

## Safety Away from Work

### Introduction:

Did you know that you are actually safer at work than at home?

Statistics show that you are more likely to be injured or killed at home than while at work. According to the National Safety Council, home and community deaths are up 74%, and workers are twenty times more likely to be injured off the job than while at work. Safety & Health Magazine estimates that nine out of ten employee deaths occur while away from the job site.

### Discussion Points:

- Statistics show you are more likely to be injured or killed at home than at work
- Common hazards are not limited to the workplace
- Incorporate safety into your overall lifestyle
- Use safety procedures and PPE while at home
- Accident prevention should go beyond the workplace

### Discussion:

We develop and employ safety procedures for the workplace and use checklists to inspect the equipment. Would you comply if you were to apply the same principles and techniques at home? Would you post job safety analyses and written guidelines in your garage to follow when working in the yard or around the house? Would you conduct an accident or incident investigation if you or a family member were injured?

Common hazards are present in nearly every environment. They are not limited to the workplace. Slips and falls in the home account for approximately eight thousand deaths annually, and more than 150,000 people are injured while mowing the lawn. There are many more statistics from where these came from. The bottom line is, it's important to incorporate safety into your overall lifestyle.

On-the-job safety regulations require employers to provide a safe workplace and equipment. They establish safe operating procedures, provide appropriate personal protective equipment, and require employees receive proper training before working any job task. The employer shouldn't limit a safety attitude to only the work environment. They should take it to the next level and commit to the employee's wellness and quality of life. During training sessions and safety meetings, reinforce the idea to use PPE and safety procedures away from the job site. The National Safety Council provides resources on their website for their safety in the home and community [monthly programs](#). It's important to remember accident prevention should go beyond the workplace.

As always, stay safe out there!

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