

## Fall Prevention in the Workplace

### Introduction:

Falls are the leading cause of injuries and fatalities in the workplace, second only to vehicle accidents. The construction industry leads the way with the largest number of fatalities as a result of these falls. However, the possibility of falls at any workplace is high, resulting from various factors, many of which can be prevented.

It is the employer's responsibility to provide a safe workplace for all employees. This includes providing proper equipment and personal protective equipment (PPE) that is required to keep the employee safe while on the job, at no cost to the employee.

### Discussion Points:

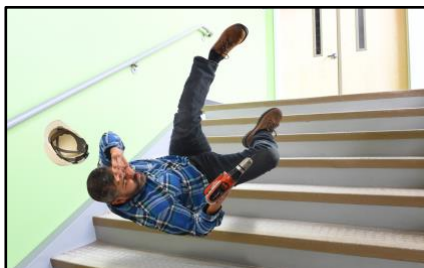
- Provide a safe workplace for all employees.
- Practice good housekeeping of the work areas and walkways.
- Provide Personal Protective Equipment (PPE) and equipment that is necessary in protecting the employee from injury while on the job.
- Provide proper stair handrails, guardrails, floor coverings and safety equipment as prevention methods that contribute to safe work areas to eliminate accidents leading to injury or death.
- Train employees about hazards in the workplace including, fall prevention plans and company policies to ensure safety for all employees.

### Discussion:

Employers must provide training about the hazards on the job in the language that the employee can understand. The training must include the company's policies, guidelines and prevention plans, and a process to reinforce these safety measures to prevent workplace fall accidents.

Employees must practice safety measures set by the employer to not put themselves or coworkers in a position that would lead to injury or death. Unsafe actions by employees leads to falls; Think safety first!

As always, stay safe out there!



May 7, 2019