

Market Structure Mini Guide

A beginner-friendly guide to trends, ranges, swing points, and structure shifts.

Purpose

This mini guide helps traders understand basic market structure before looking for entries. It is designed for the Start Here page and the Courses & Education library.

Core Structure Terms

<p>Higher High Price pushes above the previous swing high. Often seen during an uptrend.</p>	<p>Higher Low Price pulls back but holds above the previous swing low. This can show buyers are still defending structure.</p>
<p>Lower High Price bounces but fails below the previous swing high. Often seen during a downtrend.</p>	<p>Lower Low Price breaks below the previous swing low. This can show sellers are still in control.</p>
<p>Range Price moves sideways between a clear support area and resistance area.</p>	<p>Break of Structure Price breaks a key swing high or swing low and may signal a change in behavior.</p>

Simple Reading Process

- Start on the higher timeframe to identify the broader direction.
- Mark the most obvious swing highs and swing lows.
- Identify whether price is trending, ranging, or shifting direction.
- Mark major support and resistance before looking for trades.
- Drop to a lower timeframe only after the bigger picture is clear.
- Do not force a trade just because a level is marked.

Market Structure Checklist

Item	Check
I know whether the market is trending, ranging, or unclear.	■
I marked the most obvious swing high and swing low.	■
I identified the nearest support and resistance areas.	■
I know where my idea is invalidated before entering.	■
I am not entering just because price touched a line.	■
I waited for confirmation instead of guessing.	■

Chart Review Worksheet

Use this worksheet before building a trade idea. Keep it simple and honest.

Market/Ticker	Timeframe	Trend/Range	Key Level	Notes

Key Takeaway

Market structure does not predict the future. It helps traders understand what price has already done so they can plan with more discipline.

Educational Disclaimer

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