



Hedwig House Hub

Issue #1 | Who We Are

Hello Hedwig Friends and Supporters,

Here at Hedwig House, we believe that everyone deserves the opportunity to live a life they can be proud of; full of personal growth, stability and meaningful connection.

For our Members, we are more than just providing mental health supportive services. We are the bridge to A Home, A Job, A Friend. In our inaugural newsletter, we are excited to share with you the ways we serve the community.

Since 1975, Hedwig House, Inc. has been serving adults with mental illness throughout all of Montgomery County. Our mission is to provide support and assistance to individuals with mental illness and other vulnerable populations in pursuit of independence and personal fulfillment.

A HOME



Our Special Housing Services works in conjunction with the Montgomery County Office of Behavioral Health and Developmental Disabilities, HUD, and Your Way Home to provide rental subsidies that enable individuals with mental illness to maintain safe, affordable housing.

Last year, we provided 1,387 hours of service to help assure housing security for the individuals we serve.

- Assisted 88 households in obtaining and maintaining housing

- Supplied 22 Members with furniture for their homes

- Assisted 20 Members with emergency financial aid for deposits and utility assistance to prevent homelessness

A JOB



Through job support, skills development and community engagement, Hedwig House Staff work with our Members to aid them in their rehabilitation goals to lead productive independent lives.

Job Support: Direct assistance through group classes and individual support to aid Members in gaining and maintaining employment. This assistance includes helping coordinate

transportation, filling out paperwork and peer support.

Skill Building: Group activities focused on essential life skills including food prep, cleaning, hygiene, healthy eating, coping skills, and scam prevention.

Community Engagement: Opportunities to give back to our community, such as packaging holiday treats for nursing facilities, "Day of Service" events, and community campaigns.

"Our employment initiatives supported 27 members last year —13 of whom engaged in paid employment, with 14 actively seeking job placement."

Last year, Hedwig House Members provided 93 hours of volunteer service.

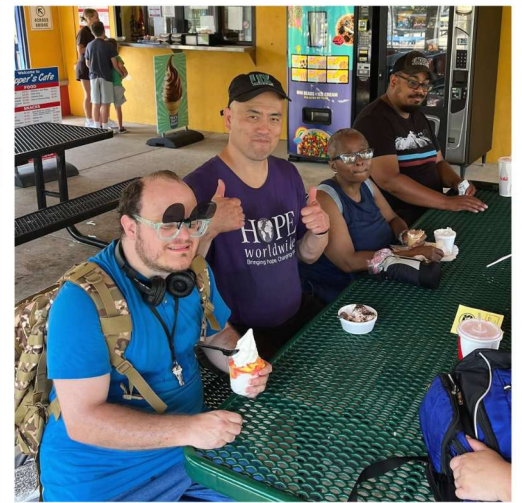
A FRIEND

What makes our programming unique is Hedwig House's Individual and Group Program address the needs of the whole person, serving not only physical needs, but the social emotional aspect as well. Our members opt into our program, having agency on the activities and outings they participate in.

In 2025, through our Food First Program and Distribution Centers, we distributed over **11,260 meals and basic needs** supplies to vulnerable individuals in our community.

Social Isolation Prevention and Socialization: Monthly outreach and community activities (over 1,000 interactions monthly) keep Members connected, offering programming for peer support, friendship and a community they can depend on to navigate the ups and downs of life.

At Hedwig House, we believe that **true independence comes from stability, purpose, and connection.** We are here to support and work with our Members to build lives full of purpose and joy.



For information on how you can partner with Hedwig House and make a difference in the lives of our neighbors navigating mental illness, please email Patty Mark at pattymark@hedwighouse.org

[Donate to Support Our Mission](#)

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