### **WEBSITES**

Saint Louis Walkers---saintlouiswalkers.com American Volkssport Association---ava.org

## **AVA COVID-19 GUIDELINES**

During registration, line up single file, six feet apart. Masks are required. Put \$3 cash or check inside a bag that will be nearby. Bring your own pen and hand sanitizer. Hand sanitizers and sanitizing wipes will be provided at registration.

Keep a maximum of ten walkers per group. More than one group will require departures staggered by 5-10 minute intervals.

Walkers are advised to stay 6 feet apart on the trail. Masks are optional, but strongly encouraged to be worn when around others. Be sure to use your hand sanitizer when using restrooms.

**SANCTION:** Sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports (better known as the "IVV"). This event counts toward the acquisition of IVV Achievement Awards. Bring both IVV books (event and distance). IVV books are available at the start/finish for \$6 each.

**DISCLAIMER:** AVA and the sponsors of this event are not liable for accidents, thefts, and/or material damage. Every effort will be made by the sponsors to make the event safe and enjoyable.



We Welcome Everyone On Our Walks

# QUEENY PARK 5K/10K WALK

Saturday, July 31, 2021

Queeny Park, St. Louis, MO



Rating: 2B, 5K/10K

SANCTION NO: 118906-2021

Sponsored by: Saint Louis Walkers

# **QUEENY PARK**

Queeny Park is a 564-acre St. Louis County park located in St. Louis, MO. The park has many facilities including a playground, recreational center, tennis courts, pavilions, a dog park, the historic Jarville House built in 1854, four ponds, and five walking trails. Portions of the walking trails are open to equestrian travel. There are large fields with equestrian jumps and obstacles at the park's north end.

#### **5K WALK**

The 5K walk traverses the park in a clockwise direction. The park trails are primarily packed gravel. They are wide and well-marked. After merging onto Hawk Ridge Trail from the starting point, the walk continues north on Hawk Ridge along the western and northern boundaries of the park. At the northern end of the park there are large open fields with equestrian jumps and obstacles. From the northwest corner of the park, the walk continues east. It then heads back through the interior of the park along several packed-gravel trails eventually rejoining Hawk Ridge Trail. The walk continues south back to the starting point.

### **10K WALK**

The 10K walk traverses the park in a clockwise direction. The park trails are primarily packed gravel. They are wide and wellmarked. After merging onto the Hawk Ridge Trail from the starting point, the walk continues north on Hawk Ridge along the western and northern boundaries of the park. At the northern end of the park there are large open fields with equestrian jumps and obstacles. The walk continues east and then south on Hawk Ridge and then heads west on the White Oak Trail. It then reconnects with the Hawk Ridge Trail heading north. The rest of the walk is entirely along the Hawk Ridge Trail. After passing around the northern end of the park again, the walk traverses the entire eastern boundary of the park. The walk passes by the Tails and Trails Dog Park. It then passes the historic Jarville House, the corporate picnic shelter, and then heads west past a large pond. The walk heads north back up the west side of Queeny Park to the starting point.

**START LOCATION:** The starting point is the northwest corner of the large parking lot on the west side of Queeny Park.

**TIME:** Register between 8:30 AM – 10:00 AM.

**GROUP WALK: 9:00 AM.** 

**COVID-19 GUIDELINES:** The COVID-19 guidelines provided above will be followed during registration.

**REGISTRATION:** To register, get a Start Card and fill it out with your own pen. Keep the card with you on the walk. Start Cards are the property of the Saint Louis Walkers and are turned in after completing the walk. Also, take a 5K / 10K map. Registration will occur in the parking lot of the Answers, Inc. building at 450 Weidman Road. Online registration is not available for this event.

**FEE:** \$3 per walker. Bring the exact amount or write a check. Cash or check will be placed in a bag.

**PETS:** Leashed, well-behaved pets are welcome.

**REFRESHMENTS:** BYO.

**FACILITIES:** A porta-potty is available near the starting point. Restrooms are available along the route (10K only).

DIRECTIONS TO THE REGISTRATION AREA: Walkers will register in the parking lot of Answers, Inc. at 450 Weidman Rd. (GPS 38.60026, -90.49261)

<u>From US-40/I-64</u> exit south onto MO Route 141. Turn left onto Clayton Road, then turn right on Weidman Road (just past the Mari de Villa retirement complex). Drive approximately 2 miles. Turn left into parking lot of the Answers, Inc. building at 450 Weidman Road.

<u>From I-270</u> exit west on Manchester Rd. approx. 3.3 miles, then right on Weidman Rd. approx. 0.5 mile. Turn right into parking lot of the Answers, Inc. building at 450 Weidman Road.

**DIRECTIONS TO THE WALK STARTING POINT:** After registering, head approximately 0.4 miles north on Weidman Road and turn right to enter Queeny Park. Turn left at the first intersection and drive approximately 0.3 miles to the west side parking lot. The starting point is the northwest corner of the parking lot.

**POC:** Steve McGrath: normsrestaurant@gmail.com, 760.793.2976.