

Quick Start Kit

For New Facilitators— MATCH Your Protection: Fearless, Aware, & Protected

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Welcome to the HARNESS facilitator community! This kit gets you started fast. Use it alongside the full Detailed Facilitator's Guide, which lives in the Educators Hub.

1. SAMPLE GROUP AGREEMENT

- Honor everyone's experience – no judgment
- Confidentiality: what's shared here stays here
- Use 'I' statements
- Step up / step back
- Assume good intent; address impact
- OK to pass on any question
- One mic at a time
- Phones on silent

2. SUPPLY CHECKLIST

ITEM	READY
Printed Participant Workbooks (one per person)	<input checked="" type="checkbox"/>
Printed Handouts Pack	<input checked="" type="checkbox"/>
Anatomical models (penile & pelvic)	<input checked="" type="checkbox"/>
External condoms – multiple sizes	<input checked="" type="checkbox"/>
Internal condoms	<input checked="" type="checkbox"/>
Non-lubricated condoms (DIY dental dam demos)	<input checked="" type="checkbox"/>
Nitrile gloves (various sizes)	<input checked="" type="checkbox"/>
Scissors	<input checked="" type="checkbox"/>
Water-based lube samples	<input checked="" type="checkbox"/>
Whiteboard/flip chart + markers	<input checked="" type="checkbox"/>
Projector + laptop + slide deck	<input checked="" type="checkbox"/>
MATCH worksheets	<input checked="" type="checkbox"/>

Pens/pencils Local	■
resource cards Name	■
tags	■

3. KEY QUOTES FROM THE BOOK

“SafER sex isn't about restriction. It's about freedom – the freedom to explore your pleasure while honoring your health and the health of your partners.”

“Protection begins with you – before any tool or partner.”

“Talking about protection builds trust – and can be erotic.”

“No activity is inherently unsafe – layers make everything safER.”

“Your plan is uniquely yours – dynamic, realistic, and empowering.”

“Fearless belongs to you.”

4. KEY RESOURCE LINKS

All FAP Materials (Educators Hub): www.theharnessproject.org/educators-hub

HIV Testing: gettested.cdc.gov

PrEP Locator: preplocator.org

PrEP/PEP Hotline: 1-888-448-4911

CDC STI Info: cdc.gov/std

U=U Campaign: preventionaccess.org

Houston – Legacy Community Health: legacycommunityhealth.org

Houston – Avenue 360: avenue360.org

Houston – Montrose Center: montrosecenter.org

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