

Houston Sexual Health Resources



Expanded Local Resource Guide for HARNESS Facilitators & Participants

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This guide lists Houston–area sexual health clinics, LGBTQ+ health centers, HIV services, STI testing sites, PrEP providers, vaccine access points, harm reduction programs, and mental health support organizations. All information is current as of January 2026 – always confirm hours and services directly before referring participants.

Tip for facilitators: Print this guide and place it on participant tables during Module 3 (Medical Shields) and the MATCH planning session. Encourage participants to circle resources relevant to their plan.

HIV SERVICES, PrEP & PEP

Legacy Community Health – Montrose

ADDRESS

1415 California St, Houston, TX 77006

PHONE

713-830-3000

WEBSITE

legacycommunityhealth.org

HOURS

Mon-Fri 8am-5pm | Extended hours available

SERVICES

HIV testing & treatment, PrEP initiation & follow-up, PEP, Doxy-PEP, STI testing & treatment, vaccines (HPV, Hep A/B, Mpox), transgender care, mental health, sliding scale fees, Ryan White HIV/AIDS Program services

HIV

PrEP

PEP

STI Testing

Vaccines

LGBTQ+

Transgender Care

Sliding Scale

Doxy-PEP

Legacy Community Health – Multiple Locations

ADDRESS

Multiple Houston locations – see legacycommunityhealth.org/locations

PHONE

713-830-3000

WEBSITE

legacycommunityhealth.org

HOURS

Varies by location – confirm online or by phone

SERVICES

Fullprimary care, HIV services, PrEP, sexual health, pediatrics, OB/GYN, dental. Locations in Third Ward, Fifth Ward, Southwest Houston, Pasadena, and more.

HIV

PrEP

STI Testing

Vaccines

Primary Care

Bilingual

Sliding Scale

Avenue 360 Health & Wellness

ADDRESS

2223 West Loop South, Suite 300, Houston, TX 77027

PHONE

713-524-4567

WEBSITE

avenue360.org

HOURS

Mon-Fri 8:30am-5pm | Some evening hours available

SERVICES

HIV testing, treatment & case management, PrEP navigation, STI testing, hepatitis C treatment, mental health counseling, substance use support, Ryan White services, LGBTQ+ affirming care, sliding scale fees

HIV

PrEP

STI Testing

LGBTQ+

Mental Health

Substance Use

Sliding Scale

UTHealth Houston – Thomas Street Health Center

ADDRESS

1100W Gray St, Houston, TX 77019

PHONE

713-500-6750

WEBSITE

uth.edu/hiv

HOURS

Mon-Fri 8am-5pm

SERVICES

HIV medical care and treatment, PrEP initiation and management, infectious disease specialists, clinical research participation, case management, social work services, linkage to care

HIV

PrEP

Primary Care

Houston Health Department – STD/HIV Prevention

ADDRESS

8000 Stadium Dr, Houston, TX 77054

PHONE

713-794-9320

WEBSITE

houstontx.gov/health/STD-HIV

HOURS

Mon-Fri 8am-5pm | Limited walk-in hours – call ahead

SERVICES

Free HIV testing, free STI testing and treatment, partner services, disease intervention, PrEP referrals, contact tracing support, community outreach and education

HIV

STI Testing

Free HIV Test

Walk-In

Baylor College of Medicine – HIV Clinic

ADDRESS

1BaylorPlaza, Houston, TX 77030

PHONE

713-798-4951

WEBSITE

bcm.edu/healthcare/specialties/infectious-diseases/hiv

HOURS

Mon-Fri 8am-5pm | By appointment

SERVICES

Comprehensive HIV care, antiretroviral therapy management, PrEP prescribing and monitoring, infectious disease consultation, clinical trials access, transgender HIV care

HIV

PrEP

Primary Care

LGBTQ+ HEALTH & AFFIRMING CARE

Montrose Center

ADDRESS

401 Branard St, Houston, TX 77006

PHONE

713-529-0037

WEBSITE

montrosecenter.org

HOURS

Mon-Fri 9am-6pm | Some evening & Saturday hours

SERVICES

LGBTQ+ affirming mental health counseling, substance use treatment, HIV/STI testing and education, LGBTQ+ youth programs (ages 13-24), seniors programs, support groups, crisis intervention, social services navigation

LGBTQ+

Mental Health

Substance Use

HIV

Youth

STI Testing

Sliding Scale

Houston LGBTQ+ Political Caucus Resource Network

ADDRESS

Servicearea: Greater Houston — no physical clinic

PHONE

713-528-3332

WEBSITE

lgbtpac.com

HOURS

Resource referrals available Mon-Fri 9am-5pm

SERVICES

Navigation and referral to LGBTQ+-affirming healthcare providers, legal aid, housing, social services, and community support. Not a clinic — connects people to affirming care.

