



VMS Family Counseling Services

**Building Successful Families (BSF) Program**  
2350 W. Shaw Ave., Ste 144, Fresno CA 93711 | (559) 515-6062  
[www.vmscounselingservices.com/resource-parent-training](http://www.vmscounselingservices.com/resource-parent-training)

# November (Noviembre) 2021

Please call our office to RSVP for in-person and Zoom sessions. In person classes are limited to 6 people and RSVP's must be made by 5pm the day before each training. Llame a nuestra oficina para confirmar su asistencia para las clases de en persona y Zoom. En las clases de en persona, están limitadas a 6 personas y las confirmaciones de asistencia deben realizarse antes de las 5 p.m. el día antes de cada entrenamiento.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 R.I.S.E. Training 10AM – 12PM (via Zoom)	3	4	5	6 Estrategias para abordar el trauma 10AM – 12PM via Zoom
7	8	9 Strategies to address Trauma 10AM – 12PM (via Zoom)	10 Attachment- ISFC 6 – 8PM (via Zoom)	11 Veterans Day Office Closed	12 Coffee Connections 10AM – 12PM (via Zoom)	13
14	15	16 Attachment- ISFC 10AM – 12PM (in person @ VMS)	17 El Apego – ISFC 6 – 8PM via Zoom	18 Mindfulness 10AM – 12PM (via Zoom)	19 Café y conexiones 10AM – 12PM via Zoom	20
21	22	23 El Apego – ISFC 6 – 8PM in person @ VMS	24	25 Thanksgiving Office Close	26 Office Closed	27
28	29	30				