

From West: I64/US40 East towards St. Louis. Take Kingshighway south at Exit 36A. South 1.8 miles to Arsenal. Turn Left at Arsenal, 0.6 miles to Roger Place, turn right. 1 block to Start at Hartford Coffee, 3974 Hartford. From South: I-55 to north towards St. Louis City. Exit at Carondelet Blvd., Exit 201B, turn left. 0.8 miles to Morgan Ford, turn right. 2.5 miles to Juniata, turn Right. 3 blocks to Roger Place, turn left. 1 block to Start at Hartford Coffee, 3974 Hartford.



## **Tower Grove South Walk & Festival of Nations**

Saturday, August 23, 2025
Meet/Register at Hartford Coffee Company
8-10 am
3974 Hartford Street, Tower Grove South
St. Louis City, Missouri



Walk Rating: 1A EVENT ID: 129595-2025 SPONSORED BY: Saint Louis Walkers

## **Special Programs**:

Walking the USA A-Z
Walking with America's Veterans
Step to the Beat

Come enjoy the walk and stay for the Festival of Nations in Tower Grove Park. The Festival of Nations, sponsored by the International Institute of St. Louis, is a celebration of 80 countries that features over 90 vendors of food and beverages, dozens of stage performances, interactive experiences, and booths selling arts and crafts and clothing from all around the world. Spend the day! Free!

START LOCATION: The Hartford Coffee Company, 3974 Hartford St, Tower Grove South in St. Louis City. GPS: 38.6026197, -90.2543566

**PARKING:** Free parking on the street. Arrive early.

<u>TIME</u>: Register 8-10 am. This event will take place regardless of weather.

<u>ACCOMMODATIONS</u>: We can use the restrooms at Hartford Coffee. There are also restrooms and portapotties in Tower Grove Park.

<u>DISTANCE</u>: 5k and 10k routes have detailed directions and maps. The routes may be difficult for strollers or wheelchairs.

**POC:** Scott and Janine Prost-Domasky, 314-831-4287 Questions? Call Scott, or DeAnne Brown, 314-401-1715

<u>REGISTRATION</u>: Fee is \$4 for each walker. All events are open to everyone. Club membership is not necessary.

<u>REFRESHMENTS</u>: We'll have water available at the Start and Finish for everyone. Please consider buying coffee or tea or a pastry from Hartford Coffee.

<u>PETS</u>: Leashed pets are allowed on the walk but not inside buildings or on the festival grounds. Please clean up after your pet and bring fresh water for it.

**PROCEDURE:** To register, get a Start card and fill it out and turn it in. \$4/walker. Pre-stamp if you plan to linger at the festival.

WEB SITES: www.ava.org or www.saintlouiswalkers.com

## **DISCLAIMER:**

AVA and Saint Louis Walkers are not liable for accidents, thefts, and/or material damage. Every effort will be made by the sponsors to make this event safe and enjoyable.

We hope you enjoy the Tower Grove and Festival of Nations Walk and walk with Saint Louis Walkers again!



<u>SANCTION</u>: Sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV). This event counts toward the acquisition of IVV Achievement Awards. Bring both IVV books (event and distance). IVV books are available at the start/finish for \$6.00 each. There will be no Awards or pins.