LGBTQ+

Planned Parenthood – Gulf Coast (Houston)

ADDRESS

4600GulfFwy, Houston, TX 77023 | Multiple locations

PHONE

713-522-6240 | Appointment line: 1-800-230-PLAN

WEBSITE

plannedparenthood.org/planned-parenthood-gulf-coast

HOURS

Mon-Sat – varies by location; confirm online

SERVICES

STI testing and treatment, HIV testing, PrEP initiation, birth control, pregnancy testing, HPV vaccines, LGBTQ+ affirming services, gender-affirming hormone therapy, Telehealth available, sliding scale

STI Testing

HIV

PrEP

Vaccines

LGBTQ+

Transgender Care

Telehealth

Sliding Scale

Michael E. DeBakey VA Medical Center – LGBTQ+ Veteran Care

ADDRESS

2002Holcombe Blvd, Houston, TX 77030

PHONE

713-791-1414

WEBSITE

houston.va.gov

HOURS

Mon-Fri 8am-4:30pm | LGBTQ+ Program: ext. 24255

SERVICES

HIV testing and treatment, PrEP for eligible veterans, LGBTQ+ affirming primary care, mental health, transgender care including hormone therapy, MST (Military Sexual Trauma) support

HIV

PrEP

LGBTQ+

Transgender Care

Mental Health

STI TESTING & TREATMENT CLINICS

Houston Health Department – Immunization & STD Clinic

ADDRESS

8000Stadium Dr, Houston, TX 77054

PHONE

713-794-9255

WEBSITE

houstontx.gov/health

HOURS

Mon-Fri 8am-12pm and 1pm-4pm | Call to confirm walk-in availability

SERVICES

Free STI testing (gonorrhea, chlamydia, syphilis, herpes), free HIV testing, treatment for bacterial STIs, hepatitis A & B vaccines, partner notification services, low-income eligibility for reduced-cost medications

STI Testing

HIV

Free HIV Test

Vaccines

Walk-In

Harris Health System – Ben Taub Hospital Clinic

ADDRESS

1504TaubLoop, Houston, TX 77030

PHONE

713-873-2000

WEBSITE

harrishealth.org

HOURS

Mon-Fri 8am-5pm | Emergency services 24/7

SERVICES

STI testing and treatment, HIV testing and linkage to care, PEP (available through emergency department 24/7), primary care for uninsured/underinsured patients, Gold Card eligibility for Houston-area residents

STI Testing

HIV

PEP

Walk-In

Sliding Scale

Next Level Urgent Care – Sexual Health Services

ADDRESS

MultipleHouston-area locations – see nextlevelurgentcare.com

PHONE

281-783-8162

WEBSITE

nextlevelurgentcare.com

HOURS

7 days/week – extended hours; varies by location

SERVICES

STI testing panels, HIV testing, PEP prescribing, confidential results, most insurance accepted, self-pay options available, walk-in welcome

STI Testing

HIV

PEP

Walk-In

VACCINES — HPV, HEP A/B, MPOX

Houston Health Department — Immunization Clinic

ADDRESS

8000Stadium Dr, Houston, TX 77054 | Multiple community sites

PHONE

713-794-9255

WEBSITE

houstontx.gov/health/imm

HOURS

Mon-Fri 8am-12pm and 1pm-4pm | See website for mobile clinic schedule

SERVICES

HPVvaccine (Gardasil 9), Hepatitis A vaccine, Hepatitis B vaccine, Mpox (JYNNEOS) vaccine, flu, COVID-19 boosters, low-cost or no-cost options available, mobile clinics in underserved areas

Vaccines

Sliding Scale

HEB Pharmacy — Vaccine Services (Houston locations)

ADDRESS

MultipleHouston locations — heb.com/pharmacy

PHONE

See individual store — heb.com

WEBSITE

heb.com/pharmacy/vaccinations

HOURS

Pharmacy hours — typically 9am-8pm daily

SERVICES

HPVvaccine, Hepatitis A & B, Mpox (when available), flu, COVID-19, shingles. Most insurance accepted; call ahead to confirm Mpox and HPV availability

Vaccines

Walgreens / CVS Pharmacy — Vaccine Services

ADDRESS

CitywideHouston locations

PHONE

Walgreens: 1-800-925-4733 | CVS: 1-800-746-7287

WEBSITE

walgreens.com/pharmacy | cvs.com/immunizations

HOURS

Varies by location — most 9am-9pm

SERVICES

HPV,Hepatitis A, Hepatitis B, Mpox (availability varies), flu, COVID-19. Schedule online. Insurance accepted; VFC program for eligible youth under 19.

