

Skyvestments Trading Education

Beginner Trading Checklist

A simple readiness checklist before new traders start placing trades.

Built for traders who want structure, discipline, and better preparation before risking capital.

Educational Disclaimer

This resource is for educational purposes only and is not financial, investment, or trading advice. Trading involves risk, and past performance does not guarantee future results.

How to Use This Checklist

Before you place a trade, slow down and confirm that you understand the chart, the risk, and the reason for the trade. This checklist is designed to help beginners build structure before execution.

1. Chart Setup	<input type="checkbox"/> I know the ticker or contract I am looking at.
	<input type="checkbox"/> I know my timeframe for analysis and my timeframe for entry.
	<input type="checkbox"/> I can see price clearly without too many indicators blocking the chart.
2. Market Structure	<input type="checkbox"/> I can identify whether the market is trending, ranging, or unclear.
	<input type="checkbox"/> I marked recent highs and lows.
	<input type="checkbox"/> I understand whether price is making higher highs, higher lows, lower highs, or lower lows.
3. Key Levels	<input type="checkbox"/> I marked support and resistance areas.
	<input type="checkbox"/> I know where price has reacted before.
	<input type="checkbox"/> I know which level would make my trade idea invalid.
4. Trade Plan	<input type="checkbox"/> I know why I am entering the trade.
	<input type="checkbox"/> I have a planned entry, stop, and target before clicking the button.
	<input type="checkbox"/> I am not entering because of fear of missing out.
5. Risk Management	<input type="checkbox"/> I know how much I am risking on this trade.
	<input type="checkbox"/> My stop loss is based on structure, not emotion.
	<input type="checkbox"/> This trade will not damage my account if it loses.
6. Discipline Check	<input type="checkbox"/> I am calm enough to follow the plan.
	<input type="checkbox"/> I have not exceeded my daily loss limit.
	<input type="checkbox"/> I am willing to skip the trade if conditions are not clean.

Pre-Trade Decision Box

Use this box before entering a trade. If you cannot fill this out clearly, you probably do not have a clean trade plan yet.

Ticker / Contract	
Main timeframe	
Entry reason	
Entry price area	
Stop loss area	
Target area	
Risk amount	
What invalidates this trade?	
Emotional state	
Final decision	<input type="checkbox"/> Take trade with plan <input type="checkbox"/> Wait <input type="checkbox"/> Skip trade

Simple rule: if the setup is unclear, the risk is unclear, or your emotions are taking over, step back. Protecting your account is part of trading.