
Colorado & Massachusetts Resources Guide

A combined guide with direct website links and tap-to-call phone numbers for both states. Built from the live Soulful Sexology Sanctuary resource pages.

Use this guide to quickly open outside resource websites, call support lines, or find the next right step. All links are clickable.

Colorado Resources

Colorado Crisis & Immediate Help

- Emergency: [911](#)
- 988 Suicide & Crisis Lifeline: [988 / 988lifeline.org](#)
- Colorado Crisis Services: [1-844-493-8255](#)
- Text Colorado Crisis Services: [TALK to 38255](#)
- Domestic Violence Hotline: [1-800-799-7233 / thehotline.org](#)
- RAINN Sexual Assault Hotline: [800-656-4673](#)
- 211 Colorado: [211 / 211colorado.org](#)

Colorado Disability Resources

- [Apply for SSI](#)
- [Apply for SSDI](#)
- Social Security: [1-800-772-1213](#)
- [Social Security en Español](#)

Colorado Food Support Resources

- [Colorado PEAK](#)
- [Find Your Local Food Bank](#)
- [Food Bank of the Rockies](#)

Colorado Health Coverage Resources

- [Connect for Health Colorado - 855-752-6749](#)
- [Health First Colorado - 1-800-221-3943](#)
- [Medicare - 1-800-633-4227](#)
- [PEAK Benefits Portal](#)

Colorado Housing & Eviction Prevention

- [Colorado Housing Connects - 1-844-926-6632](#)
- [HUD PHA Contacts](#)
- [211 Colorado - 211](#)

Colorado Legal Help Resources

- [Colorado Housing Connects](#)
- [Colorado Legal Services - 303-837-1313](#)

Colorado Peer Support & Respite

- [211 Colorado](#)
- [NAMI Colorado](#)

Colorado Phone & Internet Help

- [AT&T; Access](#)
- [Internet Essentials](#)
- [Lifeline - 800-234-9473](#)
- [Spectrum Internet Assist](#)

Colorado Transportation Resources

- [Health First Colorado NEMT](#)
- [211 Colorado Ride Programs - 211](#)

Colorado Treatment Resources

- [FindTreatment.gov](#)
- [SAMHSA Helpline: 1-800-662-4357](#)
- [SAMHSA Helpline Page](#)

Colorado Utilities & Energy Assistance

- [LEAP - 1-866-432-8435](#)
- [211 Colorado Utility Help - 211](#)

Massachusetts Resources

Massachusetts Crisis & Immediate Help

- Emergency: [911](#)
- 988 Suicide & Crisis Lifeline: [988 / 988lifeline.org](#)
- Behavioral Health Help Line (BHHL): [833-773-2445 / masshelpline.com](#)
- Domestic Violence Hotline: [1-800-799-7233 / thehotline.org](#)
- RAINN Sexual Assault Hotline: [800-656-4673](#)
- Mass 211: [211 / mass211.org](#)

Massachusetts Food Support Resources

- Feeding America food bank locator
- Project Bread FoodSource Hotline: [1-800-645-8333](#)
- SNAP information in Massachusetts
- Mass 211 for local food support: [mass211.org / 211](#)

Massachusetts Housing & Eviction Prevention

- Housing Consumer Education Centers
- Apply for RAFT
- Apply for Section 8
- Mass 211 for housing help: [mass211.org / 211](#)

Massachusetts Peer Support & Respite

- Afiya House: [wildfloweralliance.org/afiya-house / 413-570-2990](#)
- NAMI Massachusetts
- Wildflower Alliance Warmline: [888-407-4515](#)

Massachusetts Disability Resources

- Apply for SSI
- Apply for SSDI
- Social Security: [1-800-772-1213](#)
- Social Security en Español

Massachusetts Health Coverage Resources

- Health Connector
- MassHealth: [mass.gov/mashealth / 1-800-841-2900](#)
- Apply for MassHealth
- Medicare: [medicare.gov / 1-800-633-4227](#)

Massachusetts Legal Help Resources

- Massachusetts Legal Resource Finder
- MassLegalHelp eviction resources
- Mass 211 legal help navigation

Massachusetts Phone & Internet Help

- AT&T; Access
- Internet Essentials
- Lifeline - [800-234-9473](#)
- Spectrum Internet Assist

Massachusetts Transportation Resources

- [MassHealth Transportation](#)
- MassHealth phone: 1-800-841-2900
- [Mass 211 local transportation help](#)

Massachusetts Treatment Resources

- [FindTreatment.gov](#)
- MA Substance Use Helpline: [helplinema.org](#) / 800-327-5050
- SAMHSA Helpline: 1-800-662-4357
- BHHL care navigation: 833-773-2445

Massachusetts Utilities & Energy Assistance

- [Apply for HEAP](#)
- Mass 211 utility help: [mass211.org](#) / 211

Soulful Sexology Sanctuary - combined Colorado and Massachusetts telehealth support and community resources.