Vaccines

HARM REDUCTION & SUPPORT SERVICES

Houston Area Community Services (HACS)

ADDRESS

3200 Wesleyan St, Houston, TX 77027

PHONE

713-623-3095

WEBSITE

hacshouston.com

HOURS

Mon-Fri 9am-5pm

SERVICES

HIV prevention, education and testing, condom distribution, syringe services program (harm reduction for people who inject drugs), HIV case management, linkage to PrEP and care, outreach to high-risk communities

HIV

PrEP

Harm Reduction

Free HIV Test

DePelchin Children's Center — Sexual Assault Services

ADDRESS

4950 Memorial Dr, Houston, TX 77007

PHONE

713-730-2335 | Crisis: 713-528-7273

WEBSITE

depelchin.org

HOURS

Crisis line 24/7 | Office Mon-Fri 8:30am-5pm

SERVICES

Sexual assault counseling, crisis intervention, trauma-informed therapy for survivors, legal advocacy support, referrals to medical care post-assault, support groups for survivors

Mental Health

Star of Hope Mission — Health Services

ADDRESS

6897 Ardmore St, Houston, TX 77054

PHONE

713-748-0700

WEBSITE

sohmission.org

HOURS

Mon-Fri 8am-5pm

SERVICES

Health screenings, HIV testing, substance use support, linkage to community health resources, services for people experiencing homelessness

HIV

Substance Use

Harm Reduction

MENTAL HEALTH & CRISIS SUPPORT

Harris Center for Mental Health and IDD

ADDRESS

9401 Southwest Fwy, Houston, TX 77074

PHONE

713-970-7000 | Crisis line: 713-970-7000

WEBSITE

harriscenter.net

HOURS

Crisis services 24/7 | Outpatient Mon-Fri 8am-5pm

SERVICES

Mental health crisis services, outpatient therapy, psychiatric medication management, substance use treatment, community outreach. Serves uninsured and underinsured residents.

Mental Health

Substance Use

Sliding Scale

Menninger Clinic

ADDRESS

12301 Main St, Houston, TX 77035

PHONE

713-275-5000

WEBSITE

menningerclinic.com

HOURS

Mon-Fri 8am-5pm | Inpatient services available

SERVICES

Comprehensive psychiatric care, trauma-focused therapy, LGBTQ+-affirming mental health treatment, eating disorders, mood disorders, personality disorders. Insurance-based; financial assistance available.

Mental Health

LGBTQ+

HOTLINES & NATIONAL RESOURCES — ACCESSIBLE FROM HOUSTON

RESOURCE	CONTACT	DESCRIPTION
PrEP/PEP Hotline (National — 24/7)	1-888-448-4911 prepline.org	Bilingual (English/Spanish). Helps locate PrEP providers, explains PEP access, answers questions about HIV prevention options.
National HIV/AIDS Hotline	1-800-448-0440 cdc.gov/hiv	CDC hotline for HIV information, testing site locations, referrals to care.
STI National Hotline	1-800-227-8922 cdc.gov/std	Information about STI symptoms, testing, and treatment referrals nationwide.
Trans Lifeline	877-565-8860 translifeline.org	Peer support for transgender people. Staffed by trans operators. Available 24/7.
Trevor Project — LGBTQ+ Crisis	1-866-488-7386 Text: START to 678-678 thetrevorproject.org	Crisis intervention and suicide prevention for LGBTQ+ young people under 25.
RAINN Sexual Assault Hotline	1-800-656-HOPE (4673) rainn.org	Routes callers to local sexual assault service providers. Also available via online chat.
Crisis Text Line	Text HOME to 741741 crisistextline.org	Free 24/7 crisis counseling via text. Available for any mental health crisis.
Substance Abuse Helpline (SAMHSA)	1-800-662-4357 samhsa.gov	Free, confidential 24/7 referrals for substance use and mental health treatment.
HIV Testing Locator	gettested.cdc.gov	Find free or low-cost HIV testing sites near any Houston zip code.
National PrEP Locator	preplocator.org	Search for PrEP providers, pharmacies, and assistance programs by zip code.

All resource information is current as of January 2026. Hours, addresses, and services change — always verify directly with the organization before referring a participant.

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