SHOPPING ETIQUETTE

Following are some shopping etiquette guidelines from the Sequim Emergency Coordination Center (ECC):

- Do not shop in large groups. Many stores recommend no more than one to two customers per cart.
- Limit your trips to the store by buying a week's worth of perishable items at a time instead of shopping daily.
- Maintain social distancing while shopping by keeping a six-foot distance between other customers.
- Wash your hands before and after visiting the store.
- Sanitize the handhold of the shopping cart before use.
- Try not to touch too much in the store.
- Many customers are wearing a cloth mask when shopping to protect other customers. This is a voluntary decision and is not required. Remember that wearing a cloth mask does not replace the necessity for social distancing and proper hygiene.
- Don't go into any public place if you have symptoms such as coughing, sneezing, cold/flu like symptoms or a low-grade fever.

Birthday Cards Needed!

Donate your **NEW** birthday cards to our Birthday Card Coordinator. We also gratefully accept donations of postage stamps of any denomination.

You can turn them in at the Front Desk.

**Thank you!
Your generosity is
appreciated.**



Find the Hidden Object

Somewhere in this month's issue is a **Goldfinch**. It could be anywhere.



Once you spot the object, email your name, phone number and the location (page number) to assistant@shipleycenter.org. Or you can come into the Office and fill out a form and turn it in by the 15th of each month. A winner will be drawn from all correct answers. You can win \$4 off at *The Café* or \$4 in Activity Bucks.

Each month, we will be hiding a different object or animal. **Good Luck!**

LEGACY GIVING

IT'S MORE THAN AN ACT OF GENEROSITY

IT IS AN IMPORTANT INVESTMENT IN THE FUTURE OF OUR CENTER. TO BE PART OF THIS FINE TRADITION, ASK YOUR ATTORNEY TO ADD THIS, OR OTHER SUITABLE LANGUAGE, TO YOUR WILL:

"I give, devise, and bequeath to Sequim Senior Services, Tax ID number 91-1355592, 921 E Hammond St, Sequim, WA 98382, (insert: dollar amount, percentage of estate, description of real estate or other property, nature of gift, or remainder of my estate)."

Contact: Executive Director, Michael Smith, to discuss legacy giving, and how you can use beneficiary designations on various types of accounts to help without changing your will.

What is MGM?

Together, our **Members Giving Monthly** donors provide over \$1000. a month, or over \$12,000 per year, in much needed General Fund support!!!

These donations go towards our operating costs, which helps us keep dues and activity fees low. Some donors are doing a dollar a day, which is \$30 per month. Some are doing \$50 or even \$100 per month. You can become a \$100 **MGM** donor at our new lower minimum of just \$8.34 per month! For more information about **MGM** please call Michael Smith at 360-683-6806.



- | | | | |
|---|--|--|---|
| 1 Sam Carrieri
Linda Christensen
Kevin Hanley
Yvonne Linnabary
Kim McBride
Ina Palmer | 10 Jeff Albarado
William Hegarty
Eliza Main
Jennifer Lee Swenson
Juanita Sue Wells | 22 Patricia Allen
Sara Johnson
Doug Oakes
Delora Sallee
Carol Wickersham | 28 R E Atteberry
Alice Faye Gelbar
Theresa Nasmith
Jaydee Price
Robert Ritchie
Charles Schroeder |
| 2 Gary Stewart
Al Tarp
Shamya Waters
Richard Wolf | 11 Donald Johnson
Susan Kowitz
Betty Marshall | 23 Patricia Durbin
Cheryl Florentine
Mahina Lazzaro
Joy Sweet | 29 Diana Drassal
Berit Guerin
Eileen Larsen
Keith Ornduff
Elaine Peaslee
Patricia Rausch |
| 3 Judith Field
Lorena Gurr | 12 Carey Birkenfeld
Millie Harrell | 24 Barbara Cameron
Darlene Lemon
Dolores Reher | Carolyn Triebenbach
Deborah Young |
| 4 Deborah Alban
Susi Beattie
Jeanette Donelson
Alyce Hansen
Alice Mccracken
David Scully | 13 Susan Burkhardt
Victor Knickerbocker | 25 Vicki Shaw
Barbara Spoerri | 30 David Harrison
Julie Prafke
John Wilson |
| 5 Phil Dominiak
A. Star Pavish
James Peck | 14 Sharon Irish
Gwen MacRae | 26 Billie Pardee
Helen Rice | 31 Russ Fish
Don Skidmore |
| 6 Regina Bacon
Nancy Baer
Merrily Mount | 15 Barbara Brenner
Patricia Dusel | 27 Marina Tulley | |
| 7 Cheryl Brown
Captain Jeffrey Hartman
Dianne Onnen
Sharon Scarpon
Grace Wallace
Barbara Wieseman | 16 Scott Fager
Linda Fukunaga | 28 Claire Cornell
Kathleen Fisher | |
| 8 Barbara Filigno
Billie Fonville | 17 Jill Osborn
Victor Reventlow | 29 Kristen Springer | |
| 9 Rose-Marie Ballard
Sue Clary
Ilonka Mackenzie
Enza McCormick
Walter Panchyshyn
Frank Ryan
Steven P Sahnow | 18 Carleton Palmer III
Hans Philipps | 30 Ron Burke
Sue Lohler | |
| | 19 Lucile Thornton | 31 Cynthia Peters | |
| | 20 Margaret Mitchell
Rita Wise | | |
| | 21 Robert Anundson
Pam Bennett | | |
| | 22 Harold Bollinger
Judith Coleman | | |
| | 23 Allen Roehl
Allen Roehl | | |
| | 24 Al Popowski
Patricia Touchie | | |
| | 25 Donald Wright | | |
| | 26 Beth McGuffin
Barbara Becker | | |
| | 27 Renwick Garypie
Sue Haus | | |



