

Iowa

STATE FACT SHEET ON PERIOD POVERTY

In **Iowa**, **1 in 6** women and girls between the age of 12 and 44 lives below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies.

In Iowa, **100%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate.

30 states tax period supplies.

In Iowa, period supplies **are** taxed.

Iowa Menstruators Need Period Supplies

655,526 women and girls between the ages 12 to 44 live in Iowa. Of those, **1 in 6** lives below the Federal Poverty Line (FPL).

104,618 women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

156,100 women between the ages 19 to 64 are covered by Medicaid. While Medicaid provides financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

15,723 women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Iowa Needs Help Ending Period Poverty

Iowa does not have an Alliance for Period Supplies-member program. Consider starting a period supply program today!



Alliance for Period Supplies raises national awareness of period poverty and supports the development and expansion of period supply programs in communities throughout the country. allianceforperiodsupplies.org



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United States

NATIONAL FACT SHEET ON PERIOD POVERTY

1 in 4 Women Struggles to Purchase Period Products Due to a Lack of Income.

Alliance for Period Supplies works throughout the US to ensure that individuals in need have access to the essential period products they require to participate fully in daily life. Our Allied Programs nationwide collect, warehouse and distribute menstrual products in local communities.

Women Living in Poverty

Women are **38%** more likely to live in poverty than men. In some communities of color, as many as **21%** are living in poverty.

Distributing Donated Product

Allied Programs distributed **7.2 million+** pads and tampons & **2 million+** liners in 2019.

Women Missing Work & School

1 in 5 low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

Improving Lives

Period supplies from Allied Program provided **1.8 million+** worry-free days & **2 million+** confident days in 2019.

70 Million

women and girls between the ages 12 to 44 live in the United States. Of those, **1 in 6** lives below the Federal Poverty Line (FPL).

12 Million

women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

16.6 Million

women between the ages 19 to 64 are covered by Medicaid. While Medicaid provides financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

1.8 Million

women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

80+ Allied Programs Distribute **9.2 Million+** Period Supplies Annually
and Serve **48,000+** Women and Girls Monthly



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