



## Ubuntu \$1K

What is the spirit of Ubuntu? The Ubuntu Spirit is the spirit of realization that one is diminished when others are humiliated, others are oppressed, when others are treated as if they were less than who they are. The quality of Ubuntu gives people resilience, enabling them to survive and emerge still human despite all efforts to dehumanize them.

**Ubuntu Sponsorship Benefit:**

Company/Individual listed in training manual, company/individual logo and hyperlink and media spot mention.

## Ananda \$500

What is the spirit of Ananda? The Ananda Spirit is a spirit of joy that “changes and dances itself in many ways to enthrall your mind and keep your attention occupied and interested forever.” This joy lives within and cannot be found through anything outside oneself. When one has this joy, the joy remains despite any difficult outward circumstances.

**Ananda Sponsorship Benefit:**

Company/Individual listed in training manual and company/individual logo listed on website.

## Ahimsa \$250

What is the spirit of Ahimsa? The Ahimsa Spirit is a spirit of causing no harm, seeing value in all life. This spirit speaks to Universal love and compassion and in short is being non-violent in thought and action, in body and soul.

**Ahimsa Sponsorship Benefit:**

Company/Individual listed in training manual.