THE SENIOR REPORT
FEATURING NEWS ABOUT SHIPLEY CENTER ACTIVITIES

DAILY AT 10:30AM, 2:30PM & 7:30PM

LISTEN AT 91.5FM OR VIA THE INTERNET @ WWW.KSQMF.COM

Thank You TO OUR DONORS

Members Giving Monthly Club!

Ronald Bean
Rena Blank
Helen Bucher
Lillian Chapman
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Mary Porter-Solberg
Mary Ellen Reed
Marion Rutledge
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Calvin & Virginia Smith

Mimi Sutton
Robbie Varney
Susan Waldroup
Mary Lou Westman
Leland White

THANK YOU THANK YOU THANK YOU THANK YOU THANK YOU THANK YOU

Recent General Fund Donors

Patricia Bruce
Robert Coppo
Mark Dochnahl
Sharyn Fuller
James W. Killian
Larry Martin
Rev. Julia McKenna-Blessing

Carleton Palmer III
Sarah Whelchel
Jackson Williams
Dorothy Wilson-Hutt
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Gifts In Appreciation

Alice Faye Gelbar
(In Appreciation of Judy Lange)

HEALTH & WELLNESS ANNEX

Patricia Bruce Larry Martin

WELCOME NEW MEMBERS

Scott Adler
Kerri Beckwith
Ted Benlan
Tony Boaz
Llori Brown
Allan Byrd
Judy Byrd
Irene Greene
Karen Johnson
Edward Motokane

Ken Nielsen
Gene Orcutt
Debi Pavlich-Boaz
Jennifer Lee Swenson
Linda Walker
Philip Walker



OUR THOUGHTS AND PRAYERS GO OUT
TO THE FAMILIES OF OUR MEMBERS.
PLEASE TAKE A MOMENT TO REMEMBER OUR
MEMBERS WHO RECENTLY PASSED AWAY.



Kate Fallon



Theodore "Ted" Miller



Spotlight on...Connecting

By Margaret Cox



During Shipley Center's shut-down due to our current health crisis, staff and board members have been making personal phone calls to our 1700+ members! Besides reaching out to our members, a side benefit is that the Center's contact data-base was being updated with corrected phone numbers and added email addresses.

Callers have enjoyed the task, talking to members, and leaving phone messages if no one is in. (Perhaps they are out working in their gardens, the weather having been so nice lately!)

Here are some reactions and comments of callers and members:

- I have had nothing but positive responses to our calls. Everyone thinks it is wonderful that we are doing it.
- Some were very chatty, and some just a quick "thank you", but all very pleasant.
- Many were inquiring about trips they had signed up for in June and beyond. I told them it is just a "wait and see" and that they would be contacted as soon as Beth knows of cancellations.
- The best thing about making the calls is that I have the opportunity to talk to members I probably never would have even met, since we don't participate in the same activities.
- Some who live alone seemed happy to be able to talk to someone new.
- People are considerate and pleased that Shipley Center cares about the well-being of its members.
- Trips are the most missed.
- "Grateful to still be able to see Rhonda for foot care."
- Several of the people commented on how their neighbors have been checking up on them. As bad as this situation is, it's nice to find out that the people in this community watch out for each other.



Board member, Cindy Crossman calls Shipley Center members.

- “We are well. Thanks for calling. Is there anything we can do for you?”
- “What a wonderful surprise; thank you!”
- A resident at *The 5th Avenue* praised the staff, that “they were doing an excellent job!”
- Many expressed the thought that they “Can’t wait to get back to activities at the Center.”
- Two members I called were having their anniversary dinner right at that moment in their car overlooking John Wayne Marina!

- 
- Any ideas for a quick dinner?
 - “We are very happy to be checked on.
 - Because of a call, I was able to participate in singing “Happy Birthday” for a surprise 90th birthday celebration . . . from the front-lawn and driveway, suitably socially-distanced!

The consensus of the team confirmed something we always knew: that we have a very diverse and interesting membership!!

We at Shipley Center want to be in contact with our members. Do call 360-683-6806 between 10-2, if you have any questions or comments, or would like someone to contact you.

Know that we are here for you!

Encouragement

“Outside my window a new day I see,
and only I can determine what kind of day it will be.
It can be busy and sunny, laughing and gay, or boring and cold, unhappy and grey.
My own state of mind is the determining key, for I am the person I let myself be.
I can be thoughtful, trying to help, or selfish and think just of myself.
I can enjoy what I do and make it fun,
or gripe and complain and make it hard on someone.
I can be patient with those who may not understand,
or belittle and hurt them as much as I can.
But I have faith in myself and believe what I say,
and fully intend to make the best of each day.”



Author Unknown

Submitted by Renate Melvey,
Shipley Center Member





It's All Good



D	J	D	S	D	E	V	I	T	I	S	O	P	B	H	M	S	V	V	E	D	C
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U	Z	C	H	T	Y	L	D	N	E	I	R	F	S	S	O	J	P	A	O	N	R
S	E	L	B	I	S	N	O	P	S	E	R	U	T	A	M	C	M	Y	C	C	D

Unscramble these words associated with the month of May!

GBONLOIM
NCCOI ED YMOA
RLMEADE
CNIHAGTH
DGIRANGEN
TFIHF NHOMT
MIGEIN
HGTORW

AYM YDA
RAWM
TSRUAU
LSIO
ILMAEMOR DYA
DWEGNEI
HOTMRSE ADY



My teachers told me I'd never amount to much because I procrastinate so much. I told them, "Just you wait!"

A cement mixer and a prison bus crashed on the highway. Police advised us to look out for hardened criminals.

Which rock group has four guys who can't sing or play instruments? Mount Rushmore.

AMIABLE	JOLLY
ATTENTIVE	KIND
CALM	LOVING
CAREFUL	MATURE
CARING	METICULOUS
CAUTIOUS	NICE
CHARMING	OBLIGING
CHEERFUL	OUTSTANDING
CIVIL	POLITE
COMPASSIONATE	POSITIVE
COMPOSED	PRODUCTIVE
CONSIDERATE	RELIABLE
COOPERATIVE	RESPECTFUL
CORDIAL	RESPONSIBLE
COURTEOUS	SELF-MOTIVATED
DELIGHTFUL	SENSIBLE
DEPENDABLE	SERENE
EAGER	SWEET
ENCOURAGING	SYMPATHETIC
EXCELLENT	THOUGHTFUL
FRIENDLY	TRUSTWORTHY
GENEROUS	WELL-BEHAVED
GENTLE	
GRACIOUS	
HAPPY	
HELPFUL	
HONEST	



Silly Book Titles

- *The Cliff Tragedy* by Eileen Dover
- *French Windows* by Pattie O'Dors
- *How to Make Honey* by B. Keeper
- *Easy Money* by Robyn Banks
- *Gunfire* by R. Tillery
- *Long Walk* by Miss D. Buss

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THE CENTER NEWS is published monthly for the Shipley Center, a non-profit organization at 921 E. Hammond St, Sequim. Deadline for articles is the 15th of the month.

OUR MISSION

The mission of Shipley Center is to enrich the lives of adults through social, health and fitness activities, trips, educational classes, low-income housing opportunities, and referrals to community resources.

SHIPLEY CENTER HOURS

Monday-Friday 9:00am - 4:00pm

STAFF

<i>Executive Director</i>	<i>Michael M. Smith</i>
<i>Program Director</i>	<i>Shamya Waters</i>
<i>Office Manager</i>	<i>Deb Hudson</i>
<i>Trips Coordinator</i>	<i>Beth Barrett</i>
<i>Chef/Kitchen Mgr.</i>	<i>Kurt Engel</i>
<i>Bookkeeper</i>	<i>Gayle Urban</i>
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<i>Maintenance</i>	<i>Duane Cobb</i>
<i>Janitor</i>	<i>Lee Bond</i>

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SPECIAL PROJECTS

Transportation: Lou Foldoe
Computers: Ray Bentsen, Jim Hurley, Joe Mirabella
 Bruce Turner, Sequim PC Users Group

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DEADLINE for Submissions for each edition is the 15th of the preceding month. Submissions may be sent to

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All submissions are subject to editing

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